

THE 50+ Connection

NEWS and EVENTS from the Howard County
Department of Community Resources and Services

A Publication from the Howard County Office on Aging and Independence

Volume 8, No. 10 • October 2018

Today's Plan is the Best Course for Your Future

Be Prepared, Get Informed and Enjoy the Day at the 50+EXPO!



How prepared are you for your future? Have you thought about the financial, emotional and practical aspects of aging successfully for yourself and your loved ones? Find out how and why making a plan today can improve your quality of life in the future at **Howard County's 50+EXPO** on Friday, October 19. Coordinated by the Office on Aging and Independence (OAI), the 20th annual event runs from 9 a.m. to 4 p.m. at Wilde Lake High School in Columbia and features more than 170 vendors and exhibitors of interest to older adults, families, caregivers, health care providers and professionals.

There is something for everyone at the 50+EXPO; no matter your age, it's never too soon to plan for the future. Learn how to create a purposeful and conscious plan to maximize your future independence by attending **Mindfully Map Out Your Future**, the 2018 keynote address at 11 a.m. in the Jim Rouse Theatre, featuring Amy Goyer, AARP's Family and Caregiving expert. Goyer will discuss how to create a successful plan, including having important family discussions; forming your own team of advisors and potential caregivers should you need them; getting legal and financial affairs in order; identifying community-based supports;



Amy Goyer

and being practical about ways to care for yourself as you age. **Register at www.mapoutyourfuture.eventbrite.com to attend the keynote presentation.** All attendees will be entered in a drawing for a \$300 gift card; you must be present to win.

AARP will also present **Great Communities for All**, an interactive exhibit in the Guidance Room, where you can explore what makes a community great for all ages (a livable community). Stop by to share which features are most important to you — public spaces, transportation, housing, community life, jobs, volunteerism, and/or community services — and identify steps you can take to improve life in Howard County.

OAI is partnering with the Howard County Department of Fire and Rescue Services to present **Fire and Fall Safety for Adults** on Main Street. Learn how to maintain working smoke alarms in your home; get fall safety and prevention tips; and find out how **Hands-Only CPR** and **Stop the Bleed** training can help you save a life in an emergency before professional help arrives.

For a truly unique experience at the 50+EXPO, don't miss the **Virtual Dementia Tour® (VDT)**, offered from 9 a.m. to 3 p.m. in Room #222. Presented by the Howard County Office on Aging and Independence, the VDT is a multi-sensory experience which simulates what it's like to live with dementia. Participants have found the virtual experience to be life changing. Space is limited, so be sure to sign up for a time slot when you arrive at the 50+EXPO.

Seminar Offerings

The following series of free seminars will continue this year's emphasis on the importance of future planning. All seminars are located on the second floor in individual classrooms; space is limited.

Planning to Plan: Factors That Help and Hurt Your Ability to Plan In Advance

10:00 to 10:50 a.m. • Room #237

Even when people want to plan they often do not follow through. Learn why this happens and how you can fight back. Presented by Charles A. Smith, Ph.D., Planner, Department of Community Resources and Services.

Making a Move with Ease: The Right Way to Rightsize

10:00 to 10:50 a.m. • Room #220

If you are planning a move or thinking of downsizing, discover what you need to know before you make your next move. Experts in the move management and real estate industries will help you navigate the process of moving and selling your home. Presented by Katie Davis, Client Experience Manager, Let's Move, and Victoria Hathaway, Director, Silver Group of the Bob Lucido Team of Keller Williams Integrity.

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IMPORTANT REMINDER FOR 50+EXPO 2018

All parking is at the Mall in Columbia, lower level by JCPenney. A \$1 admission fee will be collected as you board the shuttle bus (or pay at the door). Also, Capitol Steps attendees are asked to make a \$5 donation at the ticket booth. All proceeds benefit the Vivian Reid Community Fund, which provides emergency assistance to older adults and adults with disabilities in Howard County whose needs are not covered by Medicare or other programs. Your generosity is greatly appreciated.

Know the Risks of Crypto Currency Investing

By Rebecca Bowman, Administrator, Howard County Office of Consumer Protection

Cryptocurrencies burst into the investing mainstream in 2017 as the values of some virtual coins and tokens skyrocketed, led by Bitcoin. Before you jump into the crypto craze, be mindful that cryptocurrencies and related financial products may be nothing more than fronts for Ponzi schemes and other frauds. Investing in cryptocurrencies is extremely risky and may expose you to a high risk of loss.

What is a Cryptocurrency?

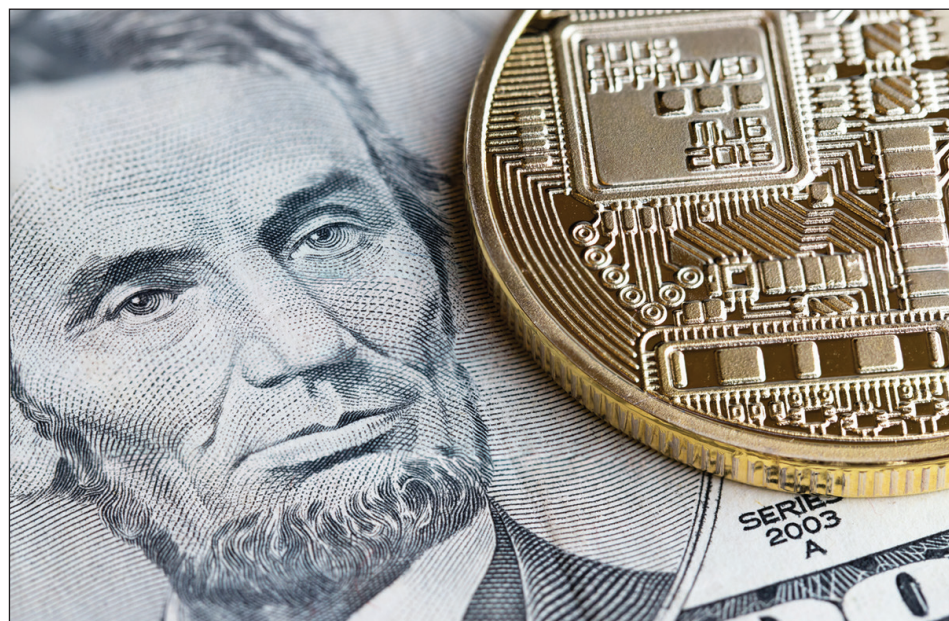
Cryptocurrencies are digital assets that take the form of a virtual coin or token. They are intangible and exist only on the internet. Anyone can create a cryptocurrency. Cryptocurrencies trade on unregulated exchanges so there may be little or no opportunity to independently verify their true market value.

Unlike other securities, you cannot always exchange cryptocurrencies for “legal tender” such as the U.S. dollar or Mexican peso. Central banks and other governmental authorities do not insure or control cryptocurrencies, and it is unclear where they fall in the existing framework of financial regulation.

Federal and state regulators are actively working to combat cryptocurrency-related fraud and to develop an appropriate regulatory framework for cryptocurrencies. Investors should be aware that, at least for now, cryptocurrencies are traded without the investor protections that regulation provides.

Common Concerns

- Cryptocurrency markets are highly volatile, making them unsuitable for investors looking to meet long-term savings or retirement goals.
- The investments only exist on the internet. The issuers can be located anywhere in the world so it may be impossible to trace and recover funds through the courts if there's a problem.
- They are not insured by U.S. depository insurance and are subject to minimal regulatory oversight, so there may be no recourse if the cryptocurrency disappears due to a cybersecurity breach or hack.



- They are traded on unregulated exchanges that may lack appropriate internal controls, making them susceptible to fraud, theft and hacking.
- Creating a digital wallet to store cryptocurrency involves installing software on your computer. As with any software download, hackers may include malicious code.

The Bottom Line

As with any new type of product, fraudsters are willing and ready to exploit the hype around cryptocurrencies and related products for their own purposes. If you choose to invest in a cryptocurrency or related product, be aware that you could lose the entire amount of your investment. Before making any financial decisions, do your homework. For more information, contact the Maryland Attorney General's Securities Division at 410-576-6360, or visit the North American Securities Administrators Association online at www.nasaa.org.

For information on this or other consumer topics, or to obtain this article in an alternative format, call OCP at 410-313-6420 (voice/relay), email consumer@howardcountymd.gov or visit www.howardcountymd.gov/consumer.

CONSUMER PROTECTION

QUESTIONS? DISPUTES?

IDENTITY THEFT • LANDLORD/TENANT • FINANCIAL ABUSE • FRAUD
SCAMS • SECURITY DEPOSITS • PRODUCTS • SERVICES

We've got **YOU** covered.

Take advantage of US
before someone takes
advantage of YOU!



 Howard County Office of
Consumer Protection
Department of Community Resources and Services

9830 Patuxent Woods Drive, Columbia, MD 21046

PHONE **410-313-6420** (VOICE/RELAY)

EMAIL **consumer@howardcountymd.gov**

www.howardcountymd.gov/consumer

 Howard County Office on
Aging and Independence

Department of Community Resources and Services

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This publication is available in alternate formats upon request.
To join our subscriber list, email kahenry@howardcountymd.gov

9830 Patuxent Woods Drive, Columbia, MD 21046
410-313-6410 (VOICE/RELAY) • www.howardcountymd.gov/aging

Find us on  www.facebook.com/HoCoCommunity

Kim Higdon Henry, Editor • Email: kahenry@howardcountymd.gov

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Celebrating Our 20th Anniversary!



FRIDAY, OCTOBER 19

9:00 AM - 4:00 PM

Wilde Lake High School

5460 Trumpeter Road

Columbia 21044

FOCUS ON YOUR FUTURE PLANNING

The following series of seminars will focus on the importance of future planning.

All seminars are located on the second floor at the 50+EXPO in individual classrooms; space is limited.

Planning to Plan: Factors That Help and Hurt Your Ability to Plan In Advance | 10:00 a.m. • Room #237

Even when people want to plan they often do not follow through. Learn why this happens and how you can fight back. Presented by Charles A. Smith, Ph.D., Planner, Department of Community Resources and Services.

Making a Move with Ease: The Right Way to Rightsize | 10:00 a.m. • Room #220

If you are planning a move or thinking of downsizing, discover what you need to know to make your next move. Experts in the move management and real estate industries will help you navigate the process of moving and selling your home. Presented by Katie Davis, Client Experience Manager, Let's Move, and Victoria Hathaway, Director, Silver Group of the Bob Lucido Team of Keller Williams Integrity.

Financial Planning and Your Financial Focus | 12:00 p.m. • Room #237

Learn about financial planning, managing risk, retirement income planning, and keeping important documents and paperwork current and accessible. Presented by Michael Mooney, Managing Partner, Pilot Financial Advisors.

Star in Your Future: Make Your Wishes Known Today | 1:00 p.m. • Room #220

Explore resources for advanced healthcare decision-making to ensure that your personal, emotional, medical and spiritual needs are met if you become seriously ill. Presented by Debby Magin, Guardianship Program Manager, Howard County Office on Aging and Independence.

50+ Futures: The Planning Series | 1:00 p.m. • Room #238

Learn about available options to enhance your ability to live independently in the community for as long as possible. Get an overview of the series of eight educational sessions which will cover a spectrum of topics to plan and prepare for your future. Presented by Stuart Rosenthal, Publisher, The Beacon Newspapers and Ofelia Ott, Home and Community-Based Services Division Manager, Howard County Office on Aging and Independence.

 Howard County Office on
Aging and Independence
Department of Community Resources and Services

410-313-6410 (VOICE/RELAY)



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www.howardcountymd.gov/aging

Review Your Plan During Medicare Open Enrollment

Every year from October 15 through December 7, Medicare beneficiaries can add, change or drop Medicare prescription drug or health plans; changes take effect on January 1. During this limited window it is important to, at a minimum, review your current plan to see if it will still work for you next year. Look at any information you receive from your current plan regarding proposed increases in the premium and/or deductible; whether your specific medications are still on the formulary; and if your copays or coinsurance will change. If you want to stay with your current plan for 2019, you do not need to take any action.



If your current plan is terminating or making adverse changes, or if you want to see if there is a better plan for you, there are a variety of ways to compare plans. With your Medicare card and all your prescription medication bottles at hand, you can use the following methods to compare plans:

- Call 800-MEDICARE (800-633-4227). Medicare's customer service line is open 24 hours a day, seven days a week, except major federal holidays (TTY line 877-486-2048).
- Visit www.medicare.gov and click on "Find Health and Drug Plans" to use the Plan Finder tool. Helpful videos on the Plan Finder home page will walk you through how to use this resource.
- Contact your plan representative or your insurance broker directly; contact information for the 2019 plans is at the back of the *Medicare & You* handbook.
- Contact Howard County's State Health Insurance Assistance Program (SHIP) at 410-313-7392 (voice/relay).

Open enrollment is a very busy time of year. DON'T WAIT – TAKE ACTION NOW!



New Medicare Cards Open Possible Scams!

Since most Medicare recipients in Maryland have received new cards, here are a few safety concerns to keep in mind. Medicare will never call to ask for your personal information. Instead of your Social Security number, your new card has a unique Medicare number to help protect your identity. Unfortunately, scam artists may still try to get personal information by contacting you about your new card. If someone asks you for your personal information or money, and threatens to cancel your health benefits if you don't cooperate, hang up and call 800-MEDICARE (800-633-4227). For local help with Medicare, call Howard County SHIP at 410-313-7392 (voice/relay).

Planning Final Arrangements

Ellicott City 50+ Center
9401 Frederick Road, Ellicott City 21043
Thursday, October 24 • 11 a.m.

Sherri Collins-Witzke, CFSP, will share information regarding burials, cremations, veterans services and more. Learn more about this sensitive but important topic. REGISTER at **410-313-7213** (VOICE/RELAY)





THE CAREGIVING JOURNEY
 A CAREGIVER SUPPORT EDUCATIONAL SERIES

PRESENTED BY
mhamd
 MENTAL HEALTH ASSOCIATION OF MARYLAND

MENTAL HEALTH SERIES
 — GOOD FOR YOUR HEAD **AND** YOUR HEART —

Ellicott City 50+ Center
 9401 Frederick Road, Ellicott City 21042

Wednesday, September 26 • 6:00 to 7:30 p.m.
Besting Our Brain: the Most Precious Organ

Wednesday, October 17 • 6:00 to 7:30 p.m.
Minding Our Mind: the Primary Driver for Quality of Life

Tuesday, November 6 • 6:00 to 7:30 p.m.
Peace in the Presence: Strategies to Combat Stress

To register, contact Kathy Wehr at 410-313-5955 (VOICE/RELAY) or kwehr@howardcountymd.gov




Howard County Office on
Aging and Independence
 Department of Community Resources and Services
www.howardcountymd.gov/aging



PREPARE TO CARE

Family Shared Aging Options



A program designed for adult children to learn about services and programs available for aging family members. You'll discover:


- How to Start the Conversation
- Services to Assist with Aging in Place
- Assisted Living & Nursing Facility Options
- Ways to Assess Needs
- How to Design a Plan

Tuesday, October 23 • 6:00 to 7:30 p.m.
Elkridge 50+ Center
 6540 Washington Boulevard, Elkridge 21075


There is no charge for this program; however, seating is limited and we ask that you please register to attend by contacting:

Maryland Access Point of Howard County
map@howardcountymd.gov • 410-313-1234

For questions or additional information, contact Maryland Access Point
 PHONE 410-313-1234 (VOICE/RELAY) • EMAIL map@howardcountymd.gov



Howard County Office on
Aging and Independence
 Department of Community Resources and Services



Howard County
MARYLAND ACCESS POINT
 YOUR LINK TO HEALTH & SUPPORT SERVICES

Be Prepared, Get Informed and Enjoy the Day at 50+EXPO!

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Other Highlights

FLU VACCINES are offered at no charge at the 50+EXPO, and a variety of free health screenings are available at the **HEALTH FAIR** throughout the day. Howard County General Hospital and other local health practitioners will screen for blood pressure, breast health, cholesterol, emotional wellness, glaucoma, glucose, hearing, height/weight/BMI, oral health, pulmonary function, pulse oximetry, balance/posture, and varicose and spider vein screening. Adjacent to the Flu Shot area, the University of Maryland Medical Center will provide **NUTRITION EDUCATION** and conduct individual screenings to identify malnutrition. Participants will be asked to complete a brief nutrition questionnaire to detect possible nutrient deficiencies.

The 50+EXPO also offers great entertainment and dining options. Stop in the **50+ CAFÉ** to grab a morning snack or a quick, healthy lunch, and stay to watch a lineup of great live performances. And, don't miss the politically incorrect antics of the **CAPITOL STEPS** at 2 p.m. in the Jim Rouse Theatre. Capitol Steps tickets are available at the ticket booth, beginning at 9 a.m., while quantities last (a \$5 donation is requested per ticket).

FREE EVENT PARKING is available at the Mall in Columbia, lower level, near JCPenney (a **COURTESY SHUTTLE** runs all day, and will drop attendees at the front door of the 50+EXPO). Only accessible parking spaces are available onsite at Wilde Lake High School. Admission to the 50+EXPO is \$1; wristbands may be purchased as you board the shuttle, at the door, or in advance at all Howard County 50+ Centers. All Capitol Steps show and admission proceeds benefit the Vivian Reid Community Fund, which provides emergency assistance to older adults in Howard County.

A **PRINTED SCHEDULE** of the 50+EXPO with event highlights, seminar descriptions, plus a list of sponsors, vendors and exhibitors will be available in the October 11 edition of the Howard County Times and Columbia Flier, and will also be posted online at www.howardcountymd.gov/50plusexpo.

For more information: follow us on Facebook at www.Facebook.com/HoCoCommunity #HoCoEXP018, or email aging@howardcountymd.gov

To request a sign language interpreter or other accommodations to participate, call 410-313-6410 (voice/relay) one week in advance.



BE a FRIEND of the 50+EXPO!

Receive Your **FRIEND OF THE EXPO** Gift Package!

- One **ADMISSION** ticket to the 50+EXPO
- One **RESERVED** seat for Keynote Presentation (11 AM)
- One **RESERVED** seat for "The Capitol Steps" (2 PM)
- One **CHANCE** to win an Eyre bus trip for two to New York City
- A "Friends" **RECOGNITION** ribbon to wear to EXPO!

DEADLINE: Payment and form MUST be received by Friday, October 5, 2018

MAIL COMPLETED FORM WITH CASH/CHECK PAYMENT TO:

Howard County Office on Aging and Independence
Attention: Jeanne White-Davis
9830 Patuxent Woods Drive, Columbia, MD 21046

FRIEND of the 50+EXPO!

➔ * Make checks payable to:
Director of Finance Howard County

I want to be a Friend of the 50+EXPO and have enclosed my cash/check* for _____ FRIENDS @ \$25/ea. = \$ _____

For your convenience, you can pay by credit card.
Call Jeanne White-Davis at 410-313-5824 (VOICE/RELAY).

TOTAL NUMBER of TICKETS: _____

Check here if you do NOT want tickets for the Capitol Steps.

NAME _____

PHONE _____

STREET ADDRESS _____

CITY _____

STATE _____ ZIPCODE _____

EMAIL ADDRESS _____

Are YOU Living with Chronic Pain?

Good health is imperative to your quality of life, but living a healthy life while dealing with chronic pain can be challenging. Coordinated by the Office on Aging and Independence, **Living Well with Chronic Pain** is a self-management program designed for people who have a primary or secondary diagnosis of chronic pain.

Six 2.5 hour sessions cover a range of topics, including:

- Managing Symptoms and Challenges
- Exercising for Strength and Flexibility
- Taking Medications Appropriately
- Evaluating Treatment Options
- Balancing Activity and Rest
- Achieving Goals

To achieve the most benefits from this program, participants are encouraged to attend all six sessions. **Living Well with Chronic Pain** will be offered on Wednesdays, October 17 through November 21 from 1:00 to 3:30 p.m. at the Elkridge 50+ Center, 6540 Washington Boulevard. Course materials will be provided, and can also be purchased on-site for a nominal fee.

To register or for more information, contact Nicole Becerra at 410-313-3506 (voice/relay) or nbecerra@howardcountymd.gov.

To request a sign language interpreter or other accommodations to participate, or if you need this information in an alternate format, contact Maryland Access Point of Howard County at 410-313-1234 (voice/relay) or map@howardcountymd.gov.



Bereavement Group

A multi-week group for anyone mourning the loss of a loved one. Explore the process of mourning, coping strategies, and life beyond grief in a supportive atmosphere.

This program is suggested for anyone bereaved more than two months, but less than two years. Registration required by October 18; a nominal fee applies.

**Wednesdays, beginning October 24
2:30 to 4:00 p.m.**

Bain 50+ Center, 5470 Ruth Keeton Way, Columbia 21044

FOR MORE INFORMATION, CONTACT

KAREN HULL

410-313-7466 (voice/relay)

khull@howardcountymd.gov

www.howardcountymd.gov/sentog



Howard County Conference on

HUMAN TRAFFICKING Awareness and Prevention

A Call to Action

Friday, October 26, 2018
8:30 am to 4:00 pm

Howard Community College
Health Sciences Building

Join **Allan H. Kittleman**, Howard County Executive and the **Human Trafficking Prevention Coordinating Council** for an awareness and prevention event to combat human trafficking in our region.

EVENT HIGHLIGHTS

- **Survivors' Perspectives**
- **Keynote featuring Marian Hatcher**, national expert on human trafficking and prostitution, and Policy Analyst & Victim Advocate for the Cook County (Illinois) Sheriff's Office. She travels the country telling her own story as a survivor of sex trafficking and domestic violence and has been featured in numerous documentaries.
- **Social Media and Human Trafficking • The Bottom Girl Phenomenon • Human Trafficking Legislative Initiatives**
- **A Call to Action** (AN INTERACTIVE PANEL DISCUSSION)
- **Sworn Officers' Symposium**

Limited seating! Admission is FREE, but you must register to attend.

htaphoward2018.eventbrite.com



Howard County Office of
Human Trafficking Prevention
Department of Community Resources and Services

www.howardcountymd.gov/ohtp

For additional information, contact

SIDNEY FORD, MSW, LCSW-C

410-313-6558 (VOICE/RELAY)

saford@howardcountymd.gov



HopeWorks presents

An Evening of the Arts, "Telling This Truth"

Thursday, October 18 • 6:30 to 8:30 p.m.

Bain 50+ Center, 5470 Ruth Keeton Way, Columbia 21044

Telling This Truth channels the power of survivor storytelling in the latest arts project from HopeWorks. This dramatic reading of a social justice theatre piece includes a series of narratives which chronicle the soulful journeys of lives linked by the theme of triumph, yet beautifully divergent in voice and experience. The performance features the voices of survivors of sexual and intimate partner violence, sharing poignant experiences ranging from violence to resilience.

Attendees are asked to donate \$10 at the door to support HopeWorks, or purchase an item from the October pantry needs list. To reserve your seat in advance, call 410-313-7213 (voice/relay).

New! 2019 Resource Guide

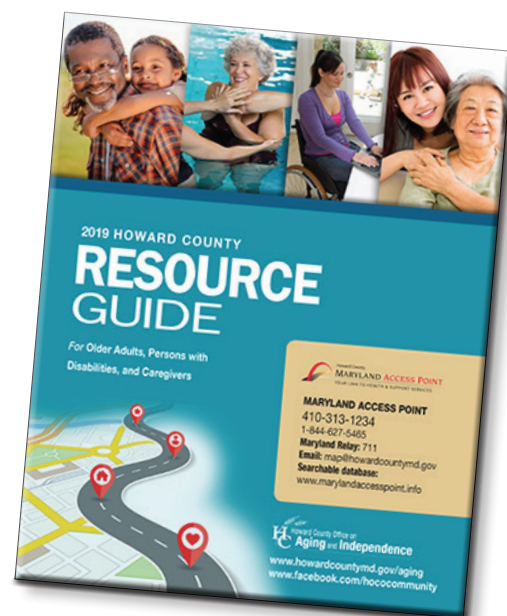
Howard County Office on Aging and Independence

The latest edition of Howard's County's Resource Guide will make its debut at the 50+EXPO. Attendees can pick up a copy at the Office on Aging and Independence booth on Main Street.

Additional copies are available from the Office on Aging and Independence (OAI); at any of the OAI 50+ Centers; and at all Howard County libraries. Or, contact Maryland Access Point (MAP) at 410-313-1234 or map@howardcountymd.gov to have one sent to you.

Visit the OAI booth at the 50+EXPO to learn more about the many services and assistance offered by Maryland Access Point.

www.howardcountymd.gov/aging



The Howard County Office on Aging and Independence invites you to a

THANKSGIVING CELEBRATION!

THE *Giving Thanks* LUNCHEON and DANCE

Music by Sly 45
A Baltimore-based band rocking the blues, jazz and classic pop scene!

Thursday, November 15, 2018
Ten Oaks Ballroom
5000 Signal Bell Lane, Clarksville 21029
Doors Open 10:30 a.m. • Program Begins 11 a.m. • Lunch 12 noon
Tickets on Sale at all Howard County 50+ Centers \$15/person

PLEASE BRING NON-PERISHABLE FOOD ITEMS FOR THE HOWARD COUNTY FOOD BANK

FOR MORE INFORMATION, CALL
410-313-5440 (VOICE/RELAY)



Howard County Office on Aging and Independence
Department of Community Resources and Services
www.howardcountymd.gov/aging

Howard County Executive Allan H. Kittleman and the Howard County Commission on Disabilities cordially invite you to the

ANNUAL AWARDS CEREMONY

Thursday, October 4, 2018 • 7:00 PM
Roger Carter Community Center
3000 Milltowne Drive, Ellicott City, MD 21043

In recognition of National Disability Employment Awareness Month

GUEST SPEAKER
Rylin Rodgers
Director of Public Policy
Association of University Centers on Disabilities

AGENTS OF CHANGE

Our Voices Driving Systems

To RSVP and/or request accommodations to participate, contact Erica Lewis at 410-313-6402 (VOICE/RELAY) or ealewis@howardcountymd.gov by Thursday, September 27

— This Event is Free and Open to the Public —

New Day Added to Glenwood Pickleball ▶▶▶▶▶

Join us at Glenwood 50+ Center for drop-in Pickleball on Tuesdays and Thursdays from 11 a.m. to 2:00 p.m. (six courts open); or Fridays, noon to 2:00 p.m. (three courts, including one just for beginners). For more information or to register, call 410-313-5440 (voice/relay).

Get Crafty at the North Laurel 50+ Center

FALL HARVEST CELEBRATION — Friday, Oct. 12 • 11 a.m. to 1 p.m.
Lunch, fall craft activity, apple cider and live music. \$3 plus lunch contribution.
For tickets, call 410-313-0380.

FUSED GLASS: CABOCHONS — Tuesday, Oct. 16 • 1 to 4 p.m.
Learn how to make fused glass cabochons and create unique jewelry.
\$38, includes materials. Register by October 12 to 410-313-0380.

ACRYLIC PAINTING CLASS — Mondays, Oct. 22 and 29 • 1 to 4 p.m.
Learn the basic techniques of acrylics with professional step-by-step guidance. \$56, includes materials. Register by October 18 to 410-313-0380.



WEATHER PERMITTING • FREE ADMISSION • ALL AGES WELCOME!

ELKRIDGE COMMUNITY SAFETY DAY

A Partnership Event of the Howard County Office on Aging and Independence,
Howard County Fire and Rescue Services, and the Howard County Library System

**Wednesday, October 3
11 a.m. to 3 p.m.**

**Elkridge 50+ Center
6540 Washington Boulevard
Elkridge 21075**

The Elkridge 50+ Center cordially invites you to an interactive Community Safety Day featuring

Elkridge Volunteer Fire Department • Howard County Police Department • Maryland Poison Control Center • Howard County Sheriff's Department • Food Trucks • Face Painting • AND MORE

For more information, contact Jeanne Slater at 410-313-5192 or j Slater@howardcountymd.gov



Resources and Support Services
for the Emotional and Behavioral
Needs of Children, Youth and Families

The Howard County Local Care Team (LCT) is an inter-agency council designed to provide resources and support to families who need to access services for a child with intensive emotional and behavioral needs. This collaborative brings together representatives of several child-serving agencies to review a child's particular needs and work together with the family to identify programs and services that best serve the child.

The primary goal of the LCT and its family-focused partners is to help families receive the support and services they need to ensure the children served remain in their homes and communities.

Families and their advocates can self-refer to the LCT for assistance; and member agencies may refer cases that are more complex in nature. All information presented on behalf of each child is kept strictly confidential. Families are made aware of community-based resources and services, as well as pathways to access them. With the assistance of the LCT, the overwhelming task of contacting each agency individually is eliminated; families may also discover they are eligible for services of which they were not aware.

**For questions or more information, contact
Candace Ball at 410-313-6552 (VOICE/RELAY)
or cmball@howardcountymd.gov**

 Howard County Office of the
Local Children's Board
Department of Community Resources and Services
www.howardcountymd.gov/lcb



Find us on Facebook at www.facebook.com/HoCoCommunity

Stay connected to the Howard County Department of Community Resources and Services. Like us today!