

# KINDRED SPIRITS SOCIAL CLUB

## at North Laurel



**November 2017**

Gratitude can transform common days into thanksgivings, turn routine jobs into joy, and change ordinary opportunities into blessings."  
~**William Arthur Ward**

We are closed on Thursday November 23 for the Thanksgiving holiday. I would like to wish you a safe and happy holiday.

Nancy

**HOURS 9 :30AM - 1 30 PM**

Tuesday & Thursday

**IMPORTANT NUMBERS**

Nancy Riley

410-313-7691

Carmen at Front Desk

410-313-0380

Regional Transit Agency

1-800-270-9553

Maryland Access Point

(410) 313-1234

Alzheimer's Association

(410) 561-9099

**Sick Policy:** If the participant is feeling ill or has a fever, please do not send him/her to the program.

If you can't attend for any reason, please leave a message at 410-313-7691 or email [nriley@howardcountymd.gov](mailto:nriley@howardcountymd.gov).

**Maryland Access Point of Howard County (MAP):** Provides free information and assistance for older adults and persons with disabilities. Contact them at 410-313-1234, 800-506-5806 or [map@howardcountymd.gov](mailto:map@howardcountymd.gov).

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## Caregiver Corner

**Medicare Open Enrollment** is October 15 - December 7, 2017. The State Health Insurance Assistance Program (SHIP) provides free, confidential and unbiased assistance with Medicare. To attend an open enrollment event or schedule a one-on-one review of your current plans for prescription coverage, call 410-313-7392 (voice/relay). In addition to the regular schedule take advantage of additional appointment availability.

**BAIN 50+ CENTER** 5470 Ruth Keeton Way, Columbia 21044

November 2 ▪ 5:00 – 8:00pm; November 4 ▪ 9:00am – 1:00pm; November 30 ▪ 5:00 – 8:00pm

**EAST COLUMBIA 50+ CENTER** 6600 Cradlerock Way, Columbia 21045

November 28 ▪ 9:00am – noon

**ELLICOTT CITY 50+ CENTER** 9401 Frederick Road, Ellicott City 21042

November 17 ▪ 10:00am – 4:00pm

**NORTH LAUREL 50+ CENTER** 9411 Whiskey bottom Road, Laurel 20723

November 8 ▪ 1:00 – 4:00pm; November 29 ▪ 1:00 – 4:00pm

# Kindred Spirits Social Club at North Laurel

## November 2017

Tuesday	Thursday
	<p><b>2</b></p> <p>9:30 Coffee &amp; Conversation            10:30 Yo-Chi with Liz            11:00 Classical Guitar            12:00 Lunch            12:45 Billiards Party or Trivia</p>
<p><b>7</b></p> <p>9:30 Coffee &amp; Conversation            10:30 Yo-Chi with Liz            11:00 Music with Peter            12:00 Lunch            12:45 Cross Word Puzzle</p>	<p><b>9</b></p> <p>9:30 Coffee &amp; Conversation            10:30 Yo-Chi with Liz            11:00 Travel to France            12:00 Lunch            12:45 This Day in History</p>
<p><b>14</b></p> <p>9:30 Coffee &amp; Conversation            10:30 Yo-Chi with Liz            11:00 Music with Al &amp; Ann            12:00 Lunch            12:45 Nature Walk</p>	<p><b>16</b></p> <p>9:30 Coffee &amp; Conversation            10:30 Yo-Chi with Liz            11:00 Music with Ellis            12:00 Lunch            12:45 Nature Game</p>
<p><b>21</b></p> <p>9:30 Coffee &amp; Conversation            10:30 Yo-Chi with Liz            11:00 Ceramics            12:00 Lunch            12:45 Billiards or Cards &amp; Games</p>	<p><b>23</b></p> <p style="text-align: center;"><b>CENTER CLOSED for THANKSGIVING</b></p>
<p><b>28</b></p> <p>9:30 Coffee &amp; Conversation            10:30 Yo-Chi with Liz            11:00 Music with Tom            12:00 Lunch            12:45 Billiards or Cards &amp; Games</p>	<p><b>30</b></p> <p>9:30 Coffee &amp; Conversation            10:30 Yo-Chi with Liz            11:00 Craft with the ARL students            12:00 Lunch            12:45 Billiards or Cards &amp; Games</p>

If you need this publication in an alternate format, call (410) 313-7691 or (410) 313-7218. To request a sign language interpreter or other accommodations to attend an event, please call one week in advance.