



# Glenwood Senior Center Plus

## March 2016



2400 Route 97  
 Cooksville, MD 21723  
 410.313.5442  
 Judy Miller, Director

Hours: Tuesday and Thursday 9:00am – 1:00pm  
[glenwoodplus@howardcountymd.gov](mailto:glenwoodplus@howardcountymd.gov)

Tuesday	Thursday
<b>1</b> Today in History Exercise with Susan Bingo Lunch	<b>3</b> Today in History Exercise with Susan Word Game Lunch
<b>8</b> Pancake Bar Exercise with Susan Debbie Sings Lunch	<b>10</b> Today in History Exercise with Susan History of Broadway Lunch
<b>15</b> Today in History Nutrition with Torry Exercise with Susan Cooking Activity-Bridget Lunch	<b>17</b> Today in History Exercise with Susan St. Patrick's Day Craft Lunch
<b>22</b> Today in History Exercise with Susan Cards Lunch	<b>24</b> Today in History Exercise with Susan Music Therapy-Abigail Lunch
<b>29</b> Today in History Exercise with Susan Music with Tom Lunch	<b>31</b> Today in History Exercise with Susan Spring Jeopardy Lunch

### Calendar Notes:

Happy Birthday Darlene and Rosa.

If you can't attend for any reason, please leave a message at 410-313-5441 or email any of the staff

Judy: [jumiller@howardcountymd.gov](mailto:jumiller@howardcountymd.gov)

Andrea: [abryant@howardcountymd.gov](mailto:abryant@howardcountymd.gov)

Bridget: [bmccandrew@howardcountymd.gov](mailto:bmccandrew@howardcountymd.gov)

**Inclement Weather Policy:** When Howard County Public Schools are closed or delayed 2 hours, the Senior Center Plus Program is cancelled. When the public schools have a scheduled day off, please tune to WBAL-TV or contact the center at 410-313-5442 to hear a recorded message regarding center operations.

**Sick Policy:** If the participant is feeling ill or has a fever, please do not send him/her to the program. We do our best to keep our area clean, but despite our best efforts, we do see an increase in illnesses if a participant arrives sick.

### Resource and Referral Information:

*Maryland Access Point (MAP):* Provides free information, assistance, and future planning for older adults and persons with disabilities. Contact them at 410-313-5980 or 800-506-5806 for more information.

*RTA Paratransit Services:* 1-800-270-9553, Press 3 and follow prompts.

If you need this publication in an alternate format, call 410-313- 5442 (or 5441).