

Upcoming Events & Trainings

October 28, 2019

- October 30 5 Common Patient Questions & Why All Health Care Staff Should Know the Answers – *Webinar*
- October 30 Community Engagement Night – Office of Human Rights
- October 30 Regional Partnerships: Opportunity to Improve Behavioral Health Crisis Services
- November 2 *Parenting Can Actually Be Fun!*
- Nov. 4 – Dec. 12 MDH American Society of Addiction Medicine (ASAM) Training
- November 12 *Talk Saves Lives: An Introduction to Suicide Prevention* Training
- November 15 Mental Health First Aid Training
- November 15 Ethical Considerations & Extreme Risk Protective Orders (ERPO)
- November 16 Thrive by Five – A Family Institute Essential Parent Conference
- December 4 Writing Effective Progress Notes Training
- Dec. 4-5 Champions of Change Conference 2019
- December 6 Bearing Witness to Racial Trauma: The Role of the Therapist/Supervisor
- December 6 Buprenorphine Expansion Forum
- December 13 Infant & Early Childhood Mental Health Certificate Program
- January 22 Brain Injury & Co-Occurring Disorders – *Free Webinar Series*

5 Common Patient Questions & Why All Health Care Staff Should Know

The Answers

OCTOBER 30TH

12 P.M. ET | 11 A.M. CT

[JOIN NOW](#)



Register now for our latest live webinar, *5 Common Patient Questions & Why All Health Care Staff Should Know The Answers*.

We are excited to invite you to our upcoming webinar! On Wednesday, Oct. 30, join Dr. Antonio De Filippo as he goes over the most common questions a patient may ask about taking their medications and why it is important that you give accurate answers.

If you are part of a health care staff or would like to know more about the best practices for interacting with patients as health care providers, this webinar will help you better serve those we seek to help. See you there!

Attendees can submit questions during the webinar for a Q&A segment after the presentation!

What: 5 Common Patient Questions & Why All Health Care Staff Should Know The Answers

When: Wednesday, October, 30th

Time: 12:00 P.M.

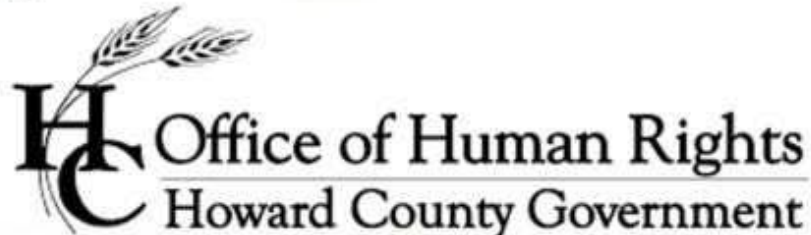
Your Speaker:



Dr. Antonio F. Defilippo, MD
Medical Director, Delphi Health Group

Dr. Antonio De Filippo is triple board certified in psychiatry, psychosomatic medicine, and addiction medicine and is a leading mental health authority in South Florida.

Dr. De Filippo's extensive experience includes senior executive positions at many local Institutions including Spectrum Programs, Archways Community Mental Health Center, Susan B. Anthony Community Mental Health Center, Miami Behavioral Health, and the Broward County Health Planning Council. Dr. De Filippo is currently the CEO of South Florida Psychiatric Services. He is also a speaker for several major pharmaceutical corporations and is frequently requested as a consultant and trainer for national medical advisory meetings.



**COMMUNITY
ENGAGEMENT NIGHT
THE INTERSECTION OF
HUMAN RIGHTS AND
MENTAL HEALTH**

Rumi Forum - Maryland is inviting you to a community engagement night with **Howard County Office of Human Rights, Police Department** and **NAMI-Howard Co.** to provide space to discuss the intersection between human rights and mental health while exploring its complexities. This panel of experts and representatives are going to speak on the important components that impact said intersectionality from their perspectives. **Howard County Executive, Calvin Ball** is confirmed to deliver **opening remarks**. We are looking forward to hosting you, too. Thanks for your interest in attending.

DATE & TIME

Wednesday, October 30, 2019

6:30 PM

LOCATION

6470 Dobbin Rd., Suite C, Columbia, MD, 21045

(ATF/MARTI is across from Columbia MVA)

PROGRAM

6:30 - 7:00 - Meet & Greet and Light Reception

7:00 - 7:45 - Opening Remarks and Panel Discussion

7:45 - 8:15 - Closing Remarks and Q&A



Behavioral Health System
Baltimore

Regional Partnerships: Opportunity to Improve Behavioral Health Crisis Services

When

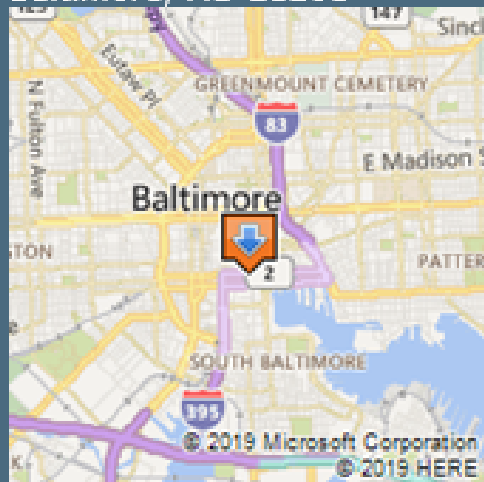
Wednesday, October 30,
2019 from 9:00 AM to 11:00
AM EDT

[Add to Calendar](#)

Where

**Behavioral Health System
Baltimore**

100 S. Charles Street
Tower II, 8th Floor
Eubie Blake Training Room
Baltimore, MD 21201



[Driving Directions](#)

People with mental illness and/or addiction crises too often end up in emergency departments or jails because our behavioral health crisis response system is inadequate.

You're invited to a meeting with hospital and behavioral health leaders on Wednesday, October 30 from 9:00- 11:00am to learn about and identify opportunities to strengthen behavioral health crisis services through Regional Partnerships.

Before the meeting, please review the recommendations in the report, [Crisis Now Transforming Services is Within Our Reach](#), as this is a nationally recognized model for building a strong behavioral health crisis system. To get the full report click [here](#)

[Register Now!](#)

Please RSVP for this meeting. Should you have questions, contact Adrienne Breidenstine at Adrienne.Breidenstine@bhsbaltimore.org.

The Couples & Family Institute of MPB Group, Inc.

Presents a 3-part series workshop for parents
by Mary Blackwood, LCMFT

Parenting Can Actually Be Fun!

Topics will include: importance of self care, how to parent with a smile and get results, how to speak to your child effectively, and navigating your child's transitional stages (from your sweet 8 year old that changed into that extra 10 year).

I don't know how long
I can keep this up!

Saturdays
October 5, November 2
& December 7
9:30—11:00

\$365.00 for the entire series

Free for current clients (clients of
MPB Group for at least three months)
Medicaid and BC/BS clients
R.S.V.P. — 410-730-2385



Couples and Family Institute of MPB Group, Inc.
6440-D Dobbin Road
Columbia, MD 21045
(410) 730-2385





MARYLAND Department of Health

Behavioral Health Administration

American Society of Addiction Medicine (ASAM) Training

This is a free course and 7.5 CEUs will be offered.

In the spring of 2019, ASAM updated its copyright permission process for *The ASAM Criteria* to create clarity in the market and protect the integrity of these clinical standards over the long term. In response to the recent update of ASAM's copyright permission process for *The ASAM Criteria*, the Behavioral Health Administration in partnership with ASAM will be offering **FREE** ASAM regional training in Maryland, to include 7.5 CEUs. This training will include activities that support the development of the knowledge and skills required to implement *The ASAM Criteria*, and provide updates and information for providers to proactively address the changes.

TRAINING LOCATIONS AND DATES

CENTRAL REGION - Monday, Nov. 4, 2019 at 8 a.m. - 5 p.m.

(2nd Training Date TBD)

Maritime Conference Center, 692 Maritime Blvd., Linthicum Heights, MD 21090

Registration Link: elearning.asam.org/p/CriteriaLinthicumNov4

SOUTHERN REGION - Tuesday, Dec. 3, 2019 at 8 a.m. - 5 p.m.

(2nd Training Date TBD)

Double Tree by Hilton, 210 Holiday Court, Annapolis, MD 21401

Registration Link: elearning.asam.org/p/pCriteriaAnnapolisDec3

WESTERN REGION - Thursday, Dec.12, 2019 at 8 a.m. - 5 p.m.

Hilton Garden Inn Frederick, 7226 Corporate Court, Frederick, MD 21703

Registration Link: elearning.asam.org/p/CriteriaFrederickDec12

EASTERN REGION - Monday, Dec. 2, 2019 at 8 a.m. - 5 p.m.

Hampton Inn Salisbury, 121 East Naylor Mill Road, Salisbury, MD 21801

Registration Link: elearning.asam.org/p/CriteriaSalisburyDec2#tab-product_tab_overview

TALK SAVES LIVES™

A Brief Introduction to Suicide Prevention

Suicide can be prevented. This presentation will cover what we know about this leading cause of death, the most up-to-date research on prevention, and what we can all do to fight suicide.

Participants will learn the common risk factors for suicide, how to spot the warning signs in others, and how to keep ourselves, our loved ones and those in our community safe.

Date

November 12, 2019

Time

8 am - 9 am or 4:30 pm - 5:30 pm

Location

Howard County General Hospital
1C Conference Room

RSVP

To register, visit hcgh.org

Or call the Health Promotion Team
at 410-740-7601

Brought to you by funds raised by
Howard County General Hospital



American
Foundation
for Suicide
Prevention



Mental Health First Aid Training

Friday, Sept 27 or Nov 15 | 8:30 a.m-5 p.m.
HCGH IC Conference Room | FREE

Sometimes, first aid isn't a bandage or CPR. Sometimes, first aid is **you**.

A person you know could be experiencing a mental health or substance use problem. Learn how to take action to help a friend, family member, coworker or neighbor in need.

You are more likely to encounter someone in an emotional or mental crisis than someone having a heart attack. Get trained in Mental Health First Aid; you just might save a life.

Register today!



Register today at hcgh.org/events | 410-720-7601



**HOWARD COUNTY
HEALTH DEPARTMENT**

Promote. Preserve. Protect.

Howard County Health Department
Grassroots Crisis Intervention Center
Moms Demand Action for Gun Sense in America
present:

**Ethical Considerations &
Extreme Risk
Protective Orders (ERPO)**

FREE Training

November 15, 2019

8:30am – 12:00pm

(3 CEUs for Social Workers)

Presenters: PFC Meghann Holloway
Howard Co. Police Dept.

Amy Miller, MSW, LCSW-C
Grassroots Crisis Intervention

Eileen Zeller, MPH
Moms Demand Action for Gun
Sense in America

Location: Howard County
Health Department
8930 Stanford Blvd
Columbia MD 21045
Barton Rooms

Participants will:

Learn how to facilitate clinical discussions and ethical decision making regarding Maryland's ERPO law.

Use knowledge learned to align agency policies and procedures with the ERPO process.

Learn ways to apply means restriction when dealing with suicidal and homicidal ideation.

Sign up for the class by clicking on the link below.

<https://bit.ly/34f7kyf>

For additional information contact Heather Moore at
410-313-7509 or hmoore@howardcountymd.gov

Visit hchealth.org or call 410.313.6300 for more information.





Thrive By Five

A Family Institute Essential Parent Conference

Did you know...

85% of a person's brain is developed by the time they are **FIVE** years old*?

Early brain development has a lasting impact on a child's ability to learn and succeed in school and life.

Join us for the latest science, health and behavioral information to help your child *Thrive By Five*.

*data compiled by the Rauch Foundation

Saturday November 16 • 8:00 AM TO 1:00 PM
North Laurel Community Center

9411 Whiskey Bottom Road, Laurel 20723

GUEST SPEAKERS and EARLY CHILDHOOD EXPERTS
PRIZES • GIFT CARDS • RESOURCES • BREAKFAST and LUNCH PROVIDED
CHILD CARE IS AVAILABLE FOR AGES 2 AND UP (spaces limited; registration required)

FREE ADMISSION • REGISTRATION REQUIRED — thrivebyfivehoward2019.eventbrite.com

**Howard County Office of
Children and Families**
Department of Community Resources and Services
www.howardcountymd.gov/children

**The Family
Institute**
A PARENT EDUCATION PROGRAM
Howard County Office of Children and Families

FOR ADDITIONAL INFORMATION
JADE BENEMERITO
children@howardcountymd.gov
410-313-1442 (VOICE/RELAY)

If you need accommodations to participate or need this information in an alternate format, contact Howard County Office of Children and Families at 410-313-1940 (voice/relay).

WRITING EFFECTIVE PROGRESS NOTES TRAINING

**Wednesday,
December 4, 2019
8:00 a.m. – 4:30 p.m.**

Through case examples, videos, and small group work, counselors will learn how to write high quality progress notes. Participants will leave with tools and skills that they can put to use immediately to make this important task easier and more useful to their clinical work.

In this hands-on training counselors will learn:

- How to write effective progress notes using **SOAP** or **DAP** format
- Why progress notes consist of more than what the client said
- How to include **interventions** and the client's response in notes
- Ways to craft professionally written and meaningful **assessments**
- Tips for enhancing the **plan** section of progress notes to help counselors prepare for the next session
- The **legal and ethical aspects** of writing progress notes

Meg Stoltzfus, LCPC has over 20 years of experience in counseling, clinical supervision, teaching, and program development. She enjoys helping counselors improve their documentation skills so that they can focus more on the counseling aspects of their work.

She received her M.S. in Counseling from the University of North Carolina at Greensboro. Meg is an Approved LCPC supervisor and an Approved Alcohol and Drug supervisor in Maryland.

WHO

Counselors & Clinical Supervisors
treating substance use disorders

WHERE

Junior League of Baltimore
5902 York Road
(enter on side—Rosebank Ave)
Baltimore, MD 21212

Free parking in the Staples lot.

REGISTER

www.megstoltzfuslcpc.com/training

Please register by November 13

CEUS

This CE program has been approved by the Maryland Board of Professional Counselors and Therapists for 6.5 Category A units.

COST

\$105 single registrant

\$95 two or more from the same agency at the same time

Payment by credit card through Eventbrite

SPONSOR

Meg Stoltzfus, LCPC
meg.a.stoltzfus@gmail.com
410.530.6629

Please feel free to contact sponsor with any questions.

SAVE THE DATE! PLAN NOW TO ATTEND!

Champions of Change **CONFERENCE** 2019



ENGAGE • EQUIP • EMPOWER

Reception — **WEDNESDAY, DECEMBER 4** • 4:00 to 7:00 pm
Networking and Panel Presentation: “Courage in Leadership”

Conference — **THURSDAY, DECEMBER 5**
8:00 am to 5:00 pm

Sheraton Columbia Town Center Hotel
10207 Wincopin Circle, Columbia, MD 21044

Details and registration information to follow.

www.howardcountymd.gov/lcb



If you need this information in an alternate format, contact Maryland Access Point of Howard County at 410-313-1234 (voice/relay). If you need accommodations to participate, contact MAP one week prior.

13th Annual Counseling and Career Services Conference

Bearing Witness to Racial Trauma: The Role of the Therapist/Supervisor

DECEMBER 6, 2019

8:30 AM-12:00 PM

HOWARD COMMUNITY COLLEGE

ROUSE COMPANY FOUNDATION BUILDING, ROOM 401

Goals/Objectives:

- Defining key terms about racial identity in supervision.
- How to adapt and apply complex PTSD guidelines to racial trauma in a clinical setting.
- Review key strategies for the assessment and treatment of racial trauma.



Carlton E. Green, Ph.D.

SPEAKER

Licensed Psychologist
Director of Diversity Training
& Education, Office of
Diversity & Inclusion, UMCP

Cost

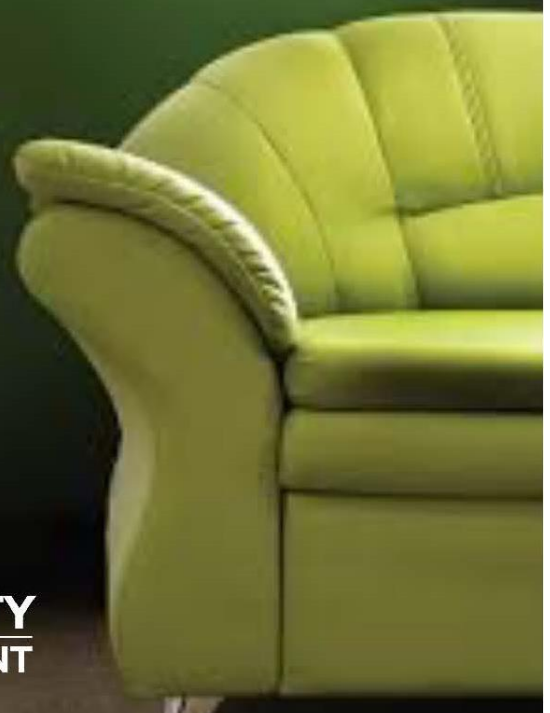
\$89.00 Early Bird Rate (Before 11/15/19)

\$99.00 Regular Rate (After 11/15/19)

\$109.00 Onsite (12/6/19)

\$55.00 Graduate Student Rate (must provide student ID and current class schedule)

www.howardcc.edu/ccsconference





SAVE THE DATE

**Maryland Department of Health
Behavioral Health Administration**

Buprenorphine Expansion Forum

Learn about statewide and local buprenorphine expansion activities and future funding information

**Temple Oheb Shalom
7310 Park Heights Ave
Baltimore, MD 21208**

**Friday, December 6, 2019
9:00 am – 12:30 pm
Lunch provided**

**8:30 am – 9:00 am Registration
Light refreshments and coffee provided**

Your Attendance is Requested:
Maryland's Local Health Officers, Local Behavioral Health Authorities, Local Addiction Authorities and Core Service Agency Directors

Online registration and agenda forthcoming.
Light lunch and refreshments will be provided.
No cost to attend. Not eligible for continuing education units.

For more information, contact Michelle Darling at michelle.darling@maryland.gov or 410-402-8582

INFANT & EARLY CHILDHOOD MENTAL HEALTH Certificate Program

A project of the Taghi Modarressi Center for Infant Study, in partnership with Howard County ECAC and Howard County Office of Children and Families



LOCATION :

9830 Patuxent Woods Drive
Columbia, MD

Free Parking Available

Registration begins at 8:30

Trainings are 9:00 - 5:00

(Coffee & lunch provided)

Setting the Stage for IECMH

October 11, 2019

Assessment & Diagnosis Part I

November 8, 2019

Assessment & Diagnosis Part II

December 13, 2019

Engaging Families

& Communities in IECMH

January 10, 2020

Treatment of

Parent-Child Relationships

February 14, 2019

Treatment of Regulation

Problems in Early Childhood

March 13, 2019

Treatment of Trauma in Early Childhood

April 3, 2019

Integrating IECMH into Child & Family Systems

May 8, 2019

ABOUT INFANT & EARLY CHILDHOOD MENTAL HEALTH (IECMH):

Infant and early childhood mental health (IECMH) is a broad-based, interdisciplinary field that focuses on the social and emotional development and well-being of infants and young children within the context of their early relationships, family, community and culture. IECMH is a family-centered, trauma-informed, strengths and outcomes-based collaborative approach.

Our certificate program aims to advance the quality of mental health services for infants and young children in the context of their earliest relationships. Participants have the opportunity to learn directly from faculty and leaders in the field of infant and early childhood mental health from Kennedy Krieger Institute, Georgetown University, Johns Hopkins University & the University of Maryland.

Recent research has found that experiences in a child's first three years significantly influence a child's ability to learn, cope and establish healthy relationships throughout life. Research has also identified factors that put infants at risk and has demonstrated the effectiveness of early intervention with infants and toddlers as well as the importance of working to develop the capacities of caregivers and their families.

WHO ATTENDS?

This certificate program is designed for a broad range of masters-level, front-line service providers, supervisors and agency leadership, working in a variety of community-based and institutional settings, including:

- Child Protection, Welfare & Foster Care
- Workers and Administrators
- Early Childhood Educators
- Early Interventionists (OTs, PTs, SLPs)
- Mental Health Providers (including counselors, social workers, psychologists, psychiatrists & NPs)
- Primary Care Providers

Tuition:

\$1,600

Earn 52 CEUs

For licensed social workers,
counselors and psychologists

For more information or to apply contact Kay Connors at 410-706-3216 or kconnors@som.umaryland.edu.

Applicants will be selected on the basis of their work history and commitment to the field. Priority application deadline is September 20, 2019. We will continue to accept applications after the deadline if space is available.

The Center on Brain Injury Research and Training Presents:

2019-2020 Brain Injury and Co-Occurring Disorders Free Webinar Series

Featuring John D. Corrigan, PhD, and Carolyn Lemsky, PhD

Intended Audience: Service Providers (e.g. behavioral health clinicians, case managers, resource coordinators, rehabilitation professionals, program directors)

Professional Development Certificates available.

Register here for this free webinar series:

https://oregon.qualtrics.com/jfe/form/SV_agkbenozi790ec5

Recordings of each webinar will be available.

January 22, 2020, 12:00 -1:00 pm, Pacific Time

Presenter: Carolyn Lemsky, PhD, Clinical Director at Community Head Injury Resource Services (CHIRS) of Toronto, Director of the Substance Use and Brain Injury Bridging Project

This webinar will address **TBI and behavioral health challenges**, including strategies/ accommodations.

Wednesday, April 8, 2020, 12:00 -1:00 pm Pacific Time

Presenter: Carolyn Lemsky, PhD, Clinical Director at Community Head Injury Resource Services (CHIRS) of Toronto, Director of the Substance Use and Brain Injury Bridging Project

This webinar will address **TBI and substance use disorder**, including

Speakers:



Dr. John Corrigan's extensive research, publications, and on-line training programs have focused on long-term outcomes following traumatic brain injury (TBI) with an emphasis on screening for TBI, substance use disorder and behavioral health challenges. He is the Director of The Ohio Valley Center for Brain Injury Prevention and Rehabilitation with a background in counseling psychology.

Dr. Carolyn Lemsky is a board-certified neuropsychologist and Clinical Director at Community Head Injury Resource Services (CHIRS) of Toronto. Along with her partners at the Center for Addictions and Mental Health (CAMH), she has trained over 2000 mental health, addictions and ABI providers in basic skills needed to promote the development of more accessible addictions programming for people living with substance use and ABI.



Funding for this provided by Administration for Community Living (ACL)
Grant #90TBSG0039-01-00

Co-Sponsored by ACL *Underserved Populations* and *Opioid Use & Mental Health Needs* Workgroups

