

PROVIDER NEWS



SUICIDE PREVENTION MONTH EVENT CALENDAR September 2019

WEEK 1

- 4—Wear Yellow to Work for Suicide Prevention Month!
- 5—[Intimate Partner Violence and Suicide](#)
- 6-8—[National Weekend of Prayer for Faith, Hope, & Life](#)
- 6—[Mental Health First Aid Training](#)
- 7—[Carroll County Out of the Darkness Walk](#)
- 7—[Managing my Grief Workshop](#)

WEEK 2



10th September

- 10-11—[2-Day Cognitive Behavioral Therapy for Suicide Prevention Workshop](#)
- 11—[Stress Management Workshop](#)
- 12—[CDP Presents: Guns and Suicide: What do we know and what can we do?](#)
- 12—[Surviving the Unthinkable: Homicide Bereavement](#)
- 13—[10th Annual Suicide Prevention Symposium](#)
- 14—[Hagerstown Out of the Darkness Walk](#)

WEEK 3

- 15—[Intro to Mindfulness Based Stress Reduction](#)
- 17—[safeTALK Training: Westminster](#)
- 18—[Cultivating Self Compassion](#)
- 19—[NAMI Metro Baltimore 2019 Annual Meeting](#)
- 19—[Early Identification and Treatment of Mental Illness with Psychosis](#)
- 20—[CE Seminars on Suicide](#)
- 20—[Severe Irritability in Youth](#)
- 21—[Ocean City Out of the Darkness Walk](#)
- 21—[Annapolis Out of the Darkness Walk](#)



WEEK 4

- 22—[Montgomery County Out of the Darkness Walk](#)
- 24—[Take an online suicide prevention training module](#)
- 26-27—[Supporting Grieving and Traumatized Teens](#)
- 28—[Howard County Out of the Darkness Walk](#)
- 28—[Mid-Shore Maryland Out of the Darkness Walk](#)

Additional Credits Approved!

The following programs have been approved for **NAADAC credits**. Please review individual event pages for full continuing education statements and all credit offerings.

Wednesday, October 9, 2019 (Belcamp, MD)

6.0 Credit Hours – **6th Annual Addictions Conference**
Multiple Speakers

Tuesday, October 29 (Cambridge, MD)

5.5 Credit Hours – **Vicarious Trauma & Workplace Resiliency**
Letha Moszer, MSW, LCSW-C

Wednesday, November 20 (Perry Point, MD)

3.0 Credit Hours – **Ethical Boundary Management in Clinical Practice**
Dr. Michael Heitt

Fall 2019 Clinical Programs

Tuesday, September 17 (Belcamp, MD)

5.5 Credit Hours – **Intimacy Matters: Blueprint for How to Address Intimacy Issues**
Dr. Laura Louis

Thursday, October 17 (Martinsburg, WV)

5.5 Credit Hours – **Implementing Evidence-Based PTSD Practice: Practical Tips to Optimize Clinical Outcomes**
Dr. Erin Romero & Peter Allman, LCSW-C

Tuesday, October 29 (Cambridge, MD)

5.5 Credit Hours – **Vicarious Trauma and Workplace Resiliency**
Letha Moszer, MSW, LCSW-C

Wednesday, November 20 (Perry Point, MD)

3.0 Credit Hours – **Ethical Boundary Management in Clinical Practice**
Dr. Michael Heitt

[Register for Clinical Programs](#)

*Don't forget to register for the
6th Annual Addictions Conference!*

Wednesday, October 9, 2019

Water's Edge Events Center, Belcamp, MD

State of the County by Harford County Office of Drug Control Policy

Dr. Kristine Hitchens – Understanding Co-Occurring Disorders

James Ryan, LCPC – Experiential Interventions in Substance Use Disorder Treatment: Engaging Emerging Adults and Their Families

Dr. Brett Davis – Addressing the Treatment Needs and Disparities for LGBTQ+ Clients Seeking Substance Abuse Disorders: A Complex Problem with No Easy Solutions

Dr. Gregory Neimeyer - Technology-Based Behavioral Addictions

[Register for Addictions Conference](#)



For more
information or to
register contact:

Lynn Glaeser
Director of Resident
Life at Millers Grant
(410) 696-6713
lglaeser@millersgrant.org

Heidi Weiss-Beedie
(410) 313-5711
hweissbeedie@
howardcountymd.gov

In partnership with:



Rediscover the Joy of Living Today!

Join us for a series of six fun, interactive, and free **Chronic Pain Self-Management** workshops. Explore new ways to manage your symptoms, set your own goals, make a step-by-step plan to improve your health and take charge of your life!

Topics include:

- Communicating with doctors and family
- How to evaluate new treatments and medications
- Mind-body connections
- Benefits of physical activity and healthy eating

When: Wednesdays, 11:30am-2:00pm
September 18 – October 23, 2019

Where: Main Street Multipurpose Room
Lutheran Village at Miller's Grant
9000 Fathers Legacy
Ellicott City, MD 21042

THE HEALTH
DEPARTMENT AND
YOU

Bureau of Behavioral Health
8930 Stanford Blvd | Columbia, MD 21045
410.313.6202 - Voice/Relay
1.866.313.6300 - Toll Free
hchealth.org/gethelp

1/2019



JOIN THE VOICES FOR RECOVERY:
TOGETHER WE ARE STRONGER

recoverymonth.gov



Join the Voices for Recovery: Together We Are Stronger

The Maryland Department of Health, Behavioral Health Administration
celebrates SAMHSA's Annual Recovery Month

September 6, 2019

9:00 a.m. – 3:30 p.m.

**Rice Auditorium, Spring Grove Hospital Center
Catonsville, MD 21228**

Please wear comfortable clothing as we will be doing yoga in the morning.
Feel free to bring a yoga mat if you have one.

For the networking workshop to be successful, please bring the following:

1. Your Business cards

2. One "Hidden Resource Gem" from EACH of these categories:

1. Housing

2. Physical Health

3. Emotional Health

4. Daily Living (Food, Clothing, etc.)

5. Connecting to the Recovery
Community

Registration Link- <https://recoverymonthkickoffevent2019.eventbrite.com>

Live Online Courses Available

The ASAM Criteria Training Offerings
(click each training for details)



Sept. 26th: One-hour Webinar on the ASAM Criteria "Myths and Realities"

Oct. 25th: One-hour Webinar on the ASAM Criteria Dimensions 4 and 5

Nov. 7th: One-hour Webinar on the ASAM Criteria, The other 66.6% - Continued Stay, Transfer and Discharge Criteria

We can customize curricula to suit your needs.

“

I feel prepared, energized and ready to get started. Can't wait to get the rest of my team through this training!

Participant Response

**Scott Boyles, MINT Member
Senior National Training Director**

Scott has over 30 years of behavioral healthcare experience and has trained over 8,000 clinicians

Earn 1 NAADAC CEH per course

(775) 283-0670

www.trainforchange.net

Register for your Train for Change® training today.



**MARYLAND
LEGAL AID**

*Advancing
Human Rights and
Justice for All*



Maryland Legal Aid will help attendees with their Maryland criminal record expungements.

Date:

Friday, September 27, 2019

Time:

11:00 a.m. – 5:00 p.m.

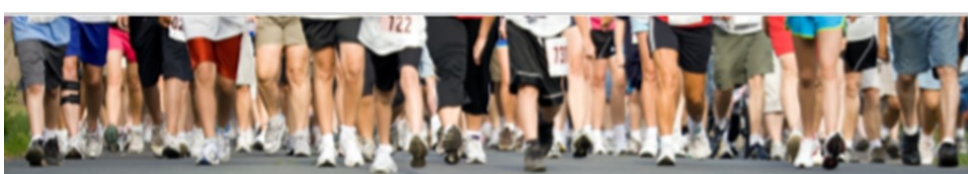
Location:

Howard County Library, Elkridge Branch
Hockley Meeting Room
6540 Washington Blvd.
Elkridge, MD 21075

FREE TO ATTEND. REGISTRATION REQUIRED.

To register, call 301-560-2132.

Please bring all relevant documents with you.



Howard County Recovery Walk

Join us to support those in the journey of recovery.

Saturday, September 21, 2019

10:00am—1:00pm

Ellicott City Assembly of God

10600 Frederick Rd

Ellicott City, MD 21042

Live music, resources and food (while supplies last).

Sign up on Eventbrite: <https://bit.ly/2uD3kHt>



1/2019

Sibus Treatment Services

Open House

Come meet our staff, tour our facility, and learn about our program as you enjoy refreshments, which will be provided.

When:

Friday, September 27th, 2019

11:00 am – 3:00 pm

Where:

6170 Hunt Club Rd

Elkridge, MD 21075



MENTAL HEALTH FIRST AID YOUTH INSTRUCTOR TRAINING COURSE

For Adults Assisting Young People and Families

Earn your certification to teach the *Mental Health First Aid Youth* 8-hour class. Become an instructor and put yourself in position to start a new career, educate, help others and *make a difference!* This 5-day training course provides in-depth instruction and certifies adults to teach mental health first aid to all adults that come into contact with youths. (Great for teachers, parents, caregivers, schools and school organizations including military and veteran families.)

September 23-27 2019
8:30am - 5pm Monday - Friday

LOCATION:

Mental Health Association of Maryland
1301 York Road, Lutherville, MD 20193

FULL SCHOLARSHIPS AVAILABLE for all trainees
(\$1500 value)

- *Spaces are limited
- *Must be able to attend all days/times

To Apply:

- 1) Fill out the **MHFA Instructor Application**
<https://www.vaway.org/copy-of-mhfa-youth-instructor-train>
 - 2) Email your completed application to **johnway@thevaway.us**
- Questions? Email John Way or call (410) 961-6204**



INFANT & EARLY CHILDHOOD MENTAL HEALTH Certificate Program

A project of the Taghi Modarressi Center for Infant Study, in partnership with Howard County ECAC and Howard County Office of Children and Families



LOCATION :

9830 Patuxent Woods Drive
Columbia, MD
Free Parking Available
Registration begins at 8:30
Trainings are 9:00 - 5:00
(Coffee & lunch provided)

- Setting the Stage for IECMH
October 11, 2019
- Assessment & Diagnosis Part I
November 8, 2019
- Assessment & Diagnosis Part II
December 13, 2019
- Engaging Families
& Communities in IECMH
January 10, 2020
- Treatment of
Parent-Child Relationships
February 14, 2019
- Treatment of Regulation
Problems in Early Childhood
March 13, 2019
- Treatment of Trauma in Early
Childhood
April 3, 2019
- Integrating IECMH into Child
& Family Systems
May 8, 2019

ABOUT INFANT & EARLY CHILDHOOD MENTAL HEALTH (IECMH):

Infant and early childhood mental health (IECMH) is a broad-based, interdisciplinary field that focuses on the social and emotional development and well-being of infants and young children within the context of their early relationships, family, community and culture. IECMH is a family-centered, trauma-informed, strengths and outcomes-based collaborative approach.

Our certificate program aims to advance the quality of mental health services for infants and young children in the context of their earliest relationships. Participants have the opportunity to learn directly from faculty and leaders in the field of infant and early childhood mental health from Kennedy Krieger Institute, Georgetown University, Johns Hopkins University & the University of Maryland.

Recent research has found that experiences in a child's first three years significantly influence a child's ability to learn, cope and establish healthy relationships throughout life. Research has also identified factors that put infants at risk and has demonstrated the effectiveness of early intervention with infants and toddlers as well as the importance of working to develop the capacities of caregivers and their families.

WHO ATTENDS?

This certificate program is designed for a broad range of masters-level, front-line service providers, supervisors and agency leadership, working in a variety of community- based and institutional settings, including:

- Child Protection, Welfare & Foster Care
- Workers and Administrators
- Early Childhood Educators
- Early Interventionists (OTs, PTs, SLPs)
- Mental Health Providers (including counselors, social workers, psychologists, psychiatrists & NPs)
- Primary Care Providers

Tuition:
\$1,600

Earn 52 CEUs

For licensed social workers,
counselors and psychologists

For more information or to apply contact Kay Connors at 410-706-3216 or kconnors@som.umaryland.edu.

Applicants will be selected on the basis of their work history and commitment to the field. Priority application deadline is September 20, 2019. We will continue to accept applications after the deadline if space is available.



Mental Health First Aid Training

Friday, Sept 27 or Nov 15 | 8:30 a.m-5 p.m.
HCGH IC Conference Room | FREE

Sometimes, first aid isn't a bandage or CPR. Sometimes, first aid is **you**.

A person you know could be experiencing a mental health or substance use problem. Learn how to take action to help a friend, family member, coworker or neighbor in need.

You are more likely to encounter someone in an emotional or mental crisis than someone having a heart attack. Get trained in Mental Health First Aid; you just might save a life.

Register today!



Register today at hcg.org/events | 410-720-7601



Youth Mental Health First Aid Training

Friday, Oct. 18 | 8:30 a.m-5 p.m.
HCGH IC Conference Room | FREE

Sometimes first aid isn't a bandage or CPR. Sometimes, first aid is **YOU**. A young person you know could be experiencing a mental health or substance use problem. Learn an action plan to help.

You must be age 18 and older to attend.

Training is highly recommended for those who regularly have contact with young people between the ages of 12 -18, including:

- Teachers
- Coaches
- Social workers
- Faith Leaders and
- Other caring citizens

Take the training. Save a life.
Strengthen your community.



Register today at hcg.org/events | 410-720-7601

31 AUGUST 2019

International Overdose Awareness Day
prevention and remembrance

INTERNATIONAL
OVERDOSE
AWARENESS DAY

TIME TO
REMEMBER.
TIME TO ACT.



Please join us

**4th ANNUAL INTERNATIONAL OVERDOSE AWARENESS DAY
CANDLE LIGHT VIGIL & RECOVERY CELEBRATION**

SATURDAY, AUGUST 31, 2019 — 5:30 - 8:00 PM

Resources, Naloxone training, Overdose Response
Demonstration, Program of Celebration

St. John's Episcopal Church
9120 Frederick Rd. Ellicott City, MD 21042

Contact: info@jamesplaceinc.org
ioad-hoco.eventbrite.com

To honor those lost to substance use disorder, please bring a 4 x 6 in. photo.



4th Annual

**INTERNATIONAL OVERDOSE AWARENESS DAY
CANDLE LIGHT VIGIL & RECOVERY CELEBRATION**

SATURDAY, AUGUST 31, 2019 — 5:30 - 8:00 PM

Resources, Naloxone training, Overdose Response
Demonstration, Program of Celebration

St. John's Episcopal Church
9120 Frederick Rd. Ellicott City, MD 21042



Exhibitor Form

Name (print): _____ Phone: _____

Company Name: _____

Company Address: _____

City: _____ State: _____ Zip: _____

E-Mail: _____ Web Page: _____

Setup: Vendors are requested to arrive for set up by 5:00 PM and be complete by 5:30 PM.

Vehicles: Vehicles must be unloaded and moved to a parking lot by 5:15 PM.

PLEASE SIGN AND DATE AFTER READING THE FOLLOWING:

I will not hold Howard County, James' Place Inc., St. John's Episcopal Church, or anyone associated with this event responsible for personal injury, damage, or theft to my property. I will not be a part in any legal action against said parties for any reason rising out of this event.

Signature: _____ Date: _____

The above signature hereby states that signee understands and agrees to these conditions.



Walk to Fight Suicide



Howard County Out of the Darkness Walk
Sept. 28, 2019 from 10 am to 1 pm
Lake Elkhorn, Columbia

Register at afsp.org/howardco



American
Foundation
for Suicide
Prevention



Click on image for more information.

Click the link to become part of the Howard County Health Department (HCHD) team for AFSP's Out of the Darkness Walk
<https://afsp.donordrive.com/team/219536>

**THE HEALTH
DEPARTMENT AND
YOU**



**HOWARD COUNTY
HEALTH DEPARTMENT**

Promote. Preserve. Protect.

TALK SAVES LIVES™: AN INTRODUCTION TO SUICIDE PREVENTION

A community-based presentation that covers the general scope of suicide, the research on prevention, & what people can do to fight suicide.

Learn what suicide is, who it affects, what we know about it, & what can be done to prevent it.

Register for October 4th, 2019:
<https://forms.gle/Tnso5FXfb9uvyPTcA>

Bring your lunch & join us for:

October 4th, 2019
Lunch & Learn
12:00 PM – 1:00 PM
**Barton A/B
Conference Room**

**Early registration
encouraged!**

It's OK to Ask

www.teenhealthmatters.org

Sponsored by:



American
Foundation
for Suicide
Prevention

Howard County Health Department
Bureau of Behavioral Health
8930 Stanford Boulevard
Columbia, MD 21045
Phone: (410) 313-6202

Kayla Blasher
Youth Suicide Prevention Coordinator
Phone: (410) 313-6240
Fax: (410) 313-7316
kblasher@howardcountymd.gov

Visit hchealth.org or call 410.313.6300 for more information.

