

Upcoming Events & Trainings

August 12, 2019

- August 12 & 14, 2019 – Two-Day Trauma Competency Conference
- August 15, 2019 – Maryland Department of Health (MDH), *Webinars*
- August 15-18, 2019 – National Conference on Addiction Disorders
- August 17, 2019 – High in Plain Sight: Substance Misuse Prevention, *Training*
- August 22, 2019 – MDH Regional Opioid Forum: Regrounding Our Response
- August 31, 2019 – International Overdose Awareness Day, *Event*
- September 2019 – February 2020 – Maryland Suicide Prevention & Early Intervention Network (MDSPIN) Suicide Prevention Training Calendar
- September 5-6, 2019 – Recognizing & Responding to Suicide Risk: Essential Skills for Clinicians
- September 13, 2019 – Grassroots Crisis Intervention 10th Annual Suicide Prevention Symposium
- September 18 – October 23, 2019 – Chronic Pain Self-Management, *Workshops*
- September 21, 2019 – Howard County Recovery Walk, *Event*
- September 23-27, 2019 – Youth Mental Health First Aid (YMHFA) Instructor Training Course
- September 27, 2019 – Mental Health First Aid (MHFA) Training
- September 28, 2019 – AFSP Out of the Darkness Walk, *Event*
- October 8, 2019 – Half & Half MAT Waiver Training for Buprenorphine Medication-Assisted Treatment
- October 17, 2019 – NAMI Awards Dinner
- October 18, 2019 – Youth Mental Health First Aid (YMHFA) Training
- October 18-19, 2019 – NAMI Annual Conference

Ongoing:

- NAMI Homefront, *Online*
- NIH Research Study: Depression & Brain Function

Certified Clinical Trauma Professional: Two-Day Trauma Competency Conference

with MICHAEL DUBI, ED.D., LMHC

Event Locations Near You:

- Monday, August 12, 2019

[Harrisburg, PA](#)

- Wednesday, August 14, 2019

[Frederick, MD](#)

The successful resolution of traumatic stress can be simple.

Studies indicate that there are four key elements to effective trauma treatment. When you accomplish these four key elements in treatment with your clients, you will be able to reduce their symptoms and improve clinical outcomes.

Attend this conference and you will walk away with a step-by-step **four-stage framework** for navigating essential elements of trauma treatment with your traumatized clients.

The essential elements are common to all evidence-based trauma treatments, you will learn how you can integrate this framework with your current approach or methodology to make your trauma treatment even more effective!

This trauma competency training can **transform your clinical practice and help improve your trauma treatment outcomes**, just as it has for other clinicians around the world.

****In addition, completion of this two-day conference meets the educational requirements when applying to become a Certified Clinical Trauma Professional (International Association of Trauma Professionals, www.traumapro.net)**

[**Register Today**](#)



Thursday, August 15

Join a one-hour introductory webinar on the fundamentals of effective storytelling using data. Data with an effective story becomes an everlasting narrative that people will remember. Attendees will review the basic structure of data storytelling and apply their knowledge to real data. [Visit the website for more information and to register for this webinar.](#)

Thursday, August 15

Maryland's Suicide Prevention and Early Intervention Network(MDSPIN) will host a presentation focused on life after an attempt. Attendees will better understand how to help attempters regain hope and meaning for life. [Visit MDSPIN for more information and to register for this event.](#) If you or someone you know is in crisis, help is available 24/7. Please call 211 and select option 1, text your zip code to 898-211, or visit 211md.org.

The Mid-Atlantic Regional Public Health Training Center hosted a webinar, "*Cultural Competency Organizational Assessment*" which shared how a large non-profit community-based health care system assessed cultural competency and lessons learned. Findings from the cultural competency assessment to advance health equity were also presented. [Visit this website to access this recorded webinar.](#)



NCAD EAST

National Conference on
Addiction Disorders

August 15-18, 2019
BALTIMORE, MD



Reach Addiction
& Behavioral Healthcare
Professionals

EAST.THEADDICTIONCONFERENCE.COM

| AN HMP EVENT |

Maryland House Detox/Delphi Behavioral Health Group and HC DrugFree proudly present

Instructor/Trainer
Officer Jermaine Galloway
"Tall Cop Says Stop"



HIGH IN PLAIN SIGHT



Substance Misuse Prevention Training

DESCRIPTION

This workshop is for law enforcement, probation officers, school administration, treatment providers and counselors. This session is unique, in that it provides over 120 visual aids for attendees to hold and become familiar with. In today's culture everything is person-specific and has different meanings to different individuals. For each person to help prevent youth and adult substance abuse, you **MUST** know what is going on in your community.

These new trends are very popular and it is important for all who are involved in prevention, education, treatment or enforcement to understand these sweeping changes in the drug culture.

TOPICS COVERED IN TRAINING

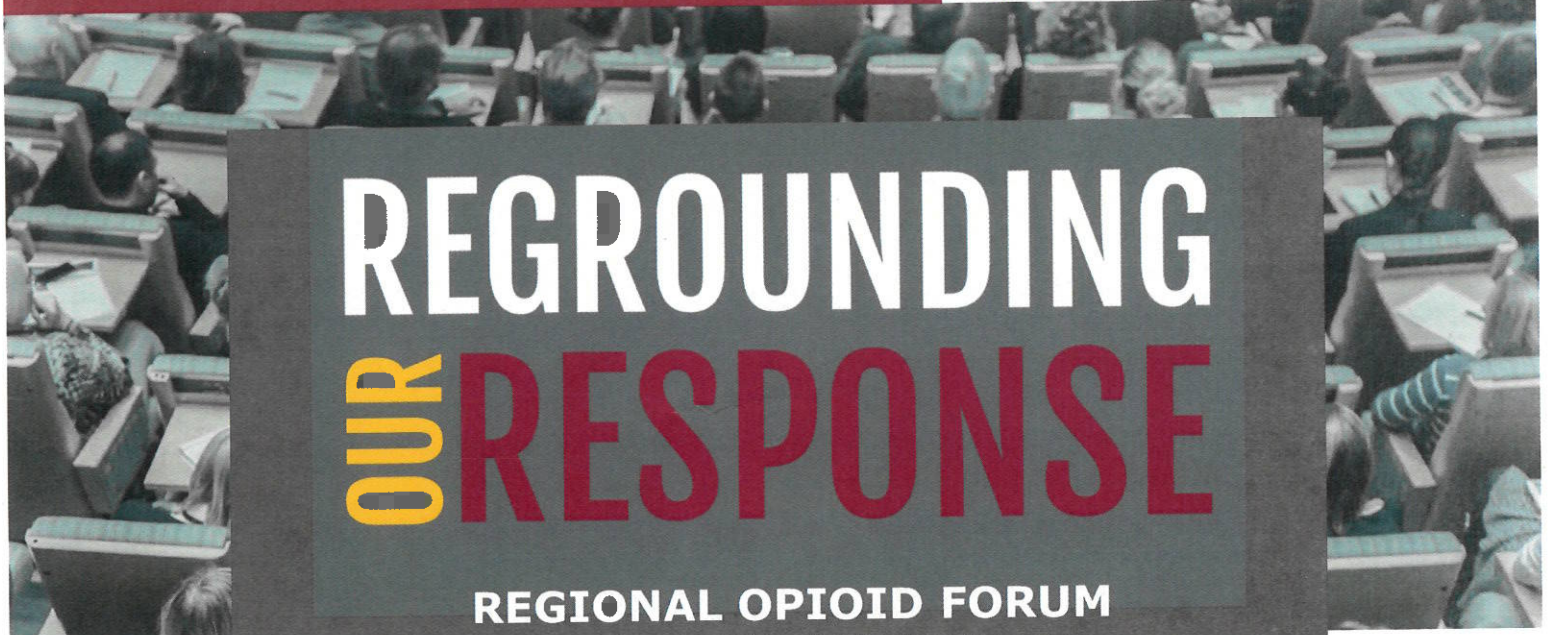
This workshop covers alcohol and drug clothing, alcoholic energy drinks, alcopops, alcohol and drug concealment methods and containers, drug paraphernalia, drug related music and groups, logos, stickers, new technology, youth party tendencies, party games, non-traditional alcoholic beverages, social networking sites, synthetic drugs, OTC drugs, inhalants, concentrates, E-cigarettes, and popular party drugs.

MARYLAND'S PREVENTION EDUCATION EVENT OF THE YEAR

EVENT AND MEDIA INFORMATION:

Carol Boyer | cboyer@delphihealthgroup.com | 443-591-2070
Joan Webb Scornaienchi | Admin@hcdrugfree.org | 443-325-0040





REGROUNDING OUR RESPONSE

REGIONAL OPIOID FORUM
THURSDAY, AUGUST 22

The Regrounding Our Response forum will bring together professionals in public health, community-based organizations, mental and behavioral health service providers, faith-based communities and public safety to discuss overdose prevention and systems of care for people with substance use disorder (SUD) in the Southern Maryland region.

HIGHLIGHTS



DATE/TIME

Thursday, August 22
9:00 a.m. – 5:00 p.m.



LOCATION

Holiday Inn
155 Holiday Dr.
Solomons, MD 20688

Hotel rooms may be reserved by calling the Holiday Inn at 410-326-6311. Rates are \$94 per night + tax. Let them know you are with the summit to get the discounted rate. Rooms are available on first-come, first-served basis.

Morning refreshments and lunch will be served.

Contact Leslie Evans at 410-767-4541 or email Leslie.Evans@maryland.gov for details.

HIGHLIGHTS

- Discuss how to integrate trauma-informed care into regional programs and policies
- Learn about public safety partnerships
- Address topics on harm reduction practices unique to Southern Maryland
- Revisit public health concepts critical to reducing stigma
- Meet and problem-solve with regional and national experts

There is no cost to attend but space is limited, so register early!

[CLICK HERE TO REGISTER](#)

31 AUGUST 2019



INTERNATIONAL
OVERDOSE
AWARENESS DAY

TIME TO
REMEMBER.
TIME TO ACT.



Please join us

**4th ANNUAL INTERNATIONAL OVERDOSE AWARENESS DAY
CANDLE LIGHT VIGIL & RECOVERY CELEBRATION**

SATURDAY, AUGUST 31, 2019 — 5:30 - 8:00 PM

Resources, Naloxone training, Overdose Response
Demonstration, Program of Celebration

St. John's Episcopal Church
9120 Frederick Rd. Ellicott City, MD 21042

Contact: info@jamesplaceinc.org
ioad-hoco.eventbrite.com

To honor those lost to substance use disorder, please bring a 4 x 6 in. photo.



FALL & WINTER SUICIDE PREVENTION Training Calendar

Registration for training events will open two months prior to the event. For more information and registration, visit mdspin.eventbrite.com.

SEPTEMBER

19 - Early Identification and Treatment of Mental Illness with Psychosis

OCTOBER

2 - Annual Suicide Prevention Conference

10 - Art-Based Techniques as a Clinical Intervention for Suicidal Clients

17 - Distinguishing Suicidal Ideation from Intrusive Self-Harm OCD

24 - safeTALK

NOVEMBER

14-15 - Applied Suicide Intervention Skills Training (ASIST)

21 - Traumatic Brain Injury and Suicide Risk

DECEMBER

19 - Our Duty to Protect: Suicide Prevention for Mental Health Clinicians

JANUARY

16 - Burn Out and the Built Environment

23 - Art-Based Techniques as a Clinical Intervention for Suicidal Clients

29 - safeTALK

FEBRUARY

20 - To Be Decided

27-28 - Applied Suicide Intervention Skills Training (ASIST)

CONTINUING EDUCATION

Majority of our training events will offer CEUs for social workers, counselors, and psychologists. The events that offer CEUs will be clearly identified in the event descriptions along with the number of CEUs being offered.

Event Links - <https://www.eventbrite.com/o/marylands-suicide-prevention-and-early-intervention-network-17075762441>

5 Reasons You Need to Know More About Suicide



1. Professional training programs rarely teach the skills necessary to adequately recognize and treat clients at risk for suicide.
2. There is no evidence that no-suicide contracts actually work. In fact, there is quite a bit of evidence that they do not work.
3. 90% of suicide deaths linked to an untreated or under-treated mental health condition.
4. Depression is not to the only indicator for suicidality.
5. Approximately 1 in 5 psychotherapists loses a patient to suicide during the course of their career.

**Attend Recognizing and Responding to
Suicide Risk: Essential Skills for Clinicians to gain knowledge
and skills to combat suicide.**

**Thursday & Friday, September 5 & 6, 2019
9:00 a.m. - 4:30 p.m.
Baltimore; \$275; 12 CEUs**

Registration link - <https://sswcpe.umaryland.edu/wconnect/CourseStatus.awp?&course=F19-AAS>



PRESENTS

10TH Annual Suicide Prevention Symposium

Friday, September 13, 2019

10:30 AM- 4:00 PM

Topics include: how to best prevent suicide when you're a professional AND a loved one of someone who struggles, Non Suicidal Self Injury, survivor of suicide/attempt survivor panel discussion AND much more!

Where: Non Profit Collaborative of Howard County

9770 Patuxent Woods Dr. Columbia MD

Cost: \$30; includes 4 Social Worker CEUs & lunch

Register: www.grassrootcrisis.org/events/

For questions email Amanda@grassrootscrisis.org

For more
information or to
register contact:

Lynn Glaeser
Director of Resident
Life at Millers Grant
(410) 696-6713
lglaeser@millersgrant.org

Heidi Weiss-Beedie
(410) 313-5711
hweissbeedie@
howardcountymd.gov

In partnership with:



Rediscover the Joy of Living Today!

Join us for a series of six fun, interactive, and free *Chronic Pain Self-Management* workshops. Explore new ways to manage your symptoms, set your own goals, make a step-by-step plan to improve your health and take charge of your life!

Topics include:

- Communicating with doctors and family
- How to evaluate new treatments and medications
- Mind-body connections
- Benefits of physical activity and healthy eating

When: Wednesdays, 11:30am-2:00pm
September 18 – October 23, 2019

Where: Main Street Multipurpose Room
Lutheran Village at Miller's Grant
9000 Fathers Legacy
Ellicott City, MD 21042



Howard County Recovery Walk

Join us to support those in the journey of recovery.

Saturday, September 21, 2019

10:00am—1:00pm

Ellicott City Assembly of God

10600 Frederick Rd

Ellicott City, MD 21042

Live music, resources and food (while supplies last).

Sign up on Eventbrite: <https://bit.ly/2uD3kHt>



**NATIONAL
RECOVERY
MONTH**
30th Anniversary



1st Annual Recovery Walk

“Walk the Walk”

September 21, 2019

Time: 10:00 a.m. - 1:00 p.m.

Ellicott City Assembly of God

10600 Frederick Rd

Ellicott City, MD 21042

Contact: Carol Boyer: 443-355-6062

cboyer@delphihealthgroup.com

Exhibitor Form

Name (print): _____ Phone: _____

Company Name (print): _____

Company Address (print): _____

City: _____ State _____ Zip: _____

E-Mail: _____ Web Page: _____

Setup: Vendors are requested to arrive for set up by 8:00am and be complete by 9:15am.

Vehicles: Vehicles must be unloaded and moved to a parking lot by 8:15AM.

Restrictions: No tobacco, alcohol, pets, or exotic animals permitted on school property.

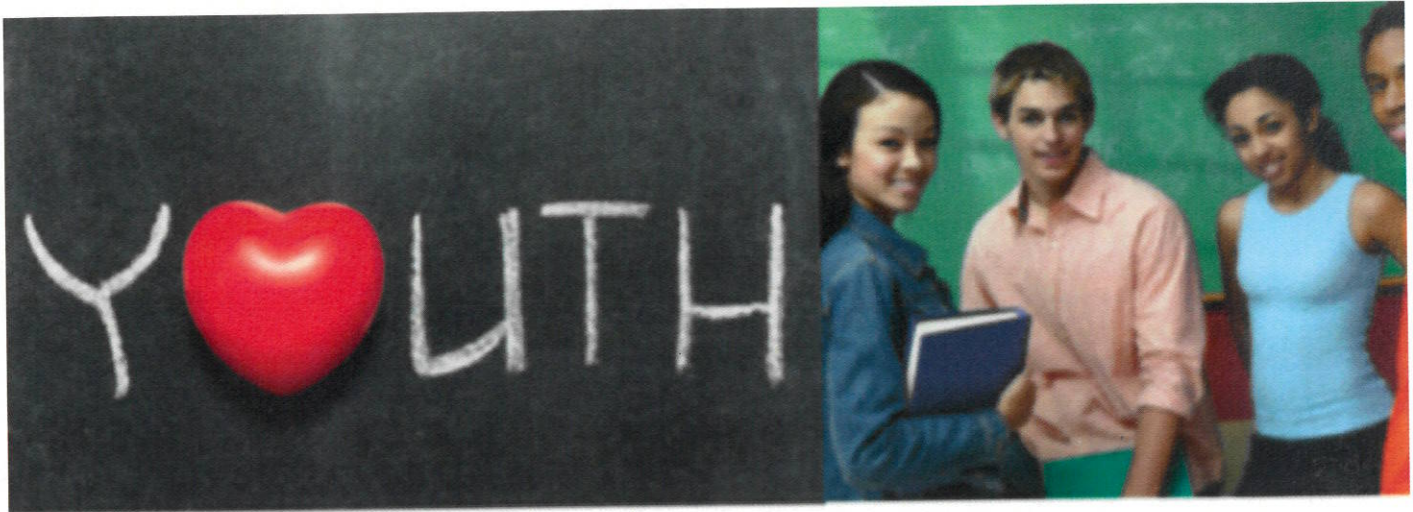
PLEASE SIGN AND DATE AFTER READING THE FOLLOWING:

I will not hold Howard County, Ellicott City Assembly of God, or anyone associated with this event responsible for personal injury, damage, or theft to my property. I will not be a part in any legal action against said parties for any reason rising out of this event. The Howard County Health Department reserves the right to deny access to anyone who presents any articles for sale deemed by Howard County Recovery Oriented Systems of Care to be detrimental to the general safety, security, and moral welfare to the public and the community.

Signature: _____ **Date:** _____

The above signature does hereby state that signee understands and agrees to these conditions.





MENTAL HEALTH FIRST AID YOUTH

INSTRUCTOR TRAINING COURSE

For Adults Assisting Young People and Families

Earn your certification to teach the *Mental Health First Aid Youth* 8-hour class. Become an instructor and put yourself in position to start a new career, educate, help others and *make a difference!* This 5-day training course provides in-depth instruction and certifies adults to teach mental health first aid to all adults that come into contact with youths. (Great for teachers, parents, caregivers, schools and school organizations including military and veteran families.)

September 23-27 2019
8:30am - 5pm Monday - Friday

LOCATION:

Mental Health Association of Maryland
1501 York Road, Lutherville, MD 20193

FULL SCHOLARSHIPS AVAILABLE for all trainees
(\$1500 value)

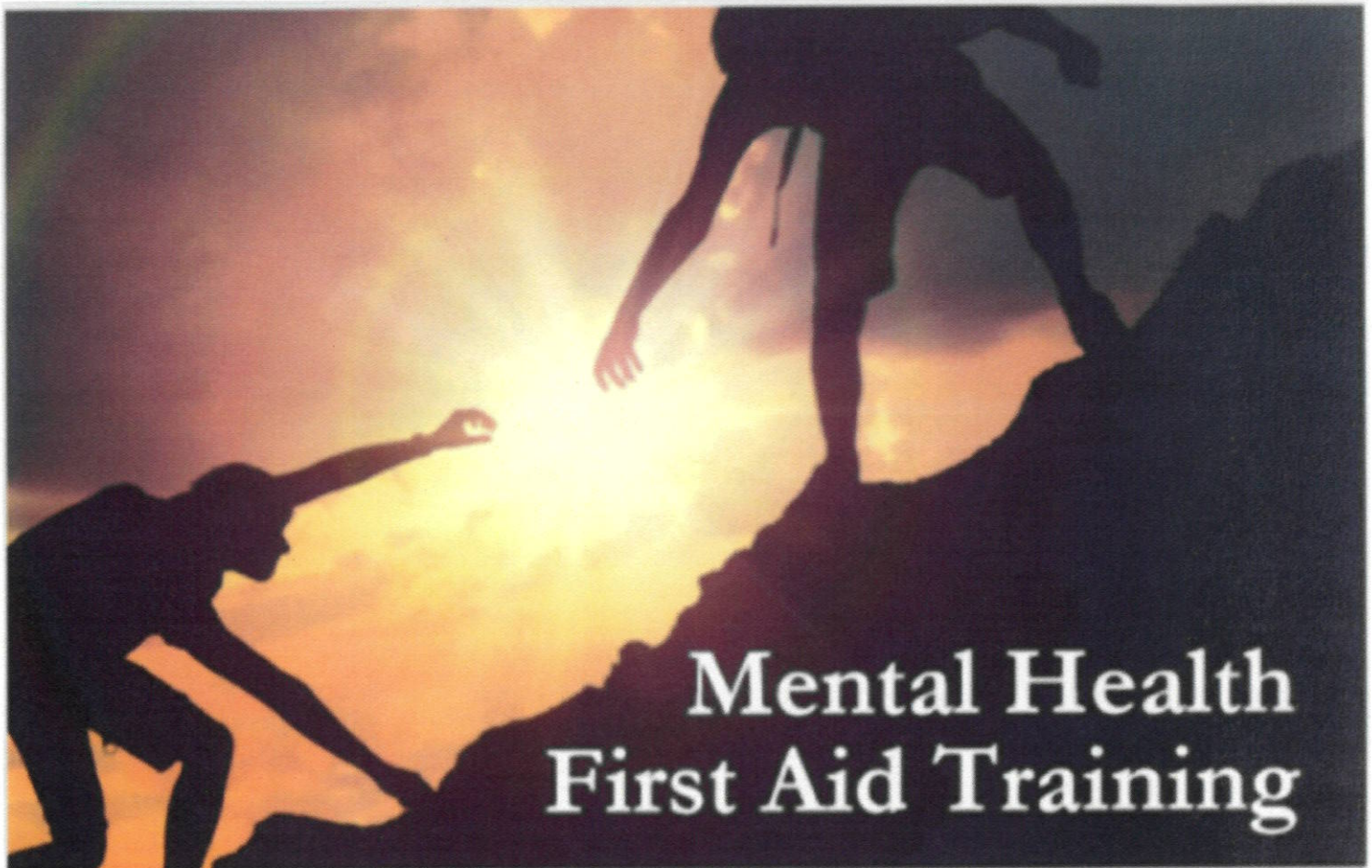
- Spaces are limited
- Must be able to attend all days/times

To Apply:

- 1) Fill out the **MHFA Instructor Application**
<https://www.vaway.org/copy-of-mhfa-youth-instructor-train>
 - 2) Email your completed application to johnway@thevaway.us
- Questions? Email John Way or call (410) 961-6204**



Application Link: <https://www.vaway.org/copy-of-mhfa-youth-instructor-train>



Mental Health First Aid Training

**Friday, Sept 27 or Nov 15 | 8:30 a.m-5 p.m.
HCGH IC Conference Room | FREE**

Sometimes, first aid isn't a bandage or CPR. Sometimes, first aid is **you**.

A person you know could be experiencing a mental health or substance use problem. Learn how to take action to help a friend, family member, coworker or neighbor in need.

You are more likely to encounter someone in an emotional or mental crisis than someone having a heart attack. Get trained in **Mental Health First Aid**; you just might save a life.

Register today!



Register today at hcg.h.org/events | 410-720-7601

Walk to Fight Suicide



Howard County Out of the Darkness Walk

Sept. 28, 2019 from 10 am to 1 pm

Lake Elkhorn, Columbia

Register at afsp.org/howardco



**American
Foundation
for Suicide
Prevention**





Providers
Clinical Support
System

Half & Half MAT Waiver Training

For Buprenorphine Medication-Assisted Treatment
Presented by Christopher Welsh, MD

Wednesday, October 9, 2019
7:30 am – 12:00 pm

7:30 am – 8 am: Registration & Breakfast
8 am – 12 pm: Training

Register here:

<https://halfandhalfmatwaiver.eventbrite.com>

Doordan Institute
2000 Medical Parkway
Belcher Pavilion, 7th Floor
Annapolis, MD 21401

FREE!

The 8-hour waiver training is offered in a 'half and half' format: 4 hours of in-person training followed by 4 hours of online training through PCSS-MAT. Upon completion of the required training, providers will meet the requirement of the DATA 3000 to apply for a waiver to prescribe buprenorphine.

Physicians are required to complete the standardized buprenorphine waiver 8-hour training.

Nurse Practitioners (NPs) and Physician Assistants (PAs) are required to complete the standardized buprenorphine waiver 8-hour training as well as an additional 16 hours of online training as established by the Comprehensive Addiction and Recovery Act (CARA) which can be found here:

<https://pcssnow.org/medication-assisted-treatment/>

Accreditation

Live portion

Application for CME credit has been filed with the American Academy of Family Physicians (AAFP) for up to 4 AAFP Prescribed CME credits. Determination of credit is pending.

AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 Credit™ toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed credit, not as Category 1.

Online portion

In support of improving patient care, American Academy of Addiction Psychiatry is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), the American Nurses Credentialing Center (ANCC), the American Academy of PAs (AAPA), American Psychological Association (APA) and Association for Social Work Boards (ASWB) to provide continuing education for the healthcare team. For details on accreditation, visit the registration page.



Maryland Addiction Consultation Service



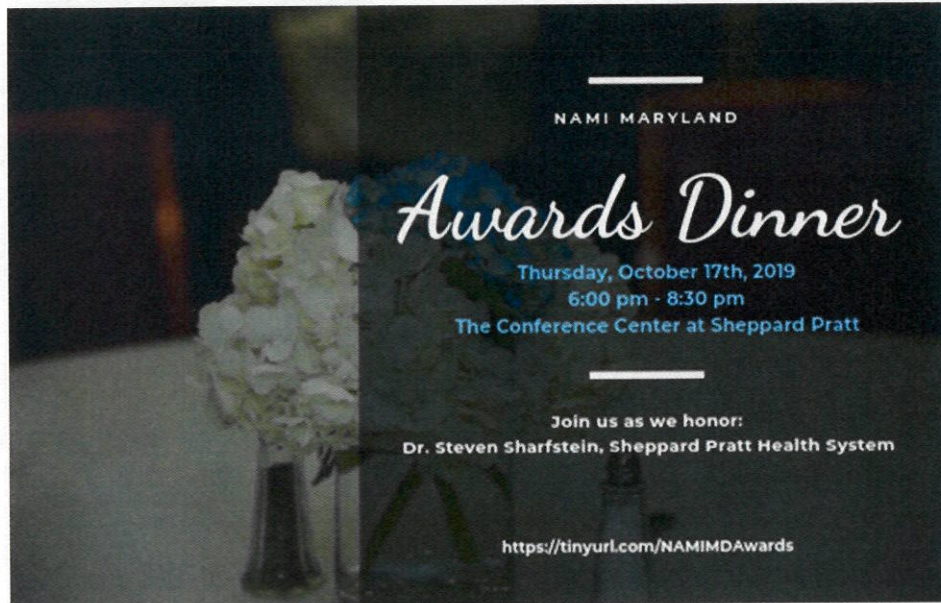
Questions?

Contact Tracy Sommer:

tsommer@som.umaryland.edu

American Academy of Addiction Psychiatry (AAAP) is the Data Sponsor for this training.

Funding for this initiative was made possible (in part) by grant no. 5U79T1026556 from SAMHSA. The views expressed in written conference materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.



We Cordially Invite You...

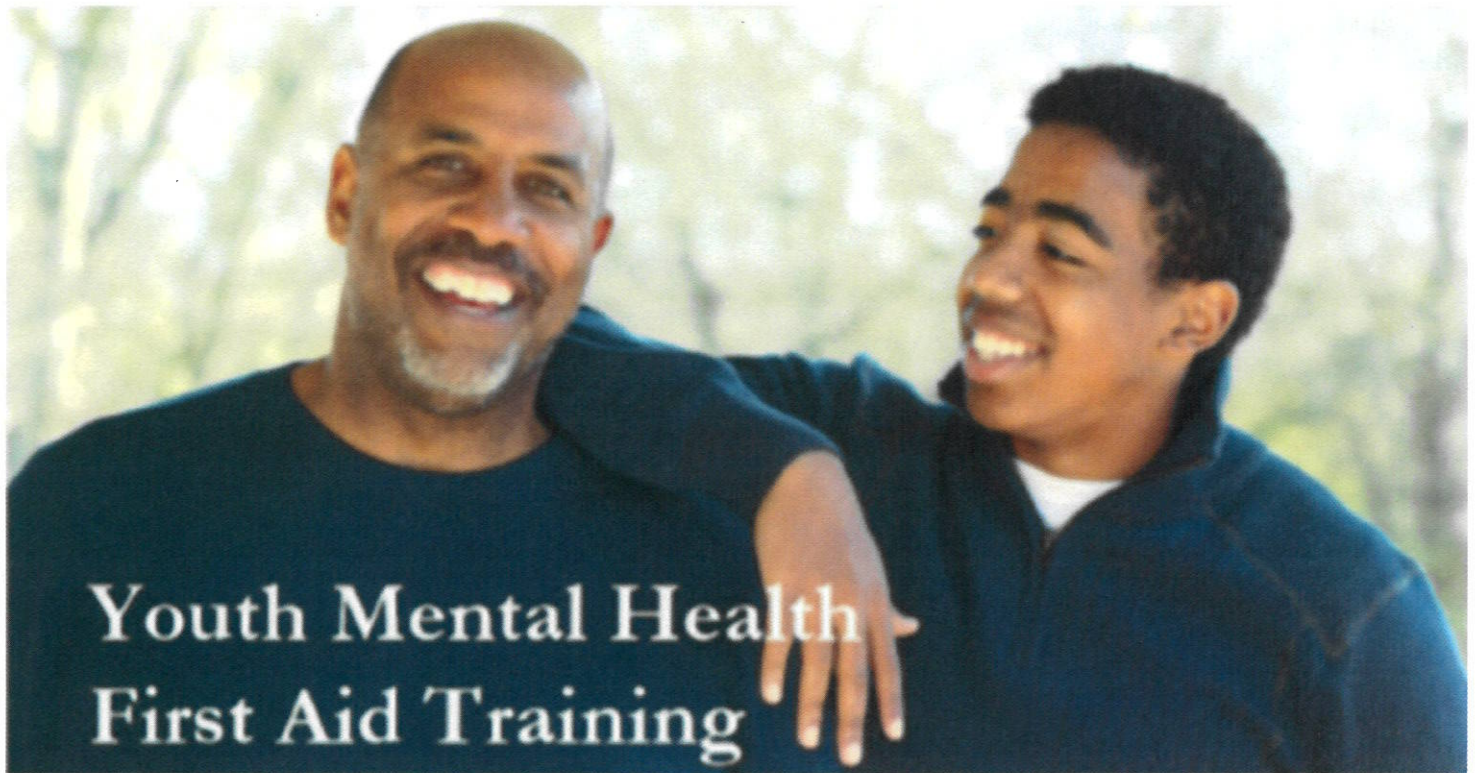
October 17th, 2019 | 6:00 pm - 8:30 pm

The night before the conference, we will also be holding our Annual Awards Dinner at the Conference Center at Sheppard Pratt on October 17, 2019. Festivities will include live music from jazz trio "[No Strings Attached](#)", hors d'oeuvres, and a scrumptious dinner.

We will present the Royal Riddick Lifetime Achievement Award to Dr. Steven Sharfstein of Sheppard Pratt Health System for his incredible work in mental health. We will also present the Iris Outstanding Community Partner Award to an organization that has utilized its talents to raise awareness for mental health throughout the state. We invite you to join us for this spectacular event.

[Register Now!](#)

Sponsorship and advertisement opportunities are available!
Click [HERE](#) for more information.



Youth Mental Health First Aid Training

**Friday, Oct. 18 | 8:30 a.m.-5 p.m.
HCGH IC Conference Room | FREE**

Sometimes first aid isn't a bandage or CPR. Sometimes, first aid is **YOU**. A young person you know could be experiencing a mental health or substance use problem. Learn an action plan to help.

You must be age 18 and older to attend.

Training is highly recommended for those who regularly have contact with young people between the ages of 12 -18, including:

- Teachers
- Coaches
- Social workers
- Faith Leaders and
- Other caring citizens

Take the training. Save a life.
Strengthen your community.



Register today at hcg.org/events | 410-720-7601



Early-Bird Registration Now Open for the 2019 NAMI Maryland Annual Conference!

The NAMI Maryland Annual Conference is scheduled to take place at the **Conference Center at Sheppard Pratt on October 18 and 19, 2019.**

This conference is about hope, ideas, and gaining new skills. Here's your chance to learn about the latest research, discover resources that you may not have known were there, develop a talent for advocacy, and foster a better understanding of issues relating to mental illness.

This two-day conference is attended by a diverse group of decision makers and stakeholders. Its schedule consists of plenary sessions that attract **national and state decision-makers as well as activists**. It contains a wide variety of workshops that are practical, skill-building sessions tailored for specific audiences, including local NAMI affiliate leaders, service providers, researchers, individuals with mental illness and their family members, and individuals working in criminal justice, social services, health, and veterans affairs.

Click [HERE](#) for the Annual Conference website!

Sponsorship and advertisement opportunities are available!
Click [HERE](#) for more information.

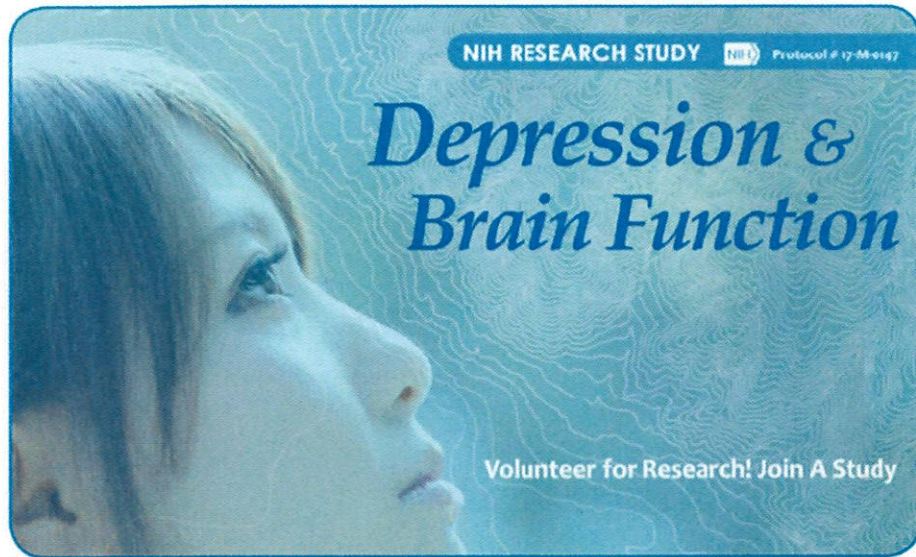


Registration Now Open for NAMI Homefront Online!

NAMI Homefront is a free, six-session class for family, friends, and significant others of Military Service Members and Veterans. This class helps families comprehend what the Military Service Member/Veteran is experiencing related to trauma, combat stress, civilian life, PTSD, and other mental health conditions. Topics covered include mental health, communication, handling crises, treatment, and recovery.

We understand that attending an in-person class can be difficult for busy individuals and families, which is why

NAMI Homefront is now available online! These online classes meet weekly in a virtual classroom so participants experience the same level of interaction and learning as a traditional in-person class. [Register now!](#)



Depression and Brain Function

(Inpatient and/or Outpatient study: 8 weeks, and 3 once-a-month follow up visits or phone calls.)

This depression research study tests the effects of the combination of transcranial magnetic stimulation (TMS) and psychotherapy on brain function. Participation includes research evaluations, brain scans, and active TMS and psychotherapy, or inactive TMS and psychotherapy.

Recruiting ages 18-65 with major depressive disorder, who are free of other serious medical conditions. If you are currently taking anti-depressants, you may still be eligible. (17-M-0147). Call: 1-877-MIND-NIH, (1-877-646-3644), TTY: 1-877-411-1010, email moodresearch@mail.nih.gov.

National Institutes of Health, National Institute of Mental Health,
Protocol #17-M-0147.

[Learn More.](#)