



# YOUTH ULTIMATE DISC

**SPRING / SUMMER 2019**

## Youth Ultimate Disc Clinic

Improve your skills in this non-contact team sport that combines elements of soccer, football and basketball into one fast-paced game. As part of each session, participants develop fundamental skills and learn game concepts through drills in an instructional/clinic environment. This clinic helps build a player's skills to participate in the summer ultimate disc league. No class 4/18.

6-14 yrs Classes: 6  
 RP6101.301 Martin Road Park Apr 11 6-8pm Th \$49

## Youth Ultimate Disc League

What is Ultimate? It's a non-contact team sport that combines elements of soccer, football and basketball into one fast-paced game. Played with a disc, everyone is a quarterback and a receiver. As part of each session, develop skills and learn game concepts through drills, games and activities in an instructional/clinic environment. Participate in games each week and end the season with a playoff-style tournament. Coaches may move participants up or down depending on skill level. Volunteer head coaches are needed and receive a discount. Fee includes shirt, award and playoffs. End-of-season tournament is on July 27 at Cedar Lane Park West.

6-10 yrs <u>Classes: 8</u>						
RP6101.401	Dayton Oaks ES	Jun 5	7-8:30pm	W	\$70	
RP6101.402	Dayton Oaks ES	Jun 5	7-8:30pm	W	\$40	Coach's child
11-14 yrs <u>Classes: 8</u>						
RP6101.411	Dayton Oaks ES	Jun 5	7-8:30pm	W	\$70	
RP6101.412	Dayton Oaks ES	Jun 5	7-8:30pm	W	\$40	Coach's child
15-17 yrs <u>Classes: 8</u>						
RP6101.421	Dayton Oaks ES	Jun 6	7-8:30pm	Th	\$70	
RP6101.422	Dayton Oaks ES	Jun 6	7-8:30pm	Th	\$40	Coach's child

**Information:** Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

**Registration:** 410-313-7275 (voice/relay), [www.howardcountymd.gov/rap](http://www.howardcountymd.gov/rap) or 7120 Oakland Mills Road, Columbia, MD 21046.



This information is neither sponsored nor endorsed by HCPSS or the school.

### Concussion & Sudden Cardiac Arrest Information

Read concussion and sudden cardiac arrest information at [www.howardcountymd.gov/concussion](http://www.howardcountymd.gov/concussion) and [www.howardcountymd.gov/suddencardiaccrrest](http://www.howardcountymd.gov/suddencardiaccrrest). Review of this information is required by law before you are allowed to register for youth sports programs.

### Financial Assistance

Limited financial assistance available for Howard County residents that qualify. Information: 410-313-7275.

### Refund Policy

[www.howardcountymd.gov/Programs/Sports-Leagueus](http://www.howardcountymd.gov/Programs/Sports-Leagueus)