





**Hours: Mondays & Wednesdays, 8:30 am-8:30 pm / Tuesdays & Thursdays, 8:30 am- 8:30 pm / Fridays, 8:30 am-4 pm**

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Reminder:</b> <b>Beginning January 2,</b> <b>only quarterly</b> <b>payments will be</b> <b>accepted for</b> <b>classes.</b> <b>No monthly</b> <b>Fees.</b></p>	<p> <b>New Year's Day</b> <b>Center Closed</b></p> <p><b>1</b></p>	<p><b>10 &amp; 12 Mahjong</b> <b>2 Bid Whist</b> <b>3 Strength Training \$</b> <b>5 Tai Chi Advanced \$</b> <b>6 Tai Chi Intermed. \$</b> <b>7 Soul Line Dance \$</b></p> <p><b>2</b></p>	<p><b>11 Tai Chi w/ Sword Practice</b> <b>12 Tai Chi Practice</b> <b>12 Poker</b> <b>1 Chess</b> <b>1 Ballroom Dance \$</b></p> <p><b>3</b></p>	<p><b>9:30 Walking Group at (Columbia Mall)</b> <b>10 Drop-in Bridge Lesson</b> <b>12 Pinochle</b> <b>1 Bridge</b></p> <p><b>4</b></p>
<p><b>9 Legal Aid</b> <b>9 /10 Morning Exp \$</b> <b>10 Chinese Painting \$</b> <b>11 &amp; 12:15 Yoga \$</b> <b>12 Mahjong 1 &amp; 2</b> <b>1 Bridge</b> <b>2 Tai Chi Practice</b> <b>4 Pinochle</b> <b>4 Nutrition Appt.</b> <b>5/6 Tai Chi Beginner \$</b> <b>7 Soul Line Dance \$</b></p> <p><b>7</b></p>	<p><b>8:50 Exercise Ease \$</b> <b>10 Seated Yoga \$</b> <b>10 Color with Us</b> <b>11 Qigong Drop-in</b> <b>12 Sew Who Cares</b> <b>12 Poker</b> <b>2 Yoga \$</b> <b>2 Short Stories</b> <b>3 Urban Line Dance \$</b> <b>6 Family Law</b></p> <p><b>8</b></p>	<p><b>10 &amp; 12 Mahjong</b> <b>11:30 Candlelight Concert and Brunch</b> <b>2 Bid Whist</b> <b>3 Strength Training \$</b> <b>5 Tai Chi Advanced \$</b> <b>6 Tai Chi Intermed. \$</b> <b>6:30 Korean Support</b> <b>7 Soul Line Dance \$</b></p> <p><b>9</b></p>	<p><b>8:50 Exercise Ease \$</b> <b>11 Tai Chi w/ Sword Practice</b> <b>12 Tai Chi Practice</b></p> <p><b>Center closes at 1pm for Employee Appreciation</b></p> <p><b>10</b></p>	<p><b>9:15 Draw &amp; Paint \$</b> <b>9:30 Walking Group at (Columbia Mall)</b> <b>10 Drop-in Bridge Lesson</b> <b>12 Pinochle</b> <b>1 Bridge</b> <b>1 Watercolor \$</b></p> <p><b>11</b></p>
<p><b>9 Legal Aid</b> <b>9 /10 Morning Exp \$</b> <b>10 Chinese Painting \$</b> <b>11 &amp; 12:15 Yoga \$</b> <b>12 Mahjong 1 &amp; 2</b> <b>1 Bridge</b> <b>2 Tai Chi Practice</b> <b>4 Pinochle</b> <b>5/6 Tai Chi Beginner \$</b> <b>7 Soul Line Dance \$</b> <b>7 Caregivers Support</b></p> <p><b>14</b></p>	<p><b>8:50 Exercise Ease \$</b> <b>10 Seated Yoga \$</b> <b>11 Qigong Drop-in</b> <b>12 Sew Who Cares</b> <b>12 Poker</b> <b>1 Clutter Busters</b> <b>2 Yoga \$</b> <b>3 Urban Line Dance \$</b> <b>3:30 Tech Café</b> <b>6 Family Law</b></p> <p><b>15</b></p>	<p><b>10 NARFE</b> <b>10 &amp; 12 Mahjong</b> <b>11:30 Lunch &amp; Learn</b> <b>2 Bid Whist</b> <b>3 Strength Training \$</b> <b>5 Tai Chi Advanced \$</b> <b>6 Tai Chi Intermed \$</b> <b>7 Soul Line Dance \$</b></p> <p><b>16</b></p>	<p><b>8:50 Exercise Ease \$</b> <b>10 Sign Language</b> <b>11 Tai Chi w/ Sword Practice</b> <b>12 Tai Chi Practice</b> <b>12 Poker</b> <b>1 Chess</b> <b>1 Ballroom Dance \$</b> <b>6 New Release Cinema</b></p> <p><b>17</b></p>	<p><b>9:15 Draw &amp; Paint \$</b> <b>9:30 Walking Group at (Columbia Mall)</b> <b>10 Drop-in Bridge Lesson</b> <b>12 Pinochle</b> <b>1 Bridge</b> <b>1 Watercolor \$</b></p> <p><b>18</b></p>
<p><b>Martin Luther King, Jr. Holiday</b> <b>Center Closed</b></p> <p></p> <p><b>21</b></p>	<p><b>8:50 Exercise Ease \$</b> <b>9 Memoir Writing \$</b> <b>10 Seated Yoga \$</b> <b>11 Qigong Drop-in</b> <b>12 Sew Who Cares</b> <b>12 Poker</b> <b>2 Yoga \$</b> <b>3 Urban Line Dance \$</b> <b>7 Language Cafe</b></p> <p><b>22</b></p>	<p><b>10 &amp; 12 Mahjong</b> <b>11 BYO Beads</b> <b>2 Bid Whist</b> <b>3 Strength Training \$</b> <b>5 Tai Chi Advanced \$</b> <b>6 Tai Chi Intermed \$</b> <b>7 Soul Line Dance \$</b></p> <p><b>23</b></p>	<p><b>8:50 Exercise Ease \$</b> <b>11 Tai Chi w/ Sword Practice</b> <b>12 Tai Chi Practice</b> <b>12 Poker</b> <b>1 Chess</b> <b>1 Ballroom Dance \$</b></p> <p><b>24</b></p>	<p><b>9:15 Draw &amp; Paint \$</b> <b>9:30 Walking Group at (Columbia Mall)</b> <b>10 Drop-in Bridge Lesson</b> <b>12 Pinochle</b> <b>1 Bridge</b> <b>1 Watercolor \$</b></p> <p><b>25</b></p>
<p><b>9 Legal Aid</b> <b>9 /10 Morning Exp \$</b> <b>10 Chinese Painting \$</b> <b>11 &amp; 12:15 Yoga \$</b> <b>12 Mahjong 1 &amp; 2</b> <b>1 Bridge</b> <b>2 Tai Chi Practice</b> <b>4 Pinochle</b> <b>5/6 Tai Chi Beginner \$</b> <b>7 Soul Line Dance \$</b></p> <p><b>28</b></p>	<p><b>8:50 Exercise Ease \$</b> <b>9 Memoir Writing \$</b> <b>10 Seated Yoga \$</b> <b>10 Color with Us</b> <b>11 Qigong Drop-in</b> <b>12 Sew Who Cares</b> <b>12 Poker</b> <b>2 Yoga \$</b> <b>3 Urban Line Dance \$</b></p> <p><b>29</b></p>	<p><b>10 &amp; 12 Mahjong</b> <b>10 Ask the Podiatrist</b> <b>2 Bid Whist</b> <b>3 Strength Training \$</b> <b>5 Tai Chi Advanced \$</b> <b>5 Tai Chi Intermed \$</b> <b>7 Soul Line Dance \$</b></p> <p><b>30</b></p>	<p><b>8:50 Exercise Ease \$</b> <b>11 Tai Chi w/ Sword Practice</b> <b>12 Tai Chi Practice</b> <b>12 Poker</b> <b>1 Chess</b> <b>1 Ballroom Dance \$</b> <b>2:30 Knitting 102</b> <b>6 Encore Movie</b></p> <p><b>31</b></p>	<p><b>East Columbia 50+ Center Staff</b></p> <p>Meridy McCague Ellen Brown Alma Blue Earl Saunders Cypress DeManicor</p>

### **Maryland Legal Aid**

Maryland Legal Aid provides a full range of free civil legal services to financially qualified Marylanders and people over 60. For further information, please call 410-480-1057.

When: Mondays, January 7, 14 and 28

Time: 9 am – 12 pm

Cost: Free

### **Memoir Writing Class**

Come together in a friendly group setting and be inspired to write your life story. Instructor and Writing Coach Pamela Stein will lead the class on a journey that is fun and inspirational. To register: 410-313-7680

When: Tuesday, January 22, 29 and February 5, 12, 19, 26

Time: 9 am – 11 am

Cost: \$64 (6 weeks)

### **Candlelight Concert and Brunch**

The Candlelight Concert Society will present an informal concert featuring Issac Greene, guitar and Sarah Green, keyboard. A brunch buffet will be available from 11:30am – 12pm. To register: 410-313-7680.

When: Wednesday, January 9

Time: 11:30 am – 1 pm

Cost: Brunch Donation

### **Lunch and Learn: How to Become a Citizen Scientist**

Sue Muller, an ecologist with the Howard County Department of Recreation & Parks will lead this fascinating discussion. To register, call 410-313-7680.

When: Wednesday, January 16

Time: 11:30 am – 1 pm

Cost: Lunch Donation

### **Intro to Sign Language**

Learning sign language can be a fun experience and help you communicate with more people in the deaf and hard of hearing community. Taught by Mike Gantz, instructor at Howard Community College, this class will introduce you to basic signs and alphabets. To register, call 410-313-7680.

When: Thursday, January 17

Time: 1 pm

Cost: Free

### **BYO Beads**

Join this do it yourself beading club. Repair broken items or create some new ones with all the old pieces!

To register 410-313-7680

When: Wednesday, January 23

Time: 11 am

Cost: Materials Fee

### **Ask the Podiatrist**

Get individual questions answered from a licensed podiatrist. To register, call 410-313-7680

When: Thursday, January 30

Time: 10 am – 11 am

Cost: Free

### **Knitting 102**

Take your next step in knitting. If you tried Knitting 101, you will be fascinated with everything in this 5-week session. To register: 410-313-7680

When: Thursday, January 31, February 7, 14, 21 and 28

Time: 2:30 pm

Cost: Materials Fee

### **Important Numbers and Information**

*If you need accommodations to attend events at East Columbia 50+ Center or to request this document in an alternative format, please call 410-313-7680 at least 2 weeks prior to the event. People who have a hearing or speech disability, please contact us through Maryland Relay by calling 7-1-1. (voice-relay).*

*Howard County Government does not endorse products or services associated with programs held at Howard County 50+ Centers.*