



Glenwood Senior Center Plus

April 2016



2400 Route 97
Cooksville, MD 21723
410.313.5442
Judy Miller, Director

Hours: Tuesday and Thursday 9:00am – 1:00pm
glenwoodplus@howardcountymd.gov

Tuesday	Thursday
5 Today in History Exercise with Susan Bingo Lunch	7 Today in History Exercise with Susan Spring Craft Lunch
12 Today in History Exercise with Susan Debbie Sings Lunch	14 Today in History Exercise with Susan Pottery Lunch
19 Today in History Exercise with Susan Cooking Activity Lunch	21 Nutrition Ed. with Torry Exercise with Susan Music with Tom Lunch
26 Today in History Exercise with Susan Cards Lunch	28 Today in History Exercise with Susan Student Activity Lunch
	

Calendar Notes:

Join us in welcoming Tanisha Cottom, an Occupational Therapy Assistant student from CCBC. We are very excited to have Tanisha with us for the next eight weeks and look forward to her creativity and enthusiasm.

Happy Birthday Lundy and Liz.

If you can't attend for any reason, please leave a message at 410-313-5441 or email any staff.

Judy: jumiller@howardcountymd.gov

Andrea: abryant@howardcountymd.gov

Bridget: bmcandrew@howardcountymd.gov

Sick Policy: If the participant is feeling ill or has a fever, please do not send him/her to the program. We do our best to keep our area clean, but despite our best efforts, we do see an increase in illnesses if a participant arrives sick.

Resource and Referral Information:

Maryland Access Point (MAP): Provides free information, assistance, and future planning for older adults and persons with disabilities. Contact them at 410-313-5980 or 800-506-5806 for more information.

RTA Paratransit Services: 1-800-270-9553, Press 3 and follow prompts.

If you need this publication in an alternate format, call 410-313- 5442 (or 5441).