

Support Groups

Alzheimer's Support Group

Bain Center

5470 Ruth Keeton Way Columbia 21044

2nd Thursday of every month

6:30pm- 8:00pm

Contact Danilsa Marciniak @ 410-736-2217

Early-Stage Group for Care Partners and people with Memory Loss

Bain Center

5470 Ruth Keeton Way Columbia 21044

2nd Thursday of every month

***Pre-screening required**

Call: 1-800-272-3900

Caregiver Support Group

East Columbia 50+ Center

6600 Cradlerock Way Columbia 21045

Every 3rd Monday of every month (except holidays)

7:00 pm- 8:30 pm

Contact Karen Hull @ 410-313-7466 or email: KHull@howardcountymd.gov

Korean Caregiver Support Group

Bain Center (Community Room)

5470 Ruth Keeton Way Columbia 21044

2nd Tuesday of every month

10:30 am- 12:00 noon

Call: MJ Engle @ 410-313-6538 or email: MEngle@howardcountymd.gov

Korean Caregiver Support Group

East Columbia 50+ Center

6600 Cradlerock Way Columbia 21045

2nd Wednesday of every

6:30 pm- 8:00 pm

Call: MJ Engle @ 410-313-6538 or email: MEngle@howardcountymd.gov

Brain Injury Caregiver Support Group

Elkridge 50+ Center

6540 Washington Blvd Elkridge, MD 21075

4th Thursday of every month

6:00 PM- 7:00 PM

Call Jeanne Slater @410-313-5174 or email: jslater@howardcountymd.gov

NAMI Family Support Group

Harmony Hall

6336 Cedar Lane Columbia 20144

2nd Tuesday of every month

****Registration required***

Call: 410-772-9300

NAMI Family Support Group

Celebration Church

6080 Foreland Garth Columbia 21045

3rd Friday of every month

****Registration required***

Call: 410-772-9300

Caregiver Support Group/Chronic Conditions

Howard County General Hospital/ Medical Pavilion Building

10710 Charter Drive Suite 100 Columbia 21044

3rd Tuesday of every month

3:30 pm

Contact Dianne Tollick @ 410-740-5858

Parkinson's Disease Support Group for Caregivers and their Care Partners

Vantage House Retirement Community

5400 Vantage House Road Columbia 21044

2nd Tuesday of every month

Contact: Lynada Johnson @ 410-992-1120

Community Support Group for Caregivers

Somerford Place Alzheimer's and Dementia Assisted Living

8220 Snowden River Parkway Columbia 21045

1st Thursday of every month

11:00 am- 12:00 noon

Contact Judy Beyer @ 410-313-9744

InterGrace Copper Ridge Neurocognitive Education and Caregiver Support Groups:

Early Dementia Education and Support Group

(Sponsored by the Alzheimer's Association)

The William and Ellen Proxmire Memory Clinic at Copper Ridge
710 Obrecht Road
Sykesville 21784
4th Wednesday of every month
4:00 PM

FTD (Frontotemporal Dementia) Education and Support Group

The William and Ellen Proxmire Memory Clinic at Copper Ridge
710 Obrecht Road
Sykesville 21784
3rd Wednesday of every month
4:00 PM

Contact the Memory Clinic @ 410-552-3211

Memory Café Early-stage Social Engagement Program

Ellicott City 50+ Center Multipurpose Room

9401 Frederick Road Ellicott City, MD 21042

Enhancing the lives of individuals living with memory loss and their care partners

The café is a safe and relaxed place where people with early-stage memory loss, their families/friends, and health professionals come together for a unique blend of education and social interaction. It is a forum where people can share experiences and socialize.

1st Wednesday of every month

6:30 pm- 7:30 pm

****RSVP required***

Call Kathy Wehr at 410-313-5955 or email: KWehr@howardcountymd.gov

PPA Resource and Discussion Group

for those with Primary Progressive Aphasia and their Caregivers

Sponsored by the Loyola Clinical Centers held at the Loyola Graduate Center,
8890 McGaw Road Columbia 21045

4th Wednesday of the month except August, November, December

1:00 pm- 2:30 pm

****RSVP required***

Call Cindy Nichols, SLP @ 410-617-7717 or email: cdnichols@loyola.edu

Ellicott City Support Group for Caregivers

Support group of those with Alzheimer's Disease and other related dementias

Bethany Methodist Church

2875 Bethany Lane

Ellicott City, MD

2nd Saturday of each month

10:00 AM- 11:30 AM

Contact: Nora Tripp @ 415-297-1030 or Tom Swisher @ 443-996-6659

Sponsored by the Alzheimer's Association

The Miller's Grant Support Group

Support group for caregivers of those with Alzheimer's Disease and other related dementias

Miller's Grant

9000 Fathers Legacy

Ellicott City, MD

1st and 3rd Tuesdays of each month

12:30 PM- 1:30 PM

Contact Nora Tripp @ 415-297-1030

Sponsored by the Alzheimer's Association

Spinal Cord Injury Caregiver Support Group

Support Group for caregivers of people with disabilities.

This is an open group for caregivers and does not focus on a specific disability, disease, or condition.

University of Maryland Rehabilitation & Orthopaedic Institute (Kernan Hospital), SCI-CMR Gym-room G615

2200 Kernan Drive

Baltimore, MD 21207

4th Tuesday of each month

6:00 pm- 7:00 pm

Contact: Gwen Alexander

410-448-6311

galexander@umm.edu

Stroke Support Group (for caregivers and stroke survivors)

University of Maryland Rehabilitation and Orthopaedic Institute (formerly Kernan Hospital)

2200 Kernan Drive

Baltimore, MD 21207

Monthly meetings

10:00 am- 12:00 noon

Contact: Pam Cauley

410-448-6320

Brain Injury Support Group for Families and Caregivers

Mt. Washington Pediatric Hospital
1708 West Rogers Avenue
Baltimore, MD 21209
Every Friday
10:00 am- 11:00 am
Contact: Dr. Joseph Cleary or Dr. Elizabeth Monk
410-367-2222

Brain Injury Caregiver's Support Group

Loyola Clinical Centers, Belvedere Clinic
5911 York Road, Suite 100
Baltimore, MD 21212
Every Thursday
5:00 pm-6:30 pm
Contact: theclinics@loyola.edu
410-617-1200

REBUILD: Brain Injury and Stroke Caregiver Support Group

Levindale Hebrew Geriatric Center and Hospital
Multi-Purpose Room
2434 West Belvedere Avenue
Baltimore, MD 21215
2nd Tuesday of every month
4:00 pm-5:30 pm
Contact: Caitlin McCarthy and Beth Mulcahey
RebuildAtLevindale@gmail.com
410-989-1342

RETURN! Brain Injury Support Group (for caregiver and survivors)

Sinai Hospital
Mlrowski Office Building
3rd Floor Main Conference Room
5051 Greenspring Avenue
Baltimore, MD 21209
3rd Tuesdays of the month
6:00 pm- 7:30 pm
Contact: Brooklyn Barlow
bbarlow@lifebridgehealth.org
410-601-6080