

Where adults who need guidance and supervision can stay active, have fun and socialize with their peers. Connections is specifically designed to maintain independence, enhance memory and improve the overall health of participants.

- ▶ Dementia-friendly programming which includes daily seated exercise, trivia, games, and music.
- All staff are Certified Dementia Practitioners.
- Daily snack and lunch served by Serv-Safe™ certified staff members.
- ► A four-hour, fee-for-service therapeutic program.
- ▶ Sliding scale fee for Howard County residents.

See reverse for locations, contact information and other details.



Check out all the great programming at the Howard County 50+ Centers!



www.howardcountymd.gov/aging

Howard County Office on Aging and Independence operates two therapeutic social day programs for adults, certified by the Maryland Department of Aging.

## ENROLL AT YOUR NEAREST LOCATION

OPEN MONDAY-FRIDAY 10 AM TO 2 PM

## Ellicott City 50+ Center

9401 Frederick Road Ellicott City, MD 21042

## East Columbia 50+ Center

6610 Cradlerock Way Columbia, MD 21045

CONTACT

## **FELICIA** Stein

PROGRAM DIRECTOR

410-313-1425 (VOICE/RELAY) fstein@howardcountymd.gov

On Description of Howard

**Howard County** 

Office on Aging and Independence

The daily fee covers all program costs, trips, snacks and lunch; a sliding fee scale is available to Howard County residents. Transportation is the responsibility of family/caregiver; staff can provide information on public and private transportation options.

If you need this information in an alternate format or need accommodations to participate, contact Maryland Access Point (MAP) of Howard County at 410-313-1234 (VOICE/RELAY) or map@howardcountymd.gov.

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