

50+

An informative series offered in partnership with the
Howard County Office on Aging and Independence
and Coalition of Geriatric Services (COGS)

FUTURES Planning

An Educational Series for
HOWARD COUNTY RESIDENTS

Explore options to enhance the ability to live independently in the community. This seven-session series will cover a spectrum of topics essential in the planning process and preparing for the future. Admission is FREE.

East Columbia Library • 6:30 to 7:30 PM
6600 Cradlerock Way, Columbia 21045

- Tuesday, October 23 Health Care Head to Toe
- Tuesday, October 30 Retirement Living and Assisted Care Options
- Wednesday, November 7 ... Options for Continued and Supportive Care at Home
- Tuesday, November 13..... Staying a Step Ahead as a Caregiver
- Tuesday, November 27..... Integrating Financial and Legal Planning
- Tuesday, December 4 Senior Health Insurance Basics
- Tuesday, December 11..... Safeguards to Avoid Fraud, Abuse and Exploitation

Register for one, two or all seven sessions!

50futuresplanningseries.eventbrite.com

 Howard County Office on
Aging and Independence
Department of Community Resources and Services

For additional
information, contact:



Becky Sieck at 410-997-0610
or email info@cogsmd.org

If you need this information in an alternate format, contact Maryland Access Point at 410-313-1234 (voice/relay).
If you need accommodations to participate, contact MAP no later than one week prior to the event.