

VAPING & ELECTRONIC SMOKING DEVICES (ESDs)

E-cigarettes may cause negative long-term health effects

ESD Facts

ESDs can:

- cause severe lung disease and death.
- expose user to harmful chemicals that can cause cancer.
- contain addictive nicotine that harms brain development.
- lead to other nicotine/tobacco use.

Maryland T21 Law*



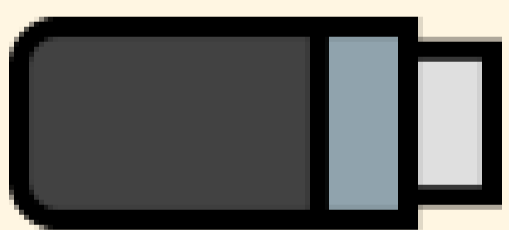
Prohibits sale of tobacco products & ESDs to anyone under age 21

**Effective 10/1/19; Active duty military age 18+ are exempt.*

Howard County high school students are

77%

more likely to use e-cigarettes over traditional cigarettes



Did You Know?



Some ESDs look like USB flash drives, pens and other easily concealed items.

ESD products can contain as much nicotine as 20 cigarettes.

Paid for by the Cigarette Restitution Fund

More information: www.hchealth.org

Sources: Youth Risk Behavior Survey/Youth Tobacco Survey (YRBS/YTS), 2016; FDA and Scholastic Youth E-Cigarette Prevention Infographic.

