

CPAT	NAME OF GYM	ADDRESS	CITY	ZIP	PHONE	EMAIL ADDRESS	Personal Trainer
CPAT Certified	American Fitness Express	3881 Ten Oaks Road, Suite B	Glenelg	21737	410-489-9556	dan@afxgym.com	Dan Surbrook
CPAT Certified	Colosseum Gym	9159 Red Branch Rd	Columbia	21045	410-591-4951	jcary7124@gmail.com	John Cary
CPAT Certified	Colosseum Gym	9159 Red Branch Rd	Columbia	21045	301-221-1696	masterfitness1@verizon.net	Leonard Brown
CPAT Certified	Colosseum Gym	9159 Red Branch Rd	Columbia	21045	301-267-4139	robbyrogers06@yahoo.com	Robert Rogers
CPAT Certified	Colosseum Gym	9159 Red Branch Rd	Columbia	21045	410-740-2339	tobystella@verizon.net	Tim Gallagher
CPAT Certified	Columbia Association, Inc. -Athletic Club, Columbia Gym & Supreme Sports Club	5435 Beaverkill Rd, 6151 Daylong Lane, and 7080 Deepage Dr	Columbia & Clarksville		410-531-0800	PJPfister@columbiaassociation.org	PJ Pfister
CPAT Certified	Columbia Association, Inc. -Athletic Club, Columbia Gym & Supreme Sports Club	5435 Beaverkill Rd, 6151 Daylong Lane, and 7080 Deepage Dr	Columbia & Clarksville		410-531-0800	rebecca.spain@columbiaassociation.org	Rebecca Spain
CPAT Certified	Columbia Association, Inc. -Athletic Club, Columbia Gym & Supreme Sports Club	5435 Beaverkill Rd, 6151 Daylong Lane, and 7080 Deepage Dr	Columbia & Clarksville		410-531-0800	steve.ale@columbiaassociation.org	Steve Ale
CPAT Certified	Coreworks Fitness Studio	9160 Rumsey Rd, Ste B4	Columbia	21045	410-772-0600	les@coreworksfitness.com	Les Raymond
CPAT Certified	Coreworks Inc	8161 Maple Lawn Blvd, #2	Fulton	20759	410-812-6220	les@coreworksfitness.com	Les Raymond
CPAT Certified	EAC - Elkridge Athletic Club	6801 Douglas Legum Drive, Suite B	Elkridge	21075	410-718-0589	bryanbrtsn@gmail.com	Bryan Robertson
CPAT Certified	EAC - Elkridge Athletic Club	6802 Douglas Legum Drive, Suite B	Elkridge	21075	410-796-2582	info@elkridgeathleticclub.com	David Sturman

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CPAT Certified	EAC - Elkridge Athletic Club	6803 Douglas Legum Drive, Suite B	Elkridge	21075	410-227-2298	Clemons004@yahoo.com	Kenneth Clemons
CPAT Certified	Fitness 19 Precision Nutrition	6030 Marshalee Dr	Elkridge	21075	516-244-1302	dfriedman@precisionnutrition1.com	Darren Friedman, PT Registered Dietitian
CPAT Certified	Greek Physique Personal Training LLC	10856 Beech Creek Dr	Columbia	21044	410-926-7006	bergolios@gmail.com	Jeremy Bergolios
CPAT Certified	Kinetic Systems	3316 Royal Oak Court	Ellicott City	21043	410-274-8066	suerexford@comcast.net	Susan Rexford
CPAT Certified	L.A. Boxing and Ring Dragon Martial Arts	6476 Dobbin Center Way, #400	Columbia	21045	240-551-6361	RingDragon21@gmail.com	Paul McFarland
CPAT Certified	Life Time Fitness, Inc.	7220 Lee Deforest Dr	Columbia	21046	443-430-2169	vturner@lifetimefitness.com	Buddy Turner
CPAT Certified	Life Time Fitness, Inc.	7220 Lee Deforest Dr	Columbia	21046	443-430-2169	ermihu2@gmail.com	Eric Hutchison
CPAT Certified	Life Time Fitness, Inc.	7220 Lee Deforest Dr	Columbia	21046	443-430-2169	jdomeier@lifetimefitness.com	Jessica Domeier
CPAT Certified	Life Time Fitness, Inc.	7220 Lee Deforest Dr	Columbia	21046	443-430-2169	jbuchbinder@lifetimefitness.com	Joshua Buchbinder
CPAT Certified	Life Time Fitness, Inc.	7220 Lee Deforest Dr	Columbia	21046	443-430-2169	nbratko@lifetimefitness.com	Nathan Bratko
CPAT Certified	Life Time Fitness, Inc.	7220 Lee Deforest Dr	Columbia	21046	443-430-2169	nwilson@lifetimefitness.com	Nicole Wilson
CPAT Certified	Life Time Fitness, Inc.	7220 Lee Deforest Dr	Columbia	21046	443-430-2169	pmiddleton@lifetimefitness.com	Pauline Middleton

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CPAT Certified	Life Time Fitness, Inc.	7220 Lee Deforest Dr	Columbia	21046	443-430-2169	rbrown2@lifetimefitness.com	Rachel Brown
CPAT Certified	Merritt Athletic Club	2076 Lord Baltimore Dr	Baltimore	21244	443-449-9863	physiquellyfit@gmail.com	Paul Kirkpatrick
CPAT Certified	Merritt Athletic Club Buckingham	7585 Buckingham Bld.	Hanover	21076	910-644-0601	alajauan@gmail.com	AJ Adams
CPAT Certified	Retro Fitness Clubs of Jessup	7351 Assateague Drive	Jessup	20794	240-706-3780	getsuperstarfit@gmail.com	Sarah Bofinger
	Athens Health Club	6000 Emerald Lane	Sykesville	21784	410-549-3001	http://www.athenshealthclub.com	
	Axis Sport Performance Training	9030 State Route 108	Columbia	21045	410-715-3700	info@axisport.com	
	Cin City Fitness, Inc.	6908 Mystic Woods Way	Columbia	21044	443-878-3848		
	Columbia Association, Inc. -Athletic Club, Columbia Gym & Supreme Sports Club	5435 Beaverkill Rd, 6151 Daylong Lane, and 7080 Deepage Dr	Columbia & Clarksville		410-531-0800		Over 30 Personal Trainers support the 3 CA fitness centers.
	Curves for Women	9275 Baltimore National Pike, Ste 1	Ellicott City	21042	410-480-1009		
	Curves for Women	5565 Sterrett Place, Ste 105	Columbia	21044	410-730-4800		
	Exercise Nation	8488 Baltimore National Pike	Ellicott City	21043	410-465-1100	inspirellicott@gmail.com	Julian
	Feel Better Fitness	657 Old Mill Road	Millersville	21108	443-928-7353	jasondthompson14@gmail.com	Jason Thompson

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	Feel Better Fitness	657 Old Mill Road	Millersville	21108	410-987-8446	info@millersvillefitness.com	
	Fitness 19 MD 208, LLC	6030 Marshalee Dr	Elkridge	21075	410-579-8819	mr.michael.ebanks@gmail.com	Michael Ebanks
	Health Unlimited	103 Century Drive	Mt. Airy	21771	410-795-0793	http://www.myhealthunlimited.com/	
	Just A Gym	710 Lisbon Center Dr, M	Woodbine	21797	410-489-5816		
	Justefitness Personal Training	8165 Cyprus Cedar Ln	Ellicott City	21043	301-641-1014	emmanuella@justefitness.com	Emmanuella
	Krav Maga Md, LLC	8865 Stanford Blvd, #141	Columbia	21045	410-872-9194		
	L.A. Fitness	6516 Baltimore National Pike	Catonsville	21228	410-744-8444	https://www.lafitness.com/Pages/clubhome.aspx?clubid=742	Chris
	La Boxing Columbia	6476 Dobbin Center Way, #400	Columbia	21045	410-884-4269	cheri.eleazer@gmail.com	Cheri
	Merritt Athletic Club Fort Avenue	921 East Fort Avenue	Baltimore	21230	410-576-2004		
	Merritt Athletic Club Eldersburg	1388 Progress Way	Eldersburg	21784	410-549-8855	scarrigo@merrittclubs.com	Stephanie
	Merritt Athletic Club Security	2076 Lord Baltimore Dr	Baltimore	21244	410-298-8700	tholloway@merrittclubs.com	Te'Keye'
	Merritt Athletic Club Owings Mills	9710 Groffs Mill Road	Owings Mills	21117	410-581-4800		

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	Merritt Athletic Club Towson	8757 Mylander Lane	Towson	21286	410-821-0160		
	Merritt Athletic Club 24 Hour Canton	3401 Boston Street	Baltimore	21224	410-563-0225		
	Merritt Athletic Club 24 Hour Cranbrook	598 Cranbrook Road	Cockeysville	21030	410-683-1800		
	Merritt Athletic Club 24 Hour Downtown Athletic Club	210 E. Centre Street	Baltimore	21202	410-332-0906		
	Oasis Specialized Private Fitness Inc	3219 Corporate Ct	Ellicott City	21042	410-203-1121		
	Performance Private Training	9385 Gerwig Lane, # 1b	Columbia	21046	410-290-7272	dalbrightppt@gmail.com	Dennis Albright
	Planet Fitness Ft. Meade Maryland, LLC	9405 Indigo Ct	Columbia	21046	410-519-9340	FAX: 410-519-9342	Shelby Keuper
	Quest Fitness	10045 Baltimore National Pike, Ste A11	Ellicott City	21042	410-750-7300	questfit@live.com (Brenda) or faithkromer@verizon.net	Brenda Sroka or Faith Kromer
	Salvere Health and Fitness	13950 Triadelphia Mill Rd	Dayton	21036	(410) 707-0055	wellnessevolution@hotmail.com	Lisa Martin
	Snap Fitness	10795 Birmingham Way	Woodstock	21163	917-301-1142	sjwpuddin8@yahoo.com	Stacey Wagner
	Sport Fit Laurel	204 Fort Meade Road	Laurel	20707	301-953-1414	http://www.sportfitclubs.com/laurelracquet/index.cfm?	
	Synergy	8815 Columbia 100 Pkwy, #2	Columbia	21045	410-964-9858		

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	Top Shape Fitness	9110 Red Branch Road, Ste. K	Columbia	21045	410-715-3727	gtprotrainer@yahoo.com	George Tyler
	YMCA -Catonsville Family YMCA	850 S. Rolling Road	Catonsville	21228	410-747-9622	http://ymaryland.org/catonsville-family-center-y	
	YMCA -Dancel Family Center	4331 Montgomery Rd	Ellicott City	21043	410-465-4334	http://ymaryland.org/dancel-family-center-y	