

KINDRED SPIRITS SOCIAL CLUB

at North Laurel



May 2017

Write it on your heart, everyday is the best day of the year.

~Ralph Waldo Emerson

Winter is many months of the year, but now Maytime is here,
Wishing everyone a happy Mother's Day .

Nancy

HOURS 9 :30AM - 1 30 PM

Tuesday & Thursday

IMPORTANT NUMBERS

Nancy Riley

410-313-7691

Carmen at Front Desk

410-313-0380

Regional Transit Agency

1-800-270-9553

Maryland Access Point

(410) 313-1234

Alzheimer's Association

(410) 561-9099

News & Notes:

It is often chilly in our room; remember to bring a sweater.

Sick Policy: If the participant is feeling ill or has a fever, please do not send him/her to the program.

If you can't attend for any reason, please leave a message at 410-313-7691 or email nriley@howardcountymd.gov,

Maryland Access Point (MAP): Provides free information and assistance for older adults and persons with disabilities. Contact them at 410-313-1234; 800-506-5806 or map@howardcountymd.gov for more information.

Caregiver Corner

Memory Café Early-Stage Social Engagement Program


Memory Café is a safe and relaxed place where people with early-stage memory loss, their families friends, and health care professionals come together for a unique blend of education and social interactions. It is a forum where people can share experiences and socialize. Anyone affected by early-stage memory loss is welcome to attend. RSVP is required; attendance is free.

1st Wednesday each month 6:30-7:30 pm Ellicott City 50+ Center Multipurpose Room, 9401 Frederick Road, Ellicott City 21042.

To RSVP or for more information, contact Katie Pabich at 410-561-9099 X225 or by email at kpabich@alz.org.

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May 2017

| Tuesday | Thursday |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>2</p> <p>9:30 Coffee & Conversation 10:30 Yo-Chi with Liz 11:00 Craft activity 12:00 Lunch 12:45 Cards & Games</p> | <p>4</p> <p>9:30 Coffee & Conversation 10:30 Yo-Chi with Liz 11:00 Mosaic Art Project or Cards & Games 12:00 Lunch 12:45 Billiards Party or Trivia</p> |
| <p>9</p> <p>9:30 Coffee & Conversation 10:30 Yo-Chi with Liz 11:00 Music with Al 12:00 Lunch 12:45 Crossword Puzzle</p> | <p>11</p> <p>9:30 Coffee & Conversation 10:30 Yo-Chi with Liz 11:00 Reservoir High School Dance Recital 12:00 Lunch 12:45 Trivia</p> |
| <p>16</p> <p>9:30 Coffee & Conversation 10:30 Yo-Chi with Liz 11:00 Ceramics 12:00 Lunch 12:45 This Day in History</p> | <p>18</p> <p>9:30 Coffee & Conversation 10:30 Yo-Chi with Liz 11:00 Music with Tom 12:00 Lunch 12:45 Nature Game</p> |
| <p>23</p> <p>9:30 Coffee & Conversation 10:30 Yo-Chi with Liz 11:00 Cooking Activity 12:00 Lunch 12:45 Billiards or Cards & Games</p> | <p>25</p> <p>9:30 Coffee & Conversation 10:30 Yo-Chi with Liz 11:00 Music with Peter 12:00 Lunch 12:45 This Day in History</p> |
| <p>30</p> <p>9:30 Coffee & Conversation 10:30 Yo-Chi with Liz 11:00 Craft 12:00 Lunch 12:45 Nature Walk</p> |  |

If you need this publication in an alternate format, call (410) 313-7691 or (410) 313-7218. To request a sign language interpreter or other accommodations to attend an event, please call one week in advance.