



## Longwood 50+ Center

**November 2018**

**Days of Operation: Tuesday 8:30am – 3:00pm  
 Wednesday 8:30am – 4:00pm**

**6150 Foreland Garth  
 Columbia, MD 21045  
 410-313-7217**

**Director: Kari Weidner**

**[www.howardcountyaging.org](http://www.howardcountyaging.org)**

			Thursday November 1, 2018	Friday November 2, 2018
Monday November 5, 2018	Tuesday November 6, 2018	Wednesday November 7, 2018	Thursday November 8, 2018	Friday November 9, 2018
	Chinese Exercise 9:00am Crocheting/ Knitting & Zumba 10:00am <b>Lunch 12Noon</b> Ping Pong & Games 1:30-3:00pm	Chinese Exercise 9:00am Zumba 10:00am <b>Lunch 12Noon</b> Ping Pong & Games 2:00- 4:00pm		
Monday November 12, 2018	Tuesday November 13, 2018	Wednesday November 14, 2018	Thursday November 15, 2018	Friday November 16, 2018
	Chinese Exercise 9:00am Crocheting/ Knitting & Zumba 10:00am <b>Lunch 12Noon</b> Ping Pong & Games 1:30-3:00pm	Chinese Exercise 9:00am Bingo 10:00am Officer Lingham 11:00am <b>Lunch 12Noon</b> Ping Pong & Games 2:00- 4:00pm	KOREAN CHURCH 1:30PM TO 4:00PM	
Monday November 19, 2018	Tuesday November 20, 2018	Wednesday November 21, 2018	Thursday November 22, 2018	Friday November 23, 2018
	Chinese Exercise 9:00am Crocheting/ Knitting & Zumba 10:00am <b>Lunch 12Noon</b> Ping Pong & Games 1:30-3:00pm	Chinese Exercise 9:00am Zumba 10:00am <b>Lunch 12Noon</b> Ping Pong & Games 2:00- 4:00pm		COMMUNITY ROOM CLOSED
Monday November 26, 2018	Tuesday November 27, 2018	Wednesday November 28, 2018	Thursday November 29, 2018	Friday November 30, 2018
	Chinese Exercise 9:00am Crocheting/ Knitting & Zumba <b>Lunch 12Noon</b> Ping Pong & Games 1:30-3:00pm	Chinese Exercise 9:00am Zumba 10:00am <b>Lunch 12Noon</b> Ping Pong & Games 2:00- 4:00pm		