



# 2019 NOVEL CORONAVIRUS (2019-nCoV)

## What You Should Know

February 7, 2020



Promote. Preserve. Protect.

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# ABOUT 2019 NOVEL CORONAVIRUS

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## What is it?

A novel (new) virus, that causes respiratory illness and can spread from person to person. Coronavirus is a naturally occurring animal virus that rarely infects people. This new human Coronavirus infection was first found in individual's in December 2019 in Wuhan City, Hubei Province, China.

## How is it spread?

- Close personal contact, within 6 feet, of an infected person's cough or sneeze, similar to influenza virus.
- Touching a surface with the virus on it, then touching your mouth, nose or eyes.
- We are still learning more about its spread. Right now, the greatest risk of infection is for people in China or people who have traveled to China.

## What are the symptoms?

- Fever
- Cough
- Shortness of breath

# PREVENTION

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## How do you avoid getting the infection?

General cold and flu season precautions:

- Avoid close contact with people who are sick.
- Cover your cough/sneeze with a tissue and throw the tissue away.
- Clean and disinfect hands frequently, especially after touching objects and surfaces.
- Wash your hands thoroughly and often with soap and warm water.
- Avoid touching your mouth, eyes and nose with unwashed hands.
- See your healthcare provider when sick.

# TRAVEL GUIDANCE

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**CDC recommends that travelers avoid all nonessential travel to China at this time.**

## **What should I do if I recently traveled from China?**

- Travelers are required to be monitored for up to 14 days after leaving China. US Customs is monitoring and evaluating all return travelers at airports.
- Public Health agencies are following travelers and providing guidance per CDC protocols, which include:
  - Take your temperature with a thermometer daily and reporting symptoms.
  - If you develop a fever (100.4F/38C or higher), cough, or have difficulty breathing:
    - Call your medical provider to seek care and guidance.
    - If you can't reach your medical provider, call the health department
    - Tell your provider that you were in China BEFORE going to your visit.

# FURTHER INFORMATION

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## Where can I find more information?

### **Howard County Health Department**

<https://www.howardcountymd.gov/Departments/Health>

410-313-6300

**Communicable Disease Program 410-313-6284**

### **Maryland Department of Health**

<https://phpa.health.maryland.gov/Pages/Novel-coronavirus.aspx>

### **Center for Disease Control**

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

### **World Health Organization**

<http://who.maps.arcgis.com/apps/opsdashboard/index.html#/c88e37cfc43b4ed3baf977d77e4a0667>