

Glenwood Senior Center Plus

July 2016



2400 Route 97
Cooksville, MD 21723
410.313.5442
Judy Miller, Director

Hours: Tuesday and Thursday 9:00am – 1:00pm
glenwoodplus@howardcountymd.gov

Tuesday	Thursday
 <small>© Can Stock Photo - csp1104332</small>	
5 Today in History Exercise with Susan Garden Stakes Lunch	7 Today in History Exercise with Susan Crossword Puzzle Lunch
12 Today in History Exercise with Susan Debbie Sings Lunch	14 Today in History Exercise with Susan Coaster Mosaic Lunch
19 Today in History Exercise with Susan Bingo Lunch	21 Today in History Nutrition Program Exercise with Susan Pottery Lunch
26 Today in History Exercise with Susan Sun Catcher Lunch	28 Today in History Exercise with Susan Music with Tom Lunch

Calendar Notes:

Where liberty dwells, there is my country.

~Benjamin Franklin

Happy Birthday U.S.A.

If you can't attend for any reason, please leave a message at 410-313-5441 or email any staff.

Judy: jumiller@howardcountymd.gov

Andrea: abryant@howardcountymd.gov

Bridget: bmcandrew@howardcountymd.gov

Sick Policy: If the participant is feeling ill or has a fever, please do not send him/her to the program. We do our best to keep our area clean, but despite our best efforts, we do see an increase in illnesses if a participant arrives sick.

Resource and Referral Information:

Maryland Access Point (MAP): Provides free information, assistance, and future planning for older adults and persons with disabilities. Contact them at 410-313-1234 or 800-506-5806 for more information.

RTA Paratransit Services: 1-800-270-9553, Press 3 and follow prompts.

If you need this publication in an alternate format, call 410-313- 5442 (or 5441).