



## 2021 Caregiver Support Groups

[www.howardcountymd.gov/caregiversupport](http://www.howardcountymd.gov/caregiversupport)

### **Alzheimer's Support Group (*In-Person*)**

Ellicott City 50+ Center

9401 Frederick Road, Ellicott City, 21042

2nd Thursday of every month

6:30 - 8:00 p.m.

Contact Danilsa Marciniak at 410-736-2217

### **Early-Stage Group for Care Partners and People with Memory Loss (*In-Person*)**

Ellicott City 50+ Center

9401 Frederick Road, Ellicott City, 21042

2nd Thursday of every month

6:30 - 8:00 p.m.

**\*Pre-screening required**

Call: Kathy Wehr at 410-313-5955 or email: [KWehr@howardcountymd.gov](mailto:KWehr@howardcountymd.gov)

### **Memory Café Early-Stage Social Engagement Program (*In-Person*)**

Ellicott City 50+ Center Multipurpose Room

9401 Frederick Road Ellicott City, MD 21042

1st Wednesday of every month

6:30 – 8:30 p.m.

RSVP to Kathy Wehr at 410-313-5955 or email: [KWehr@howardcountymd.gov](mailto:KWehr@howardcountymd.gov)

### **The Miller's Grant Support Group (*In-Person*)**

Support group for caregivers of those with Alzheimer's Disease and other related dementias

Lutheran Village at Miller's Grant

9000 Fathers Legacy, Ellicott City, MD

1<sup>st</sup> Tuesday of each month

12:30 - 1:30 p.m.

Contact Nora Tripp at 415-297-1030

\*For a full listing of Alzheimer's Association Support Groups, please call 1-800-272-3900

**Caregiver Support Group (Virtual)**

3<sup>rd</sup> Monday of every month (except holidays)

7:00 - 8:30 p.m.

Contact Karen Hull at 410-313-7466 or email: [KHull@howardcountymd.gov](mailto:KHull@howardcountymd.gov)

**Korean Caregiver Support Group (Virtual)**

2<sup>nd</sup> Wednesday of every month

6:30 – 8:00 p.m.

Call: MJ Engle at 410-313-6538 or email: [MEngle@howardcountymd.gov](mailto:MEngle@howardcountymd.gov)

**Community Support Group for Caregivers (Virtual)**

Sponsored by Charter Senior Living of Columbia

1<sup>st</sup> Thursday of every month

11:00 a.m. - 12:00 noon

Contact Judy Beyer at 410-313-9744

**Man-to-Man Prostate Cancer Support Group (Virtual)**

3<sup>rd</sup> Thursday of every month

7:00 - 9:00 p.m.

Contact: Gerry Gears at 301-395-1789 or email: [gerrygears@gmail.com](mailto:gerrygears@gmail.com)

**National Alliance on Mental Illness (NAMI) Family Support Groups (Virtual)**

2<sup>nd</sup> Tuesday and 3<sup>rd</sup> Friday of every month

7:30 - 9:00 p.m.

\*Registration required

Call: 410-772-9300 to register

**Together We Thrive - Cancer-specific for Caregiver and Loved One (Virtual)**

Sponsored by Howard County General Hospital

1<sup>st</sup> Saturday of every month

10:00 - 11:30 a.m.

Contact: Christina Miller, LCPC, OPN at 410-740-5858

\*For a full listing of Howard County General Hospital cancer specific support groups, contact Ms. Miller]

**Stroke Support Group for Caregivers and Stroke Survivors (Virtual)**

3rd Tuesday of every month

10:00 a.m. - 12:00 noon

Contact: Brandy Breaux, CTRS at 410-448-6821

[brandybreaux@umm.edu](mailto:brandybreaux@umm.edu)

**Brain Injury Support Group for Caregivers and Survivors (Virtual)**

3rd Tuesday of every month

7:00 - 8:30 p.m.

Contact: Evan Jang at 410-601-6080

**PPA Resource and Discussion Group (Virtual)**

For those with Primary Progressive Aphasia and their Caregivers; sponsored by the Loyola Clinical Centers

4<sup>th</sup> Wednesday of every month except August, November, December

1:00 - 2:30 p.m.

\*RSVP required: call Cindy Nichols, SLP at 410-617-7717 or email: [cdnichols@loyola.edu](mailto:cdnichols@loyola.edu)

*If you need this information in an alternate format, contact Maryland Access Point at 410-313-1234 (voice/relay). To request accommodations to participate, contact each group's organizer one week in advance.*