



# Glenwood Senior Center Plus

## May 2016



2400 Route 97  
Cocksville, MD 21723  
410.313.5442  
Judy Miller, Director

Hours: Tuesday and Thursday 9:00am – 1:00pm  
glenwoodplus@howardcountymd.gov

Tuesday	Thursday
<b>3</b> Today in History Exercise with Susan Day at Races Lunch	<b>5</b> Today in History Exercise with Susan Pottery Cinco De Mayo Taco Party
<b>10</b> Today in History Exercise with Susan Debbie Sings Lunch	<b>12</b> Today in History Exercise with Susan Student Activity Lunch
<b>17</b> Today in History Exercise with Susan Abstract Art Lunch	<b>19</b> Today in History Exercise with Susan Garden Club Lunch
<b>24</b> Today in History Exercise with Susan Bingo Lunch	<b>26</b> Nutrition with Torry Exercise with Susan Music with Tom Lunch
<b>31</b> Today in History Exercise with Susan Where Am I? Lunch	

### Calendar Notes:

Despite the forecast, live like it's Spring.

~Lilly Pulitzer

### Happy Birthday Dot.

If you can't attend for any reason, please leave a message at 410-313-5441 or email any staff.

Judy: jumiller@howardcountymd.gov

Andrea: abryant@howardcountymd.gov

Bridget: bmcandrew@howardcountymd.gov

**Sick Policy:** If the participant is feeling ill or has a fever, please do not send him/her to the program. We do our best to keep our area clean, but despite our best efforts, we do see an increase in illnesses if a participant arrives sick.

### Resource and Referral Information:

**Maryland Access Point (MAP):** Provides free information, assistance, and future planning for older adults and persons with disabilities. Contact them at 410-313-5980 or 800-506-5806 for more information.

**RTA Paratransit Services:** 1-800-270-9553, Press 3 and follow prompts.

If you need this publication in an alternate format, call 410-313- 5442 (or 5441).