

GESTATIONAL DIABETES

Are you among the 10% of pregnant women affected by this disease?

Gestational diabetes is a type of diabetes that can develop during pregnancy. Gestational diabetes increases your risk for high blood pressure during pregnancy and for type 2 diabetes later in life.



Gestational diabetes may cause your baby to:

- Be large, 9lbs or more
- Be born early, which can cause breathing and other problems
- Have low blood sugar during your pregnancy
- Develop diabetes later in life

Risk factors for developing gestational diabetes:

- Gestational diabetes during a previous pregnancy
- Previous baby of 9lbs or more
- Being overweight or obese
- Family history of type 2 diabetes
- Being African American, Hispanic/Latino, American Indian, or Alaska Native

Talk to your doctor and get tested for gestational diabetes.

Protect your health and the health of your baby.

FOR MORE INFO, CALL 410-313-7500