



November 16 – November 22 Appointment Schedule

Drop-in by appointment only. Call (410)313-2764 x2 to schedule.
Review COVID rules and expectations on the back.

| Monday-Friday | Saturday | Sunday | Limitations to Reservations: | |
|---------------------------|-----------------|---------------|------------------------------|---|
| Lap/Beach/Deep | | | Pool | |
| 6-7am | 7-8am | 7-8am | Monday | 2 Lap Lanes at 4pm, 5:30pm, 7pm |
| 7:30-8:30am | 8:30-9:30am | 9-10am | Tuesday | 2 Lap Lanes at 10:30am and 7pm No Beach at 4pm or 5:30pm No Deep at 4pm, 5:30pm or 8:30pm |
| 9-10am | 10-11am | 10:30-11:30am | Wednesday | No Beach at 4pm, 5:30pm, 7pm No Deep at 5:30pm, 7pm, 8:30pm |
| 10:30-11:30am | 11:30am-12:30pm | 12-1pm | Thursday | 2 Lap Lanes at 10:30am and 7pm No Beach at 4pm or 5:30pm No Deep at 4pm, 5:30pm or 8:30pm |
| 2:30-3:30pm | 5:15-6:15pm | 5:45-6:45pm | Friday | No Beach at 4pm, 5:30pm, 7pm No Deep at 5:30pm, 7pm, 8:30pm |
| 4-5pm | 6:45-7:45pm | 7:15-8:15pm | Saturday | 2 Lap Lanes at 10am and 11:30am |
| 5:30-6:30pm | 8:15-9:15pm | | Sunday | 2 Lap Lanes at 7:00am |
| 7-8pm | | | | |
| 8:30-9:30pm | | | | |
| Open Swim | | | Fitness Room / Gym | |
| 12:15-1:45pm | 1:15-2:45pm | 1:30-3pm | Monday | No Gym at 4pm and 6pm |
| | 3:15-4:45pm | 3:30-5pm | Tuesday | No Gym after 4pm |
| | | | Wednesday | No Gym after 4pm |
| | | | Thursday | No Gym after 4pm |
| | | | Friday | No Gym at 6pm |
| | | | Saturday | No Gym at 9am, 11am, 1pm, 3pm and 5pm |
| | | | Sunday | |
| Fitness Room / Gym | | | | |
| 6-7:30am | 7-8:30am | 7-8:30am | | |
| 8-9:30am | 9-10:30am | 9-10:30am | | |
| 10-11:30am | 11am-12:30pm | 11am-12:30pm | | |
| 12-1:30pm | 1-2:30pm | 1-2:30pm | | |
| 2-3:30pm | 3-4:30pm | 3-4:30pm | | |
| 4-5:30pm | 5:30-7pm | 5-6:30pm | | |
| 6-7:30pm | 7:30-9pm | 7-8:30pm | | |
| 8-9:30pm | | | | |

Need to cancel your appointment?
Email rccc@howardcountymd.gov
Include your name and appointment date/time.



Howard County
RECREATION & PARKS

Patron Expectations

Guests that do not meet the expectations will be asked to leave and may forfeit their ability to reserve future appointments until the center is permitted to operate at 100% capacity.

- Please stay home if you have a fever (100.4 or above) or are experiencing symptoms of illness.
- Arrive dressed and ready. Changing areas and storage lockers are closed. The facility is not responsible for personal belongings.
- Bring water. Water fountains are turned off.
- Do not enter the building until 5 minutes prior to your appointment. Please do not congregate by the facility.
- Five minutes before your appointment, please make sure you have a facial covering over your nose and mouth and form a single line (6 feet apart from one another).
- Upon entering the building, you must complete a health screening.
- You may only utilize the area you have an appointment scheduled in. Once you have completed your activity, please exit the facility and do not congregate.
- Adhere to all physical distancing guidelines and posted signage.
- You are required to wear a facial covering at all times except when swimming or performing cardio.
- Practice good personal hygiene (wash hands, cover sneeze/coughs).
- Patrons are limited to 1 appointment per day and 4 appointments per week.

Fitness Room

- Clean fitness equipment before and after use.
- Use one piece of equipment at a time.
- Gymnasium & Walking Track
- No organized play in the gymnasium.
- Bring your own equipment. The center will not provide equipment.

Pool

- Lap swim appointments will be 60-minute blocks, open swim appointments will be 90-minute blocks
- It is not recommended to wear your mask while in the water.
- Shower before entering the pool
- Recommended to bring:
 - a towel, sharing towels is not recommended
 - personal flotation devices (lifeguard approved), kick boards, swim caps, nose plugs, and goggles.