



Practical Skills FOR CAREGIVERS

Useful Strategies and Skills for In-Home Care

Howard Community College

Howard Hall, Room 122
10901 Little Patuxent Parkway
Columbia, MD 21044

Thursdays • 5:00 to 8:00 PM
May 2 through 30, 2019

CARE PROVIDER TRAINING Taught by HCC nursing instructors and staff, this five-week course will provide learners with helpful information to care for a loved one in the comfort and safety of their own home. The course will address day-to-day challenges for both the care recipient as well as the caregiver.

TOPICS COVERED

- Positive Communication and Behaviors
- Dementia and Mental Illness
- Complications of Immobility
- Safe Transfers
- Recognizing UTIs
- Delirium vs. Dementia
- Medication Management
- Creating a Safe Environment
- Preventing Falls and Injuries
- Bladder and Bowel Concerns
- Nutrition for the Elderly
- Self-Care

\$195 (includes \$160 in fees) • Seniors Pay \$160 • Course XH-599-7120 #0949

Registration opens Tuesday, March 19 • Register online at howardcc.edu

For additional information or questions, contact Kathy Wehr at kwehr@howardcountymd.gov.

AN EDUCATIONAL PARTNERSHIP INITIATIVE



Howard County Office on
Aging and Independence
Department of Community Resources and Services



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