



## **AED PROCEDURES**

### *CALL 911!*

#### **1. Check Responsiveness**

- For an adult or older child, shout and shake the person to confirm consciousness. Do not use AED on a conscious person
- For an infant or young child, pinch skin. NEVER shake a young child!
- Check breathing and pulse. If absent or irregular, prepare to use AED as soon as possible

#### **2. Prepare to use the AED**

- Make sure the person is in a dry area and away from puddles of water
- Remove metal necklaces or underwire bra
- Trim excess chest hair (AEDs usually contain scissors or a razor)
- Check for body piercings or outline of an implanted medical device, such as a pacemaker or implantable defibrillator
- AED pads must be placed at least one inch away from piercings or implanted devices

#### **3. Use AED**

- Turn on the AED
- Wipe chest dry
- Attach pads
- Plug in connector, if necessary
- Make sure no one is touching the person
- Push "Analyze" button, if necessary
- If a shock is advised, check again to make sure no one is touching the person. Push "Shock" button
- Start or resume chest compressions
- Follow AED prompts

#### **4. Continue CPR after Using AED**

- After 2 minutes of CPR, check the person's heart rhythm. If it's still absent or irregular, reuse AED
- If a shock isn't needed, continue CPR until emergency help arrives or the person begins to move
- Stay with the person until help arrives