


December 2019

Monday	Tuesday	Wednesday	Thursday	Friday
Good News Music with Peter Paws4Comfort <p style="text-align: right;">2</p>	Brain Games Games with Joyce <p style="text-align: right;">3</p>	Today in History Garden Club Paws4Comfort <p style="text-align: right;">4</p>	Puzzlers Art Project Paws4Comfort <p style="text-align: right;">5</p>	Connections at Miller Branch Library 9421 Frederick Road <p style="text-align: right;">6</p>
Current Events Music with Tom Paws4Comfort <p style="text-align: right;">9</p>	Cranium Crunches Ugly Sweater Day Music with Janice <p style="text-align: right;">10</p>	Good News Holiday Crafting Paws4Comfort <p style="text-align: right;">11</p>	Today in History Mt. View Singers Paws4Comfort <p style="text-align: right;">12</p>	Friday Funnies Holiday Party <p style="text-align: right;">13</p>
Puzzlers Art for All Paws4Comfort <p style="text-align: right;">16</p>	Current Events Holiday Crafting <p style="text-align: right;">17</p>	Cranium Crunches Hanukkah Bingo Paws4Comfort <p style="text-align: right;">18</p>	Good News Hanukkah Party  <p style="text-align: right;">19</p>	Friday Funnies Ask Alexandra Holiday Crafting <p style="text-align: right;">20</p>
Today in History Music with Ellis Paws4Comfort <p style="text-align: right;">23</p>	Puzzlers Games with Joyce <p style="text-align: right;">24</p>	Center Closed for Christmas  <p style="text-align: right;">25</p>	Trivia Time Music with Charlie E Paws4Comfort <p style="text-align: right;">26</p>	Friday Funnies Holiday Games <p style="text-align: right;">27</p>
Brain Games Music with MaryAnn Paws4Comfort <p style="text-align: right;">30</p>	New Year's Trivia Games with Joyce <p style="text-align: right;">31</p>	Daily Activities: 10a.m. Arrival and Coffee Talk 11a.m. Yoga (Mon) 11a.m. Seated Exercise (Tu, W, & Th) 12p.m. Lunch 1p.m. Yoga (Fri)		



CAREGIVER'S CORNER



It's not too late to get your flu shot! If you didn't participate in one of the free county flu clinics, you will find that most doctor's offices are offering free flu shots to all their patients. Many pharmacies, big box stores and grocery stores also offer flu shots. Many health insurers cover 100% of flu shot costs.

Why should you get one?

When you get vaccinated each year, you are injected with the most current flu antibodies. The CDC tries to determine the most likely flu virus to hit and prepares the shot accordingly. This changes from year to year, which is the reason new shots are needed each year. The flu virus can be especially dangerous to young children, older adults, chronically ill people or those who are immunocompromised. When you get a flu shot you protecting yourself and the health of those around you.

LET'S CELEBRATE OUR DECEMBER BIRTHDAYS



Having a birthday this month are Connections' members Cheryl, Andrea and Dorothy Jean. We will enjoy a delicious communal birthday cake on **December 27** provided by our wonderful volunteer, Gary Pon. Happy Birthday, everyone!

RTA CONTACT INFORMATION



Questions about anything bus-related? Call 1-800-270-9553. Press "3" and follow prompts.

IMPORTANT REMINDERS!



◆ We will meet at the **Miller Branch Library, 9421 Frederick Road, on Friday, December 6** from **10 a.m. to 2 p.m.**

• Connections will be **CLOSED** on **December 25.**

• When Howard County Schools are closed or delayed two hours due to inclement weather, the Connections Program will also be closed. If schools are delayed by one hour, the center is open. When the schools have a scheduled day off, please tune to

WBAL-TV for possible weather-related closures of the center or call the Inclement Weather Line at 410-313-7777. Contact the center at 410-313-1425 to hear a recorded message regarding center operations.