Hours: Tuesday & Thursday
9:00am – 1:00pm

2400 Route 97
Cooksville, MD
21723
410-313-5442

CONNECTIONS
Social Day Program at Glenwood

Judy Miller, Director: jumiller@howardcountymd.gov

Howard County Office on
Aging and **Independence**
Department of Community Resources and Services

September 2019

Tuesday	Thursday
3 Today in History Exercise with Susan Word Games Lunch	**5** Today in History Exercise with Susan Music with Ray Lunch
10 Today in History Exercise with Susan Music with Debbie Lunch	**12** Today in History Exercise with Susan Cooking Activity Lunch
17 Today in History Exercise Library Program Lunch	**19** Today in History Exercise Craft Lunch
24 Today in History Exercise Bingo Lunch	**26** Today in History Exercise Music with Peter Lunch
LABOR DAY	

Calendar Notes:

The Walk to End Alzheimer's will be held on Saturday, September 28 at Centennial Park. You can find more information about donating and/or forming a team at www.alz.org/maryland/walk. The Department of Community Resources and Services, of which Office on Aging and Independence is a part, has formed a walking team. To donate to or join the HOCO DCRS team go to https://act.alz.org/site/TR?team_id=544549&fr_id=12610&pg=team.

"Master Aging: Engage, Educate and Inspire" is a conference-style event with seminars, exhibitors and entertainment for the 50+ community. This new format replaces the 50+EXPO, and will take place on Saturday, October 19 from 10 a.m. to 3 p.m. at a new location: the campus of Howard Community College (HCC) in Columbia. Visit the website for details about the day at www.howardcountymd.gov/masteraging.

~ Happy Birthday to Ines ~

If you can't attend for any reason, please leave a message at 410-313-5442 or email

jumiller@howardcountymd.gov, abryant@howardcountymd.gov or bmcandrew@howardcountymd.gov

Resource and Referral Information:

RTA Paratransit Services: 1-800-270-9553, Press 3 and follow prompts.

Maryland Access Point of Howard County (MAP): 410-313-1234, provides information and assistance regarding services available to older adults and adults with disabilities.