

Ultimate Sports & Games Camp

Camp Description:

Ultimate Sports & Games **8-13 yrs / 4 days / \$145**

Do you want to have the ULTIMATE summer? Using the games approach, you will develop your skills in basketball, flag football, kickball, lacrosse, touch rugby, wiffle ball, soccer, tennis, court hockey and disc games in this co-rec camp. Campers rotate in age- and skill-appropriate groups. Curriculum includes: themed days, mini-tournaments, fitness activities, challenging team building exercises, exciting group games and much more. Attend one or eight weeks, it's up to you! Activities vary each week, so every session provides a unique experience. The focus is on having fun, staying fit, building character and boosting self-esteem. Instructors are American Sport Education Program certified coaches. Fridays are reserved for rain dates (except the week of 7/4). Bring a non-perishable lunch (no nut products) and a reusable water bottle. Fee includes a tee shirt.

RP7001.801	Meadowbrook Pk	June 13	9 AM-4 PM	M-Th
RP7001.802	Cedar Lane Pk-East	June 20	9 AM-4 PM	M-Th
RP7001.803	Meadowbrook Pk	June 27	9 AM-4 PM	M-Th
RP7001.804	Meadowbrook Pk	July 5	9 AM-4 PM	Tu-F
RP7001.805	Cedar Lane Pk-East	July 11	9 AM-4 PM	M-Th
RP7001.806	Cedar Lane Pk-East	July 18	9 AM-4 PM	M-Th
RP7001.807	Cedar Lane Pk-East	July 25	9 AM-4 PM	M-Th
RP7001.808	Cedar Lane Pk-East	Aug 1	9 AM-4 PM	M-Th

Additional Camp Information:

- Complete and turn in the "Camp Participant Information Form" to the Camp Director. This **MUST** be completed and on file at the camp before your child may participate.
- Complete and turn in the "Medication Order" form only if your child needs to take medicine during camp hours. (Includes inhalers, epi-pens, Benadryl, Tylenol, all prescription and non-prescription medication to be administered at camp).
- BRING A FILLED REUSABLE WATER BOTTLE – extra water will be available on-site and we will take frequent water breaks.
- Bring a non-perishable lunch (**NO nut products**) with a beverage.
- Wear comfortable, light colored clothing and athletic shoes – shin guards are recommended for soccer play. Jewelry of any kind is discouraged.
- Apply sunscreen prior to arrival at camp.
- All campers MUST be signed-in and signed-out DAILY.** Curb drop-off and pick-up are not options as a safety precaution for our campers. (A signed note must be given to the Camp Director for permission for your child to go home with anyone other than those listed on the "Camp Participation" form).
- Friday is reserved as a rain date.

Important Forms:

- [Participant Information Form](#) ←click to access form online
You MUST bring this form, completed and signed, with you on the first day of camp. Without this form, we cannot accept your child at camp. Please notify the Camp Director in writing of any allergies or health concerns pertinent to your child's camp experience.
- [Medication Order Form](#) ←click to access form online
Sending medication to camp is highly discouraged. But, if it is necessary for medication to be administered during the operation of the camp, a Medication Order Form must be filled out and signed by the parent. A separate form is required for each medication. All medications must be in the original container with the medication name, physician's name, dosage and expiration date.

Directions:

Cedar Lane Park East Area - 10725 Route 108, Columbia from Route 29: Route 29 to Route 108 West. Follow Route 108 West approximately 3-1/2 miles to park entrance on left. (Entrance to park is just west of the Longfellow entrance into Columbia and Dr. Lewis veterinarian hospital).

Meadowbrook Park - 5001 Meadowbrook Lane, Ellicott City, MD 21043. From Route 29, exit Route 100 East. Exit onto Long Gate Parkway (the first exit). At the end of the exit ramp, stay left to go straight. After passing the Park & Ride, turn left into the park. From I 95, exit Route 100 West then exit 1A, Long Gate Parkway. At end of ramp, turn left. At the stop sign, turn right onto Meadowbrook Lane. Turn left into the park.

Inclement Weather:

In the event of inclement weather or unsafe conditions, parents are asked to call the program status line at **410-313-4451**. Please listen to the menu guide and press 1 for Instructional Sports Activities, Tennis & Golf, Trips & Hikes, and then press 1 for Instructional Sports. This will give you an update on the status of your child's instructional sports program or camp.

Additional information contact:

Krista Billingsley
Recreation Coordinator
410-313-1162
kbillingsley@howardcountymd.gov