

# HOWARD COUNTY RESOURCE DIRECTORY FOR SUBSTANCE ABUSE TREATMENT & RECOVERY



## **BUREAU OF BEHAVIORAL HEALTH**

8930 Stanford Blvd, Ascend One Building  
Columbia, MD 21045

Phone: 410-313-DRUG (3784) Fax: 410-313-6212

TDD: 410-313-2323 Toll-free: 1-866-313-6300

**HOURS OF OPERATION:** Monday -Thursday 8:30-8:30 pm,  
Friday 8:30-5pm

**SERVICES:** LEVEL 0.5 EARLY INTERVENTION, LEVEL I  
OUTPATIENT, LEVEL II.1 INTENSIVE OUTPATIENT, LEVEL  
II.D AMBULATORY DETOXIFICATION WITH EXTENDED ON-  
SITE MONITORING, BUPRENORPHINE TREATMENT

**POPULATION SERVED:** ADULT MALES & FEMALES,  
ADOLESCENTS, SPANISH SPEAKING SERVICES

### **Assessment Walk-in hours:**

Monday: 8:30 am - 2:00 pm

Tuesday: 8:30 am - 2:00 pm

Thursday: 8:30 am - 2:00 pm

*In cooperation with*  
**PROJECT LIFT**  
Substance Abuse  
Education  
and Outreach Program



Updated APRIL 2014



website: [www.howardcountymd.gov/health](http://www.howardcountymd.gov/health)

## HOW TO USE THIS DIRECTORY

This directory is dedicated to the Howard County citizen who is in need of substance abuse treatment, recovery and/or prevention information. This directory is not intended to be an exhaustive, authoritative guide. We have concentrated on those services and resources located in Howard County. For a more comprehensive listing of State Certified treatment services throughout Maryland, contact the State of Maryland Alcohol and Drug Administration at (410) 402-8600 or visit their website at <http://www.maryland-adaa.org>. Providers listed in this directory do not reflect any recommendation or endorsement by the Howard County Health Department.

## WHAT IS SUBSTANCE ABUSE OR CHEMICAL DEPENDENCY?

**SUBSTANCE ABUSE** is a negative pattern of use that leads to impairment or distress in any or all of the following areas:

- Recurrent use that results in decreased competency or failure in any of these areas — work, school, or home.
- Recurrent use in which it is physically hazardous to use (driving or operating machinery etc.).
- Substance-related legal problems such as a DWI or DUI.
- Continued use despite persistent social or interpersonal problems that are caused or exacerbated by use (most often expressed via family, school, work, or friends' concern about the substance use).

**CHEMICAL DEPENDENCY** is the normal progression of substance abuse, if left untreated. Chemical dependency is a serious, sometimes fatal disease, which does respond to treatment. Dependency characterized by:

- Tolerance—a need for more of the substance to achieve the desired effect.
- Withdrawal—physical symptoms are felt when the substance is absent from the body and/or when the same or closely related substance is taken to relieve or avoid withdrawal symptoms.
- The substance is often taken in a larger amount or over a longer period than the user intended.
- There is a persistent desire or unsuccessful efforts to cut down or control use.
- A great deal of time is spent obtaining, using or recovering from the substance's effects. Important social, occupational, or recreational activities are reduced or given up because of substance use (early retirement, hobbies, school/sports expulsions, etc.).
- The substance use is continued despite knowledge that it will have a serious impact on one's life (marital, school, family, job, or serious health problems).

## Narcotics Anonymous Meetings

For more NA info, go to <http://www.na.org> or call the Baltimore Free State Region 24 hour hotline 1-800-317-3222.

**Meeting Codes:** [Open] Open Meeting [Closed] Closed Meeting [D] Discussion

### 20707/20708— LAUREL

#### **Crossroads of Recovery, 102 Washington Blvd, upstairs**

Friday, 10:00P: Open, Step

#### **First Assembly of Good Church, 1102 Montgomery St**

Friday, Noon: Open, Speaker

#### **Holy Trinity Church, 7607 Sandy Spring Rd, Fellowship Hall**

Tuesday, 7:30P: Closed, Discussion/Participation

#### **First United Methodist Church, 424 Main Street**

Wednesday, 8:00P: Open, Discussion/Participation, Step/Tradition

#### **Holy Trinity Church, 7607 Sandy Spring Rd, Fellowship Hall**

Tuesday, 7:30P: Closed, Discussion/Participation

#### **Laurel Regional Hospital, 7100 Contee Rd, Conf Room-2nd fl**

Sunday, 11:00A, Open

Monday, 7:00P: Open, Discussion/Participation

Thursday, 7:00P: Open, Discussion/Participation

#### **Municipal Pool, 901 Main St**

Tuesday, 8:00P: Open

#### **Oshe Shalom, 7515 Olive Branch Way**

Thursday, 8:00P: Open, Discussion/Participation

#### **Saint Mary's School, 106 Saint Mary's Place (behind Boy's & Girl's Club)**

Saturday, 7:00P: Open, Discussion/Participation

### 20763— SAVAGE

#### **Savage Methodist, 9050 Baltimore Street**

Sunday, 7:30P: Open, Discussion/Participation

Wednesday, 7:00P: Open, Discussion/Participation

### 21043—ELLCOTT CITY

#### **St. Peter's Church, 3695 Rogers Ave**

Monday, 8:00P: Open, Speaker, Step, Tradition

Wednesday, 8:00P: Open, Discussion/Participation

### 21044/21045/21046—COLUMBIA

#### **Medical Pavilion of Howard County, 10710 Charter Drive**

Sunday, 5:30P: Open, Discussion/Participation

#### **Christ Episcopal Church, 6800 Oakland Mills Road**

Friday, 8:00P: Open, D

Saturday, 8:00P: Open, D

#### **Serenity Center, 9650 Basket Ring Rd**

Sunday, 6:00P: Open

Tuesday, 6:00P: Open

Wednesday, 8:00P: Open

Friday & Saturday, Midnight: Open

#### **DMCC Building, 7504 Oakland Mills Road**

Tuesday, 7:30P: Open

## Alcoholics Anonymous Meetings (cont)

### 21045—COLUMBIA (CON'T)

#### **ALANO CLUB, 9231 Rumsey Rd, Suite #1 (410) 997-2288 (cont)**

Saturday, 10:00A: Open, D, Step  
Saturday, Noon: Open, D, Easier Softer Way  
Saturday, 6:30P: Open, D, Young People  
Saturday, 8:00P: Open, D, Tradition 3<sup>rd</sup> Saturday Month  
Saturday, Midnight: Open, D, *(For Teens/Young Adults)*

#### **Christ Episcopal Church, 6800 Oakland Mills & Dobbin Roads**

Tuesday, 7:30 P: Open, Stepping Stones for Women  
Wednesday, 8:00P: Open, D  
Saturday, 2:00P: Open, D

#### **Out of the Woods, St. John's Evangelical Lutheran Church, 6004 Waterloo Rd**

Thursday, 8:30P: Open, D *(For Teens/Young Adults)*

### 21046—COLUMBIA

#### **Humanism, PRP Room, 6355 Woodside Ct**

Wednesday, 6:30P: Open, D, S

#### **Christ Memorial Presbyterian Church, 6410 Amherst Ave (rear)**

Thursday, 8:00P: Open, D

#### **New Hope Lutheran Church, 8575 Guilford Road**

Saturday, 6:30P: Open, D, Big Book

### 21075—ELKRIDGE

#### **Elkridge, St Augustine Church, 5976 Old Washington Rd**

Sunday 6:30P: Open, D

#### **Elkridge Monday Night, Grace Episcopal Parish Hall, 6725 Montgomery & Landing Roads**

Monday 8:30P: Open, D  
Tuesday 8:30P: Open, Speaker (large activity room)

### 21163—WOODSTOCK

#### **St. Alphonsus Catholic Church, 10800 Old Court Rd**

Sunday, 8:00P: Open, D

### 21737—GLENELG

#### **United Methodist Church, 13900 Burnt Woods Rd**

Tuesday, 7:30P: Open, D, Step

### 21738—GLENWOOD

#### **Chapters & Stories, Gethsemane Baptist Church, 14135 Burnt Woods Rd**

Thursday, 7:30P: Open, D, Big Book

## WHAT ARE THE SIGNS AND SYMPTOMS OF SUBSTANCE ABUSE?

- Withdrawn, depressed, tired, careless about personal grooming.
- Hostile and uncooperative, frequently breaks curfews.
- Relationships with family and/or friends have deteriorated.
- Hangs around with a new group of friends.
- Grades have slipped and school attendance is irregular.
- Job performance has slipped and has frequent absences.
- Loses interest in hobbies, sports, and other favorite activities.
- Eyes are red and/or runny nose in the absence of a cold and/or there is coughing, wheezing, bruises or needle marks.
- Sudden use of perfume, cologne, breath mints, incense.
- Heightened secrecy about actions or possessions.
- Household money has been disappearing or you find unaccounted for cash.
- Eating or sleep patterns have changed.
- Difficultly concentrating. Having trouble finishing sentences.
- Memory trouble after having a drink or taking medicine, or experiencing a black out. Loss of coordination, frequent falls, unexplained bruises, injuries.

## WHAT SHOULD I DO IF SOMEONE I LOVE HAS A SUBSTANCE ABUSE PROBLEM?

- Acknowledge that there is a problem. Living with an addicted person often creates co-dependency. Co-dependency is when a person develops a dependence on someone who has an addiction. Look for signs of co-dependency in your family like hiding the problem, trying to control or making excuses for the addict, feelings of anger and resentment toward the addict. The family also needs treatment. Find a counselor who understands co-dependency and seek help from support groups such as Al-Anon, Alateen, Nar-Anon or Narateen.
- Know that you cannot control, cure, or fix the problem, but you can get help. If someone you love has a problem you can (and should) confront their use and behaviors.
- It sometimes takes more than one substance abuse treatment to obtain life long results. Get the facts - find out more about substance abuse, treatment and recovery..
- Contact the Howard County Health Department's Substance Abuse Services Bureau for an assessment at 410-313-DRUG (6202).
- If the person is a student attending a Howard County Public School, contact the school and ask for their Student Assistance Program (SAP) representative to get a SAP referral form. All SAP info is strictly confidential.

## INTERNET RESOURCES

- Al-Anon/Alateen = [www.alanon-maryland.org](http://www.alanon-maryland.org)
- Alcoholics Anonymous = [www.baltimoreaa.org](http://www.baltimoreaa.org)
- Centers for Disease Control and Prevention = [www.cdc.gov](http://www.cdc.gov)
- Community Anti-Drug Coalitions of America = [www.cadca.org](http://www.cadca.org)
- CRAFT (Community Reinforcement & Family Training) = [www.robertjmeyersphd.com](http://www.robertjmeyersphd.com)
- Drug Early Warning System = [www.cesar.umd.edu](http://www.cesar.umd.edu)
- Healthy Howard (The DOOR to Health Care) [www.HealthyHowardmd.org](http://www.HealthyHowardmd.org)
- HC Drugfree = [www.hcdrugfree.org](http://www.hcdrugfree.org)
- Horizon Foundation = [www.horizonhelp.org](http://www.horizonhelp.org)
- Howard County Mental Health Authority = [www.hcmha.org](http://www.hcmha.org)
- Join Together Online = [www.jointogether.org](http://www.jointogether.org)
- Nar-Anon Family Groups of MD, DC & VA = [www.naranon-maryland.com](http://www.naranon-maryland.com)
- Narcotics Anonymous = [www.na.org](http://www.na.org)
- Maryland Alcohol & Drug Abuse Admin = [www.maryland-adaa.org](http://www.maryland-adaa.org)
- Maryland Community Services Locator = [www.mdcsl.org](http://www.mdcsl.org)
- National Alliance on Mental Illness = [www.nami.org](http://www.nami.org)
- National Clearinghouse for Drug & Alcohol Info = <http://ncadi.samhsa.gov>
- National Institute on Drug Abuse = [www.nida.nih.gov](http://www.nida.nih.gov)
- Parents the Anti-Drug = [www.theantidrug.com](http://www.theantidrug.com)
- Substance Abuse & Mental Health Services Admin = [www.samhsa.gov](http://www.samhsa.gov)

## STATE-CERTIFIED LEVELS OF CARE FOR SUBSTANCE ABUSE IN HOWARD COUNTY

**LEVEL 0.5 EARLY INTERVENTION** – Patients in the early stages of alcohol and drug abuse or dependence. Early intervention care would be counseling with at-risk individuals.

**LEVEL I OUTPATIENT** – Patients who require services for less than 9 hours weekly at places such as, an office practice, health clinics, primary care clinics, mental health clinics, or “Step down” programs. Also includes **OMT – OPIOID MAINTENANCE THERAPY** – Patients receive pharmacological interventions including, but not limited to methadone, such as buprenorphine, delivered in an ambulatory setting.

**LEVEL II INTENSIVE OUTPATIENT TREATMENT (IOP)** – Patients who receive 9 or more hours weekly. It is an organized outpatient service that delivers treatment services during the day, before or after work/school, in the evening or weekends. Programs provide essential education and treatment components while allowing patients to apply their newly acquired skills within “real world” environments.

**LEVEL III RESIDENTIAL INPATIENT TREATMENT** – Residential care and at least 4 hours a week of treatment. Encompasses organized services staffed by designated addiction treatment and mental health personnel who provide a planned regiment of care in a 24-hour live-in setting, such as Halfway Houses. On-site mutual and self-help group meetings.

**Howard County does not provide Level 111.7 and above inpatient treatment. To find the closest inpatient facilities to Howard County, go to [www.maryland-adaa.org](http://www.maryland-adaa.org) website, click on Resource Directory, search Level of Care for listing. To locate other**

## Alcoholics Anonymous Meetings (cont)

### 21045—COLUMBIA

 **SERENITY CENTER, 9650 Basket Ring Rd (410) 884-6088 -**  
<http://serenitycenter.homestead.com>


Sunday 10:30A: Open, D, 11<sup>th</sup> Step, In God's Care  
Sunday 4:00P: Open, D, Spanish  
Monday Noon: Open, D, Big Book  
Monday 6:00P: Open, D, Big Book  
Monday 8:00P: Open, D, Spanish  
Tuesday, Noon: Open, D, Steppers  
Tuesday, 6:00P: Open, D, Step  
Tuesday, 8:00P: Open, D, Step, Ebony & Ivory  
Tuesday, 8:00P: Open, D, Spanish  
Wednesday, Noon: Open, D  
Wednesday, 6:00P: Open, D, (**GLBT**) Discussion  
Wednesday, 8:00P: Open, D, Spanish  
Thursday, Noon: Open, D, As Bill Sees It  
Thursday, 6:00P: Open, D, Living Sober  
Thursday, 8:00P: Open, D, Spanish  
Friday, Noon: Open, D, Step  
Friday, 7:00P: Open, D, Beginners  
Friday, 8:00P: Open, D, Spanish  
Saturday, 6:30A: Open, D  
Saturday, 8:00P: Open, D, Spanish

 **ALANO CLUB, 9231 Rumsey Rd, Suite #1 (410) 997-2288**

Sunday thru Saturday, 6:00A: Open, D, (Dawn Patrol)  
Sunday 10:00A: Open, D, Promise of a New Day  
Sunday Noon: Open, D, Tradition, Easier Softer Way  
Sunday 6:30P: Open, D, The Phelps Luck  
Sunday/Wednesday/Thursday, 6:30P: Open, D  
Sunday 8:00P: Open, D  
Monday/Tuesday/Thursday/Friday, Noon: Open, D  
Monday/Tuesday, 6:30P: Open, D Step  
Monday 8:00P: Open, D, Men  
Monday 8:00P: Open, D, Women  
Tuesday, 10:00A: Open, Women  
Tuesday, 8:00P: Open, D  
Wednesday, Noon: Open, D, Twelve & Twelve  
Wednesday, 8:30P: Open, D, Beginner, First Things First  
Wednesday, 8:30P: Open, D, **Agnostic**, Easier Softer Way  
Wednesday, 10:00P: Open, D, (**For Teens/Young Adults**)  
Thursday, 8:00P: Open, D, Beginner, Step  
Friday, 6:30P: Open, D, As Bill Sees It  
Friday, 8:00P: Open, D, Big Book  
Friday, 10:30P: Open, D, (**For Teens/Young Adults**)

## Alcoholics Anonymous Meetings (cont)


### 21043—ELLICOTT CITY

 **Sheppard Pratt @ Ellicott City Chapel, 4100 College Ave**  
 Sunday, 10:00A: Open, D, Big Book  
 Thursday, 7:30P: O, D,

**Church of the Resurrection School, 3175 Paulskirk & Chatham Roads off Route 40**  
 Tuesday, 8:00P: Open, D, Big Book


 **Because We're Worth It, St' Peter's Episcopal Church, 3695 Rogers Ave & Frederick Road**  
 Wednesday, Noon: Open, D, Women

**St. Paul's Catholic Church, 3755 St. Paul St, New Evangelization building**  
 Wednesday, 7:30P: Open, D/Step/Big Book  
 Saturday, 8:30 P: Open, D


 **First Evangelical Lutheran Church, 3604 Chatham & Frederick Roads**  
 Wednesday, 8:00P: Open, D

**Papillion Women's, St Peter's Episcopal Church, 3695 Rogers Ave & Frederick Rd**  
 Friday, 1:00P: Open, D, Step, Women

### 21044—COLUMBIA

 **Columbia Sunday Night Triple Twelve, Medical Pavilion of Howard County, 10710 Charter Drive, Suites G010 & 100**  
 Sunday 7:00P: Open, D, Step, Tradition, Promise

 **Kolmac Clinic, 10632 Little Patuxent Pky #410**  
 Monday, 6:00P: Open, D

 **Senior Sobriety, Florence Bain Senior Center, 5470 Beaverkill Rd**  
 Wednesday, 12:30P: Open, D, Big Book

 **Longfellow, Longfellow Neighborhood Center, 5267 Elliot Oaks & Hesperus St**  
 Friday, 8:30P: Open, D

## HOWARD COUNTY SUPPORT SERVICES

Emergency .....	911
Non-Emergency (Fire, Rescue, Police) .....	(410) 313-2200
Alano Club (Columbia) .....	(410) 997-2288
Al-Anon and Alateen .....	(410) 832-7094
Alcoholics Anonymous .....	(410) 663-1922
Crisis Intervention Hotline & Grassroots Shelter .....	(410) 531-6006
Dextox Center of Maryland .....	(410) 992-6803
Domestic Violence Center of Howard County .....	(410) 997-0304
Families Anonymous (support group for parents) .....	(301) 490-8968
Family & Children's Services .....	(410) 997-3557
Food Bank .....	(410) 313-6185
Foreign-Born Information & Referral Network .....	(410) 992-1923
Grandparents As Parents .....	(410) 719-8871
HC DrugFree .....	(443) 325-0040
Health Alliance .....	(410) 884-7831
Healthy Howard (Medical Insurance Assistance) .....	(410) 988-3737
HIV Program .....	(410) 313-7500
Housing .....	(410) 313-6318
Howard County Dept. of Juvenile Justice .....	(410) 480-7878
Howard County Dept. of Social Services .....	(410) 872-8700
Howard Co. Health Dept. Pregnancy Center .....	(410) 730-3223
Howard County Mental Health Authority .....	(410) 313-7350
Howard County Police Dept. Alcohol Enforcement .....	(410) 313-3856
Howard County Police Dept. Drug Tip Line .....	(410) 290-3784
Howard County Police Dept. Party Buster Tip Line .....	(410) 313-8477
Howard County Police Dept. Northern District .....	(410) 313-3200
Howard County Police Dept. Southern District .....	(410) 313-3700
Howard County Police Dept. Youth Services .....	(410) 313-2620
Howard County Social Services .....	(410) 872-8700
Humanim .....	(410) 381-7171
Legal Aid .....	(410) 480-1057
Local Children's Board .....	(410) 313-5929
MSA – The Adolescent Center .....	(443) 259-0400
Mothers Against Drunk Driving .....	(410) 465-5757
Nar-Anon .....	(800) 477-6291
Narcotics Anonymous .....	(800) 317-3222
National Family Resiliency Center .....	(410) 740-9553
Poison Control .....	(800) 222-1222
Runaway Hotline .....	(800) 621-4000
Serenity Center .....	(410) 884-6088
Sheppard Pratt (Mental Health Services) .....	(410) 740-1901
Suicide Hotline .....	(800) 784-2433
Youth Crisis Hotline .....	(800) 422-0009

## 2014 STATE CERTIFIED TREATMENT PROGRAMS

### A BETTER WAY COUNSELING SERVICES

9017 Red Branch Rd #204, Columbia, 21045 Phone: 410-730-4500/Fax: 410-730-5119  
Services: Level 0.5 Early Intervention, Level I Outpatient  
Population Served: Adult females & males, adolescents



### COLUMBIA ADDICTIONS CENTER - [www.columbiaaddictioncs.com](http://www.columbiaaddictioncs.com)

5570 Sterrett Place #205, Columbia 21044 Phone: 410-730-1333/Fax: 410-730-1559  
Services: Level 0.5 Early Intervention, Level I Outpatient, Level II.1 Intensive Outpatient, Buprenorphine/  
Suboxone Treatment



Population Served: Adult females & males, adolescents, Spanish speaking services

### CONGRUENT COUNSELING SERVICES, LLC - [www.congruentcounseling.com](http://www.congruentcounseling.com)

10630 Little Patuxent Parkway #209, Columbia 21044 Phone: 410-740-8066/Fax: 410-740-8068  
Services: Level II.1 Intensive Outpatient  
Population Served: Adult females & males, adolescents (13-19), Spanish speaking services



### COUNSELING RESOURCES INC. - [www.congruentcounseling.com](http://www.congruentcounseling.com)

8388 Court Avenue, Ellicott City, 21043 Phone: 410-461-8662/Fax: 410-480-4744  
Services: Level 0.5 Early Intervention, Level I Outpatient  
Population Served: Adult females & males, adolescents, Spanish speaking services

### FORENSIC DEFENSE CENTER- [www.forensicdefensecenter.org](http://www.forensicdefensecenter.org)

103 Crain Hwy, SE, Glen Burnie, MD, P.O. Box 21273, Phone: 410-365-1228  
Services: Mental Health Assessments, Drug and Alcohol Testing  
Population Served: Adolescents, Adult females & males



### INTEGRATIVE COUNSELING, LLC - [www.integrative-counseling.com](http://www.integrative-counseling.com)

(SATELLITE OFFICES-SYKESVILLE, HANOVER & OLNEY)

10630 Little Patuxent Parkway #209, Columbia, 21044 Phone: 410-740-8067/Fax: 410-740-8068  
Services: Level 0.5 Early Intervention, Level I Outpatient, Buprenorphine/Suboxone Treatment  
Population Served: Adult females & males, adolescents, Spanish speaking services

### J.A.E.L. HEALTH SERVICES, INC. - [www.jaelhealth.com](http://www.jaelhealth.com)

10176 Baltimore National Pike #115, Ellicott City, 21042 Phone: 410-203-2120/Fax: 410-203-2123  
Services: Level I OMT Opioid Maintenance Therapy (Methadone), Buprenorphine/Suboxone Treatment  
Population Served: Opioid dependent adult females & males



### KOLMAC CLINIC - [www.kolmac.com](http://www.kolmac.com)

10632 Little Patuxent Parkway #410, Columbia, 21044 Phone: 443-276-0556/Fax: 443-276-0555  
Services: Level I Outpatient, Level II.1 Intensive Outpatient, Level II.D Ambulatory Detoxification with  
Extended On-Site Monitoring, Buprenorphine/Suboxone Treatment  
Population Served: Adult females & males, adolescents



### SILVERMAN TREATMENT SOLUTIONS

7178 Columbia Gateway Drive #400, Columbia, 21046 Phone: 443-285-0807/Fax: 443-285-0527  
Services: Level I Outpatient, Level II.1 Intensive Outpatient, Level I OMT Opioid Maintenance Therapy  
Population: Adult males, females & pregnant females, other language services

## Alcoholics Anonymous Meetings (con't)

### 20707- LAUREL (CON'T)

#### LAUREL RECOVERY, 368 Main St 2<sup>nd</sup> floor (continued) - <http://laurelrecovery.vpweb.com>

Tuesday 5:30P: Closed, D  
Tuesday 8:00P: Open, D, Big Book  
Wednesday, Noon: Open, D, Step  
Wednesday, 5:30P: Closed, D, Promises  
Wednesday, 8:00P: Open, D,  
Wednesday/Thursday/Friday/Saturday 8:00P: Open, D, Spanish  
Thursday, 5:30P: Open, D, Step  
Friday, 8:00A: Open, D, Daily Reflection  
Friday, Noon: Open, D, Daily Reflection  
Friday, 5:30P: Open, D, Daily Reflection  
Friday, 8:00P: Open, D,  
Saturday, Noon: Open, D, Grapevine Step 1,2,3  
Saturday, 5:30P: Open, D, As Bill Sees It  
Saturday, 8:30P: Closed, D, Step

#### Emanuel United Methodist Church, 10755 Scaggsville Rd Friday, 8:00P: Open, D

### 21029-CLARKSVILLE

#### Spiritually Sober, Linden Linthicum United Methodist Church, 12101 Linden Linthicum Lane off Route 108 East Sunday, 3:00P: Open, D

### 21042-ELLICOTT CITY

#### Serenity Big Book, St. John's Episcopal Church, parish house, 9120 Frederick Rd

Monday, 8:00P: Open, D, Big Book

#### Folly Quarter, 12290 Folly Quarter Rd, Franciscan Friars Tuesday, 7:30P: Open, D

#### Glen Mar Church, 4701 New Cut Road Tuesday, 8:00P: Open, D

#### Bethany Lane Baptist Church, 3030 Bethany Lane Thursday, 7:30P: Open, D, Step



#### Bethany United Methodist Church, 2875 Bethany Lane Friday, 8:00P: Open, D

# Alcoholics Anonymous Meetings

For information regarding deaf, elderly, Spanish-speaking and disability needs call (410) 663-1922. For updated meeting information, use **Mozilla Firefox** for complete results when checking the Baltimore Intergroup Alcoholics Anonymous website by visiting <http://www.baltimoreaa.org>.

**Meeting Codes:** **[Closed]** Closed Meeting **[Open]** Open Meeting  
**[D]** Discussion **[S]** Speakers Meeting

## 20707-LAUREL

### CROSSROADS OF RECOVERY, 102 Washington Blvd & Main St Building, 2nd Floor (301) 498-0685

Sunday Noon: Open, D  
Sunday 8:30P: Open, D  
Monday/Wednesday/Friday 8:00A: Open, D  
Monday thru Friday Noon: Open, D  
Monday/Wednesday/Thursday/Friday 5:00P: Open, D  
Monday 6:30P: Open, D  
Monday 8:30P: Open, D, Beginner, Step  
Tuesday 8:00A: Open, D, As Bill Sees It  
Tuesday/Thursday 5:00P: Open, D, Big Book  
Tuesday 6:30P: Open, D, Step  
Tuesday 8:30P: Open, D  
Wednesday, 6:30P: Open, D, Daily Reflection  
Wednesday, 8:30P: Closed, D, Big Book  
Thursday, 8:00A: Open, D, Came to Believe  
Thursday, 6:30P: Open, D, Women/Step  
Thursday, 8:30P: Open, D, Step  
Friday, 6:30P: Open, D  
Friday, 8:30P: Open, D, As Bill Sees It  
Saturday, 10:00A: Open, D, Daily Reflections  
Saturday, Noon: Open, D, How It Works  
Saturday, 5:00P: Open, D  
Saturday, 8:30P: Open, S

### LAUREL RECOVERY, 368 Main St 2<sup>nd</sup> Floor (301) 498-9704 - <http://laurelrecovery.vpweb.com>

Sunday 9:00A: Open, D, Step 11  
Sunday 11:00A: Open, D, Step  
Sunday 2:00P: Open, D, Spanish  
Sunday 4:00P: Open, D, Women  
Sunday 5:30P: Open, D  
Monday Noon: Open, D, Bill Sees IT  
Monday 5:30P: Closed, D, Step, Tradition  
Monday 8:00P: Open, D, Spanish

## 2014 STATE CERTIFIED TREATMENT PROGRAMS (CON'T)

### TUERK HOUSE HALFWAY HOME

4100 College Avenue, Bldg 8, Ellicott City, 21043 Phone: 410-313-1458/Fax: 410-313-1449  
Services: Level III.1 Clinically Managed Low-Intensity Residential Treatment, Buprenorphine Treatment  
Population Served: Males over the age of 18

## 2014 CERTIFIED PHYSICIANS FOR BUPRENORPHINE/ NAXOLONE TREATMENT



[http://buprenorphine.samhsa.gov/bwns\\_locator/](http://buprenorphine.samhsa.gov/bwns_locator/)

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- **Alperovitz-Bichell, Kari, M.D, Byrne, Kathleen M.D:** 5500 Knoll North Dr #370, Columbia, 21045 (410) 884-7831
- **Barrios, Enoch M.D:** 10632 Little Patuxent Pkwy #343, Columbia, 21044 (410) 997-7373
- **Chowdhury, Nurul M.D:** 605 Main St, Laurel 20707 (301) 483-0136
- **Cunanan-Bush, Marianne M.D:** 10952 Harmel Dr, Columbia 21044 (410) 660-7530
- **Ehsani, Hamid M.D:** 10632 Little Patuxent Pky # 219, Columbia 21044 (410) 992-4464
- **Gagliardi, Joseph M.D, & Stephens, Theodore M.D:** 5570 Sterrett Pl #205, Columbia, 21044 (410) 992-6803, Fax: (410) 992-6804
- **Greenwood, Laurence M.D:** 14435 Cherry Lane Ct #206, Laurel 20707 (301) 362-0090
- **Jani, Niranjana & Sushma M.D:** 10810 Hickory Ridge Rd, Columbia 21044 (410) 997-5500
- **Khan, Ahmad M.D:** 10715 Charter Dr #270, Columbia, 21044 (443) 896-4920
- **Kolodner, George M.D:** 10632 Little Patuxent Pky, #410, Columbia 21044 (443) 276-0556
- **Malik, Monsoor M.D, Saeed, Irfan M.D:** 8640 Guilford Rd #251, Columbia 21046 (877) 903-5488
- **Mathis, Mitchell M.D, & Rosenthal, Joshua M.D & Zhang, Jing M.D:** 10630 Little Patuxent Pky, #209, Columbia 21044 (410) 740-8067
- **Maroof, Anissa M.D, & McDuff, David M.D:** 3454 Ellicott Center Dr #106, Ellicott City, 21042 (410) 461- 3760
- **Murphy, Sharon M.D:** 9650 Santiago Rd Unit 7, Columbia, 21045 (410) 772-0255
- **Naqvi, Syed M.D:** Laurel Regional Hospital, 14201 Laurel Park Dr #223, Laurel 20707 (301) 915-5893
- **Onwuanibe, Angela M.D:** 10801 Hickory Ridge Rd #210, Columbia 21044 (410) 992-3796
- **Padder, Tanveer M.D:** 8367 Cherry Ln, Laurel 20707 (301) 498-0011
- **Renbaum, Laura M.D:** 10784 Hickory Ridge Rd, Columbia, 21044 (410) 964-0425
- **Rosenblum, Bruce M.D:** 10630 Little Patuxent Pky #317, Columbia, 21044 (410) 772-0774
- **Storch, Daniel M.D:** 5022 Dorsey Hall Dr #101, Ellicott City, 21042 (410) 730-8247
- **Udochi, Njideka M.D:** 9055 Chevrolet Dr, #100, Ellicott City, 21042 (410) 313-9662
- **Warren, Joanne M.D:** 6755 Business Pky #302, Elkridge 21075 (410) 796-5180

# SUPPORT GROUPS





## Adult Children of Alcoholics (ACA)

ACA is an anonymous 12 Step, 12 Tradition program of women and men who grew up in an alcoholic or otherwise dysfunctional home. For more info: [www.adultchildren.org](http://www.adultchildren.org).

-  **First Presbyterian Church, 9325 Presbyterian Circle, Columbia, 21045**  
Wednesday, 7:00P (Open meeting)
-  **Serenity Center, 9650 Basket Ring Rd, Columbia, 21045**  
Saturday, 12:30P (Open meeting)

## Al-Anon & Alateen Group Meetings

Al-Anon is a fellowship of friends and relatives of alcoholics. For more info go online at <http://www.alanon-maryland.org> or call (410) 832-7094.

-  **Laurel Regional Hospital, 7300 Van Dusen Rd, Conference Room C, Laurel, 20707**  
Sunday, 7:00 pm: (OPEN meeting)  
Friday, 7:00 pm: (OPEN meeting)
- St. John's Episcopal Church, 9120 Frederick Rd, Ellicott City, 21042**  
Monday, 8:00 pm: (CLOSED meeting)
-  **It's Up To Me – Bethany United Methodist Church, 2875 Bethany Lane, larger, brick church, 2nd floor, room 205, Ellicott City, 21042**  
Tuesday, 7:30 pm: (OPEN meeting)  
Friday, 8:00 pm: (CLOSED meeting)
-  **Step – Medical Pavilion of Howard County, 10710 Charter Drive, Columbia Room, Columbia, 21044**  
Sunday, 7:00 pm: (OPEN meeting) **ALATEEN MEETING—CLOSED**
- Christ Episcopal Church, 3800 Oakland Mills Road, Columbia, 21045**  
Wednesday, 8:00 pm: (CLOSED meeting).
-  **Serenity Center – 9650 Basket Ring Rd, Columbia, 21045**  
Wednesday, Noon: (OPEN meeting).  
Saturday, 7:00 pm: (OPEN meeting).
- St. Paul's Lutheran Church, 11795 Route 216, Fulton, 20759**  
Monday, 8:00 pm: (CLOSED meeting).
- Waterloo – St. John's Lutheran Church, 6004 Old Montgomery Rd, Columbia, 21045**  
Thursday, 7:30 pm: (OPEN meeting).

## Celebrate Recovery

Celebrate Recovery provides a safe place to share experiences with others who are interested in a Christ-Centered recovery. <http://celebraterecovery.com>

- Chapelgate Presbyterian Church, 2600 Marriottsville Road, Marriottsville, 21104**  
Friday, 7:00 pm, open share, step studies
- Celebration Church, 6080 Foreland Garth, Columbia, 21045**  
Monday, 7:00 pm, open share, step studies, childcare available



## Families Anonymous

Support Group for parents of teens with substance abuse problems. Every **Wednesday at 8:00 pm** in Laurel. Contact Terry Muzzy at (301) 490-8968 or [dfmuzzy@verizon.net](mailto:dfmuzzy@verizon.net).

# SUPPORT GROUPS



## Nar-Anon Family Group Meetings

Nar-Anon is a support group for families and friends of addicts. For more info: [www.nar-anon.org](http://www.nar-anon.org) or call (800) 477-6291.

-  **Laurel Regional Hospital, 7300 Van Dusen Rd, Conference Room C**  
Monday, 7:00 pm
-  **Sheppard Pratt at Ellicott City, Ruby Room, 4100 College Avenue**  
Monday, 8:00 pm - **NARATEEN MEETING AT SAME TIME**

## S.M.A.R.T. Recovery (Self-Management And Recovery Training)

SMART is a self-help program for ending addictive behaviors through abstinence based on science and humanistic values. For more info go to <http://www.smartrecovery.org>.

-  **Family & Friends Meeting, Owen Brown Interfaith Ctr, Room 116, 7246 Columbia, 21045**  
Monday, 7:00 pm (Hugh Delaney 443-250-7823/smartcolumbia@gmail.com)
- St. Phillips Episcopal Church (corner 6th & Main St) Laurel, 20707**  
Tuesday, 6:30 pm (Donny Phillips 301-922-7054/smartrecoverylaurel@yahoo.com)  
Saturday, 10:00 am
-  **Kolmac Clinic, 10632 Little Patuxent Parkway, #405C, Columbia, 21044**  
Thursday, 6:30 pm (Hugh Delaney 443-250-7823/smartcolumbia@gmail.com)

## Women For Sobriety "New Life" Program

Women for Sobriety is both an organization and a self-help program for women alcoholics. For more info go to call 215-536-8026 or [www.womenforsobriety.org](http://www.womenforsobriety.org)

## Mental Health Providers (Outpatient Mental Health Clinics)

For a complete listing of all mental health resources & providers go to the Howard County Mental Health Authority website at [www.hcmha.org](http://www.hcmha.org)

## COMMUNITY COUNSELING & MENTORING SERVICES, INC.

1400 Mercantile Lane #232  
Largo, MD 20774  
(301) 583-0001

## JEWISH FAMILY SERVICES COLUMBIA

10630 Little Patuxent Pky #401  
Columbia, MD 21044  
(410) 730-4976 ext. 25

## MPB GROUP, INC.

5840 Banneker Rd #270  
Columbia, MD 21044  
(410) 730-2385

## MSA—THE CHILD & ADOLESCENT CENTER

100005 Old Columbia Rd #L260  
Columbia, MD 21046

(443) 259-0400 Fax: (443) 259-0044

## SHEPPARD PRATT @ HOWARD COUNTY - WAY STATION (WSI)

9030 Route 108, Suite A  
Columbia, MD 21045  
(410) 740-1901 Fax: (410) 740-2503

