

Additional Resources

Guides and Tips:

[Save the Food](#)- Food storage and cooking tips to prevent waste.

[Love Food Hate Waste](#)- Food saving and storage tips, portion and planning, and budget-friendly recipes.

[USDA Food Safety Education](#)- Basics for proper handling, storing, and preparing of food.

[USDA Recovery/Donations](#)- Explanation of federal laws that encourage food donation.

[Hands-On Hemp](#)- Instructional guide for your Hands-On Hemp Reusable Produce Bag.

[Food Rescue Locator](#)- Nationwide database connecting donors to needy communities.

In the News:

[Ugly fruit and vegetables: why you have to learn to love them](#)- The Guardian

[It's Time To Get Serious About Reducing Food Waste, Feds Say](#)- NPR

Mobile Apps:

[FoodKeeper](#)- Online database and mobile app to help you maximize freshness and quality of food.

[Food Cowboy](#)- Uses location-based technology to connect surplus food with nearby charities

[Food For All](#)- *Coming soon*. Allows people to purchase excess food from restaurants that would otherwise be wasted.

Get Involved:

[Community Action Council of Howard County](#)- Food Assistance Program for Howard County Residents

[Maryland Food Bank](#)