



# CONNECTIONS

Social Day Program at North Laurel

9411 Whiskey Bottom Rd  
 Laurel MD 20723  
 410-313-7218

**Hours:**  
 Mon-Fri: 9:30am-1:30 pm



## November 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			Travel Talk Fall Wreaths Exercise w/Leah	Travel Talk BINGO Online Games Exercise w/Leah
			1	2
Travel Talk Breakfast Bar Exercise w/Leah	Today in History English Country Dancing Part 2 Exercise w/Leah	Today in History Singalong w/Kay Tai Chi w/Dave	Today in History Music with Ellis Exercise w/Leah	Today in History Leaf Painting BINGO Exercise w/Leah
5	6	7	8	9
<b>Closed Veterans Day Observed</b>	Today in History Healthy Tastings Music and Dance w/AI and Ann Exercise w/Leah	Today in History Active Games Tai Chi w/Dave	<b>Thanksgiving Banquet Ten Oaks Ballroom 9:30AM-1:30PM</b>	Today in History BINGO Music with Charlie E Exercise w/Leah
12	13	14	15	16
Today in History Pumpkin Muffins Exercise w/Leah	Today in History Ceramics Exercise w/Leah	Today in History Thankfulness Stories and Memories Tai Chi w/Dave	<b>Closed Thanksgiving Holiday</b>	<b>Closed Thanksgiving Holiday</b>
19	20	21	22	23
<b>Bob Evans Restaurant 9:30am-1:30pm (410)290-0004</b>	Today in History Whiteboard Craft Exercise w/Leah	Today in History North Laurel Thanksgiving Dance Tai Chi w/Dave	Today in History Music and Musicals Trivia Exercise w/Leah	Today in History Music and Dance w/AI and Ann Exercise w/Leah
26	27	28	29	30

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## CAREGIVER'S CORNER

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**An informative series offered in partnership with the Howard County Office on Aging and Independence and the Coalition of Geriatric Services (COGS)**

**East Columbia Library • 6:30 to 7:30 pm 6600 Cradlerock Way, Columbia 21045**

Wednesday, November 7.... Options for Continued and Supportive Care at Home

Tuesday, November 13..... Staying a Step Ahead as a Caregiver

Tuesday, November 27..... Integrating Financial and Legal Planning

Tuesday, December 4 ..... Senior Health Insurance Basics

Tuesday, December 11..... Safeguards to Avoid Fraud, Abuse and Exploitation

**Register at: [50futuresplanningseries.eventbrite.com](http://50futuresplanningseries.eventbrite.com)**

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## LET'S CELEBRATE OUR NOVEMBER BIRTHDAYS

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We will celebrate our November birthdays on November 30th at our Birthday Bash with a delicious cake provided by the 50+ Center. This month Connections Social Day Program member Claudia is celebrating her birthday. Happy birthday to you!

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## IMPORTANT DATES REMINDER!

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Closing on November 12th for Veterans Day Holiday  
Closing November 22 and 23 for Thanksgiving Holiday

Thanksgiving Banquet at Ten Oaks Ballroom Thursday, 11/15, 9:30am –1:30pm

Bob Evans restaurant trip is scheduled for Monday, 11/ 26, 9:30am-1:30pm.

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## INCLEMENT WEATHER POLICY

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When Howard County Schools are closed or delayed two hours, the Connections Social Day Program is cancelled. When the public schools have a scheduled day off, please tune to WBAL-TV, listen to the Inclement Weather Line at 410-313-7777 or contact the center at 410-313-7218 to hear a recorded message regarding center operations.

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## RTA CONTACT INFORMATION

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Call 1-800-270-9553. Press "3" and follow prompts.