

KINDRED SPIRITS SOCIAL CLUB

at Glenwood



November, 2017

"He who thanks but with the lips thanks but in part; the full, the true Thanksgiving comes from the heart."

~J.A. Shedd

News and Notes:

Happy Birthday to Helen and Steve.

HOURS 9 AM - 1 PM

**Monday, Wednesday,
and Friday**

IMPORTANT NUMBERS

Judy Miller

(410) 313-5441

Chris at Front Desk

(410) 313-5440

Regional Transit Agency

1-800-270-9553

Maryland Access Point

(410) 313-1234

Alzheimer's Association

(410) 561-9099

The center will be closed on Friday, November 10, in observance of Veterans Day. Also the center is closed on Thursday and Friday, November 23 and 24, for the Thanksgiving holiday.

Sick Policy: If the participant is feeling ill or has a fever, please do not send him/her to the program.

If you can't attend for any reason, please leave a message at 410-313-5441 or email jumiller@howardcountymd.gov, abryant@howardcountymd.gov, or bmcandrew@howardcountymd.gov

Inclement Weather Policy: When Howard County Public Schools are closed or delayed 2 hours, Kindred Spirits is cancelled. When the public schools have a scheduled day off, please tune to WBAL-TV, call the Inclement Weather Line at 410-313-7777 or contact the center at 410-313-5441 to hear a recorded message regarding center operations.

The Howard County Office on Aging and Independence Thanksgiving Celebration

Join us for a fun-filled morning of singing and dancing with music by "Sly 45" and a delectable turkey lunch with all the trimmings. Contact Judy for information at 410-313-5441 or jumiller@howardcountymd.gov

Date: Wednesday, November 15, 2017

Time: 10 a.m. to 1:30 p.m.; Music begins at 11 a.m.



Place: Ten Oaks Ballroom, 5000 Signal Bell Lane, Clarksville, MD 21029



RTA will provide transportation for Kindred Spirits participants. Morning pick-up times may be adjusted due to the later start time.

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November 2017

Monday	Wednesday	Friday
	<p>1</p> <p>Coffee & Conversation Qi Gong Pottery Lunch</p>	<p>3</p> <p>Coffee & Conversation Gentle Yoga <i>Two for the Show</i> Lunch</p>
<p>6</p> <p>Coffee & Conversation Exercise Music with Debbie Lunch</p>	<p>8</p> <p>Coffee & Conversation Qi Gong OTA Student Activity Veterans Lunch</p>	<p>10</p> <p>CENTER CLOSED</p> 
<p>13</p> <p>Coffee & Conversation Exercise Art with Ann Lunch</p>	<p>15</p> <p>Thanksgiving Luncheon Ten Oaks Ballroom 5000 Signal Bell Lane Clarksville 10:00 am to 1:30 pm</p>	<p>17</p> <p>Coffee & Conversation Gentle Yoga Garden Club Lunch</p>
<p>20</p> <p>Coffee & Conversation Exercise Thanksgiving Activity Lunch</p>	<p>22</p> <p>Coffee & Conversation Qi Gong Support Group Lunch</p>	<p>24</p> <p>CENTER CLOSED Thanksgiving Holiday</p>
<p>27</p> <p>Coffee & Conversation Exercise Music with Peter Lunch</p>	<p>29</p> <p>Waffle Bar Coffee & Conversation Qi Gong Word Games Lunch</p>	

If you need this publication in an alternate format, call 410-313-5442 or 410-313-5441. To request a sign language interpreter or other accommodations to attend an event, please call one week in advance.