



# MEDIA ADVISORY

Bureau of Administration  
7178 Columbia Gateway Drive  
Columbia, MD 21046

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FOR IMMEDIATE RELEASE  
April 20, 2009

\*\*\*\*\* **NEW TIME** \*\*\*\*\*

**ONLY YOU CAN PREVENT LYME DISEASE**  
**Tiny Tick Demands *SUPER SHOWER***  
**RISE IN TICK-BORNE DISEASE CAN BE STOPPED**

A conventional shower isn't enough to keep deer ticks from getting under your skin. Special shower techniques and equipment are required. Howard County Health Officer Dr. Peter Beilenson will demonstrate shower skills to keep you and your family safe from ticks and free of Lyme Disease.

**WHO:** Dr. Peter Beilenson, Howard County Health Officer

**WHAT:** The Right Moves to keep ticks from spreading Lyme Disease

**WHEN:** Wednesday April 22, **12:30pm.**

**WHERE:** Howard County Health Department  
7178 Columbia Gateway Drive  
Columbia, MD 21046

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