

WELCOME TO THE GLENWOOD 50+ CENTER NEWS



DECEMBER '18 – JANUARY '19
www.glenwoodseniorcenter.org

The holidays can be a joyous time, but for some it can be a little lonely. Why not join us this December to do what we can to bring joy to someone else. The staff at the Glenwood 50+ Center will be doing our best to spread joy this holiday season and we'd love for you to join us. We have some ideas that we are going to try and we encourage you to do the same.

Invite a friend to our Holiday Party or Hanukkah Party

Give someone else the parking place at the mall

Place car window poetry on a car in a parking lot

Go out of your way to greet a stranger

Invite someone to the Wreath Making Workshop

Make a wreath for a friend

Thank your exercise instructor

Donate something to the Project Holiday Program

Bake cookies for the Cookie Sale

Buy cookies from the Cookie Sale and take to a neighbor

Join us to watch a funny holiday movie on the 14th

Write a thank you note for your mail carrier or trash collector

Go on a winter walk with us and notice nature

Invite someone new to the Book Club

Invite someone new to Pickleball

Ask someone to walk the track with you

Leave a book in the Little Free Library in the park

Offer to teach someone how to play Pinochle or Bridge

Join us in the lounge and share favorite holiday memories

Sing along with the children from Bushy Park on the 3rd.

We hope you have a joyous holiday season!



2400 Route 97
Cooksville, MD 21723
(410) 313 - 5440 Front Desk
Fax: (410) 313 - 4846

Center Email:
glenwood50@howardcountymd.gov

Glenwood 50+ at the
Gary J. Arthur Community Center

Monday - Friday
8:30 am - 4:30 pm

GO50+ HOURS

Mon-Sat: 7 am - 9 pm
Sun: 9 am - 6 pm

Website
www.howardcountyyaging.org

Council Website:
www.glenwood50plus.org

Volunteer Website:
www.hocovolunteer.org



SPOTLIGHT ON HOLIDAZE PARTY

Celebrate the season with us. Take a break from the hustle and bustle and join us for an afternoon of beautiful music, friendship and delicious food. Come share the joy of the holidays as we focus on you. Walk into our winter wonderland and be tempted by yummy desserts, and hot chocolate bar.

WEDNESDAY, DECEMBER 19
1:30 AM COST: \$15

**LET'S SHOW LOCAL
ELF AT OLNEY THEATER
WEDNESDAY, DECEMBER 12**



50+CENTER NEWS TO USE

Center Information

Closed, Tuesday, Dec. 25, Christmas

Closed, Tuesday, Jan. 1, New Years Day

Closed, Monday, Jan. 21, MLK Jr Day

50+ Programs: Interested in trying a class? We encourage you to try before you buy. FYI: Glenwood 50+ Center does not pro-rate for classes missed.

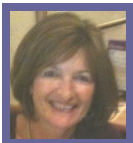
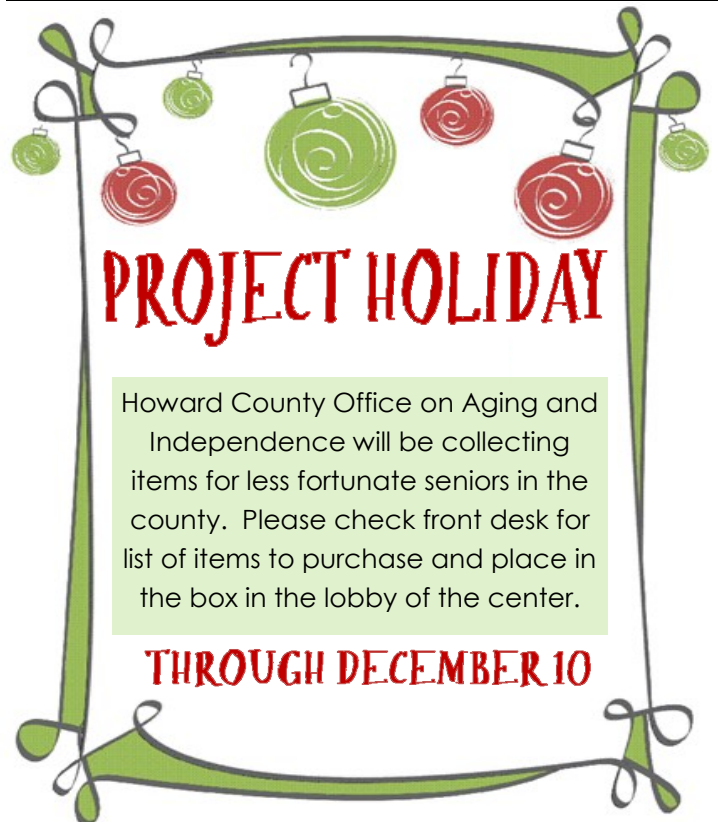
Go50+ Fitness Membership: Includes access to Gary J. Arthur, N. Laurel, and Roger Carter Community Centers Fitness Rooms and all Howard County 50+ Centers. Residents are only \$75 a year.

State Health Insurance Assistance Program: (410) 313-7392. Appointments are held at locations around the county.

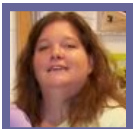
Cooksville Corner Café: Why not join us for lunch in our café? We have a new caterer! Check out our menu in the newsletter or in the lunch book located at the Front Desk. Remember to call to reserve or to cancel. Lunch is served Monday through Friday at 12 noon, with a super salad bar on the 2nd Friday of each month.

Western Howard County Senior Council: The Council is a 501c3 organization who support the staff of the Glenwood 50+Center with both financial and human resources. This group of volunteers meet monthly. They serve as ambassadors for the center and can be found participating in a variety of ways throughout the center.

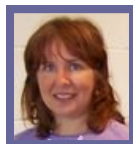
COMMUNITY EVENT



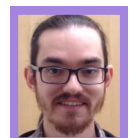
Regina Jenkins, Director
(410) 313-5443
rjenkins@howardcountymd.gov



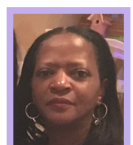
Cathy Burkett, Assistant Director
(410) 313-4832
cburkett@howardcountymd.gov



Chris Ferraro, Registrar
(410) 313-5440
cferraro@howardcountymd.gov



Evan Larkin, Utility Technician
(410) 313-4836
elarkin@howardcountymd.gov



Stephanie Rigsby, Nutrition Specialist
(410) 313-4833
srigsby@howardcountymd.gov

Disclaimer: "Howard County Government does not endorse or recommend the products or services associated with programs held at Howard County Senior and 50+Centers. Howard County Government is not responsible for the performance or non-performance of program sponsors."

KINDRED SPIRITS SOCIAL CLUB

If you are struggling with memory loss or know someone who is, look into Kindred Spirits Social Club. This innovative program is a partnership between the Office on Aging and Independence and the Alzheimer's Association, Greater Maryland Chapter.

The mission of the Social Club is to provide socialization, companionship, education, support, and a sense of purpose in a safe and nurturing environment for individuals with a medical diagnosis of an early memory disorder. The Social Club includes structured therapeutic support activities such as speakers, music, art, and yoga.

The program operates Mondays, Wednesdays, and Fridays, 9 am -1 pm.

Judy Miller, Kindred Spirits Director and Facilitator

jumiller@howardcountymd.gov

Call to schedule an appointment (410) 313-5441



CONNECTIONS SOCIAL DAY PROGRAM

Are you a caregiver of a parent or loved one, or do you know someone who is providing care for an aging parent? The Connections Social Day program offers a safe, affordable, stimulating option. The Connections program has a staff to participant ratio of 1 to 8, and is directed by a Certified Occupational Therapy Assistant. Staff are dedicated to providing a place for your loved one to socialize in a structured and supportive environment. The four hour program provides programming, a well balanced lunchtime meal and snacks. Program is 9 am -1 pm on Tuesdays and Thursdays.

Judy Miller, Director, Connections Social Day program,

jumiller@howardcountymd.gov

Call to schedule an appointment (410)313-5441

COUNCIL ANNUAL COOKIE SALE



Join the Council in the lobby for their two day sale. Purchase cookies by the dozen for only \$5. The money raised goes to supporting programs, speakers, equipment and more at the center. Bakers and Buyers are needed. To sign up for a time to man the table, or to bake cookies, please see Chris at the front desk.

COUNCIL COOKIES

DECEMBER 13 AND 14
9 - 3 IN THE LOBBY

If you need this document in an alternative format, please contact Regina Jenkins on (410) 313-5443. Would you like to receive our newsletter on your smart phone or home computer? If so, please call Chris at (410) 313-5440 and she will add you to our email distribution list.

EXERCISE AND FITNESS CLASSES

Sit & Fit

Tuesday and Thursday, 11 am
Cost: \$48 for 16 classes
Next session begins January 3
Instructor: Susan Kain

Energize High Intensity Interval Training

Monday and Wednesdays, 8:20 am
Cost: \$68 for 16 classes
Next session begins December 17
Instructor: Sara Schwab
No class Dec 24, 26, 31

Gentle Yoga

Tuesdays or Thursdays, 10:15 am
Wednesdays, 2 pm
Cost: \$60 for 10 weeks
Next Tuesday session begins December 4
Next Thursday session begins December 6
Next Wednesday session begins December 12
Instructor: Mary Garratt

Hatha Yoga

Tuesdays or Thursdays, 9 am
Cost: \$60 for 10 weeks
Next Tuesday session begins December 4
Next Thursday session begins December 6
Instructor: Mary Garratt

Line Dancing Beginners

Thursdays, 1pm
Cost: \$55 for 10 weeks
Next session begins December 20
Instructor: Sandy Garrish

Line Dancing: Beginner Drop In
Monthly fee of \$5

Line Dancing: Intermediate Drop In
Monthly fee of \$5

Line Dancing Intermediate

Thursdays, 2 pm
Cost: \$55 for 10 weeks
Next session begins December 20
Instructor: Sandy Garrish
No class Nov. 8, 15, 22

Pilates

Mondays, 9:30 am
Cost: \$48 for 8 classes
Next Monday session begins February 4
Instructor: Malinda Venegas

**NEW TIME
NEW INSTRUCTOR

Prime Time Tone, Balance & Flex

Monday, Wednesday, 1-2 pm
Cost: \$48 for 16 classes
Next session begins January 7
Instructor: Marianne Larkin

Yoga & Pilates

Mondays, 3 pm
Cost: \$60 for 10 classes
Next session begins January 7
Instructor: Susan Kain

Hatha Yoga 1-2

Fridays, 9-10 am
Cost: \$60 for 10 weeks
Next session begins December 14
Instructor: Susan Kain

Tai Chi Intro

Thursdays 9am - 9:55am
Cost: \$48 for 8 weeks
Next session begins January 3
Instructor: Charlie Toth

COOKSVILLE CAFÉ DECEMBER MENU

Monday	Tuesday	Wednesday	Thursday	Friday
December 3	December 4	December 5	December 6	December 7
Venetian Chicken Breast W/Tarragon Shallot Cream Sauce Red Potatoes Wax & Green Beans Cinnamon Applesauce White/Wheat Bread	Pizza Party Pizza, Salad, ice Cream 	Hanukah Luncheon Kosher Meal Cost:\$10 Register at front desk 	Multi Bean Soup Curried Chicken, Pineapple & Raisin Salad On A Bed Of Baby Spinach Grape Tomatoes Cinnamon Apples Dilled Baby Carrots White/Wheat Bread	Roast Stuffed Chicken Breast White & Wild Rice Blend Dilled Carrots Peas & Pearl Onions Butterscotch Pudding
December 10	December 11	December 12	December 13	December 14
Pulled Pork BBQ Midwest Baked Beans Cole Slaw Pineapple Tidbits Sandwich Bun	Meatloaf W/Gravy Mashed Potatoes Sliced Carrots Applesauce White/Wheat Bread	Mushroom Swiss Burger Lett/Tom Garnish Orange Blossom Carrot Salad Midwest Baked Beans	Salad Bar Healthy Toppings and a Delicious Protein 	Salad Bar Healthy Toppings and a Delicious Protein 
December 17	December 18	December 19	December 20	December 21
Old Bay Grilled Chix Breast Sandwich Cream of Tomato Soup Lett/Tom Garnish Pepper Slaw Sliced Apple Snack Pack Sandwich Bun	Baked Pork Chop Soubise Braised Cabbage Scalloped Potatoes Fruit Cocktail White/Wheat Bread	Holidaze Luncheon Catered by Outback Cost: \$15 Register at Front Desk 	Ham Green Beans Cranberry Sauce Rolls Milk Dessert	Baked Potato Bar Hot Baked Potatoes Delicious Toppings 
December 24	December 25	December 26	December 27	December 28
Hot Ham & Swiss Sandwich Greek Style Salad Feta Cheese Garnish Steamed Carrots W/ Dill Diced Peaches Rye Bread	CHRISTMAS DAY CLOSED 	Chicken Cordon Blue Yellow Rice Pilaf Seasoned Green Beans Blueberry Crisp Split Top Dinner Roll	Pork Sauerkraut Mashed Potatoes Green Beans Diced Fruit Cake Dinner Roll	Cheddar Cheeseburger Lett/Tom Garnish Cole Slaw Apricot Halves Hamburger Roll
December 31				
Turkey, Vegetable & Potato Stew Fresh Baby Spinach Grape Tomatoes Ranch Dressing Cinnamon Apples Corn Muffin				



Hello, December

GLENWOOD 50+CENTER
DECEMBER 2018
 CALENDAR OF EVENTS
www.glenwoodseniorcenter.org
 (410) 313-5440

<p>3 Basketball 9 Pinochle 10 Pilates 10 Holiday Sing a long 11 Bridge 12:45 \$Prime Time 1 \$Yogalates 3</p>	<p>4 \$Hatha Yoga 9 Men's Roundtable 10 \$Gentle Yoga 10:15 \$Sit & Fit 11 Pickle Ball 11 Pizza Party 12 Chinese Mahjong 1</p>	<p>5 Basketball 9 Open Arts & Crafts 9 Nutrition Counseling 9:30 \$Hanukah Party 11 Bridge 12:45 \$Prime Time 1 \$Gentle Yoga 2</p>	<p>6 \$Hatha Yoga 9 \$Qi Gong/Tai Chi 9 \$Gentle Yoga 10:15 \$Sit & Fit 11 Pickle Ball 11 Line Dancing 12:45 \$Wreath Making 1:30 \$Line Dancing Beg 1 \$Line Dancing Inter 2</p>	<p>7 Basketball \$Yoga 1/2 9 Pinochle 10 Christmas in Old Baltimore 11 Pickle Ball 12</p>
<p>10 Basketball 9 Ask the Pharmacist 9 Pinochle 10 Pilates 10 History of Broadway 11 Bridge 12:45 \$Prime Time 1 \$Yogalates 3</p>	<p>11 \$Hatha Yoga 9 Blood Pressure 9 New Members 9 Men's Roundtable 10 \$Gentle Yoga 10:15 \$Sit & Fit 11 Pickle Ball 11 Chinese Mahjong 1 \$Personalize This 1:30</p>	<p>12 Basketball 9 Open Arts & Crafts 9 iPhone, iPad 10 \$DIY Holiday Gifts 11 Bridge 12:45 \$Prime Time 1 \$Elf at Olney Theater 1 \$Gentle Yoga 2</p>	<p>13 Council Cookie Sale \$Hatha Yoga 9 \$Qi Gong/Tai Chi 9 Genealogy 10 \$Gentle Yoga 10:15 \$Sit & Fit 11 Pickle Ball 11 Salad Bar 12 National Park Series 1 \$Line Dancing Beg 1 \$Line Dancing Inter 2</p>	<p>14 Council Cookie Sale Basketball \$Yoga 1/2 9 Pinochle 10 Patent Wars Talk 11 Pickle Ball 12 Salad Bar 12 Movie: Four Christmases 1</p>

<p>17 Basketball 9 Pinochle 10 Pilates 10 Benjamin Franklin 10 Bridge 12:45 \$Prime Time 1 \$Yogalates 3 No Class</p>	<p>18 \$Hatha Yoga 9 Men's Roundtable 10 \$Gentle Yoga 10:15 \$Sit & Fit 11 Pickleball 11 Chinese Mahjong 1</p>	<p>19 Basketball 9 Open Arts & Crafts 9 Civil War Series 10 \$Holiday Party 11:30 Bridge 12:45 \$Prime Time 1 No Class \$Gentle Yoga 2</p>	<p>20 \$Hatha Yoga 9 \$Reflexology 9 \$Qi Gong/Tai Chi 9 \$Gentle Yoga 10:15 \$Sit & Fit 11 No Class Pickleball 11 \$Line Dancing Beg 1 \$Line Dancing Inter 2</p>	<p>21 Winter Walk 9 Basketball 9 \$Yoga 1/2 9 Pinochle 10 Holiday Show & Tell 11 Pickle Ball 12 Baked Potato Bar 12</p>
<p>24 Basketball 9 \$Energize 8:20 No Class Pinochle 10 Z\$Pilates 10 No Class Bridge 12:45 \$Prime Time 1 No Class \$Yogalates 3 No Class</p>	<p>25 Closed Christmas Day </p>	<p>26 Basketball 9 \$Energize 8:20 No Class Basketball 9 Open Arts & Crafts 9 Bridge 12:45 \$Prime Time 1 No Class \$Gentle Yoga 2 No Class</p>	<p>27 \$Hatha Yoga 9 No Class \$Reflexology 9 Qi Gong/Tai Chi 9 \$Gentle Yoga 10:15 No Class \$Sit & Fit 11 No Class Pickleball 11 \$Line Dancing Beg 1 No Class \$Line Dancing Inter 2 No Class</p>	<p>28 Basketball 9 \$Yoga 1/2 9 No Class Pinochle 10 Drumming 11 Pickle Ball 12 Movie: Crazy Rich Asians 1</p>
<p>31 Basketball 9 \$Energize 8:20 No Class Pinochle 10 \$Pilates 10 No Class Bridge 12:45 \$Prime Time 1 No Class \$Yogalates 3 No Class</p>	<p>1 Closed New Years Day</p>			

HEALTH, WELLNESS & FITNESS

Ask the Pharmacist

Monday, December 10, 9 am

Monday, January 14, 9 am

Bring all of your questions to pharmacist, Don Hamilton, P.D. Meet one on one and get answers to your pressing questions about your medications. Bring your drug lists to confidentially discuss any concerns.

Blood Pressure Screenings

Tuesday, December 11, 9 - 11 am

Tuesdays, January 8, 22, 9 - 11 am

Sponsored by Howard County General Hospital. Keep on top of your blood pressure to avoid serious health concerns. Let the nurse help you keep track of your readings. First come first served.

Nutrition Consultation

Wednesday, December 5, 9:30 am

Wednesday, January 2, 9:30 am

Schedule an appointment with our new registered dietician, Carmen Roberts. She helps adults improve on their quality of life through nutrition counseling and education. Sign up for a 30 minute session.

Reflexology with Linda

Thursdays, 9 am - 2 pm

Cost: \$30 for 30 minutes, \$60 for 60 minutes

Welcome Linda Deffinbaugh, RN as she begins to offer reflexology for our members. This practice used to relieve tension and treat illness is based on the theory that there are reflex points on the feet, hands and head linked to every part of the body.

Walking Group

Monday - Friday, 8 am

This walking group meets five days a week. Come join us any day for a brisk walk indoors. Walk at your own pace and enjoy the camaraderie of a group.



Basketball - Drop in

Monday, Wednesdays, Fridays, 9 - 11 am

Players must be 50+ years of age

to participate in this program. Join this group for a fun and competitive workout. Players age 62 and better can enjoy playing with members in their age group beginning at 11 am.

Pickle Ball

Tuesdays, Thursdays, 11 am - 2 pm

Fridays, 12 - 2 pm (Beginners play)

Come join the fun! Pickle Ball combines elements of tennis, badminton and ping-pong. Be prepared to love it.



Billiards-Table Tennis

Monday-Fridays, 8 am - 4:30 pm

Stop by the front desk and grab a key to the game room. Enjoy a game of table tennis or pool!

PROGRAMS AND EVENTS

Chinese Mahjong

Tuesdays 1 - 3 pm

Come and learn how to play and enjoy the friendships that are created.

Pinochle

Mondays, Fridays, 10 am - 4:30 pm

Pinochle is a classic two-player game developed in the United States, and it is still one of the country's most popular games. Looking for new players! Beginners are welcome.

Duplicate Bridge

Mondays, Wednesdays, 12:45 - 4:00 pm

Cost:\$1

Includes coffee and tea.

Duplicate Bridge is the most widely used variation of contract bridge in club play.

Open Studio: Arts & Crafts - Join Us

Wednesdays, 9am - noon

Are you working on any crafts at home? Painting, knitting, crocheting, jewelry making, paper crafts or more? Drop in and create!

Men's Roundtable

Tuesdays, 10 - 11:30 am

Join us for this new group, designed to cover a variety of topics, current events and create friendships. Group is facilitated.

Holiday Sing a Long with Bushy Park

Monday, December 3, 11 am

Don't miss this wonderful opportunity to sing along with 3 and 4 year old children who will be filled with the spirit of the holidays!

Hanukah Celebration

Wednesday, December 5, 11 am

Cost: \$10

We will celebrate the holiday with a traditional kosher meal and program. Learn a little and eat a lot.

Wreath Making Workshop

Thursday, December 6, 1:30 pm

Cost: \$12



This was a great event last year, join us again! We will be using all fresh greens and will have picks and ribbons to finish the look. Limited class size, register in advance.

Christmas in Old Baltimore 1945-65

Friday, December 7, 11 am

Wayne Schaumburg our go to guy for Baltimore will be here to share what Charm City was like back in the day. His presentations are always interesting and informative.

PROGRAMS AND EVENTS

History of Broadway

Monday, December 10, 11 am

Wednesday, January 23, 11 am

Join Steve Friedman for his entertaining and informative series on Broadway. Each session focuses on a different era, enjoy lecture and singing.

New Members & Volunteers

Tuesday, December 11, 9 am

Tuesday, January 8, 9 am

Register in advance for this orientation geared to new members and volunteers. Join the staff for a complete overview of programs and activities and a tour.

Personalize This!

Tuesday, December 11, 1:30 pm

Cost: Between \$3 - \$15, projects vary



Would you like to "up" your gift game? How about a

personalized mug, koozie, hat or tea towel? Join us and see how easy it can be. See samples in the lobby case and start thinking about your project.

iPhone, iPad Workshop

Wednesday, December 12, 10 am

Monday, January 14, 10 am

Join Mike Vecera for his iPad and iPhone help sessions. Sign up in the binder at the front desk and learn to make the most of your device.

DIY Holiday Gifts

Wednesday, December 12, 11 am

Cost: \$15

It's a 2 hour workshop just for you to create that perfect gift. Choose from Farmhouse signs, glass block crafts, decorative signs and more. Watch for display in front lobby.

Let's Show Local: Elf at Olney Theater

Wednesday, December 12, 1 pm

\$53



Transportation will be on your own, but the discounted tickets will be enjoyed by all.

Let's stay local and enjoy this fun filled holiday show.

Genealogy

Thursday, December 13, 10 am

Thursday, January 10, 10 am

Join Dottie Aleshire, education chairperson and program coordinator at HoCo Genealogical Society.

Glenwood Book Club

Thursday, January 10, 1 pm



Join us for the Glenwood 50+ Book Club which meets every five weeks. Read the book and come prepared to discuss. Book for January is *The Mountain Between Us*.

PROGRAMS AND EVENTS

Council Cookie Sale

Thursday and Friday, December 13, 14

Bakers and Buyers are needed! This annual fundraiser will be held in the lobby. Stop by on your way to or from your workout or class. Volunteers are needed to make baked cookies, sign up at the front desk.



Patent Wars by College Park Aviation

Friday, December 14, 11 am

1903 marked the beginning of Aviation as we know it, but it also stirred up quite the controversy. Inventors, engineers, and flying enthusiasts were at odds with one another and filed enough law suits to make a t.v. courtroom drama look tame. Learn about these cases and their impact on early aviation.

New Release Movies

Cost: \$1 donation



Friday, December 14, 1 pm

Four Christmases
PG 13, 1 hour, 28 min.



Friday, December 28, 1 pm

Crazy Rich Asians
PG 13, 1 hour, 2 min.



Friday, January 11, 1 pm

Life of the Party
PG13, 1 hour, 45 min.



Friday, January 25, 1 pm

Christopher Robin
PG, 2 hours

The Nine Lives of Benjamin Franklin

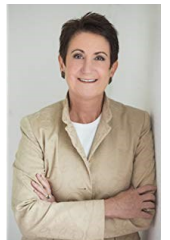
Monday, December 17, 10 am

Rivaled only by Washington, Benjamin Franklin was, at his death in 1790, the most famous man in America. Franklin's rise to prominence and power first in Philadelphia, and then in London and Paris, was nothing short of meteoric. As Richard Bell, a professor of history at the University of Maryland, explains, it's Franklin's many faces that make him so compelling.

Civil War Series:

A Civil Life in an Uncivil Time

Wednesday, December 19, 10 am



In the fall of 1862, Julia Wilbur left her family's farm near Rochester, New York, and boarded a train to Washington, DC. An ardent abolitionist, the 47-year-old Wilbur left a sad but stable life, headed toward the chaos of Civil War. She spent most of the next several years in Alexandria, VA, devising ways to aid recently escaped slaves and hospitalized Union soldiers. Presented by author Paula Whitacre.

Holiday Party - A White Christmas

Wednesday, December 19, 11:30 am

Cost: \$15



Catered by Outback and sounds of the season by Jordan Mills, this event always sells out. Get your ticket for this white winter wonderland and bring a friend along for an uplifting event and delicious meal with our hot chocolate bar.

PROGRAMS AND EVENTS

Winter Walk

Friday, December 21, 9 am

Bundle up and join us for a walk in nature. We will not venture too far from the center, but far enough to notice the changes in the trees.

Holiday Memories - Show and Tell

Friday, December 21, 11 am

Meet by the tree in the lounge for a discussion about your favorite holiday memories over a cup of hot chocolate or cider. What was your favorite toy as a child, do you still have it? How about a Christmas Show & Tell. Let's recall past traditions and any new ones you enjoy today.



Drumming with Scott

Friday, December 28, 11 am

Scott is here for an hour long drumming event that will bring a smile to your face. It's a great stress reliever and fun.

Howard Community College Courses

Best American Short Stories Part II

Instructor: George Clack

Thursdays, January 10 - March 21

Cost: \$89

Best American Short Stories

Instructor: George Clack

Thursdays, January 17 - March 28

Cost: \$89

Maryland Opera Presents:

I Will Lift Up Mine Eyes

Friday, January 11, 11 am

Join us for this spectacular celebration of sacred music over the years from many religions and traditions. Two vocalists and a pianist will present this moving program of music guaranteed to inspire and uplift.

Stories You Should Know

Friday, January 25, 10:30 am

Brad Berger from the National Park Service will present this program as a series of vignettes in American History. These involve huge, nation changing events, down to personal contacts. Come learn about these really interesting stories.

Native American Myths & Dreams

Friday, January 18, 1pm

Join instructor Debra Swartz for a program on this facet of Native American life. You will learn how myths and dreams affected every part of a Natives life. Dreams are reality for Natives.

AARP Tax Aide Program

Begins February 7



AARP tax aides will begin appointments for free income tax preparation for Howard County residents. This service is co-sponsored by AARP and the IRS. Electronic filing is provided at no charge. The tax service is available to all middle & low income taxpayers, with special emphasis on ages 60 and older. Appointments can be reserved beginning December 17th.