



Howard County
RECREATION & PARKS

www.HowardCountyMD.gov/rap

2021

WINTER

activity guide

*Virtual
Holiday
Mart*
Juried Arts & Crafts Show
page 10

Online Registration
STARTS
December 2, 6 PM

Includes 2021
SPRING
Competitive Sports



Voted as Howard's
Best Kids Activities

Welcome to the Winter Guide.

As we enter the holiday season and approach a new year, Howard County Recreation & Parks continues to offer award-winning programming and services. Due to COVID-19, we created and adjusted activities, events, and facilities to keep participants and staff safe. Additional safety measures included smaller in-person programs, wearing face coverings, temperature checks, health screenings, additional cleaning protocols and more. As we continue to fine-tune our programs, we welcome our residents and participants' feedback.

In the pages of our winter guide, Howard County residents and visitors can expect to find new online activities such as tasty at-home cooking lessons from Chef Ravi (page 43) and Learn Now Music classes (page 32) that teach children guitar, drums, piano or violin. Readers will also find popular in-person programs like LaBlast Dance Fitness (page 58) and Paint and Sips hosted by Pinot's Palette (page 45) that meet our COVID-19 safety guidelines. New and notable special events include the first-annual Virtual Holiday Mart (page 10) and Robinson Nature Center's Frozen Experiment Shows (page 11) along with old favorites like the Holiday Train Garden at the Gary J. Arthur Community Center (page 10). Even as the weather grows colder, youth and adult athletes can enjoy a variety of indoor sports programs including swimming, baseball and softball clinics, and tennis classes. Parents can also rely on Recreation & Parks to continue to offer child care options that meet the needs of working families, including programs on days that schools are not in session (page 5), our RecZone program (page 7), before-and after-school programs (page 4), and a variety of winter break activities your child will love. To stay up-to-date on any changes to our Winter programming, be sure to visit us at www.howardcountymd.gov/rap or follow our Facebook page.

We hope you have a healthy, happy and joyful winter.

Calvin Ball, Howard County Executive

A. Raul Delerme, Department of Recreation & Parks Director



Director (left), County Executive (right)

5 EASY WAYS TO REGISTER

Howard County Residents:

Online registration starting December 2 at 6pm.
All other methods starting December 3.

Out-of-County Residents:

Online registration starting December 9 at 6pm.
All other methods starting December 10.

Financial assistance and payment plans available for Howard County residents. We also offer financial aid. Call our registration line for more information!

On-line: www.howardcountymd.gov/rap

An online account is required and may take up to 48 hours to process.

Phone: 410-313-7275 (voice/relay) (8am-4:30pm, M-F)

Fax: 410-313-4658

Mail-in: Howard County Recreation & Parks Headquarters
7120 Oakland Mills Road, Columbia, MD 21046

Walk-In (Locations may not be open due to COVID-19):

Howard County Recreation & Parks Headquarters
7120 Oakland Mills Road, Columbia (8am-4:30pm, M-F)

Gary J. Arthur Community Center
2400 Rte. 97, Cooksville (7am-8:30pm, M-Sa; 9am-5:30pm, Su)

North Laurel Community Center
9411 Whiskey Bottom Road, Laurel (8am-8pm, M-Sa; 9am-5pm, Su)

Robinson Nature Center
6692 Cedar Lane, Columbia (9am-5pm, W-Sa; Noon-5pm, Su)

Roger Carter Community Center
3000 Milltowne Drive, Ellicott City
(6am-10pm, M-F; 7am-10pm, Sa; 7am-9pm, Su)

Korean 한국어

당신은 한국말을 사용하십니까? 저희가 전화상으로 한국말 통역을 도와드릴 통역사를 제공해 드리겠습니다. 이 서비스는 무료입니다.

Mandarin 普通话

你会说普通话吗? 我们可以为您提供电话上的翻译员。此服务是免费的。



Spanish Español

¿Habla Español? Le proveeremos un interprete por teléfono. Este servicio es gratis.

Call our toll-free phone number:
1-800-444-6627.
Enter PIN number 12372435

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We offer online programs for all age levels and topics including fitness, art, nature, and cooking. Each program is held through Webex or Zoom. To find online-only programs  or programs that may move to an online format  due to COVID-19 or inclement weather, look for these icons next to program listings. For a list of up-to-date online programs and free video content, visit www.howardcountymd.gov/athomewithhocorec.

We continue to follow CDC, State and County guidelines in order to decrease the spread of COVID-19. Restrictions may include smaller classes, face coverings, health questionnaires, and more.

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What To Do When Schools Are Closed



December 28-31

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| | |
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**To register, visit
www.howardcountymd.gov/rap
 or call 410-313-7275.**

CHILD CARE



Howard County Recreation & Parks offers Recreational Licensed Child Care (RLC) programs for preschool (ELC) through middle school students, along with our Therapeutic Recreation Inclusion Opportunities (TRIO). Our goal is to provide a safe and structured environment for children to have fun while participating in meaningful group recreational activities.

Before a child can participate, parents must complete all licensing and required paperwork, including a health inventory, which requires a physical. All programs must meet and maintain minimum enrollment requirements to run. Fees are subject to change.

Special accommodations or interpretive services can be provided at no additional cost but are not guaranteed; a request must be made at the time of registration. Because of the presence of children with severe allergic reactions, nuts and nut products are not served or permitted at any RLC programs.

If space is available, a \$50 non-refundable registration fee is required to enroll.

If a program has already filled, you may place your child's name on the waiting list at no cost.

All RLC programs have a behavioral policy with standards of conduct enforced through the use of discipline, up to and including suspension and expulsion from the program. The primary concern of the Department must be the safety and well-being of all participants, even though it may cause inconvenience to parents in a particular case. The Department makes every effort to assist children and their parents in modifying a child's behavior before their actions become a serious enough threat to require suspension. See the Parent Manual for a complete policy statement.

For a list of who to contact and additional program information, visit www.howardcountymd.gov/rap and click on Child Care. For space availability, call 410-313-7275.

Early Learning Center

Early Learning Centers provide a safe, nurturing, active and creative learning environment for each child. Throughout the program, children enjoy building the skills needed for kindergarten (social and emotional development, reading and math readiness and fine and gross motor skills). They also participate in hands-on activities, including arts and crafts, science, nature, music, drama, and cooking. There are instructional and self-directed activities throughout the day. All programs are successful participants in the Maryland EXCELS program. Staff is trained in continuing early childhood education classes yearly. Parents provide snack/lunch. Children must be toilet-trained and meet the age requirement by September 1, 2020. If class minimums are not met, a combined class is offered. Info: RLC Office, 410-313-4712.

Bushy Park ES Director: Melissa Conrad, 410-313-5499

RP2252 3 yrs 9:30am-1:30pm M,W \$256, month

RP2252 4 yrs 9:30am-3pm M,W,F \$528, month

Roger Carter Comm Ctr Director: Keisha Hopkins, 410-313-2749

RP2292 3-5 yrs 9:30am-3pm M-F \$660, month

RP2292 3-5 yrs 8:30am-4:30pm M-F \$799, month

Triadelphia Ridge ES Director: Linda Hitzelberger, 410-313-5471

RP2266 3 yrs 9-11:30am M,W,Th \$242, month

RP2266 4 yrs 9am-1pm M-Th \$448, month

**To register, visit
www.howardcountymd.gov/rap
or call 410-313-7275.**



Elementary School Before & After Care

Before & After Care for Elementary School 2020-2021 Academic Year

This licensed program provides varied recreational activities. The before care offers low-key programming while the after care incorporates a structured energetic format. Activities include crafts, games, sports, special events, and intramural competitions throughout the school year. To promote good health and wellness, we implement heart-healthy activities. Our curriculum is weekly, theme-based and focuses on healthy eating habits and active play to encourage and educate children to make positive life choices. All programs are licensed through the Maryland State Department of Education's Office of Child Care and are participants in the Maryland EXCELS programs. Info: RLC office, 410-313-3706.

Grades K-5 Before School 7am-beginning of school day \$207, month

Grades K-5 After School End of school day-6pm \$318, month

Grades K-5 Before & After School 7am-6pm \$459, month

| | | | |
|--------|-----------------------|--------|----------------------|
| RP2050 | Bellows Spring ES | RP2059 | Ilchester ES |
| RP2051 | Bollman Bridge ES | RP2060 | Laurel Woods ES |
| RP2052 | Bushy Park ES | RP2061 | Lisbon ES |
| RP2049 | Dayton Oaks ES | RP2062 | Manor Woods ES |
| RP2053 | Deep Run ES | RP2063 | Pointers Run ES |
| RP2070 | Ducketts Lane ES | RP2064 | Rockburn ES |
| RP2054 | Elkridge ES | RP2065 | St. John's Lane ES |
| RP2055 | Forest Ridge ES | RP2066 | Triadelphia Ridge ES |
| RP2056 | Fulton ES | RP2069 | Veterans ES |
| RP2057 | Gorman Crossing ES | RP2067 | Waverly ES |
| RP2071 | Hanover Hills ES | RP2068 | West Friendship ES |
| RP2058 | Hollifield Station ES | | |

Elementary Optional Full Day Programs

To register for this program, your child MUST be currently registered in an RLC before or after-care program. When school is closed for students, RLC has all-day programs. Kids have a blast participating in a variety of activities! Morning and afternoon snack provided. Bring a nut-free lunch and drink.

Grades K-5 Info: Julia Martin, 410-313-1696 or jmartin@howardcountymd.gov

| | | | | | |
|------------|-------------------|--------|---------|---|------|
| RP2050.291 | Bellows Spring ES | Feb 12 | 7am-6pm | F | \$45 |
| RP2055.291 | Forest Ridge ES | Feb 12 | 7am-6pm | F | \$45 |
| RP2069.291 | Veterans ES | Feb 12 | 7am-6pm | F | \$45 |

Middle School After Care

"Can-TEEN Club" Middle School After-School Program

Our licensed after-school program provides a safe and high-quality environment for teens that enhances leadership skills and develops future leaders. Activities include educational and academic experiences while promoting positive thinking. Each location offers homework time, snack, sporting events and craft projects as part of the daily schedule and encourages healthy eating and exercise essential to everyday living. Participants engage in community service outings and events that include visiting Recreation & Park's sponsored after-school programs to mentor 4th & 5th grade students. Special events and outings may require additional fees. All programs are licensed through the Maryland State Department of Education's Office of Child Care and are participants in the Maryland EXCELS programs. Info: Lakishia Major, 410-313-4717 or lmajor@howardcountymd.gov.

Grades 6-8 End of school day-6pm

| | | | |
|--------|---------------------|--------|--------------|
| RP2370 | Bonnie Branch MS | 5 days | \$314, month |
| RP2370 | Bonnie Branch MS | 3 days | \$189, month |
| RP2372 | Elkridge Landing MS | 5 days | \$314, month |
| RP2372 | Elkridge Landing MS | 3 days | \$189, month |
| RP2374 | Folly Quarter MS | 5 days | \$314, month |
| RP2374 | Folly Quarter MS | 3 days | \$189, month |
| RP2382 | Thomas Viaduct MS | 5 days | \$314, month |
| RP2382 | Thomas Viaduct MS | 3 days | \$189, month |

RecZone

Sign up today for safe and reliable all-day child care.

Fun activities, crafts, games and more!

Participants may work on virtual learning assignments and work sessions.

Grades K-5

9am-3pm, \$185 per week 7am-6pm, \$219 per week

| | |
|-------------------|------------------|
| Bellows Spring ES | Fulton ES |
| Bushy Park | Hanover Hills ES |
| Elkridge ES | Veterans ES |
| Forest Ridge ES | Waverly ES |

Program is licensed through the MSDE Office of Childcare.

Info: www.howardcountymd.gov/childcare

VOLUNTEER OPPORTUNITIES



The mission of the volunteer program is to enhance the programs and services of Recreation & Parks with additional resources while providing an opportunity for the citizens of Howard County to contribute to their community. Volunteer opportunities are available in many areas including preschool and youth programs, sports, senior adult programs, natural resources, outdoor recreation, and special events. To volunteer with Howard County Recreation & Parks, you must meet the following requirements:

- Be at least 18 years old or 13-17-years-old with parental consent;
 - Complete the online volunteer application;
 - Be a good role model with a positive attitude; and
 - If 18 years old or over, complete a Background Release Form, if required for the position.
- To sign up for a volunteer opportunity or to find out what volunteer events are coming: www.HoCoVolunteer.org.
- Info: Shawnté Berry, 410-313-4624 or sberry@howardcountymd.gov.

Earth Day Celebration Events

Celebrate Earth Day with us! We will be at various locations working to support our community. Lend a helping hand to beautify a community center or plant, mulch and shelter native trees! For a full list of Earth Day volunteer activities, visit www.HoCoVolunteer.org and search using the keyword "EARTH". Info: Melissa Byrne, 410-313-4704.

Community Center Beautification

Lend a helping hand to plant flowers, pick up litter, clean along fence lines, building and parking lots. Gloves and bags provided. Preregistration required. All ages Roger Carter Comm Ctr Apr 24 7:30-10:30am Sa Free

Restoration Project

Plant, mulch and shelter native trees. Preregistration required. All ages Location(s) TBD Apr 24 9am-noon Sa Free

Robinson Nature Center Volunteer Opportunities

For information on year-round volunteer opportunities at Robinson Nature Center (including program assistance, animal care, touch tank and docent cart presentations, gardening, photography and planetarium ushering), contact Monica Horan at 410-313-0674 or mhoran@howardcountymd.gov.

Sports Coaching Volunteer Opportunities

For information on sports coaching volunteer opportunities for various sports including (but not limited to) baseball, basketball, field hockey, tennis, volleyball and more, please visit www.HoCoVolunteer.org.

Volunteers Welcome for the Following Events

Holiday Mart *Page 10*

Spring Egg Hunt at GJACC *Page 12*

Kid's Fest *Page 13*

Hero Hustle *Page 13*

Wine in the Woods *Page 13*

HOWARD COUNTY VOLUNTEER WEBSITE!

Visit www.HoCoVolunteer.org for opportunities, in a faster and more accessible way.

Now it's easier than ever to....

- » Browse current volunteer opportunities
- » Create and monitor your own volunteer profile
- » Sign up easily for opportunities
- » Share volunteer opportunities with your friends via social media
- » Access your volunteer commitments anytime, anywhere!

PAVILION & FACILITY RENTALS



Look at the amenities, features, and surrounding space before reserving for smoother planning. Park pavilions and meeting rooms are a great place to hold a birthday party, corporate event, large family gathering, school picnic, or other special occasion.

Information/Reservations:

410-313-4682 or www.howardcountymd.gov/pavilions

*For N Laurel Park Pavilion: 410-313-0390

| Park/Pavilion Name | Fee (resident/non-resident) |
|------------------------------------|-----------------------------|
| Alpha Ridge Pk Pavilion 1 & 2 | \$170 / \$205 |
| Centennial Pk Pavilion A, B & C | \$165 / \$200 |
| Centennial Pk Pavilion D | \$395 / \$430 |
| Centennial Pk Pavilion E, F & G | \$165 / \$200 |
| Centennial Pk Pavilion H | \$990 / \$1,025 |
| Centennial Pk Pavilion O | \$170 / \$205 |
| Cedar Lane Pk East Pavilion | \$355 / \$385 |
| Cedar Lane Pk West Pavilion | \$440 / \$475 |
| Blandair Pk Pavilion | \$170 / \$205 |
| Guilford Pk Pavilion | \$170 / \$205 |
| Hammond Pk Pavilion | \$170 / \$205 |
| High Ridge Pk Pavilion | \$300 / \$330 |
| Meadowbrook Pk Hawkview Pavilion | \$385 / \$420 |
| *N Laurel Pk Pavilion | \$330 / \$365 |
| Rockburn Branch Pk Pavilion | \$250 / \$280 |
| Savage Pk Pavilion | \$365 / \$395 |
| Waterloo Pk Large Pavilion | \$170 / \$205 |
| Waterloo Pk Small Pavilion | \$145 / \$175 |
| Western Regional Pk Pavilion 1 | \$220 / \$255 |
| Western Regional Pk Pavilion 2 & 3 | \$170 / \$205 |
| Western Regional Pk Pavilion 4 & 5 | \$385 / \$420 |

Baltimore & Ohio Ellicott City Station Museum: 410-313-1945

Ellicott City Colored School, Restored: 410-313-0420

Gary J. Arthur Community Center: 410-313-4840

North Laurel Community Center: 410-313-0390

Patapsco Female Institute Historic Park: 410-313-0420

Robinson Nature Center: 410-313-0400

Roger Carter Community Center: 410-313-2765

Schooley Mill Activity & Conference Rooms: 410-313-4682

Waverly Mansion: 410-313-0424

HISTORIC HOWARD COUNTY



Belmont Manor & Historic Park

- Howard County Recreation & Parks Heritage staff offer a variety of educational programs, special events and tours at historic buildings and parks. Some historic sites are available for rent to hold meetings, social occasions, weddings, and art performances.
- For more information about these sites, visit www.howardcountymd.gov/HistoricalSites.

Baltimore & Ohio Ellicott City Station Museum

Info: 410-313-1945

3711 Maryland Avenue, Ellicott City, MD 21043

Belmont Manor & Historic Park

Info: 410-313-0200 or www.belmontmanormd.org

6555 Belmont Woods Road, Elkridge, MD 21075

Bollman Truss Bridge

8650 Foundry Street, Savage, MD 20763

Ellicott City Colored School, Restored

Info: 410-313-0420

8683 Frederick Road, Ellicott City, MD 21043

Firehouse Museum

Info: 410-313-0420

3829 Church Road, Ellicott City, MD 21043

Patapsco Female Institute Historic Park

Info/Rental Inquiries: 410-313-0420

3655 Church Road, Ellicott City, MD 21043

Pfeiffer's Corner Schoolhouse

Info: 410-313-4682

6109 Rockburn Branch Park Road, Elkridge, MD 21227

Thomas Isaac Log Cabin

Info: 410-313-0420

Waverly Mansion

Info: 410-313-0424

2300 Waverly Mansion Drive, Marriottsville, MD 21104

SPECIAL EVENTS & FAMILY ACTIVITIES



December

Holiday Train Garden at GJACC

Enjoy holiday fun provided by train enthusiast Dennis Moore. The layout features four continuously operating trains through an 8' x 8' scenic garden. Visitors of all ages enjoy an interactive exhibit of accessories and sounds. Please call to schedule a visit. Info: 410-313-4840.
All ages Gary J Arthur Comm Ctr Dec 5-Jan 8 Sa-F Free

2020 Virtual Holiday Mart

For the 48th annual Holiday Mart juried arts and crafts show, we are taking the show virtual! Now through January, shop on our webpage to find handmade, seasonal gifts and merchandise created by local artisans. Join us live on December 5 from 10am-5pm to speak through video chat with the crafters as you shop and place orders. Info: www.howardcountymd.gov/HolidayMart.
All ages Online Dec 5 10am-5pm Sa Free

NEW! Take Nature Home – Holiday Gift Kits *Dec 5 Page 21*

Circus Science Show Workshop with Greg May

Join silly scientist Gregory May on a tour of the scientific principles behind his circus skills. As a former Ringling Brothers Circus performer and Port Discovery Children's Museum educator, he uses juggling, rolling globe walking, lasso spinning, and more to teach Newton's Laws, Gyroscopic Motion, and Center of Gravity. It's a wild ride for the entire family! Students join in the experiments using napkins and straws and by working through discussion questions that help them realize how much science they already know! Geared towards children 4-10 years, but all ages are welcome. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

| | | | | | | |
|------------|----------|--------|--------|-------|----|--------------------|
| RP3436.201 | All ages | Online | Dec 11 | 7-8pm | F | \$25 per household |
| RP3436.202 | All ages | Online | Jan 16 | 1-2pm | Sa | \$25 per household |
| RP3436.203 | All ages | Online | Feb 12 | 7-8pm | F | \$25 per household |
| RP3436.204 | All ages | Online | Mar 14 | 1-2pm | Su | \$25 per household |

Deer Santa

This year, we've modified our popular special event. Join a guided adventure of winter delights throughout the Nature Center and get a socially-distanced picture with Santa! Join us for a puppet show, snow science presentation, planetarium show, crafts and more! All participants must register for a time slot between 10am and 2pm. Space is limited.
Info: www.howardcountymd.gov/DeerSanta or 410-313-0400.
\$15, child, over 1 yr; \$7, adult; Free, under 1 yr
\$2 off each registration for Robinson Nature Ctr members
RP4873.101 All ages Robinson Nature Ctr Dec 12 10am-3pm Sa

Parents Nights Out – Holiday Edition

Need a night out to get that last-minute shopping done? Drop off the kids at North Laurel Community Center for an evening of pizza, laughter and fun (games, stocking scavenger hunts, a hot chocolate bar, crafts and a movie). Must preregister. Info: 410-313-0458.
\$15 center member; \$20 nonmember
RP4410.101 5-12 yrs N Laurel Comm Ctr Dec 11 5:30-8:30pm F

Sensory-Friendly Sunday

These events are designed for families with kids, teens, and adults with sensory-processing differences, autism spectrum disorder, or developmental disabilities. Center opens early, allowing visitors to enjoy a calm environment. Explore the exhibits, Discovery Room, trails, and outdoor play area. Planetarium opens between 11:30am and noon. Sensory maps, sensory backpacks and quiet areas available.
Registration/Info: www.howardcountymd.gov/RNC/sensoryfriendlyvisit.
All ages Robinson Nature Ctr
\$5, adult; \$3, child; Free, members and children under 3 yrs
RP4876.123 No theme Dec 13 11:30am-12:30pm Su
RP4876.220 Outer Space Jan 24 11:30am-12:30pm Su
RP4876.221 Spring Has Sprung Mar 14 11:30am-12:30pm Su

Calling All Crafters: Crafter Jurying

Crafters, participate in the jurying process for the 2021 Wine in the Woods and Holiday Mart. Images must represent your original, handcrafted art/craft items and display. Selection is based on uniqueness, originality, quality, display, and popularity. Apply online. The Wine in the Woods application (www.wineinthewoods.com/artisans) is due December 15, 2020 and costs \$20. The Holiday Mart (www.howardcountymd.gov/holidaymart) application is due February 15, 2021 and costs \$20. Fees are non-refundable. Info: Christine DiGioia, 410-313-4843, or GJACC front desk, 410-313-4840.
 RP3001.307 Wine in the Woods
 RP4170.902 Holiday Mart

NEW! Winter Solstice

Celebration Under the Stars

Celebrate the longest night of the year! Enjoy a planetarium program to discover the significance of the solstice, myths, and folklore about our sun. Take in nature's winter beauty during a night hike as we examine how animals and plants prepare for the long nights and short days ahead. Make nighttime nature observations while warming up with a campfire and hot chocolate. Participants split into groups of 15 and rotate between activities. Info: 410-313-0400.

RP4873.401 6 yrs + Robinson Nature Ctr Dec 19 6:30-8:30pm Sa \$10

January

Black History is American History: Black History in Howard County - A Virtual Sites Tour

Take a virtual field trip around Howard County to learn about some of the significant sites associated with Black History. "Visit" well known locations and some unknown surprises! Info: Kelly Palich, kpalich@howardcountymd.gov or 410-313-0423.

RP9977.201 All ages Online Jan 9 1-2:30 pm Sa \$10

Circus Science Show Workshop with Greg May *Jan 16 Page 10*

Your Family's Tree

Cheer up our winter forest as it waits for its foliage to return! Each family decorates a tree along our trails (wildlife-friendly materials provided). Bring a thermos to fill with hot cocoa or coffee and discover more about Maryland's native tree species. Your family's tree will remain on display as a community art exhibit for visitors to enjoy during January and February. Register by 1/14. Inclement weather date: 2/6. Info: 410-313-0400.

All ages \$30 per family (\$25 per Robinson family pass holders)

RP4828.211 Robinson Nature Ctr Jan 16 10:30am-12:30pm Sa

Sensory-Friendly Sunday *Jan 24 Page 10*

NEW! Frozen Experiment Shows

Put the "cool" in winter by joining us for a Frozen Experiment Show! We'll use liquid nitrogen and frozen items to wow you with how cool "cold" can be. You can also pick up a "Frozen Fest at Home" kit to continue fun, winter activities at home after your show. Shows recommended for ages 4 and up. Due to limited group sizes, all participants must register.

Info/Registration: 410-313-0400.

4 yrs + Robinson Nature Ctr \$5 member; \$7 nonmember

| | | | | | | | |
|------------|--------|------------|----|------------|--------|----------|----|
| RP4828.201 | Jan 30 | 10-10:45am | Sa | RP4828.205 | Jan 30 | 3-3:45pm | Sa |
| RP4828.202 | Jan 30 | 11-11:45am | Sa | RP4828.206 | Jan 31 | 1-1:45pm | Su |
| RP4828.203 | Jan 30 | 1-1:45pm | Sa | RP4828.207 | Jan 31 | 2-2:45pm | Su |
| RP4828.204 | Jan 30 | 2-2:45pm | Sa | RP4828.208 | Jan 31 | 3-3:45pm | Su |

NEW! Frozen Fest at Home

Bring some of the beloved activities of Frozen Fest to your home! We provide the materials you need along with recorded educator presentations you can access on your family's time. Create your own winter sensory bins with instant snow; make ice cream with rock salt; take a winter constellation tour; experiment to see how animals survive the winter and more. Pick up your kit at Robinson Nature Center. Info/Registration: 410-313-0400.

All ages Online Register by Jan 22

| | | |
|------------|---|------|
| RP4885.280 | Material pick up: Jan 30, 10:30am-12:30pm | \$30 |
| RP4885.281 | Material pick up: Jan 31, 1:30-3:30pm | \$30 |

History Happy Hour

Join the B&O EC Station Museum staff for a virtual History Happy Hour! Get your favorite after-work drink and relax at home while learning about the B&O Ellicott City Station Museum. Then, flex your brain muscles with some train-themed trivia! Info: Emily Mosher, 410-313-0419 or emosher@howardcountymd.gov.

21 yrs + Online

RP9983.203 Jan 28 5:30-6:30pm Th \$10

February

Family Health and Fitness Day

Get active with family-friendly fitness! Enjoy exercising together and learning healthy habits for the entire family. Receive a participation ribbon and prize from the prize wheel. Info: Andrew Coffin, 410-313-2763 or acoffin@howardcountymd.gov.

RP5400.201 3 yrs + Roger Carter Comm Ctr Feb 6 9am-3pm Sa Free

Circus Science Show Workshop with Greg May *Feb 12 Page 10*

NEW! Valentine's Chocolate-Dipping and Wine-Sipping

Learn the art of making chocolate ganache from the comfort of home while sipping local wine from Linganore Winery! Pick up your kit and place your wine orders (wines shipped separately). Learn about the cocoa bean from a Robinson Nature Center staff member while coating and decorating treats with your handmade ganache. Receive tasting notes on your selected wines and enjoy pairing recommendations. Place your wine order by 2/6 to receive by 2/13. Pick up your kit at Robinson Nature Center.

Info/Registration: 410-313-0400.

21 yrs + Online Register by Feb 6 \$25 plus cost of wine

RP4847.201 Material pick up: Feb 13, 10:30am-12:30pm



= Online program



= Program may go online if unable to be held in person

NEW! Love Birds Tea Party-in-a-Box

Enjoy a bird-themed tea party at home. We provide the materials and prerecorded activity videos for your experience. Decorate a bird house; make treats for birds; and learn how to identify birds visiting your yard. Sweet Simplici-tea provides a delicious scone and cookie along with decorations you can add, and a pot's-worth of tea leaves for you to steep. Your box is catered/packed with materials for all those you register. You must register by 2/10. Pick up your kit at Robinson Nature Center. Info: 410-313-0400.

3 yrs + Online Register by Feb 10

\$55 (one child, one adult); \$25 extra child; \$15 extra adult

RP4885.250 Material pick up: Feb 13, 10:30am-12:30pm

History Day for Scouts:

Architecture and Historic Preservation

Explore how historians and preservations study and record old buildings on a tour of historic sites in Howard County. Activities incorporate history, math, geography, and science. Covers requirements for Architecture and Historic Preservation badge/patches. Info: Kelly Palich, kpalich@howardcountymd.gov or 410-313-0423.

RP9985.202 7-16 yrs Waverly Mansion Feb 20 1-4pm Sa \$20

History How To: Winter Survival on the Frontier

Experience life as a settler on the cold winter frontier! Learn what food, water, shelter and fire people used to survive the harsh winter weather. Hot cocoa and coffee provided! Children under 13 must be accompanied by registered adult. Info: Kelly Palich, kpalich@howardcountymd.gov or 410-313-0423.

10 yrs + Living Farm Heritage Museum

RP9980.202 Feb 27 1-4pm Sa \$20

March

Super STEAM Saturday

Enjoy hands-on robotics, LEGO®, experiments and more! Preregistration encouraged to save your space. Info: 410-313-0390.

2-12 yrs \$5 (parents are free)

RP4411.201 N Laurel Comm Ctr Mar 6 10am-1pm Sa

Waverly Ghostly Guides

Investigate our newest historic site, Waverly Mansion! Tour the house (built in the late 1700s), hear tales of paranormal experiences, and use ghost hunting equipment to draw your own ghostly conclusions! Info: Kelly Palich, 410-313-0423 or kpalich@howardcountymd.gov.

16 yrs + Waverly Mansion

RP9978.301 Mar 12 7-10pm F \$25

Sensory-Friendly Sunday *Mar 14 Page 10*

Circus Science Show Workshop

with Greg May *Mar 14 Page 10*

History How To: From Sheep to Shawl – Historic Fiber Arts

Celebrate the first day of spring by learning about historic fiber arts from sheep to shawl! Participate in each step in the process of turning wool into cloth using historic techniques of processing, spinning, dyeing, and weaving. Learn how wool was turned into historic period clothing! Children under 13 must be accompanied by registered adult. Info: Kelly Palich, 410-313-0423 or kpalich@howardcountymd.gov.

10 yrs + Living Farm Heritage Museum

RP9980.301 Mar 20 1-4pm Sa \$20

History Day for Scouts:

Historical Orienteering and Exploration

Scouts explore orienteering and geography through a historic lens! Learn how early Native Americans and pioneers used natural landmarks and topography to explore new territories, learn about early colonial settlement along the Patuxent River and map the land using historical surveying techniques. Fulfills requirements for Orienteering badges. Info: Kelly Palich, 410-313-0423 or kpalich@howardcountymd.gov.

9-16 yrs Living Farm Heritage Museum

RP9985.302 Mar 27 1-4pm Sa \$25

Pool Egg Hunt

Hunt for eggs in our heated pool. Plastic eggs are filled with surprises (no food or candy) and float in the pool. Preregistration is required; space is limited. Info: 410-313-2764.

2-10 yrs Roger Carter Comm Ctr

RP5400.301 Member Mar 27 Noon-1:30pm Sa \$10

RP5400.302 Nonmember Mar 27 Noon-1:30pm Sa \$12

Spring Egg Hunt Take Home Kits!

Pick up a fun-filled kit to celebrate Spring and quality family time at home! Kit includes 20 prize filled eggs for you to hide as well as a basket filled with one egg dye kit, a bunny themed juice box & snacks, one chocolate bunny, and a variety of spring themed crafts & prizes! Kits will be handed out via car side pickup by our very special bunny guest! Preregistration is required; space is limited. Prizes and crafts are geared toward 2-10yrs. Any age welcome to register.

All Ages \$10, center members; \$15, nonmembers

RP4163.201 Gary J Arthur Comm Ctr Mar 26 10-1pm F

RP4163.302 North Laurel Community Center Mar 26 10-1pm F

NEW! Spring Has Sprung

Trail Adventure and Egg Hunt

Delight in an outdoor, guided adventure on the grounds of the Robinson Nature Center! At each stop, enjoy spring-themed activities, games or fun, nature interpretation stations. End your adventure with an egg hunt in our Nature Place. All participants must register in advance. Sign up for a time slot with friends to enjoy the fun together. No online registration. Call 410-313-0400 to register. Please arrive promptly as your group will stay together during this experience.

4 yrs + Robinson Nature Ctr \$7 member; \$10 nonmember

RP4858.301 Mar 27 9-10:30am Sa

RP4858.302 Mar 27 10-11:30am Sa

RP4858.303 Mar 27 11am-12:30pm Sa

RP4858.305 Mar 27 1-2:30pm Sa

RP4858.306 Mar 28 9-10:30am Su

RP4858.307 Mar 28 10-11:30am Su

RP4858.308 Mar 28 11am-12:30pm Su

RP4858.310 Mar 28 1-2:30pm Su

Our Sisters Telegraphic

Respectable jobs for women in the 19th century included working as a telegrapher and teacher of Morse Code. Join B&O staff in this virtual program to uncover the history of our telegraphic sisters, in honor of Women's History Month. Info: Emily Mosher, 410-313-0419 or emosher@howardcountymd.gov.

All ages Online

RP9983.301 Mar 28 1:30-2:30pm Su \$10

Save the Date

Kid's Fest

Have a blast with the family at the annual Kid's Fest. Enjoy sports instruction, games, activities, arts and crafts, food, and much more. Preregistration required: www.howardcountymd.gov/kidsfest.
2-12 yrs Meadowbrook Pk Apr 3 10:30am-2:30pm Sa

Hero Hustle

Come dressed as your favorite hero and join a one-mile walk/run that includes fun obstacles, hero training, and a craft! Preregistration required. Info: Sara Schwab, 410-313-4842.

3 yrs + \$10, center members; \$15, nonmembers

RP4160.301 Gary J Arthur Comm Ctr Apr 24 10-11:30am Sa

Restoration Project Apr 24 Page 8

Earth Day Celebration Apr 24 Page 8

Wine in the Woods

Sample a variety of Maryland wines from a souvenir glass; attend wine education seminars; purchase specialty crafts; and enjoy live entertainment. Tickets sales begin March 2021. Event is held at Symphony Woods at Merriweather Park on May 15 and 16. Info: Phil Bryan, 410-313-1668 or pbryan@howardcountymd.gov.

Family Fun Night Take-Home Kits

We're turning our parent-child dances into a take-home kit for the whole family! Kit includes the makings for personal pizzas, sugar cookies with decorating supplies, hot chocolate, popcorn, themed crafts & activities, and more! Preregistration required, each kit includes items for two participants (additional participant can be added for \$15).

\$25, center member (1 child & 1 adult); \$15 for additional participant
\$35, nonmember (1 child & 1 adult); \$15 for additional participant

Snowflake Theme

4-12 yrs Info: 410-313-4840

RP4165.201 Material pick up at Gary J Arthur Comm Ctr: Jan 9, 11am-2pm

Sweetheart Dance Theme

4-12 yrs Info: 410-313-4634

RP1029.201 Material pick up at Roger Carter Comm Ctr: Jan 25, 11am-2pm

Valentine's Theme

3-12 yrs Info: 410-313-0390

RP4401.201 Material pick up at N Laurel Comm Ctr: Feb 6, 11am-2pm



Park Ranger Programs

- Children under 16 must be accompanied by an adult.
- Visit www.howardcountymd.gov/parkrangers for complete information about programs, events, rain dates, and volunteer opportunities.
- We may offer programs not listed in this guide.
- Info: Amy Carpenter-Driscoll, acarpenter@howardcountymd.gov.

Monthly Guided Hike Series

Discover what our parks have to offer! Explore parks and trails with your local Park Rangers. See and learn something new in nature. Hikes feature an educational topic. Visit www.howardcountymd.gov/parkrangers for trail difficulty, accessibility, parking, and meeting location.

All ages Free

Migration and Hibernation

RP9967.101 Font Hill Pk Dec 5 2-3pm Sa

Habitats – Home for the Holidays

RP9967.102 Wincopin Trails Dec 13 2–3:30pm Su

First Day Hike

RP9967.203 Savage Mill Trail Jan 1 9-10am F

RP9967.204 Rockburn Pk Jan 1 1:30-3:30pm F

For the Love of Nature!

RP9967.205 West Friendship Pk Feb 15 10-11am M

Spring Equinox Hike

RP9967.206 Schooley Mill Pk Mar 20 1:30-2:30pm Sa

Ranger Rise and Shine

Explore the natural world through a series of interactive activities and stories! Books and related activities focus on different topics at each session, including bugs, wildlife tracks, nocturnal critters, habitats, and more!

0-5 yrs Free

RP9968.201 Online Jan 13 9:30-10:30am W

RP9966.202 Online Feb 10 9:30-10:30am W



= Online program



= Program may go online if unable to be held in person

To register, visit
www.howardcountymd.gov/rap
or call 410-313-7275.

TRIPS & TOURS







- Many excursions are in coach buses with bathrooms. You may call a week before the trip to see which bus is used.
- Pick-up locations are at Bain 50+ Center and Long Gate Park & Ride unless otherwise indicated in program description.
- Transportation is included; however, you may always meet us at the destination if you prefer to drive.
- Children under 18 must be accompanied by an adult.
- Info: Tracy Adkins, 410-313-7279 or tadkins@howardcountymd.gov.

Don't forget to tag your photos with

#HOCOTRIPS

on Facebook, Twitter and Instagram!

-  Walking from bus to a seat
-  Walking with seating available
-  Lots of walking & standing with some opportunities to sit
-  Lots of walking

January

National Aquarium

Travel to Baltimore's Inner Harbor to visit one of the world's best aquariums! The National Aquarium's mission is to inspire conservation of the world's aquatic treasures. It champions environmental initiatives by engaging with visitors, volunteers, education groups and schools to actively participate in the preservation of the world's natural resources and living systems. The National Aquarium delivers meaningful experiences through its living collection of more than 20,000 animals from more than 800 species of fish, birds, amphibians, reptiles, marine mammals and sharks. Moderate walking is required.

18 yrs +

RP4525.201 — Bain 50+ Ctr/Long Gate — Jan 15 — 10am-4pm — F — \$59



Baltimore & Ohio Ellicott City Station Museum

Comprised of the oldest and most comprehensive collection of railroad history in the Western Hemisphere, the Baltimore & Ohio Railroad Museum is a unique cultural and educational asset for the city of Baltimore and the state of Maryland. An unparalleled roster of 19th and 20th century railroad equipment, original shop buildings, and surviving tracks at the historic Mt. Clare site provide an integrated resource to present virtually every aspect of American railroad development and its impact on our society, culture and economy. Moderate walking required.

18 yrs +

RP4526.201 — Bain 50+ Ctr/Long Gate — Jan 22 — 10am-4pm — F — \$59



Philadelphia's Infamous

Eastern State Penitentiary (Virtual Tour)

Participate in a live, interactive tour of the infamous prison that stands in ruins today as a haunting world of crumbling cell blocks and empty guard-towers. Its vaulted, sky-lit cells once held many of America's most notorious criminals, including "Slick Willie" Sutton and "Scarface" Al Capone. Computer required; online link provided following registration.

18 yrs +

RP4527.201 — Online — Jan 28 — 10-11am — F — \$10

February

Hillwood Estate Tour

Leading American socialite and General Foods owner Marjorie Merriweather Post used much of her fortune to collect the art now on display at Hillwood, the museum that was her estate. Enjoy a delicious light-fair lunch at the renowned estate café and then journey through her final home to experience the many elegant personal touches that made Hillwood one of Washington's most memorable homes.

18 yrs +

RP4528.201 — Bain 50+ Ctr/Long Gate — Feb 11 — 10am-4pm — F — \$59



= Online program



= Program may go online if unable to be held in person



Philadelphia's Eastern State Penitentiary

Museum of the Bible

Visit the amazing 430,000 square foot Bible Museum just two blocks from the National Mall. This is an unparalleled experience, using cutting-edge technology to bring the Bible to life spanning time, space, and cultures. Lunch is on your own at one of two on-site venues including Manna Restaurant or The Milk or Honey Café. Moderate walking required.

18 yrs +

RP4529.201 — Bain 50+ Ctr/Long Gate — Feb 19 — 10am-4pm — F — \$59



Museum of the American Revolution (Virtual Tour)

Join an exciting museum educator for a guided, virtual walk-through of the museum's core galleries. Learn how soldiers on both sides and civilians (including African-Americans and Native Americans) experienced the tumultuous events of the American Revolution through the stories and objects they left behind. Computer required; online link provided following registration.

18 yrs +

RP4530.201 — Online — Feb 25 — Th — \$10

March

Mount Vernon

Mount Vernon is a famous American landmark and former plantation of George Washington, the first President of the United States, and his wife, Martha Washington. The estate is on the banks of the Potomac River in Fairfax County, Virginia. Mount Vernon was designated a National Historic Landmark in 1960 and is listed on the National Register of Historic Places. It is still owned and maintained in trust by the Mount Vernon Ladies' Association. Moderate walking required.

18 yrs +

RP4531.301 — Bain 50+ Ctr/Long Gate — Mar 19 — 9am-4pm — F — \$106



The Odyssey: Cherry Blossom Cruise

Enjoy unparalleled views of Washington, D.C. covered in gorgeous cherry blossoms during this two-hour Odyssey lunch cruise with family or the company of great friends. Delight in upscale, sophisticated dining and entertainment during a mid-day cruise on the Potomac River, and take in unparalleled views of D.C.'s greatest landmarks from an all-glass ship!

18 yrs +

RP4532.301 — Bain 50+ Ctr/Long Gate — Mar 31 — 9am-4pm — W — \$145





ADVENTURE

&

OUTDOORS

COME EXPLORE WITH US!

Check out the Adventure & Outdoors main page
for programs and classes.

www.howardcountymd.gov/adventure

Wine in the Woods

May 15 & 16

- Over 25 Wineries
- Live Bands
- Gourmet Food
- Juried Artisans
- Wine Education Seminars

Save the Date

www.WineInTheWoods.com



SPONSORSHIP OPPORTUNITIES

Howard County Recreation & Parks has a wide variety of sponsorship opportunities that will help you get involved with the community.

- Indoor/Outdoor Banners
- Special Events Packages
- Concert Packages
- Nature Packages
- T-shirts & Promotional Materials
- Naming Opportunities

For more information, please visit
www.howardcountymd.gov/HCRPSponsors



Howard County
RECREATION & PARKS

Working together to build a stronger community



NATURE & ENVIRONMENT



- Programs are in order by date.
- Call 410-313-0400, or go to www.howardcountymd.gov/RobinsonNatureCenter for information on the Robinson Nature Center and its programs, take-home nature kits, exhibits, virtual field trips, outreach programs, special events, volunteer and scout opportunities, birthday parties, rentable rooms, planetarium, community partners, gift shop and more.
- Attendance is limited based on COVID-19 safety guidelines.
- Health screening and temperature checks are required.
- Face covering required.

Astronomy & Planetarium

- Planetarium programs are held in the Nature Center's digital planetarium and dome-style movie theater.
- Arrive 15 minutes prior to the show time to be seated (no seating during the show).
- To request sensory-friendly accommodations, call 410-313-0400 at least one week in advance.
- Previews of planetarium films: www.howardcountymd.gov/RNCNatureSphereFeatures.
- Fee is per person. Children must be accompanied by a ticketed adult.
- Planetarium programs are limited to 15 people.

Bethlehem's Star – Astronomy from Home *Page 21*

Family Friday Planetarium Show

Friday nights with your family should be stellar! Come enjoy unique shows in Robinson Nature Center's recently upgraded planetarium. Each program features a full-dome movie preceded by a live, family-friendly planetarium presentation where you discover what's in the night sky that month. Call 410-313-0400 to reserve your tickets.

| Robinson Nature Ctr | 6:30-7:30pm | \$8 per ticket | | |
|---------------------|-------------|--|-------|---|
| RP4801.104 | 7 yrs + | <i>Stars</i> | Dec 4 | F |
| RP4801.201 | 7 yrs + | <i>Wildest Weather in the Universe</i> | Jan 8 | F |
| RP4801.202 | 7 yrs + | <i>Titans of the Ice Age</i> | Feb 5 | F |
| RP4801.203 | 5 yrs + | <i>We are Aliens</i> | Mar 5 | F |

Lil' Stars Astronomy Program

Let your little one discover outer space through views of the stars and planets, stories, crafts or hands-on activities. Programs focus on a different theme each month. Portions of this program may be held outside of the planetarium. All children must be accompanied by a ticketed adult. Call 410-313-0400 to reserve your tickets.

3-8 yrs w/parent Robinson Nature Ctr \$4 per ticket w/ admission or annual pass

| | | | | |
|------------|---------------------------|--------|------------|----|
| RP4802.107 | <i>Space Rocks!</i> | Dec 5 | 10-10:30am | Sa |
| RP4802.108 | <i>Space Rocks!</i> | Dec 5 | 11-11:30am | Sa |
| RP4802.201 | <i>Stellar Stretching</i> | Jan 9 | 10-10:30am | Sa |
| RP4802.202 | <i>Stellar Stretching</i> | Jan 9 | 11-11:30am | Sa |
| RP4802.207 | <i>NEW! Solar System</i> | Feb 27 | 10-10:30am | Sa |
| RP4802.208 | <i>NEW! Solar System</i> | Feb 27 | 11-11:30am | Sa |
| RP4802.209 | <i>NEW! Spacecraft</i> | Mar 13 | 10-10:30am | Sa |
| RP4802.210 | <i>NEW! Spacecraft</i> | Mar 13 | 11-11:30am | Sa |

Family Sundays Planetarium Show

Enjoy the stars on a Sunday afternoon! We provide a second opportunity to catch our monthly planetarium program for families. Each program features a full-dome movie preceded by the same live, family-friendly planetarium presentation given on Friday evening where you discover what's in the night sky that month. Call 410-313-0400 to reserve your tickets.

Robinson Nature Ctr \$5 per ticket w/general admission or annual pass

| | | | | | |
|------------|---------|--|--------|-------|----|
| RP4801.108 | 4 yrs + | <i>Zula Patrol – Under the Weather</i> | Dec 20 | 1-2pm | Su |
| RP4801.204 | 3 yrs + | <i>One World, One Sky</i> | Jan 17 | 1-2pm | Su |
| RP4801.205 | 4 yrs + | <i>Zula Patrol – Under the Weather</i> | Feb 14 | 1-2pm | Su |
| RP4801.206 | 5 yrs + | <i>Zula Patrol – Down to Earth</i> | Mar 14 | 1-2pm | Su |

Friday Late Night Planetarium Show

You don't have to leave Howard County for an out-of-this world Friday night experience. Treat your partner or friends to top-notch astronomy and entertainment at the Robinson Nature Center. This program is held in the new, upgraded planetarium and features a full-dome movie preceded by an adult-level planetarium presentation about current happenings in our night sky. Call 410-313-0400 to reserve your tickets.

18 yrs + Robinson Nature Ctr \$8 per ticket

| | | | | |
|------------|--|-------|-------|---|
| RP4800.201 | <i>Wildest Weather in the Universe</i> | Jan 8 | 8-9pm | F |
| RP4800.202 | <i>Passport to the Universe</i> | Feb 5 | 8-9pm | F |
| RP4800.203 | <i>Black Holes: The Other Side of Infinity</i> | Mar 5 | 8-9pm | F |



Family & Parent/Child

- These programs require an adult to register with their child and accompany them.
- Unregistered siblings of age for a program or older may not join their registered sibling.

Deer Santa *Page 10*

Sensory-Friendly Sunday at Robinson *Page 10*

Lil' Acorns - Playing Opossum (Parent/Child)

Hold your lil' acorn's hand through an unforgettable morning! Explore the life of the incredible opossum. This parent/child interactive program includes stories, tot-friendly investigations, a puppet show, and a short walk through the woods. Take-home version on page 21.

2-3 yrs w/ an adult Robinson Nature Ctr \$18 (1 parent, 1 child)

| | | | |
|------------|--------|--------------|----|
| RP4817.102 | Dec 19 | 10:30am-noon | Sa |
|------------|--------|--------------|----|

NEW! Outdoor Saturday Puppet Theaters

Bundle up this winter and delight in nature-themed, outdoor puppet theater presentations! Each show portrays a different nature story. Afterwards, enjoy an interactive activity or craft. Seating is limited to ensure physical distancing between families. Please dress warmly and bring a blanket to sit on.

2 yrs + Robinson Nature Ctr \$5 per person

| | | | | |
|------------|---------------------------------|-------|------------|----|
| RP4871.211 | <i>NEW! Let's Hibernate</i> | Jan 2 | 10-10:30am | Sa |
| RP4871.212 | <i>NEW! Let's Hibernate</i> | Jan 2 | 11-11:30am | Sa |
| RP4871.213 | <i>NEW! Rabbit's First Snow</i> | Feb 6 | 10-10:30am | Sa |
| RP4871.214 | <i>NEW! Rabbit's First Snow</i> | Feb 6 | 11-11:30am | Sa |
| RP4871.215 | <i>Bear Snores On</i> | Mar 6 | 10-10:30am | Sa |
| RP4871.216 | <i>Bear Snores On</i> | Mar 6 | 11-11:30am | Sa |

Robinson Nature Center
howardcountymd.gov/RobinsonNatureCenter
410-313-0400

We continue to follow CDC, State and County guidelines in order to decrease the spread of COVID-19. Modifications may include smaller classes, face coverings, health questionnaires and more.



NEW! Physically-Distanced Creature Features
 Enjoy a visit to the Nature Center and meet a new, live animal friend. These half-hour programs will introduce you to a member of Maryland's wildlife community through a presentation of one of the Nature Center's animal ambassadors along with a craft, game or activity. Seating is limited to ensure physical distancing. Call 410-313-0400 to reserve your spot.

3 yrs + Robinson Nature Ctr \$5 per person

| | | | |
|------------|--------|-----------|----|
| RP4817.211 | Jan 10 | 3-3:30 pm | Su |
| RP4817.212 | Feb 21 | 3-3:30 pm | Su |
| RP4817.213 | Mar 21 | 3-3:30 pm | Su |

Your Family's Tree *Page 11*

NEW! Frozen Experiment Shows *Page 11*

NEW! Love Birds Tea Party-in-a-Box *Page 12*

NEW! Spring Has Sprung Trail Adventure and Egg Hunt *Page 12*



= Online program



= Program may go online if unable to be held in person

Youth

- Parents are required to fill out a participant information form for each child if the program lasts longer than 2 hours.
- Forms are emailed to the email address provided.
- Additional activities listed in the Astronomy & Planetarium and Family & Parent/Child sections.

Kids' Wednesday Afternoons Out at the Nature Center

Each Wednesday, join us to explore the wonders of nature, play outdoors with friends, learn outdoor skills and have an afternoon away from home! Kids enjoy nature walks, games, investigations and more in this outdoor program. Call 410-313-0400 to sign up (no online registration) for the number of days you would like your child to attend each month. Additional dates may be added. Please check our registration system monthly.

| | | |
|------------|---------------------|--------------|
| 5-12 yrs | Robinson Nature Ctr | \$30 per day |
| RP4812.123 | Dec 2, 9, 16 | 1-4pm W |
| RP4812.124 | Jan 6, 13, 20, 27 | 1-4pm W |

Friday Morning Nature Explorers

Let us introduce your 4-5 year old to the natural world through outdoor learning, exploration and play. This drop-off program is held mostly outdoors as weather permits with additional activities (crafts, puppet shows) held indoors. Info/registration: 410-313-0400.

| | | |
|------------|---------------------|------------------|
| 4-5 yrs | Robinson Nature Ctr | Classes: 8 |
| RP4812.250 | Jan 8 | 9am-noon F \$280 |

Jr. Naturalist Program

Join us to become a Jr. Naturalist! During this drop-off program, kids learn from Robinson Nature Center staff through experiments, demos and fun activities. **Geocaching 101:** Learn how GPS technology works and get the chance to find geocaches hidden throughout the nature center's property. **Signs of Spring:** Learn about the natural phenomena – including budding plants and emerging baby animals that make spring special in Maryland! Take-home a badge at the end of each program.

| | | |
|------------|---------------------|----------------------|
| 6-10 yrs | Robinson Nature Ctr | Days: 1 |
| RP4812.251 | Geocaching 101 | Jan 23 3-4pm Sa \$10 |
| RP4812.252 | Signs of Spring | Mar 20 3-4pm Sa \$10 |

NEW! School's Out:

Nighttime Nature Explorers Day Camp

Explore the wonders of nature that you normally only find after the sun goes down during your day-off school! Discover our night sky during a planetarium presentation. Conduct hands-on, space-themed investigations, and learn about the adaptations of nocturnal animals through live animal presentations.

| | |
|------------|-----------------------|
| 6-12 yrs | Robinson Nature Ctr |
| RP4812.205 | Feb 12 9am-3pm F \$65 |

We continue to follow CDC, State and County guidelines in order to decrease the spread of COVID-19. Modifications may include smaller classes, face coverings, health questionnaires and more.

Take-Home Kits & Online Programs

• Pick up all kits at Robinson Nature Center.

Bethlehem's Star –

Astronomy from Home

Join Dr. Joel Goodman from the comfort of your home to explore the possible astronomical explanations for the Star of Bethlehem. No matter your faith, discover documented celestial and historical events that took place over 2,000 years ago that caused the Magi to come to Jerusalem. Dr. Goodman answers questions throughout his presentation. Events are held through Webex.

18 yrs + Online

RP4800.104 Dec 4 8-9:30pm F \$10

RP4804.104 Dec 10 2:30-4pm Th \$10

Lil Acorns – Playing Opossum

Discover the fascinating opossum and some of its neat tricks with a story, puppet show, crafts and hands on activities that provide sensory exploration and outdoor fun for your little one.

2-3 yrs Online Register by Dec 5

RP4885.228 Material pick up: Dec 13, 12:30-2:30pm \$20

NEW! Take Nature Home Program –

Winter & Spring Editions

Bring Robinson Nature Center fun and learning to your home! Pick up a curated kit that includes preplanned nature-based activities, and access prerecorded instructional videos at your convenience. Kits are designed for various age groups and include three classes-worth of content and materials that are your child's to keep for continued learning. Register by 1/6 for winter kits and by 3/12 for spring kits. Info: 410-313-0400.

Winter Edition (4-5 yrs)

Introduce your 4-5-year-old to space and geology through story time, planetarium shows, and hands-on activities. In December, learn about the night sky. In January, learn about our solar system. In February, learn about mud and rocks.

4-5 yrs Online Register by Jan 6

RP4885.220 Material pick up: Jan 16, 10am-noon \$60

Spring Edition (4-5 yrs)

Introduce your 4-5-year-old to the difference between animals with backbones and without backbones. Your child will learn to care for the planet through story time, puppet shows, and hands-on activities. In March, learn about mammals. In April, learn about creepy crawly critters. In May, learn about taking care of our earth.

4-5 yrs Online Register by Mar 12

RP4885.320 Material pick up: Mar 20, 10:30am-12:30pm \$60

Winter Edition (6-8 yrs)

Explore topics on space and geology through recorded planetarium shows, interactive lessons, and hands-on activities and experiments. Kit includes lessons and activities covering the themes of the solar system, comets & meteors, and geology 101.

6-8 yrs Online Register by Jan 6

RP4885.221 Material pick up: Jan 16, 10am-noon \$60

Spring Edition (6-8 yrs)

Explore different traits of animals and investigate environmental sustainability through interactive lessons, virtual hikes, and hands-on activities. Kit includes lessons and activities covering vertebrates, invertebrates, and sustainable living.

6-8 yrs Online Register by Mar 12

RP4885.321 Material pick up: Mar 20, 10:30am-12:30pm \$60



Winter Edition - Exploring Space

Make your own gravity well, create a pin wheel galaxy design, build space craft models, and more as you go beyond exploring the solar system to learn about gravity, deep space objects, and the search for alien life.

9-12 yrs Online Register by Jan 6

RP4885.222 Material pick up: Jan 16, 10am-noon \$75

Spring Edition - STEM Environmental Engineering Challenges

Explore alternative energy and take part in a wind turbine design challenge. Examine the effects of oil and plastic on ocean ecosystems and design solutions for cleaning up oil spills and removing trash from the water.

9-12 yrs Online Register by Mar 12

RP4885.322 Material pick up: Mar 20, 10:30am-12:30pm \$75

NEW! Take Nature Home – Holiday Gift Kits

This season, give a gift that's all about experiencing nature! Pick up a curated kit that includes all the materials and printed instructions needed for a morning of fun, nature-inspired adventure! Kits are designed for various age groups. Info: 410-313-0400.

North Pole Exploration with the Five Senses

Make a cuddly, stuffed snowman and create a winter scene on your window. Bake polar bear cookies with provided ingredients and cookie cutter. Make instant snow and "snow dough" for sensory play and enjoy a touchable storybook about Polar Bears!

3-5 yrs Take-Home Kit Register by Dec 5

RP4885.231 Material pick up: Dec 13, 12:30-2:30pm \$40

Tis' the Sweet Season

Create candy-cane mice and handprint wreaths. Make natural ornaments that can be hung outside to help feed birds in your neighborhood. Decode mysterious tracks in instant snow using our mystery cards. Head outside for a winter scavenger hunt, and return inside to make a hot chocolate cone reindeer.

4-10 yrs Take-Home Kit Register by Dec 5

RP4885.231 Material pick up: Dec 13, 12:30-2:30pm \$35

Nature's Spa Kit

Make luxurious products to pamper yourself with the bounties of nature at home. In this kit, find everything you need to create a luxurious salt scrub, a milk and honey bath, a refreshing foot soak, rejuvenating eye compresses and more. Discover stories about the botanicals chosen for this kit and the soothing properties they impart.

11 yrs + Take-Home Kit Register by Dec 5

RP4885.231 Material pick up: Dec 13, 12:30-2:30pm \$40



Holiday Centerpiece-Making Workshop at Home

Kick off the holiday season with a hands-on greenery workshop you can participate in from the comfort of home! Sustainably-harvested, freshly-cut greens (pine, arborvitae, boxwood, spruce, holly, etc.), cones, floral foam and ribbons are provided in a kit you pick up at the nature center. A Robinson Nature Center staff member guides you through how to create a centerpiece out of natural materials for your table or mantle while teaching you tips on harvesting in a pre-recorded video you can access on your own time.

12 yrs + [Online](#)

RP4885.238 Material pick up: Dec 13, 12:30-2:30pm (Register by Dec 5) \$50

NEW! Scope Out the Night Sky

Build your very own Galileoscope (a functional telescope for night sky viewing) from the comfort of your home using a kit of materials. A Robinson Nature Center staff member guides you through the build; shows you how to focus the scope; and gives a run-down of 2021 astronomical events. Video content is pre-recorded so you may access it at your convenience.

16 yrs + [Online](#)

RP4885.241 Material pick up: Jan 16, 10am-noon (Register by Jan 6) \$50

NEW! Take Nature Home for Tots

Looking for a fun way to engage with your 1-3 year old at home? Pick up your Robinson Nature Center curated kit that includes all the materials for pre-planned, nature-based games and activities suitable for young nature enthusiasts. Kit is designed to assist with sensory and motor skill development. You must register in advance.

1-3 yrs [Online](#)

Whose Track is That?

RP4885.270 Material pick up: Jan 16, 10am-noon (Register by Jan 9) \$25

Wake up Groundhog

RP4885.271 Material pick up: Feb 20, 10:30am-12:30 (Register by Feb 13) \$25

Nests in Nature

RP4885.272 Material pick up: Mar 20, 10:30am-12:30 (Register by Mar 13) \$25

NEW! Frozen Fest at Home *Page 11*

NEW! Love Birds Tea Party-in-a-Box *Page 12*

NEW! Valentine's Chocolate-Dipping and Wine-Sipping *Page 11*

Robinson Nature Center
howardcountymd.gov/RobinsonNatureCenter
 410-313-0400

= Online program
 = Program may go online if unable to be held in person

HOME SCHOOL

- Each season of classes (winter and spring) focus on different themes.
- All participants must complete a participant form, which is emailed out prior to each season.
- Parents and siblings may use the indoor parent lounge (limited seating) or outdoor trails, Nature Place and Green Roof during classes.
- Please see our Take-Home Kits and Online Programs for activities you may participate in from home.

Pre-Home School Classes

Winter 2020-Spring 2021

Give your young home schoolers a chance to discover nature and science topics at an age-appropriate pace. Activities are designed to introduce concepts, as well as to increase comfort with and foster excitement about the natural world. Classes held once a month. Sign up for each season (3 classes) in which you have interest. **Winter Topics:** Our Night Sky, Solar System, Mud, Rocks & More. **Spring Topics:** Mammals, Creepy, Crawly Critters, Taking Care of the Earth.

4-5 yrs Robinson Nature Ctr 2:30-4pm \$36 per child, per season Classes: 3

| | | |
|------------|-----------------|---------------------|
| RP4885.201 | Winter-Thursday | Dec 3, Jan 7, Feb 4 |
| RP4885.211 | Winter-Friday | Dec 4, Jan 8, Feb 5 |
| RP4885.301 | Spring-Thursday | Mar 4, Apr 8, May 6 |
| RP4885.311 | Spring-Friday | Mar 5, Apr 9, May 7 |

Home School Classes

Winter 2020-Spring 2021

Give your 6 to 8-year-old home school students hands-on, immersive experiences in nature and science. Activities focus on increasing content knowledge and fostering excitement about the natural world. Classes held once a month. Sign up for each season (3 classes) in which you have interest.

Winter Topics: Solar System, Comets & Meteors, Geology.

Spring Topics: Vertebrates, Invertebrates, Living Green.

6-8 yrs Robinson Nature Ctr \$36 per child, per season Classes: 3

| | | | |
|------------|--------------------|---------------------|------------|
| RP4885.222 | Winter-Thursday AM | Dec 3, Jan 7, Feb 4 | 10-11:30am |
| RP4885.202 | Winter-Thursday PM | Dec 3, Jan 7, Feb 4 | 2:30-4pm |
| RP4885.212 | Winter-Friday PM | Dec 4, Jan 8, Feb 5 | 2:30-4pm |
| RP4885.322 | Spring-Thursday AM | Mar 4, Apr 8, May 6 | 10-11:30am |
| RP4885.302 | Spring-Thursday PM | Mar 4, Apr 8, May 6 | 2:30-4pm |
| RP4885.312 | Spring-Friday PM | Mar 5, Apr 9, May 7 | 2:30-4pm |

Home School In-Depth Study

Winter 2020-Spring 2021

9 to 12-year-old home school students conduct in-depth study and cumulative investigations of nature and science topics. Classes are held once a month. Sign up for each season (3 classes) in which you have interest.

Winter Topic: Explore Space (including gravity, deep space objects and the search for alien life). **Spring Topic:** Focus on STEM (while looking at pollution control and energy-efficient design)

9-12 yrs Robinson Nature Ctr 2:30-4pm \$36 per child, per season Classes: 3

| | | |
|------------|-----------------|---------------------|
| RP4885.203 | Winter-Thursday | Dec 3, Jan 7, Feb 4 |
| RP4885.213 | Winter-Friday | Dec 4, Jan 8, Feb 5 |
| RP4885.303 | Spring-Thursday | Mar 4, Apr 8, May 6 |
| RP4885.313 | Spring-Friday | Mar 5, Apr 9, May 7 |

Home School Gym Class *Page 74*



Enjoy through the four seasons

- Children's Discovery Room and outdoor nature place
- Planetarium and full-dome movies
- Nature trails, interactive exhibits and more!

Enjoy complimentary admission and special discounts on designated programs and gift shop items with your family pass!

6692 Cedar Lane, Columbia, MD 21044 | 410-313-0400
www.howardcountymd.gov/RobinsonNatureCenter



Give Nature. Get Nature.

This holiday season, gift your loved one an animal sponsorship in their name or family membership to the Robinson Nature Center!

For more information, call 410-313-0400.

HISTORIC & HERITAGE



Family Events

Archaeology in Your Community

Discover the history in your own backyard with the Upper Patuxent Archaeology Group! Presentations take place virtually and are perfect for all ages. To register for the programs below, contact Kelly Palich at 410-313-0423 or kpalich@howardcountymd.gov.

The Guilford Cemetery

What happens when a burial ground becomes forgotten in time? How do archaeologists document cemeteries? Learn about the cemetery in Guilford – where at least 80 people, both black and white, were buried during the early to mid-19th century.

All ages Online Classes: 1

Jan 10 1-2:30pm Su Free

Maryland's Paleoindian Period

Join Dr. Zac Singer, research archaeologist with the Maryland Historical Trust, as he presents research on Maryland's Paleoindian past. Zac also presents the re-launch of the Maryland Fluted Point Survey.

All ages Online Classes: 1

Feb 21 1-2:30pm Su Free

Urban Archaeology and Community Engagement: Baltimore Archaeology Forum

Join Dr. Adam Fracchia from the University of Maryland as he reflects on various projects undertaken in Baltimore City and its surrounding suburbs. How does working on urban sites influence community engagement and empowerment in today's political climate? Learn about the Baltimore Archaeology Forum and how the group is trying to connect members of the community to their past through archaeology.

All ages Online Classes: 1

Mar 7 1-2:30pm Su Free

Technologies Born on the Railroad

The railroad saw the introduction of many inventions, technologies, and conveniences we still use today. Join B&O staff in this online program to discover some of the common and not so common things born on the railroad! Info: Emily Mosher, emosher@howardcountymd.gov or 410-313-0419.

All ages Online Classes: 1

RP9983.202 Jan 15 6-7pm F \$10

Black History is American History

Join Living History and Heritage for this series of presentations highlighting the history of Black Americans in Howard County and beyond. Join members of the community as they present research on various topics such as politics, education, civil rights and historic properties. Info: Kelly Palich at 410-313-0423 or kpalich@howardcountymd.gov.

Black History in Howard County: A Virtual Sites Tour *Page 11*

Black Settlement in Historic Guilford: Cartersville

The village of Guilford was once a significant mill and quarry industry having employed numerous enslaved and free black laborers. One of the men who worked the quarry, Willis J. Carter, would later serve as the first pastor of the First Baptist Church of Guilford. Join Joan Carter Smith as she weaves the narrative of her family history in Guilford over the last hundred years!

All ages Online Classes: 1

RP9977.202 Feb 6 1-2:30pm Sa \$10

Stories of Slavery in Howard County

Join local historian Marlena Jareaux as we take a journey into Howard County's slavery past, using both research regarding the enslavers and a few stories involving those they enslaved.

All ages Online Classes: 1

RP9977.301 Mar 21 1-2:30pm Su \$10

History How To Series

Join us for hands-on history as we explore the ways those who came before us interacted with available resources. Discover how Victorians used nature as art, how people on the frontier survived during cold weather, and how wool could be processed into warm garments. Info: Kelly Palich at 410-313-0423 or kpalich@howardcountymd.gov.

History How To: Victorian Naturalists - Winter as Art

Explore how people in the 19th century appreciated nature even in the dead of winter! Learn about plants that grow plentiful during the winter and take a brisk hike to gather materials from the farm to make your own winter decorations for home and yard. Children under 13 must be accompanied by registered adult.

10 yrs + Living Farm Heritage Museum Classes: 1

RP9980.201 Jan 24 1-4pm Su \$20

History How To: Winter Survival on the Frontier *Page 12*

History How To: From Sheep to Shawl - Historic Fiber Arts *Page 12*

Our Sisters Telegraphic *Page 12*

Pre-K (0-5 yrs)

Little History Explorers Series

Join us for our new hands-on, online mini classes in History! Explore a new theme each month ranging from presidents, Black History Month and Women's History Month. Each week starts with a pre-recorded story and continues with activities provided by the Living History Program. All supplies, activities, and instructions are provided. Video content for each week available Tuesdays at 9am. Info: Kelly Palich, kpalich@howardcountymd.gov or 410-313-0423.

3-7 yrs Online Weeks: 4 or 5

| | | | | | |
|------------|-------|-----------------------|----------|----|------|
| RP9982.201 | Jan 5 | Presidents | 9am-noon | Tu | \$40 |
| RP9982.202 | Feb 2 | Black History Month | 9am-noon | Tu | \$40 |
| RP9982.301 | Mar 2 | Women's History Month | 9am-noon | Tu | \$55 |

Youth (5-18 yrs)

Time Traveling Kids Series

Join us for our Time Traveling Kids series! Explore hands-on history. Info: Kelly Palich, kpalich@howardcountymd.gov or 410-313-0423.

Time Traveling Kids: Presidents!

Discover the history of democracy and some of the USA's most famous presidential leaders. Learn the role of a president, what election day is about, George Washington, the founding fathers, and some famous presidents!

8-13 yrs Waverly Mansion Classes: 4

| | | | | |
|------------|-------|---------|---|-------|
| RP9979.201 | Jan 6 | 9am-2pm | W | \$165 |
|------------|-------|---------|---|-------|

Time Traveling Kids: Black History Month!

Celebrate Black History Month with an in-depth historical look! Discover black history from the Underground Railroad and Emancipation to Jim Crow and Civil Rights.

8-13 yrs Waverly Mansion Classes: 4

| | | | | |
|------------|-------|---------|---|-------|
| RP9979.202 | Feb 3 | 9am-2pm | W | \$165 |
|------------|-------|---------|---|-------|

Time Traveling Kids - Women's History Month!

Celebrate Women's History Month as we look at women's contributions to the fields of science, art, tech, and engineering. No class 3/24.

8-13 yrs Waverly Mansion Classes: 4

| | | | | |
|------------|-------|---------|---|-------|
| RP9979.203 | Mar 3 | 9am-2pm | W | \$165 |
|------------|-------|---------|---|-------|

History Day for Scouts

Spend the afternoon discovering local history! Open to all. Fun patch included! Info: Kelly Palich, kpalich@howardcountymd.gov or 410-313-0423.

History Day for Scouts: Celebrating Democracy

Explore democracy and community as we participate in presidential fun! Learn what it takes to be a great community and national leader; learn about national symbols that represent democracy, the election process, and past presidents and their contributions to our nation. Fulfills requirements for Citizenship and Democracy Badges.

5-16 yrs Waverly Mansion Classes: 1

| | | | | |
|------------|--------|-------|----|------|
| RP9985.201 | Jan 16 | 1-4pm | Sa | \$20 |
|------------|--------|-------|----|------|

History Day for Scouts: Women in History

Explore the significant contributions of women throughout history in science, art, technology, transportation and politics! Through hands-on activities, scouts explore famous women and become inspired to become great heroes in their own communities! Scouts receive a Women's History Month Fun Patch.

5-16 yrs Waverly Mansion Classes: 1

| | | | | |
|------------|-------|-------|----|------|
| RP9985.301 | Mar 6 | 1-4pm | Sa | \$20 |
|------------|-------|-------|----|------|

History Day for Scouts: Architecture and Historic Preservation *Page 12*

History Day for Scouts: Historical Orienteering and Exploration *Page 12*

Adults (16 yrs +)

• Info: Emily Mosher, 410-313-0419
or emosher@howardcountymd.gov.

B&O Behind the Scenes

Discover the hidden history of the oldest railway station in the country. Explore the B&O Ellicott City Station Museum and learn how it and the railroad overcame the challenges of building and maintaining this revolutionary form of transportation.

16 yrs + Online Classes: 1

| | | | | |
|------------|-------|----------|---|------|
| RP9983.201 | Jan 8 | 6-7:30pm | F | \$12 |
|------------|-------|----------|---|------|

B&O Ghostly Guides

Spend the night before Valentine's Day at the oldest surviving railway station in the country! Tour the museum after dark, hear stories of paranormal experiences, and then use investigative equipment to draw your own ghostly conclusions!

16 yrs + B&O EC Station Museum Classes: 1

| | | | | |
|------------|--------|--------|----|------|
| RP9978.201 | Feb 13 | 7-10pm | Sa | \$25 |
|------------|--------|--------|----|------|

History Happy Hour *Page 11*

Brush with History

Paint a historic scene of Old Ellicott City while enjoying the creative atmosphere in America's oldest surviving railroad station. Let a local painter and artist guide you in making your own interpretation of a selected painting and learn the history behind the site as you paint. No experience necessary, just a sense of creativity!

18 yrs + B&O EC Station Museum Classes: 1

| | | | | |
|------------|-------|-----------|----|------|
| RP9975.301 | Mar 4 | 6:30-10pm | Th | \$40 |
|------------|-------|-----------|----|------|

Waverly Ghostly Guides *Page 12*

To register, visit
www.howardcountymd.gov/rap
or call 410-313-7275.



= Online program



= Program may go online if unable to be held in person

PRE-K (0-5 yrs) CLASSES & ACTIVITIES



Adventures in Learning

• Info: Cindy Ochs, 410-313-4681
or cochs@howardcountymd.gov.

The Early Years Matter

Help your child get ready for kindergarten. Follow this progression of classes that help build your child's social and emotional skills. (You can start at any stage of this school-readiness program.) More and more children in Maryland are school-ready when they enter kindergarten. Make sure your child is one of them! Staff members do not change diapers.

Awesome Athletes, Amazing Artists (Parent/Child)

If your child enjoys being active and creative, this is the class for you! Explore sports, games, arts and crafts while meeting new friends! Spend the first half of class throwing, kicking and shooting with a variety of interactive gym games. Continue the fun in the second half of class with painting, pasting and creating an array of art projects! Parents are required to attend.

2-4 yrs Classes: 6

RP6973.201 Gary J Arthur Comm Ctr Feb 19 9:30-10:30am F \$90

Tots Discovery Jr.

This drop-off class is designed to foster increased independence through hands-on activities that develop social, cognitive and fine motor skills while exploring and meeting new friends. It's a wonderful way to make a seamless transition into our Tots Discovery classes.

2 yrs Classes: 6 No class 3/10

RP3204.201 Gorman Crossing ES Feb 17 10-10:45am W \$99

RP3204.202 Rockburn ES Feb 19 10-10:45am F \$99

Tots Discovery

Is your two-year-old ready for a more challenging environment? This program provides enriching, positive experiences that allow children to have fun, explore the world around them and learn how to get along with others. Emphasis is on learning through play and building a foundation for a preschool experience. Thematic lessons are developmentally appropriate. To allow children time to adapt to this new environment, class meets for one hour the first day. Class includes snack.

2 yrs Classes: 10

RP3201.201 Dayton Oaks ES Feb 16 10am-noon Tu,Th \$165

RP3201.202 Gorman Crossing ES Feb 16 10am-noon Tu,Th \$165

RP3201.203 Rockburn ES Feb 16 10am-noon Tu,Th \$165

Preschool Adventures

Join the adventure! Enjoy an exciting, physically active and well-rounded experience. Enriching activities include story time, music, arts and crafts, along with sports-specific activities in the gym. Participants should bring a nut-free lunch. Sneakers are highly recommended.

2 yrs, 9 mos-5 yrs Classes: 20

RP6971.203 Gary J Arthur Comm Ctr Feb 22 9:30am-1pm M-Th \$430

My First School

This program is designed to help children make a successful transition to an independent experience. They develop social skills while exploring the alphabet, games, music, movement, and art with different themes. Includes snack.

2 yrs, 9 mos-3 yrs, 9 mos Classes: 10

RP3202.201 Ilchester ES Feb 16 10am-noon Tu,Th \$165

RP3202.202 N Laurel Comm Ctr Feb 16 10am-noon Tu,Th \$165

RP3202.203 Rockburn ES Feb 22 10am-noon M,W \$165

Step into School

This specialized program is designed to help your child get ready for kindergarten. Daily activities include writing workshops, reading readiness and math skills. Activities support school curriculum goals and encourage socialization and independence. Includes snack.

3 yrs, 9 mos-4 yrs, 9 mos Classes: 10

RP3221.201 Ilchester ES Feb 22 10am-12:30pm M,W \$175

RP3221.202 N Laurel Comm Ctr Feb 22 9:30am-noon M,W \$175

Kindergarten Jump Start

This academic program helps children prepare for a smooth transition into kindergarten. Through age-appropriate activities in reading readiness, math, science and social studies, participants engage in individual, small and large-group activities. Emphasis is on listening and following directions, starting and completing tasks, group cooperation and expected school behavior. Music, movement and art make learning fun! Participants should bring a nut-free lunch.

4½-5 yrs Classes: 20

RP1727.205 Veterans ES Feb 22 10am-1:30pm M-Th \$430

Marshmallow Math

Math is more fun when experimenting and playing. Explore math concepts through sorting, patterning, counting, graphing and measuring. Snack becomes an adventure when sorting Teddy Grahams or eating the number eight! Graph with marshmallows and explore terrific tangrams and shapes! Songs, art projects and manipulatives are incorporated to help this preschool experience be meaningful and stimulating.

3-5 yrs Classes: 6

RP3206.201 N Laurel Comm Ctr Feb 19 10am-noon F \$110

**To register, visit
www.howardcountymd.gov/rap
or call 410-313-7275.**



= Online program



= Program may go online if
unable to be held in person



Cooking/Art

- Info: Cindy Ochs, 410-313-4681
or cochs@howardcountymd.gov.

Abrakadoodle Yummy Art (Parent/Child)

Get your spoon, paintbrush and chocolate syrup ready - we're going to create art! From cupcake design to mosaics with food to chocolate syrup painting. It's all about the wonderful and wacky world of food art! Build spaghetti sculptures, learn about food artists such as Vic Muniz, and play "foodie" games. We even make our own incredible edibles. No peanuts, peanut oils, or tree-nut product are used.

2-3 yrs Classes: 6

RP3209.201 Dayton Oaks ES Feb 17 9:45-10:45am W \$105

Crafts & Fine Arts

- Info: Cindy Ochs, 410-313-4681
or cochs@howardcountymd.gov.

Abrakadoodle Art Twoosy Doodlers (Parent/Child)

Parents and kids, experiment with art materials while developing fine motor skills, hand-eye coordination, creativity, readiness skills, confidence, ability to play with others and imaginative thinking. Non-toxic materials used. Sculpt, stamp, cut, glue, draw, color, listen to stories and sing songs! Frames and protective aprons provided.

20-36 mos Classes: 6

RP0133.201 Roger Carter Comm Ctr Feb 20 9:30-10:15am Sa \$95

RP0133.202 N Laurel Comm Ctr Feb 20 9:30-10:15am Sa \$95

Abrakadoodle Art Mini Doodlers

Get creative! Learn and emulate drawings of artists with new themes and topics! Paint, learn wet-on-wet techniques, create large-scale artwork and explore a variety of materials to create original art. Lessons are designed to ignite the imagination, foster creativity and develop new skills. Frames and protective aprons provided.

3½-5 yrs Classes: 6

RP0134.201 Roger Carter Comm Ctr Feb 20 10:30-11:15am Sa \$95

RP0134.202 N Laurel Comm Ctr Feb 20 10:30-11:15am Sa \$95



Dance

- Programs listed by category, then age, then alphabetical.
- Info: Adam Wienckowski, 410-313-4714
or awienckowski@howardcountymd.gov.

Parent/Child Movement & Song by Kinetics

The imagination expands as children explore dance using stories, props and creative movement. Bare feet recommended. Fee includes participation of one child and one parent/caregiver.

2-3 yrs Kinetics Dance Theatre Classes: 8

RP1007.201 With Teresa Whittemore Jan 9 10:15-11am Sa \$75

Virtual Mommy & Me Movement

(Parent/Child) by Misako Ballet 

This exciting movement class allows you and your child to move together through dancing, singing, role-playing and more. Watch your little one gain confidence and an appreciation for music and rhythm. Wear comfortable clothing, bare feet or socks.

2-3 yrs Online Classes: 8

RP1005.201 With Cecilia Ituarte Jan 21 10-10:45am Th \$79

Creative Dance by Kinetics Dance Theatre

Enjoy an introduction to the joy of movement using stories, props, and imagination. Dancers explore locomotor skills, rhythm, patterns and spatial awareness. Form-fitting clothing and bare feet recommended.

3-4 yrs Kinetics Dance Theatre Classes: 8

RP1010.202 With Teresa Whittemore Jan 9 9:20-10:05am Sa \$75

Creative Movement by Cindee Velle Ballet

This intro to dance incorporates the exploration of space, rhythm, body-awareness, time, shape and dynamics. Use of imagination is encouraged! A pink leotard, pink tights and pink (leather or canvas) ballet shoes required for girls; a white t-shirt, black shorts or sweatpants and black ballet (leather or canvas) shoes required for boys. Enjoy an open house at the end of the session for family.

3-5 yrs Roger Carter Comm Ctr Classes: 16 No class 4/2

RP1019.201 With Amy Spears Jan 15 4:30-5:15pm F \$125

Virtual Ballet & Tap

by Dance Connections, Inc. 


This fun, creative class combines the fundamentals of ballet and tap. For the first half of each class, wear tap shoes and explore the basics the different rhythms and the basics of tap dancing to familiar tunes. Halfway through, change into ballet shoes to enjoy an intro to ballet, dance fundamentals and concepts in the center and across the floor. Wear dance attire for ease of movement (ex: leotard or dance dress and tights). Leather ballet and tap shoes required.

3-5 yrs Online Classes: 10 No class 1/18, 2/15

RP1025.201 Jan 11 10-10:45am M \$119

RP1025.202 Jan 16 1:15-2pm Sa \$119

Virtual Dance, Baila!

by Misako Ballet Studio 

Explore a new culture through dance! This unique class teaches a variety of basic dance steps, stretches, and movement patterns while practicing new words and concepts in Spanish (ex: greetings, animals and body parts). Taught by a native Spanish speaker. Wear comfortable clothing for ease of movement and bare feet.

3½-5 yrs Online Classes: 8

RP1016.201 With Cecilia Ituarte Jan 21 10:45-11:30am Th \$79

NEW! Ballet Babies by Kinetics Dance Theatre

Gain an introduction to ballet skills and concepts using creativity and self-expression. Dancers explore balance, self-control, and musicality while learning basic ballet vocabulary. Leotard, tights/leggings, and ballet shoes recommended.

4-6 yrs Kinetics Dance Theatre Classes: 8

RP1011.203 With Teresa Whittemore Jan 10 1-1:45pm Su \$75

Dance Basics for Boys

by Kinetics Dance Theatre

Receive an introduction to basic dance concepts. Dancers build self-control, locomotor skills and rhythm using imagery and themes such as animals, superheroes, and outer space. Comfortable clothing and tap shoes required.

4-6 yrs Kinetics Dance Theatre Classes: 8

RP1013.201 With Christina Monteleone Jan 9 11:05-11:50am Sa \$75

NEW! Mini-Movers by Kinetics Dance Theatre

Enjoy an introduction to modern dance skills and concepts using creativity and self-expression. Dancers explore varying shapes, dynamics, and spatial relationships while building self-awareness. Leotard, tights/leggings, and bare feet recommended.

4-6 yrs Kinetics Dance Theatre Classes: 8

RP1027.202 With Christina Monteleone Jan 9 12:15-1pm Sa \$75



Fitness

• Info: Cindy Ochs, 410-313-4681
or cochs@howardcountymd.gov.

Funfit® Tots (Parent/Child)

This fun-filled, high-energy class includes songs, stories, parachutes, games, balls, music and more! The perfect combination for your child who loves music and moving! Looking to squeeze in an extra 45 minutes of fun exercise while playing with your child? This is the class for you! Child must be walking. 11-24 mos — Classes: 6

RP3210.201 — Roger Carter Comm Ctr — Feb 9 — 9:30-10:15am — Tu — \$79

1½-4 yrs — Classes: 6

RP3210.202 — Roger Carter Comm Ctr — Feb 9 — 10:15-11am — Tu — \$79

Music & Theater Arts

Music Together at Olenka School of Music

Immerse your child in the Universal Language of Music, starting as early as one-month old! Your child grows into a confident music-maker while tapping into all the emotional and developmental benefits of early music education and brain fitness. Have fun singing, dancing, exploring small instruments, and drumming while sharing a great learning experience. Adult participation required. Babies under 8 months may attend free with a paid sibling. Materials purchase is optional. Info: William Banks, 410-313-4721 or wbanks@howardcountymd.gov.

1-36 mos — Classes: 4

RP0121.201 Online Jan 21 5:30-6:15pm Th \$65

RP0121.202 Online Jan 16 9:30-10:15am Sa \$65

RP0121.203 Online Feb 18 5:30-6:15pm Th \$65

RP0121.204 Online Feb 13 9:30-10:15am Sa \$65

Broadway Babies Drama by DLC:

Little Orphan Annie

Children learn singing, dancing, and acting skills as they work as part of a theatrical team, virtually. Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

3-5 yrs — Classes: 6

RP0103.201 Online Jan 9 9-10am Sa \$85

Music ABCs & Keyboarding at Olenka School of Music

Music is the best multivitamin for a child's brain! Learn the fundamentals of the Universal Language of Music together with your child. Have fun with singing phonics/DoReMi, dancing and conducting, playing keyboards and rhythm instruments, and engaging in developmentally stimulating music games. Adult participation required. \$25 materials fee per student due before the class. Info: William Banks, 410-313-4721 or wbanks@howardcountymd.gov.

3-4 yrs — Classes: 4

RP0128.201 Online Jan 21 4:30-5:15pm Th \$80

RP0128.202 Online Jan 16 9:30-10:15am Sa \$80

RP0128.203 Online Feb 18 4:30-5:15pm Th \$80

RP0128.204 Online Feb 13 9:30-10:15am Sa \$80



= Online program



= Program may go online if unable to be held in person

YOUTH (5-12 yrs) CLASSES & ACTIVITIES



Chess

- Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

Online Chess Club with Silver Knights

Join us for an online chess club! Each week, access to a live small group class with a 30-minute lesson and 30 minutes of practice games with a great instructor. In addition, gain access to great additional online offerings like weekly online tournaments and bonus broadcast lessons!

5-14 yrs Classes: 8

| | | | | | |
|------------|--------|--------|-----------|----|-------|
| RP3322.201 | Online | Jan 12 | 6-7pm | Tu | \$129 |
| RP3322.202 | Online | Jan 13 | 11am-noon | W | \$129 |
| RP3322.203 | Online | Jan 14 | 4-5pm | Th | \$129 |
| RP3322.204 | Online | Jan 15 | 8-9am | F | \$129 |

Chess Wizards Enrichment Club

Chess Wizards is one of the nation's premier chess education companies. Our interactive, discovery-based curriculum inspires students to think ahead, visualize their goals, treat others with respect and to learn from mistakes. Our classes are geared to suit children of all skill levels; from chessling to checkmate artist. Build upon your knowledge through lessons, tournaments, variation games and more! More than just a game of winning and losing, we make learning and playing chess fun!

6-12 yrs After School Classes: 8

| | | | | | |
|------------|------------------------|--------|-------|----|-------|
| RP3372.201 | Gary J Arthur Comm Ctr | Jan 25 | 4-5pm | M | \$149 |
| RP3372.202 | Kiwanis-Wallas Hall | Jan 26 | 4-5pm | Tu | \$149 |
| RP3372.203 | N Laurel Comm Ctr | Jan 27 | 4-5pm | W | \$149 |
| RP3372.204 | Roger Carter Comm Ctr | Jan 28 | 4-5pm | Th | \$149 |

Cooking

- No class on half days or when school is not in session.
- Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

School's Out Cooking *Page 34*

Spring Break Cooking *Page 36*

Cooking After School – Movie Mayhem

Bring the recipes of your favorite movies to life as we head into the kitchen to recreate some movie classics! Join the Minions in defeating the evil El Machno and celebrate by making fresh El Macho Nachos and Salsa. Travel to the Magic Kingdom and bake a delicious dessert that is fit for a prince and princess. Our next stop is the kitchens of Hogwarts as we discover which house we belong to when we make Sorting Hat Cupcakes. Who knew the movies could taste so good?

Grades K-5 Classes: 6 \$15 materials fee

| | | | | | |
|------------|-------------------------------|-------|-------------|----|-------|
| RP3301.201 | Gary J Arthur Comm Ctr | Feb 4 | 4:30-5:45pm | Th | \$115 |
| RP3301.202 | Kiwanis-Wallas Hall | Feb 5 | 4:30-5:45pm | F | \$115 |
| RP3301.203 | N Laurel Comm Ctr | Feb 3 | 4:30-5:45pm | W | \$115 |
| RP3301.204 | Pfeiffers Corner School House | Feb 9 | 4:30-5:45pm | Tu | \$115 |
| RP3301.205 | Schooley Mill Pk | Feb 8 | 4:30-5:45pm | M | \$115 |

Crafts & Fine Arts

- No class on half days or when school is not in session.
- If children return to in-person learning and after-school classes are permitted in schools, a full list of KidzArt after school classes and locations will be available online.

KidzArt After School

Enjoy a fun, unique, and confidence-building art experience. This drawing-based curriculum delivers engaging and educationally rich experiences that amaze and delight. Create a masterpiece each week. Explore artist-grade mediums (PrismaColor ArtStix, oil pastels, chalk pastels, charcoal, watercolor, clay, copper, textured papers, and more)! Extra cleaning and social distancing measures are in place. Participants are provided their own, individual supply kits for projects. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

Grades K-5 Classes: 7 Materials included

| | | | | | |
|------------|-----------------------|--------|-------------|----|-------|
| RP0113.145 | Roger Carter Comm Ctr | Nov 30 | 4:30-5:30pm | M | \$140 |
| RP0113.146 | N Laurel Comm Ctr | Dec 1 | 4:30-5:30pm | Tu | \$140 |
| RP0113.147 | Kiwanis-Wallas Hall | Dec 2 | 4:30-5:30pm | W | \$140 |
| RP0113.148 | Clarksville MS | Dec 3 | 4:30-5:30pm | Th | \$140 |
| RP0113.205 | Roger Carter Comm Ctr | Jan 11 | 4:30-5:30pm | M | \$140 |
| RP0113.206 | N Laurel Comm Ctr | Jan 12 | 4:30-5:30pm | Tu | \$140 |
| RP0113.207 | Kiwanis-Wallas Hall | Jan 13 | 4:30-5:30pm | W | \$140 |
| RP0113.208 | Clarksville MS | Jan 14 | 4:30-5:30pm | Th | \$140 |

AbraKadoodle Art

These art classes are all about creativity! Use your imagination while using a variety of materials, such as wire, clay, and more. Explore artists, techniques, and world cultures, while having fun! Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov.

Winter Theme: Art Rocks! — The stage is set for rock artists everywhere! Art Rocks! combines fun music and energetic art for a wildly creative adventure. Design a poster promoting a concert and a unique label for a new CD. Let's get creative as we design our own rock art, try our hands at melodic action painting, and have a rocking good time!

5-12 yrs — Classes: 6 — Materials included — No class: 2/10-2/15

| | | | | | |
|------------|-------------------|-------|-------------|----|------|
| RP0136.201 | Atholton ES | Feb 4 | 3:55-4:55pm | Th | \$99 |
| RP0136.202 | Cradlerock ES | Feb 1 | 2:55-3:55pm | M | \$99 |
| RP0136.203 | Forest Ridge ES | Feb 1 | 3:55-4:55pm | M | \$99 |
| RP0136.204 | Guilford ES | Feb 3 | 4:05-5:05pm | W | \$99 |
| RP0136.205 | Jeffers Hill ES | Feb 3 | 3:40-4:40pm | W | \$99 |
| RP0136.206 | Longfellow ES | Feb 4 | 3:35-4:35pm | Th | \$99 |
| RP0136.207 | Pointers Run ES | Feb 4 | 4:05-5:05pm | Th | \$99 |
| RP0136.208 | Stevens Forest ES | Feb 3 | 4:40-4:40pm | W | \$99 |
| RP0136.209 | Veterans ES | Feb 1 | 4:05-5:05pm | M | \$99 |



= Online program



= Program may go online if unable to be held in person

To register, visit
www.howardcountymd.gov/rap
 or call 410-313-7275.



Dance

- Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.
- For more 6 yrs and under dance classes, see page 28.

Dance Fundamentals (Jazz/Tap) by Kinetics Dance Theatre

An extension of basic dance movement with emphasis on jazz and tap dance traditions. Individuality is encouraged as dancers explore musicality and dynamics with high energy. Tap shoes required. Leotard, tights/leggings, and jazz shoes recommended.

5-6 yrs Kinetics Dance Theatre Classes: 8

| | | | | | |
|------------|-----------------------|-------|---------------|----|------|
| RP1026.201 | With Meagan Singleton | Jan 9 | 10:50-11:50am | Sa | \$95 |
|------------|-----------------------|-------|---------------|----|------|

Beginning Princess Ballet:

Rhythm & Steps with Misako Ballet Studio

Dance with scarves to the music of your favorite princesses. Class combines foundational ballet steps with the imagination of creative movement. Young dancers learn basic skills in locomotion, imagination and music appreciation. Leotard, tights and leather ballet shoes (no satin slippers) required.

5-7 yrs Online Classes: 10

| | | | | | |
|------------|-----------------|--------|----------|---|------|
| RP1001.201 | With Tonja Mask | Jan 20 | 5:15-6pm | W | \$99 |
|------------|-----------------|--------|----------|---|------|

5-7 yrs Misako Ballet Studio Classes: 10

| | | | | | |
|------------|----------------|--------|----------|----|------|
| RP1001.202 | With Nina Basu | Jan 21 | 5:15-6pm | Th | \$99 |
|------------|----------------|--------|----------|----|------|

Ballet/Jazz After School by Cindee Velle Ballet

This 90-minute dance class introduces basic barre exercises: leg, feet and arm positions and first forms of classic center work. The jazz portion includes contemporary movement from a range of American dance styles such as Broadway, lyrical and funk. Girls, wear black leotard, pink tights, pink ballet shoes (leather or canvas) and black jazz shoes. Boys, wear white t-shirt, black shorts or sweatpants, black ballet shoes and black jazz shoes. Enjoy an open house at end of the session for parents/family.

6-12 yrs Roger Carter Comm Ctr Classes: 16 No class 4/14

| | | | | | |
|------------|---------------------|--------|-------------|---|-------|
| RP1018.201 | With Catherine Rach | Jan 13 | 4:15-5:45pm | W | \$195 |
|------------|---------------------|--------|-------------|---|-------|

Back Beats with Nysia Carter

This fast-paced, high-energy, hip-hop class emphasizes body isolation movements, intricate rhythms and individual expression. Come learn basic hip-hop, popping and breakdancing techniques to develop your own unique style. Wear comfortable clothes. Sneakers required.

7-12 yrs Classes: 10 No class 2/13

| | | | | | |
|------------|-----------------------|--------|-------------|----|-------|
| RP1020.201 | Roger Carter Comm Ctr | Jan 16 | 3:30-4:30pm | Sa | \$115 |
|------------|-----------------------|--------|-------------|----|-------|

Language

• Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

Online Early Elementary Spanish

ISL provides a well-rounded online Spanish program for those children in grades K-2 & 3-5 that are either starting to learn Spanish or would like to continue adding to their knowledge of Spanish. Apart from the language, children learn about the culture and traditions of countries where Spanish is spoken. Students are introduced to greetings and presentations, the alphabet, the family, the school, numbers, colors, shapes, sizes, animals, parts of the body and senses, professions, places in the city and many more! Topics rotate each session; therefore, those who register for later sessions learn something different each time. Each student receives emails containing pdf files to print at home and use during class!

Grades K-2 Classes: 8

RP3311.201 Online Jan 19 4-5pm Tu \$159

Grades 3-5 Classes: 8

RP3311.202 Online Jan 21 4-5pm Th \$159

Music & Theater Arts

Music

• Info: William Banks, 410-313-4721 or wbanks@howardcountymd.gov.

Music Foundations & Keyboarding at Olenka School of Music

Music is the best multivitamin for a child's brain! Learn the basic fundamentals of the Universal Language of Music together with your child. Have fun with singing phonics/DoReMiS, dancing and conducting, playing keyboards and rhythm instruments, and engaging in developmentally stimulating music games. Adult participation required.

4-6 yrs Classes: 4 \$25 materials fee

RP0127.201 Online Jan 31 10:30-11:25am Su \$109

6-10 yrs Classes: 4 \$25 materials fee

RP0127.202 Online Jan 31 11:30am-12:25pm Su \$109

Learn Now Music via Zoom - Piano, Guitar, Violin, Drums

Learn Now Music's mission is to "create a positive, musical experience for all of our students!" Budding musicians participate in musical instruction and theory. Enjoy musical games, special extension curriculum-based activities, musical listening excerpts, and more! Choose between one of the four instruments. A rental agreement must be signed. Learn Now Music coordinates instrument delivery and pickup.

Grades K-5 Classes: 6 \$139 + \$20 materials fee

| | | | | |
|------------|--------------------------------|--------|-------------|----|
| RP3361.201 | Online for Atholton ES | Jan 11 | 4-5pm | M |
| RP3361.202 | Online for Bellows Spring ES | Jan 13 | 4-5pm | W |
| RP3361.203 | Online for Bollman Bridge ES | Jan 13 | 3:30-4:30pm | W |
| RP3361.204 | Online for Bryant Woods ES | Jan 14 | 3:30-4:30pm | Th |
| RP3361.205 | Online for Bushy Park ES | Jan 15 | 4-5pm | F |
| RP3361.206 | Online for Centennial Lane ES | Feb 19 | 6-7pm | F |
| RP3361.207 | Online for Clarksville ES | Jan 12 | 4-5pm | Tu |
| RP3361.208 | Online for Clemens Crossing ES | Jan 11 | 4-5pm | M |
| RP3361.209 | Online for Cradlerock ES | Jan 12 | 3:30-4:30pm | Tu |
| RP3361.210 | Online for Dayton Oaks ES | Jan 13 | 3:30-4:30pm | W |

| | | | | |
|------------|----------------------------------|--------|-------------|----|
| RP3361.211 | Online for Deep Run ES | Jan 14 | 4-5pm | Th |
| RP3361.212 | Online for Ducketts Lane ES | Jan 13 | 3:30-4:30pm | W |
| RP3361.213 | Online for ElkrIDGE ES | Feb 22 | 4-5pm | M |
| RP3361.214 | Online for Forrest Ridge ES | Feb 16 | 4-5pm | Tu |
| RP3361.215 | Online for Gorman Crossing ES | Jan 13 | 4-5pm | W |
| RP3361.216 | Online for Guilford ES | Jan 14 | 4-5pm | Th |
| RP3361.217 | Online for Hammond ES | Jan 11 | 3:30-4:30pm | M |
| RP3361.218 | Online for Hollifield Station ES | Jan 15 | 3:30-4:30pm | F |
| RP3361.219 | Online for Ilchester ES | Feb 18 | 4-5pm | Th |
| RP3361.220 | Online for Jeffers Hill ES | Feb 16 | 3:30-4:30pm | Tu |
| RP3361.221 | Online for Laurel Woods ES | Jan 11 | 3:30-4:30pm | M |
| RP3361.222 | Online for Lisbon ES | Jan 13 | 6-7pm | W |
| RP3361.223 | Online for Longfellow ES | Jan 12 | 3:30-4:30pm | Tu |
| RP3361.224 | Online for Manor Woods ES | Jan 15 | 3:30-4:30pm | F |
| RP3361.225 | Online for Northfield ES | Jan 12 | 3:30-4:30pm | Tu |
| RP3361.226 | Online for Phelps Luck ES | Jan 15 | 3:30-4:30pm | F |
| RP3361.227 | Online for Pointers Run ES | Jan 13 | 3:30-4:30pm | W |
| RP3361.228 | Online for Rockburn ES | Feb 18 | 3:30-4:30pm | Th |
| RP3361.229 | Online for Running Brook ES | Jan 14 | 4-5pm | Th |
| RP3361.230 | Online for St. Johns Lane ES | Jan 15 | 3:30-4:30pm | F |
| RP3361.231 | Online for Stevens Forrest ES | Jan 11 | 4-5pm | M |
| RP3361.232 | Online for Swansfield ES | Jan 12 | 4-5pm | Tu |
| RP3361.233 | Online for Talbott Springs | Jan 14 | 4-5pm | Th |
| RP3361.234 | Online for Thunder Hill ES | Feb 17 | 4-5pm | W |
| RP3361.235 | Online for Triadelphia Ridge ES | Jan 13 | 3:30-4:30pm | W |
| RP3361.236 | Online for Veterans ES | Feb 22 | 4-5pm | M |
| RP3361.237 | Online for Waterloo ES | Feb 17 | 4-5pm | W |
| RP3361.238 | Online for West Friendship ES | Jan 14 | 4-5pm | Th |
| RP3361.239 | Online for Waverly ES | Jan 15 | 4-5pm | F |
| RP3361.250 | Roger Carter Comm Ctr | Feb 19 | 6-7pm | F |
| RP3361.251 | Gary J Arthur Comm Ctr | Feb 1 | 4-5pm | M |
| RP3361.252 | N Laurel Comm Ctr | Feb 17 | 6-7pm | W |

Creative Songwriting at Olenka School of Music

Can you read and hear music written on paper first, just like Mozart did? Speak, read and write in the language of music by generating, exploring and developing ideas into original compositions. Learn to build your own melodies in a variety of styles with accompanying lyrics. Prior music experience is helpful, but not necessary. Materials pickup arranged before first class.

6-10 yrs Classes: 4 \$20 materials fee

RP0124.201 Online Jan 6 5:30-6:25pm W \$109

RP0124.202 Online Feb 3 5:30-6:25pm W \$109

Guitar Beginners at Olenka School of Music

Learn music as a universal language: speaking, reading and writing in music will help you to play guitar, improvise melodies and add chords. If you don't have your own guitar, you can rent one from OSM for \$35. Materials pickup arranged before first class.

6-10 yrs Classes: 4 \$20 materials fee

RP0125.201 Online Jan 4 5:30-6:25pm M \$109

RP0125.202 Online Feb 1 5:30-6:25pm M \$109

Vocal Starz with Olenka School of Music 

Our voice is the original musical instrument! The approach of learning music as a language will start a great foundation for vocal technique. Beginner vocalists will share their love of singing in a fun, engaging and collaborative environment. Materials pickup arranged before first class.

6-11 yrs Classes: 4 \$20 materials fee per family

| | | | | | |
|------------|--------------|-------|----------|---|-------|
| RP0126.201 | OSM Columbia | Jan 6 | 5-5:55pm | M | \$109 |
| RP0126.202 | OSM Columbia | Feb 3 | 5-5:55pm | M | \$109 |

6-10 yrs Classes: 4 \$20 materials fee per family

| | | | | | |
|------------|--------|-------|----------|----|-------|
| RP0126.211 | Online | Jan 7 | 5-5:55pm | Th | \$105 |
| RP0126.212 | Online | Feb 4 | 5-5:55pm | Th | \$105 |

Theater

• Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Elementary Virtual Drama

Showcase by DLC: *The Hard Knock Life* 

Lights, camera, action! Virtual drama showcases give students a creative outlet for their artistic energy while interacting with peers. Students learn about character development, acting, and dancing while working on scenes and songs about everyone's favorite orphan, Annie!

Grades K-5 Classes: 8 \$95

| | | | | |
|------------|---------------------------------|--------|-------------|----|
| RP1039.201 | Online for Centennial Lane ES | Jan 8 | 4:15-5:15pm | F |
| RP1039.202 | Online for Dayton Oaks ES | Jan 11 | 4:15-5:15pm | M |
| RP1039.203 | Online for Gorman Crossing ES | Jan 7 | 4:15-5:15pm | Th |
| RP1039.204 | Online for Manor Woods ES | Jan 13 | 4:15-5:15pm | W |
| RP1039.205 | Online for St. John's Lane ES | Jan 12 | 4:15-5:15pm | Tu |
| RP1039.206 | Online for Triadelphia Ridge ES | Jan 7 | 4:15-5:15pm | Th |
| RP1039.207 | Online for Waverly ES | Jan 8 | 4:15-5:15pm | F |
| RP1039.211 | Online for Fulton ES | Jan 13 | 4:15-5:15pm | W |

Socially Distant Drama Showcase by DLC:


The Hard Knock Life


Do your students need some safe, in-person interaction with peers after a long day of e-learning? Drama showcases will give them a creative outlet for their artistic energy while maintaining safe social distancing practices. Students will learn about character development, acting, and dancing while working on scenes about everyone's favorite orphan, Annie! A final showcase is recorded and emailed after the conclusion of the class term.

Grades K-5 Classes: 8 \$150

| | | | | |
|------------|------------------------|--------|----------|----|
| RP1045.201 | Gary J Arthur Comm Ctr | Jan 12 | 5:30-7pm | Tu |
| RP1045.202 | Kiwanis-Wallas Hall | Jan 7 | 5:30-7pm | Th |
| RP1045.203 | Schooley Mill Pk | Jan 8 | 5-6:30pm | F |

To register, visit
www.howardcountymd.gov/rap
or call 410-313-7275.

 = Online program

 = Program may go online if unable to be held in person



Frozen Jr! Drama After School by CCTA

Join us as we tell the story of true love and acceptance between sisters Anna and Elsa. When faced with danger, the two princesses discover their hidden potential and the powerful bond of sisterhood. With a cast of beloved characters and loaded with magic, adventure and plenty of humor, Frozen Jr is sure to thaw even the coldest heart! Students learn the fundamentals of musical theater including choreography, character development and stage direction. Program meets for 11 after-school classes and culminates with a 7pm evening performance for family and friends on the final day of the class, with a full stage production complete with theatrical sets, lighting, costumes and sound! No class on half days or when school is not in session.

6-12 yrs Classes: 11 No class 2/15, 4/5, 4/6

| | | | | | |
|------------|-----------------|--------|-------------|----|-------|
| RP1041.201 | Northfield ES | Feb 18 | 3:30-4:45pm | Th | \$189 |
| RP1041.202 | Pointers Run ES | Feb 16 | 4-5:15pm | Tu | \$189 |
| RP1041.203 | Veterans ES | Feb 8 | 4-5:15pm | M | \$189 |
| RP1041.204 | Waverly ES | Feb 17 | 3:50-5:05pm | W | \$189 |

Personal Development

Magic (and Life Skills) After School with Mike Perrello

Learn dozens of magic tricks! Receive custom magic props and take-home lessons. Professional magician Mike Perrello has specialized in educational programs for over 15 years. Info: www.mdMagicAcademy.com.

Grades K-5 Classes: 8 No class 2/11, 2/15, 4/5

| | | | | | |
|------------|--------------------|-------|-------------|----|-------|
| RP3395.201 | Centennial Lane ES | Feb 4 | 3:15-4:15pm | Th | \$225 |
| RP3395.202 | Waverly ES | Feb 8 | 3:50-4:50pm | M | \$225 |



Schools Out Programs

• Info: Adam Wienckowski, 410-313-4714 or
awienckowski@howardcountymd.gov.

Winter Break: Cooking

Winter Break – Cooking with Club SciKidz

Discount for multiple days! Please call to register and receive this discount.
One day: \$99; Two days: \$179; Three days: \$255.

Before-care options: One day: \$12; Two days: \$21; Three days: \$29

After-care options: One day: \$18; Two days: \$32; Three days: \$45

NEW! Cook Around the World: Winter Traditions Edition

You'll not only learn and practice cooking and baking basics, but you'll be creating treats and dishes from all of the world! As we do so, learn about different cultures and their winter holidays and traditions. Travel to Poland and make traditional Piernik (gingerbread) and experience other cultures as you make a variety of holiday cookies. Celebrate the Chinese New Year by making crafts, tasty treats and your very own Chinese New Year slime! Learn about Hanukkah and make edible dreidels and latkes. Start your winter break off right and join us for 1, 2 or 3 days, with different activities and recipes each day!

Day 1 – Monday, December 28

RP3389.201 Grades K-5 Gary J Arthur Comm Ctr 9am-3:30pm \$99

Before Care: RP3389.261 8-9am \$12

After Care: RP3389.271 3:30-5pm \$18

Day 2 – Tuesday, December 29

RP3389.202 Grades K-5 Gary J Arthur Comm Ctr 9am-3:30pm \$99

Before Care: RP3389.262 8-9am \$12

After Care: RP3389.272 3:30-5pm \$18

Day 3 – Wednesday, December 30

RP3389.203 Grades K-5 Gary J Arthur Comm Ctr 9am-3:30pm \$99

Before Care: RP3389.263 8-9am \$12

After Care: RP3389.273 3:30-5pm \$18

Winter Break: Science & Technology

Winter Break: Science

Come prepared for an exciting time of winter themed challenges, activities and experiments.

NEW! Winter STEAM Extravaganza – Use your designing and engineering skills to build the fastest sledding slope, a snow shovel with the largest load, and the strongest enclosure that will protect animals from the elements. Use the scientific method as you do experiments about melting ice and trying to keep the ice from melting. We'll also use art to make a moving winter scene and one-of-a-kind snowflakes. Each day is fun-filled and different from the last.

Monday-Wednesday, December 28-30

RP3304.211 Grades K-3 Roger Carter Comm Ctr 9am-3:30pm \$255

Before Care: RP3305.211 8-9am \$29

After Care: RP3305.212 3:30-5pm \$45

NEW! Winter STEAM Extravaganza: Advanced – Step into the role of ski lodge engineer as you complete a skiing and ski lift chair challenge. Use the scientific method as you do experiments about melting ice and trying to keep the ice from melting. You also build team working skills as you work together to successfully complete an Escape Room Challenge.

Monday-Wednesday, December 28-30

RP3304.212 Grades 3-5 Roger Carter Comm Ctr 9am-3:30pm \$255

Before Care: RP3305.211 8-9am \$29

After Care: RP3305.212 3:30-5pm \$45

Winter Break: Theater Arts

Winter Break: Drama

Dynamic Disney with Drama Learning Center – Enjoy new drama-themed fun, arts, and crafts. Each day focuses on a different Disney favorite.

Grades K-6 Additional sibling: \$25 per day or \$100 for series (must call).

RP3338.211 Drama Learning Ctr Dec 28-31 9am-4pm M-Th \$250

RP3338.201 Drama Learning Ctr Dec 28 9am-4pm M \$75

RP3338.202 Drama Learning Ctr Dec 29 9am-4pm Tu \$75

RP3338.203 Drama Learning Ctr Dec 30 9am-4pm W \$75

RP3338.204 Drama Learning Ctr Dec 31 9am-4pm Th \$75

School's Out: Cooking

Schools Out Cooking with Club SciKidz

Ocean Adventures – Journey with us under the sea as we learn about the amazing creatures that live there and create a variety of ocean-themed goodies and treats! We'll bake cupcakes, combine art with our cooking to make things that not only taste good – but look good, and use a variety of ingredients to bring sea creatures to life!

Grades K-5 Gary J Arthur Comm Ctr

RP3389.211 Jan 29 9am-3:30pm F \$99

Before Care: RP3389.281 8-9am \$12

After Care: RP3389.291 3:30-5pm \$18

Jungle Safari Edition – Lions and tigers... oh my! Bakers begin by designing Jungle Safari cupcakes, working with color, flavor and add-ons. Bring your design to life by first baking (choose between using a mix or from scratch) and then decorating cupcakes. Work at bringing the jungle to life as you design and make displays for your award-winning cupcakes! Join us as we not only have a little friendly competition, but learn and practice some basic kitchen and baking skills!

Grades K-5 Gary J Arthur Comm Ctr

RP3389.212 Feb 12 9am-3:30pm F \$99

Before Care: RP3389.282 8-9am \$12

After Care: RP3389.292 3:30-5pm \$18



School's Out: Crafts & Fine Arts

School's Out Workshop with KidzArt!

Engage your imagination in a new way! Our format allows you to learn fine art techniques while encouraging creative thinking in a relaxed environment. KidzArtists explore a variety of artist-grade materials through exciting drawings and 3D projects from popular summer camps. Bring an apron, smock or wear old clothes.

| Grades K-5 | Roger Carter Comm Ctr | Days: 1 | Materials included | | | |
|------------|------------------------------|---------|--------------------|---|-------|--|
| RP0113.291 | Under the Sea | Jan 18 | 8:30am-5:30pm | M | \$105 | |
| RP0113.293 | Space Adventure | Jan 29 | 8:30am-5:30pm | M | \$105 | |
| RP0113.295 | Inspiration from the Masters | Feb 12 | 8:30am-5:30pm | M | \$105 | |
| RP0113.297 | Theme: TBD | Feb 15 | 8:30am-5:30pm | M | \$105 | |
| Grades K-5 | N Laurel Comm Ctr | Days: 1 | Materials included | | | |
| RP0113.292 | Creative Creatures | Jan 18 | 8:30am-5:30pm | M | \$105 | |
| RP0113.294 | Under the Sea | Jan 29 | 8:30am-5:30pm | M | \$105 | |
| RP0113.296 | Caribbean Adventure | Feb 12 | 8:30am-5:30pm | M | \$105 | |
| RP0113.298 | Theme: TBD | Feb 15 | 8:30am-5:30pm | M | \$105 | |

School's Out: LEGO®

Bricks4Kidz LEGO®

School's Out Workshops

School is out and we're open for play! Topics vary and include the popular LEGO® themes of Extreme Gaming, Movie Mix-up, Brick Zoology and Building is Awesome - Emmet's Wild Adventure! Activities take place indoors.

| 5-11 yrs | Roger Carter Comm Ctr | Days: 1 | Sign up for one or multiple days! |
|------------|-----------------------|------------|-----------------------------------|
| RP3369.206 | Dec 28 | 8:30am-5pm | M \$95 |
| RP3369.207 | Dec 29 | 8:30am-5pm | Tu \$95 |
| RP3369.208 | Dec 30 | 8:30am-5pm | W \$95 |
| RP3369.201 | Jan 18 | 8:30am-5pm | M \$95 |
| RP3369.202 | Jan 29 | 8:30am-5pm | F \$95 |
| RP3369.203 | Feb 12 | 8:30am-5pm | F \$95 |
| RP3369.204 | Feb 15 | 8:30am-5pm | M \$95 |

School's Out: Magic & Circus

Schools Out Circus Camp Stars

Learn juggling, plate spinning, tight wire, stilts, acrobatics, rolo bolo, unicycling, physical comedy (clowning) and more! Hand-eye coordination, balance and self-confidence all improve as you realize you can learn anything. Safety is taught and stressed for all activities. Program directed by Michael Rosman, a graduate and veteran of the Ringling Bros. and Barnum & Bailey Circus College with 20 years' experience teaching circus arts.

| 7-14 yrs | 8:30am-4:30pm | Days: 1 | | | |
|------------|------------------|---------|----|------|--|
| RP1703.201 | Schooley Mill Pk | Jan 18 | M | \$89 | |
| RP1703.202 | Schooley Mill Pk | Jan 29 | F | \$89 | |
| RP1703.203 | Schooley Mill Pk | Feb 12 | F | \$89 | |
| RP1703.204 | Schooley Mill Pk | Feb 15 | Tu | \$89 | |

School's Out: Science & Technology

NEW! School's Out Wow! How'd You Do That? with Club SciKidz

Perform and be amazed by seemingly magical tricks – but it's not magic, it's science! Learn the principles behind each experiment and deepen your understanding of science. Investigate inertia and Newton's Laws of Motion. Do you think you can get the egg in the cup of water without touching it? Roll up your sleeves and create chemical reactions and see how different things interact with each other.

| Grades K-3 | Days: 1 | | | | |
|-------------------------|-----------------------|----------|------------|---|------|
| RP3304.220 | Roger Carter Comm Ctr | Jan 29 | 9am-3:30pm | M | \$99 |
| Before Care: RP3305.230 | | 8-9am | \$12 | | |
| After Care: RP3305.240 | | 3:30-5pm | \$18 | | |

School's Out Design Like a Pro! Video Game Programming With Club SciKidz

Continue your experience from Fall or start a new video game programming adventure! First time and returning students welcome! Become a master video game designer using software ClickTeam Fusion. Design games like ChocoBreak (similar to the popular Brick Breaker game). Learn how the software creates different elements within each game you create. By the end of each day, take-home a game that you designed and can play at home!

| Grades 3-5 | Days: 1 | | | | |
|-------------------------|-----------------------|----------|------------|---|------|
| RP3304.221 | Roger Carter Comm Ctr | Jan 29 | 9am-3:30pm | M | \$99 |
| Before Care: RP3305.231 | | 8-9am | \$12 | | |
| After Care: RP3305.241 | | 3:30-5pm | \$18 | | |

School's Out - Little Robot Programmer with Club SciKidz

Have you ever wanted to learn to make a robot dance or draw pictures? Or complete an obstacle course? If so, this is the class for you! Join us as we use a tablet to program both a Dash and Dot robot to complete various challenges. Learn how programming takes place and how algorithms for robots and programming work

| Grades K-3 | Days: 1 | | | | |
|-------------------------|-----------------------|----------|------------|---|------|
| RP3304.222 | Roger Carter Comm Ctr | Feb 12 | 9am-3:30pm | F | \$99 |
| Before Care: RP3305.232 | | 8-9am | \$12 | | |
| After Care: RP3305.242 | | 3:30-5pm | \$18 | | |

School's Out - Roblox Computer Game Programming with Club SciKidz

Join us for the day as we delve into Lua coding with Roblox Studio. Students will learn the basics of programming to develop their own Roblox games. Use the same software the professionals use to program their games on Roblox. By the end of the day, students can upload their game to their profile so their friends can play too!

| Grades | 3-5 | Roger Carter Comm Ctr | Days: | 1 |
|--------------|------------|-----------------------|-------|------|
| RP3304.223 | Feb 12 | 9am-3:30pm | F | \$99 |
| Before Care: | RP3305.233 | 8-9am | | \$12 |
| After Care: | RP3305.243 | 3:30-5pm | | \$18 |

School's Out: Theater Arts

Best of Broadway School's Out Drama Workshop by DLC

Why sit at home in front of the TV when you're off from school? Join us for a day of drama-themed fun with arts & crafts, each day focuses on a different Broadway hit! Sibling fee is \$25 for each additional sibling, available only by phone.

| Grades | K-6 | Drama Learning Ctr | Days: | 1 |
|------------|------------------|--------------------|---------|--------|
| RP0105.201 | Best of Broadway | Jan 18 | 9am-4pm | M \$75 |
| RP0105.202 | Best of Broadway | Jan 29 | 9am-4pm | F \$75 |
| RP0105.203 | Best of Broadway | Feb 12 | 9am-4pm | F \$75 |
| RP0105.204 | Best of Broadway | Feb 15 | 9am-4pm | M \$75 |

Spring Break: Cooking

Spring Break – Cooking with Club SciKidz

Discount for multiple days! Please call to register and receive this discount. One day: \$99; Two days: \$179; Three days: \$255.

Before Care: One day: \$12; Two days: \$21; Three days: \$29
After Care: One day: \$18; Two days: \$32; Three days: \$45

NEW! Meal du Jour

Every student becomes a chef during this delicious spring break program! Each day, focus on a different meal (breakfast, lunch, dinner) and prepare a delicious menu to show off their cooking skills! Learn and practice kitchen skills and even discover a little about the science involved in cooking. Chefs will bring home recipes so they can re-create meals for family and friends. And they may even have some leftovers to bring home to share! Join us for all three days (at a discounted rate) or just one or two! No matter what day you attend, you are sure to create some delicious dishes!

Day 1 – Breakfast Friday, April 2

| | | | | |
|--------------|------------|------------------------|------------|------|
| RP3389.301 | Grades K-5 | Gary J Arthur Comm Ctr | 9am-3:30pm | \$99 |
| Before Care: | RP3389.361 | 8-9am | | \$12 |
| After Care: | RP3389.371 | 3:30-5pm | | \$18 |

Day 2 – Lunch Monday, April 5

| | | | | |
|--------------|------------|------------------------|------------|------|
| RP3389.302 | Grades K-5 | Gary J Arthur Comm Ctr | 9am-3:30pm | \$99 |
| Before Care: | RP3389.362 | 8-9am | | \$12 |
| After Care: | RP3389.372 | 3:30-5pm | | \$18 |

Day 3 – Dinner Tuesday, April 6

| | | | | |
|--------------|------------|------------------------|------------|------|
| RP3389.303 | Grades K-5 | Gary J Arthur Comm Ctr | 9am-3:30pm | \$99 |
| Before Care: | RP3389.363 | 8-9am | | \$12 |
| After Care: | RP3389.373 | 3:30-5pm | | \$18 |



Spring Break: Magic & Circus

Circus Camp Stars – Spring Break

Learn juggling, plate spinning, tight wire, stilts, acrobatics, rolo bolo, unicycling, physical comedy (clowning) and more! Hand-eye coordination, balance and self-confidence all improve as you realize you can learn anything. Performance on last day of camp. Safety is taught and stressed for all activities. Camp directed by Michael Rosman, a graduate and veteran of the Ringling Bros. and Barnum & Bailey Circus College with 20 years' experience teaching circus arts.

7-14 yrs Schooley Mill Pk Days: 1

| | | | | |
|------------|-------|---------------|----|------|
| RP1703.301 | Apr 2 | 8:30am-4:30pm | F | \$89 |
| RP1703.302 | Apr 5 | 8:30am-4:30pm | M | \$89 |
| RP1703.303 | Apr 6 | 8:30am-4:30pm | Tu | \$89 |

7-14 yrs Schooley Mill Pk Days: 3

| | | | | |
|------------|-------|---------------|--------|-------|
| RP1703.311 | Apr 2 | 8:30am-4:30pm | F,M,Tu | \$250 |
|------------|-------|---------------|--------|-------|

Spring Break: Science & Technology

Spring Break Workshop Mazes, Labyrinths and Coasters with Club SciKidz

Students will learn basic engineering and design concepts that can be used in everyday problem solving. Teach a Hexbug Robot to traverse a maze. Engineer ping pong balls to race through a roller coaster track. Build and solve a labyrinth course using Marvel superhero marbles!

Friday, Monday & Tuesday, April 2, 5, 6

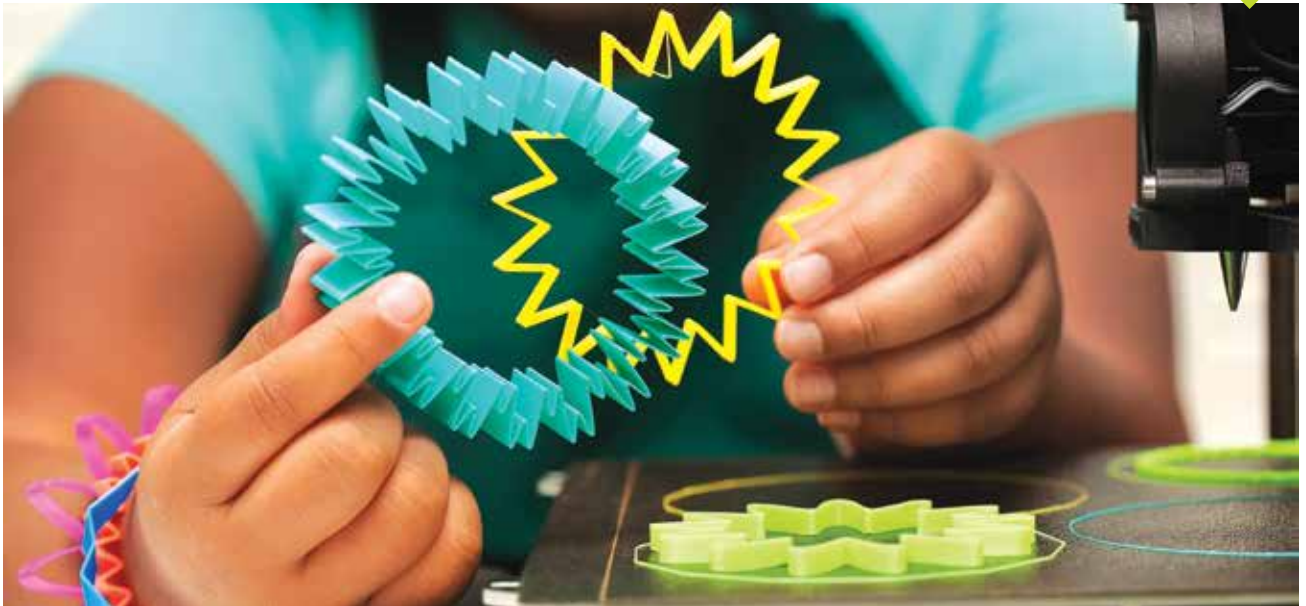
| | | | | |
|--------------|------------|-----------------------|------------|-------|
| RP3304.301 | Grades K-3 | Roger Carter Comm Ctr | 9am-3:30pm | \$255 |
| Before Care: | RP3305.301 | 8-9am | | \$29 |
| After Care: | RP3305.302 | 3:30-5pm | | \$45 |

RPG Video Game Developer with Club SciKidz

Make your own role-playing games come to life! Design your map, characters, enemies, castles and more! Campers will learn what RPG is, the history of RPG, the basics and all aspects of the game. Campers will use RPG Maker VxAce to develop their game and bring home their very own playable game. Please bring a 2 GB flash drive to save your game.

Friday, Monday & Tuesday, April 2, 5, 6

| | | | | |
|--------------|------------|-----------------------|------------|-------|
| RP3304.302 | Grades 3-5 | Roger Carter Comm Ctr | 9am-3:30pm | \$255 |
| Before Care: | RP3305.301 | 8-9am | | \$29 |
| After Care: | RP3305.302 | 3:30-5pm | | \$45 |



Science & Technology

- No class on half days or when school is not in session.
- Listed in alphabetical order.

Bricks4Kidz LEGO® After School

Bricks4Kidz is a STEAM-based program that teaches science and technology concepts using LEGO® bricks. Info: www.bricks4kidz.com/ellcottcity-md or Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

Architecture 101

Have you ever gazed up at a skyscraper and wondered how these towering structures stay upright? Or driven across a bridge and marveled at the engineering required to hold the weight of so many vehicles, then you'll love this unit. Explore the architecture and engineering fundamentals behind some well-known structures such as Dubai's Burj Khalifa tower and San Francisco's Golden Gate Bridge. Put your building skills to the test as we transform common LEGO® Bricks into architectural wonders.

Grades K-5 Classes: 6

| | | | | | |
|------------|-----------------------|-------|----------|----|-------|
| RP3329.201 | Roger Carter Comm Ctr | Feb 1 | 4-5:30pm | M | \$115 |
| RP3329.202 | N Laurel Comm Ctr | Feb 2 | 4-5:30pm | Tu | \$115 |

European Tour

Put on your traveling backpacks and join us on an exciting tour through Europe! Do you know how many people the Colosseum could hold? Have you ever heard the beautiful melody played by Big Ben? What do you think it would feel like to walk through an ancient Greek portal that leads to... nowhere? Learn about architecture and engineering, build and play with LEGO® bricks in this fun and fascinating unit. All the model builds represent famous structures located throughout Europe.

Grades K-5 European Tour Classes: 6

| | | | | | |
|------------|--------------------------------|-------|----------|----|-------|
| RP3329.203 | Pfeiffer's Corner School House | Feb 4 | 4-5:30pm | Th | \$115 |
| RP3329.204 | Cedar Lane Pk-West | Feb 5 | 4-5:30pm | F | \$115 |

Idea Lab 3D Design and Print After School – Storybook Characters via Zoom

Design your own book/movie character using Tinkercad. Options include Dory, Winnie the Pooh, Maleficent, Charmander, Batwoman, Patrick Star, Pikachu, Santa Claus, Spongebob, and Superman. Info: William Banks 410-313-4721 or wbanks@howardcountymd.gov.

Grades K-5 Classes: 9

| | | | | |
|------------|--------|-------------|----|-------|
| RP3397.201 | Jan 11 | 4-5pm | M | \$169 |
| RP3397.202 | Feb 16 | 5:30-6:30pm | Tu | \$169 |
| RP3397.203 | Jan 14 | 6-7pm | W | \$169 |
| RP3397.204 | Feb 18 | 3:30-4:30pm | Th | \$169 |
| RP3397.205 | Jan 15 | 5-6pm | F | \$169 |

Little Medical School – Calling All Future Doctors!

Aspiring little docs, come scrub in, glove up and immerse in the fascinating world of medicine over hours of interactive instruction. Become engaged and inspired as you discover how to use common doctor's tools, learn how the heart, lungs, and digestive system work, practice tying knots like a real surgeon and so much more! Listen to a heartbeat using your own personal working stethoscope! Come role play, work with models, develop skills, draw, think critically and creatively, and most importantly... learn! At the end of each course, enjoy a fun graduation ceremony and receive a diploma as a graduate of the Little Medical School! Programs will be held at one of our three community centers. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

Grades K-5 Classes: 6 \$35 Materials fee

| | | | | |
|------------|--------|-------|----|-------|
| RP3336.211 | Feb 10 | 4-5pm | W | \$125 |
| RP3336.212 | Feb 11 | 4-5pm | Th | \$125 |
| RP3336.213 | Feb 5 | 4-5pm | F | \$125 |



= Online program



= Program may go online if unable to be held in person



Little Veterinarian School – ABCs of Dog Care

Enjoy unparalleled opportunities to immerse yourself in the fascinating world of veterinary medicine! Begin by adopting a stuffed puppy, that you take home at the end of the course. Aspiring little vets, learn how to examine dogs and assess their health, how to treat common illnesses, and deliver immunizations. Learn about ticks and other common problems among pets. You even learn some basic suturing skills! At the end of the course, we celebrate our little vet's achievements in a fun graduation ceremony, where they will receive a diploma as a graduate of the Little Veterinarian School! Programs will be held at one of our three community centers. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

Grades K-5 Classes: 6 \$35 materials fee

| | | | | |
|------------|-------|-------|----|-------|
| RP3336.201 | Feb 8 | 4-5pm | M | \$125 |
| RP3336.202 | Feb 9 | 4-5pm | Tu | \$125 |
| RP3336.203 | Feb 5 | 4-5pm | F | \$125 |

Play-Well Tek: STEM

Fundamentals Using LEGO®

Take your creativity to the next level as we go virtual! Build engineer-designed projects and learn new building techniques over Zoom with the guidance of an experienced Play-Well instructor. Encounter practical real-world STEM concepts while learning from and connecting virtually with other young engineers. Specific LEGO® materials are required and are sent to you from Play-Well. Info: William Banks, 410-313-4721 or wbanks@howardcountymd.gov.

Grades K-1 Classes: 6 \$40 materials fee

| | | | | | |
|------------|--------|--------|-------|---|-------|
| RP3371.201 | Online | Feb 22 | 4-5pm | M | \$130 |
| RP3371.202 | Online | Feb 17 | 5-6pm | W | \$130 |

Grades 2-5 Classes: 6 \$40 materials fee

| | | | | | |
|------------|--------|--------|-------|----|-------|
| RP3371.203 | Online | Feb 18 | 6-7pm | Th | \$130 |
| RP3371.204 | Online | Feb 19 | 5-6pm | F | \$130 |

Science Club After School with Club SciKidz

Winter 2021 Theme: Under the Sea! – Enamored with the ocean or Chesapeake Bay? Explore unique properties of the oceans and seas, and all the truly special life-forms that live in them! Truly turn STEM into STEAM as we complement our hands-on-science investigations with the addition of modeling projects. Info: www.clubscikidz.com or Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Grades K-3 Classes: 6

| | | | | | |
|------------|------------------------|-------|-------------|----|------|
| RP3355.201 | Gary J Arthur Comm Ctr | Feb 9 | 4:30-5:30pm | Tu | \$99 |
| RP3355.202 | Kiwanis-Wallas Hall | Feb 3 | 4:30-5:30pm | W | \$99 |
| RP3355.203 | N Laurel Comm Ctr | Feb 5 | 4:30-5:30pm | F | \$99 |
| RP3355.204 | Roger Carter Comm Ctr | Feb 4 | 4:30-5:30pm | Th | \$99 |
| RP3355.205 | Schooley Mill Pk | Feb 4 | 4:30-5:30pm | Th | \$99 |

Tech Machines with Club SciKidz

Come discover the joy in engineering different machines. Learn about the engineering process and design a bridge, balloon car, boat and many more! Whose structure can hold the most weight? Whose can go the furthest? Who can build the highest structure? Get ready for some awesome engineering challenges! Info: William Banks, 410-313-4721 or wbanks@howardcountymd.gov.

Grades K-3 Classes: 6

| | | | | | |
|------------|---------------------|--------|-------|----|-------|
| RP3357.201 | Kiwanis-Wallas Hall | Jan 11 | 5-6pm | M | \$145 |
| RP3357.202 | Kiwanis-Wallas Hall | Feb 16 | 5-6pm | Tu | \$145 |

We All Do LEGO® WeDo! with Club SciKidz

Come join us as we journey into the world of coding WeDo Robots using WeDo LEGO®s. Begin the class by building a basic WeDo model that moves when you code it. As we progress, build more difficult models with some more advanced programming. At the end of the session, design and develop your own moving WeDo robot. Info: William Banks, 410-313-4721 or wbanks@howardcountymd.gov.

Grades K-3 Classes: 6

| | | | | | |
|------------|------------------|--------|-------|----|-------|
| RP3381.201 | Schooley Mill Pk | Jan 13 | 4-5pm | W | \$145 |
| RP3381.202 | Schooley Mill Pk | Feb 18 | 5-6pm | Th | \$145 |

Club STEM After School with Holly Walker

New experiments this session! Do you enjoy watching things bubble, pop, disappear, and explode? Then join us as we investigate, question and hypothesize. Come think and talk like a scientist. Leave each week with an activity to try at home. Info: holly_walker@hcpss.org or Adam Wienckowski, awienckowski@howardcountymd.gov or 410-313-4714.

Grades 1-5 Classes: 6 Materials fee included

| | | | | | |
|------------|---------------------|-------|-------------|---|-------|
| RP3344.201 | Kiwanis-Wallas Hall | Feb 8 | 4:30-5:30pm | M | \$139 |
|------------|---------------------|-------|-------------|---|-------|

Minecraft Modding via ZOOM

with CyberTeck Academy

Come create your own custom gameplay items and elements using MCreator and Minecraft. Learn how to create artwork for various items, and implement them into the game with custom behaviors while learning about texturing, logic flow, asset organization, and custom event triggers. Design your own custom blocks, items, food, biomes and more! Younger students focus more on textures and images. Come learn about modding Minecraft today! Class is taught via Zoom. Info: William Banks, 410-313-4721 or wbanks@howardcountymd.gov.

Grades 1-2 Classes: 6

| | | | | | |
|------------|--------|--------|-------------|---|-------|
| RP3326.201 | Online | Jan 11 | 5:30-6:30pm | M | \$129 |
| RP3326.202 | Online | Feb 19 | 5:45-6:45pm | F | \$129 |

Grades 3-5 Classes: 6

| | | | | | |
|------------|--------|--------|-------------|----|-------|
| RP3326.203 | Online | Jan 14 | 5:30-6:30pm | Th | \$129 |
| RP3326.204 | Online | Feb 17 | 5:45-6:45pm | W | \$129 |

Roblox, Imaginative Game Design via ZOOM with CyberTeck Academy

Come learn how to use coding fundamentals to strategically engineer an immersive, imaginative cosmos for one of the fastest-growing gaming platforms in the world. Roblox, Imaginative Game Design, provides hands-on experiences in innovation and the underlying mechanics of 3D gaming. This is the perfect course for any student looking to advance their skills in STEAM. Class is taught via Zoom. Info: William Banks, 410-313-4721 or wbanks@howardcountymd.gov.

Grades 1-2 Classes: 6

| | | | | | |
|------------|--------|--------|-------------|---|-------|
| RP3327.201 | Online | Feb 22 | 5-6pm | M | \$129 |
| RP3327.202 | Online | Jan 13 | 5:30-6:30pm | W | \$129 |

Grades 3-5 Classes: 6

| | | | | | |
|------------|--------|--------|-------------|----|-------|
| RP3327.203 | Online | Jan 12 | 5-6pm | Tu | \$129 |
| RP3327.204 | Online | Feb 18 | 5:30-6:30pm | Th | \$129 |

Deep Space Terraformers Missions with Club SciKidz

Come fly to the moon and Mars and create rovers using Lego Mindstorms NXT and Terraformers software. Build a rover and add different attachments and sensors. Shut down a solar station using audio, learn about terraforming and complete missions on the moon! Info: William Banks, 410-313-4721 or wbanks@howardcountymd.gov.

Grades 3-5 Classes: 6

| | | | | | |
|------------|--------------------|--------|-------|---|-------|
| RP3348.201 | Cedar Lane Pk-West | Jan 15 | 4-5pm | F | \$145 |
|------------|--------------------|--------|-------|---|-------|

Engineering and Design:

OneCar Edition with Club SciKidz

Engineer and build six cars that use renewable energy as its power source. Throughout the session, learn about renewable energy as a fuel source and design and build cars that use it as its energy source. Build a battery-operated car, wind-powered car and a solar powered car, among others! At the end of the session, take home the car and all of its power sources. Info: William Banks, 410-313-4721 or wbanks@howardcountymd.gov.

Grades 3-5 Classes: 6

| | | | | | |
|------------|-------------------------------|--------|-------|----|-------|
| RP3359.201 | Pfeiffers Corner School House | Jan 12 | 4-5pm | Tu | \$145 |
| RP3359.202 | Pfeiffers Corner School House | Feb 17 | 5-6pm | W | \$145 |
| RP3348.202 | Cedar Lane Pk-West | Feb 19 | 5-6pm | F | \$145 |



CHILD AND ADOLESCENT RESOURCES AND EDUCATION FOR HOWARD COUNTY FAMILIES

THE CARE LINE

- Food Access
- Housing Assistance
- Online Support Groups
- Special Needs Resources
- Assistance Finding and Paying for Child Care
- Extended Family and Guardian Resources
- Mental and Emotional Health Support
- Virtual Parenting Support Resources



Howard County Office of
Children and Families

Department of Community Resources and Services

410-313-CARE (2273) VOICE/RELAY

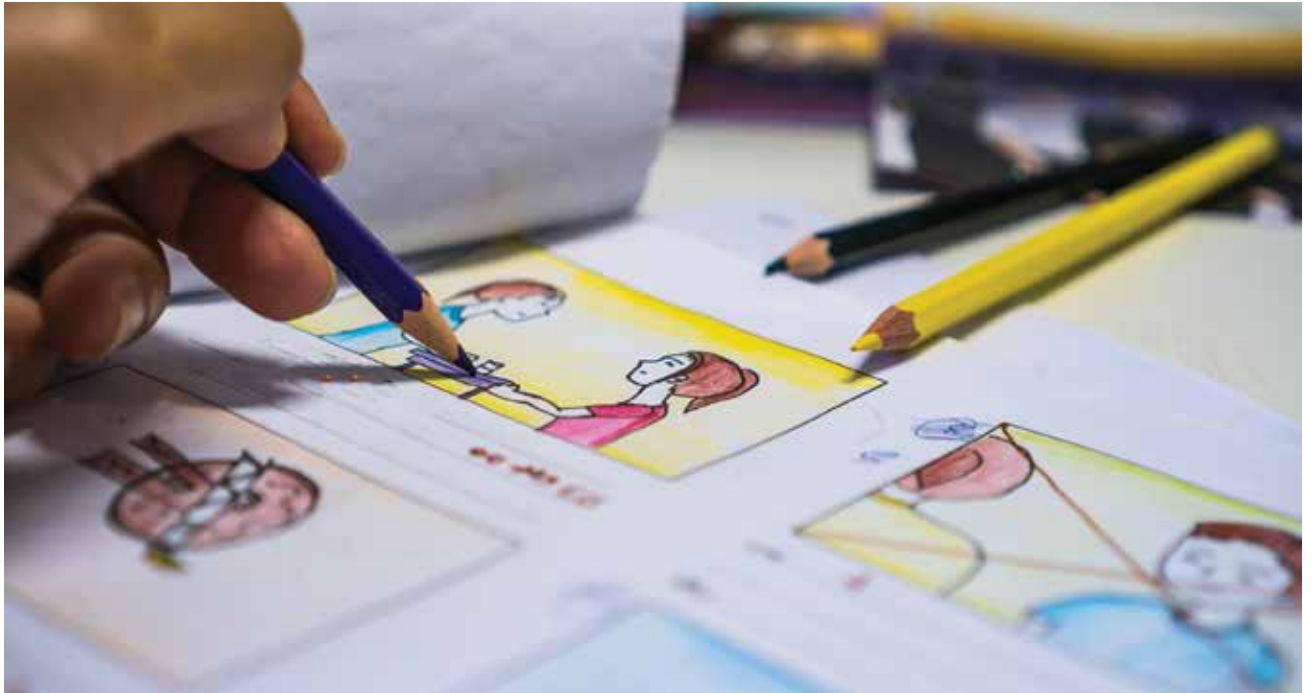
children@howardcountymd.gov
www.howardcountymd.gov/children

 = Online program

 = Program may go online if unable to be held in person

**To register, visit
www.howardcountymd.gov/rap
or call 410-313-7275.**

TEENS & TWEENS (11-17 yrs) CLASSES & ACTIVITIES



Crafts & Fine Arts

• Info: Kiki Fagan, 410-313-4609 or kfagan@howardcountymd.gov.

Anime & Manga: Styles of Classic Mangaka

Appealing to all ages and backgrounds, manga (Japanese comics) is the world's most versatile and influential form of sequential art. Beginners and veteran artists, learn what techniques make manga popular and how to incorporate them. You are encouraged to bring your own sketchbook.

11-17 yrs Classes: 4 Materials included

RP2855.201 Roger Carter Comm Ctr Jan 26 6:30-8pm Tu \$69

Comics Unleashed

Enjoy comic book design and learn basic drawing techniques, character design, page composition, layout, penciling and inking. Explore a variety of comic genres including superhero, manga, indie, and graphic novels.

You are encouraged to bring a sketchbook for class and at-home practice.

11-17 yrs Classes: 4 Materials included

RP2854.201 Roger Carter Comm Ctr Mar 2 6-8pm Tu \$75

Drawing Techniques

Strengthen your drawing skills as you focus on different media including graphite, charcoal, colored pencils, pastels and watercolor pencils. Techniques include modeling, color transitions, gesture style, blending and wet-on-dry.

You are encouraged to bring a sketchbook.

11-17 yrs Classes: 5 No class 3/7 Materials included

RP2851.201 N Laurel Comm Ctr Mar 6 10:30am-noon Sa \$75

Painting for Teens

Work in acrylics to learn or master color mixing, brush work and how to "build" a painting rich with texture and color. The instructor does a demo painting each week and works with you one-on-one. No experience needed.

11-17 yrs Classes: 5 Materials included

RP2853.201 N Laurel Comm Ctr Feb 6 10:30am-noon Sa \$75

Dance

• Info: Kiki Fagan, 410-313-4609 or kfagan@howardcountymd.gov.

Hip Hop Dance with Nysia Carter

During this high-energy class, focus on choreography, and perfect your skills. Learn hip-hop, popping and breakdancing techniques. With an easy-to-follow breakdown of the basic moves, learn how to put various steps together that allow you to step comfortably onto a dance floor at any event. Wear comfortable clothes; jazz shoes or sneakers required.

11-17 yrs Classes: 10

RP2857.201 Roger Carter Comm Ctr Jan 16 5-6pm Sa \$119

**More programs for
those 16 years +
in the Adults Section**

Music & Theater Arts

• Info: Kiki Fagan, 410-313-4609 or kfagan@howardcountymd.gov.

Music

Online Creative Songwriting with Olenka School of Music (OSM)

Can you read and hear music written on paper first, just like Mozart did? Speak, read and write in the language of music by generating, exploring and developing ideas into original compositions. Learn to build your own melodies in a variety of styles with accompanying lyrics. Prior music experience is helpful, but not necessary. Materials included in tuition; pick up arranged after registration.

11-17 yrs Online Classes: 4

RP2878.201 Jan 6 6:30-7:25pm W \$140

RP2878.202 Feb 3 6:30-7:25pm W \$140

Online Guitar Beginners with Olenka School of Music (OSM)

Learning to play guitar builds confidence and mental agility. Have fun learning basic melodies, chords and songs. Bring your own guitar or request a rental for \$35 a month. Materials included in tuition; pick up arranged after registration.

11-17 yrs Online Classes: 4

RP2873.201 Jan 4 6:30-7:25pm M \$140

RP2873.203 Feb 1 6:30-7:25pm M \$140

Online Keyboarding Beginners with Olenka School of Music (OSM)

OSM invites adults to learn to play melody and accompaniment for popular songs on keyboards. Enjoy an intro to fun basic keyboarding techniques and reading and writing music. Materials included in tuition; pick up arranged after registration.

11-17 yrs Online Classes: 4

RP2873.202 Jan 8 3:30-8:25pm F \$140

RP2873.204 Feb 5 3:30-8:25pm F \$140

Online Vocal Starz with Olenka School of Music (OSM)

Learning music as a language starts a great foundation for vocal technique. Learn to love singing in a fun, engaging and collaborative environment. Materials included in tuition; pick up arranged after registration.

11-17 yrs Online Classes: 4

RP2879.201 Jan 7 4-4:55pm Th \$140

RP2879.202 Feb 4 4-4:55pm Th \$140



Theater

Intro to Acting

Enjoy an intro to the concepts crucial to the theatrical arts: self-awareness, observation, improvisation, creative imagination, and story-telling. Move towards building and heightening responsiveness to action and the development of an actor's skills. Create, stage, and perform their own scenes. Last class features a short performance highlighting each actor.

11-17 yrs Classes: 4

RP2875.201 Roger Carter Comm Ctr Jan 30 2-4pm Su \$69

Personal Development

Leadership

Howard County Teen Clubs

Join a diverse group of teens to represent the youth of Howard County and promote programs and events across the county. Bring your creative ideas and help develop new activities for teens. Meetings focus on developing leadership, social networking and marketing skills. Earn service-learning hours at the meetings and events. Attend four or more meetings and receive a free center membership. Info: Ovan Shortt, 410-313-1693 or oshortt@howardcountymd.gov.

Grades 6-11 Free

RP2880.201 Roger Carter Comm Ctr Jan 15 3rd Friday of the month

Interviewing Behind the Screen:

Tips for Virtual Interviews

Learn tips for being polished and professional when being interviewed remotely. In this virtual program, learn about lighting, setting, movement, and clothing during a virtual interview. You will also learn best practices for answering questions (including practice questions), following up and trouble-shooting technical issues. We will put you at ease and help you feel more confident. Handouts are emailed. Info: Kiki Fagan, 410-313-4609 or kfagan@howardcountymd.gov.

13-16 yrs Classes: 1

RP2868.201 Online Feb 17 W 6:30-8:30pm \$55



= Online program



= Program may go online if unable to be held in person

Networking in a Virtual Environment

First impressions really do last a lifetime, even if these first impressions are made virtually! During this interactive virtual program, participants work on networking and mingling skills. Learn about initiating a conversation, appropriate topics for small talk, pre-event preparation and overcoming "mingle-phobia." Discover how to create the most effective initial impression through proper greetings and verbal and nonverbal communication. As you move from group to group in this online workshop, learn how to introduce others, how to enter a conversation, and how to gracefully exit. Handouts are emailed. Info: Kiki Fagan, 410-313-4609 or kfagan@howardcountymd.gov.

13-16 yrs Classes: 1

RP2868.203 Online Mar 2 Tu 6:30-8:30pm \$55

The Savvy Virtual Communicator

When interacting virtually, having good, clear communication skills is paramount. This program examines good oral and written communication techniques in the virtual environment, including email and chats. Learn tips for eye contact and body movement on the screen. Discover keys to effectively using your voice during phone and virtual group interactions. Etiquette for email exchanges is included. Handouts are emailed. Info: Kiki Fagan, 410-313-4609 or kfagan@howardcountymd.gov.

13-16 yrs Classes: 1

RP2868.202 Online Jan 26 Tu 6:30-8:30pm \$55

NEW! Teen POP-UP Classes

Info: Kiki Fagan, 410-313-4609 or kfagan@howardcountymd.gov.

Colorful Calligraphy Cards & Sharpie Art

Create beautiful cards using the ancient art of calligraphy. Add a splash of color with trending sharpie art to enhance your card.

11-17 yrs Classes: 1

RP2864.202 Roger Carter Comm Ctr Feb 5 6-8pm F \$25

Henna Painting

Learn the basics of mehndi using dye prepared from the henna plant. Class features instruction and hands on activities.

11-17 yrs Classes: 1

RP2864.203 Roger Carter Comm Ctr Feb 26 6-8pm F \$25

NEW! Create Your Own Website

Interested in learning how to create an online space to show off your artwork, photography, business, modeling, or writing? Learn how to create a website that features all of your work for college, a job or just for the fun of it!

11-17 yrs Classes: 1

RP2864.204 Roger Carter Comm Ctr Mar 19 6-8pm F \$25

Hacks for Snacks

Who's hungry? Learn quick and easy recipes that you can make when you come home from school or when you are in a hurry. Recipes include homemade pop tarts, mini fruit pizza, frozen chocolate dipped bananas, and popcorn trail mix.

11-17 yrs Classes: 1

RP2864.201 N Laurel Comm Ctr Mar 10 6-8pm W \$30

Science & Technology

• Info: Kiki Fagan, 410-313-4609 or kfagan@howardcountymd.gov.

NEW! 3D Design and Print – Storybook Characters with Idea Lab

Ever wanted to create your own book or movie character? Learn how to use Tinker CAD to create characters such as Dory, Winnie the Pooh, Maleficent, Charmander, Batwoman, Patrick Star, Pikachu, Santa Claus, SpongeBob, Superman and more.

11-15 yrs Classes: 9

RP2940.201 Online Feb 2 Tu 5:30-6:30pm \$169

NEW! Coding Through Conditionals with Idea Lab

Students are introduced to Python as they complete engaging lessons, solve challenging puzzles, and build their own games. This course is ideal for students who are comfortable with the basics of programming logic and computational thinking, and can transition to text-based syntax. Requires a modern desktop or laptop computer with internet access and the latest Chrome, Firefox, Safari or Edge browser.

11-15 yrs Classes: 9

RP2940.202 Online Feb 4 Th 5:30-6:30pm \$169

CyberTeck Academy: Minecraft Modding

In this class, students learn how to create their own custom gameplay items and elements using MCreator and Minecraft. Create artwork for various items and implement them into the game with custom behaviors while learning about texturing, logic flow, asset organization, and custom event triggers. Design their own custom blocks, items, food, biomes and more!

10-14 yrs Classes: 6

RP2960.201 Online Feb 26 7-8pm F \$129

CyberTeck Academy:

Roblox, Imaginative Game Design

In this course, students advance their coding, design, and game development skills by tinkering with Roblox Studio and the Lua programming language. Don't miss your chance to code alongside a group of aspiring computer scientists!

Grades 6-8 Classes: 6

RP2960.202 Online Feb 27 10-11am Sa \$129

**To register, visit
www.howardcountymd.gov/rap
or call 410-313-7275.**



= Online program



= Program may go online if
unable to be held in person

ADULTS (18 yrs +) CLASSES & ACTIVITIES



Cooking

- Info: Danielle Bassett, 410-313-4634
or dbassett@howardcountymd.gov.
- Listed in date order.

NEW! Art of Hand-Crafted Sushi with Chef Ravi

Explore the ancient art of sushi making with Chef Ravi. If you love sushi but have never imagined making it yourself, this is your chance. In this cooking class, you will learn how to make amazing sushi rolls completely from scratch. **Menu:** Shrimp Tempura Roll, Spicy Tuna Roll, Philadelphia Roll and Mango-Papaya Sushi, and a mango-cardamom sauce for dessert. Materials list provided if moved to virtual.

18 yrs + Classes: 1 \$22 materials fee Hands-on class
RP0501.201 Arc of Howard County Jan 13 6:30-8pm W \$30

NEW! Scrumptious Soups You Can Eat with a Fork! with Chef Alba

Soups are exceptionally satisfying in cold weather months and ideal to prepare ahead. Let's renovate plain soups into flavorful and decadent main courses with simple and quality ingredients. In this class, Chef Alba will prepare scrumptious and creative Mediterranean soups that are appreciated and enjoyed by everyone. Don't forget to serve them with a slice of toasted bread. **Menu:** Tuscan Beans Stufato in Chianti Wine, Sweet and Sour Soup with Meatballs, Greek Lemon Chicken soup, and Bruschetta Fentutta Aglio e Olio. This class is live, virtual, and interactive. Prep and cook along if you wish.

18 yrs + Classes: 1
RP0506.201 Online 6-7:30pm Jan 22 F \$30

Basic Knife Skills & Butchery Meals Series with Chef Jared Banks

Join Chef Banks to learn basic knife skills and create delicious meals.
Week 1: Spanish Chicken Marbella with Chef's favorite seasonal side dishes. Knife cut of the week: Filet Whole Chicken into 10 pieces.
Week 2: Succulent Beef Wellington with Chef's favorite seasonal side dishes. Knife cut of the week: Filet Whole Beef Tenderloin, Chiffonade, Thin Slice and Rock Chop.
Week 3: Local Wild-Caught fish served on top Pumpkin & clementine risotto. Knife cuts: Filet Whole Fish, supreme, Dice.
Week 4: Succulent Beef Wellington with Chef's Favorite Seasonal

Classes: 2 \$30 materials fee Hands-on class.
RP0511.201 N Laurel Comm Ctr Jan 28 6:30-9pm Th \$60 Week 1-2
RP0511.202 N Laurel Comm Ctr Feb 11 6:30-9pm Th \$60 Week 3-4

NEW! Asian Fusion Night with Chef Ravi

In this class, we will combine different cultures and cuisines (a fusion of Chinese, Indonesian and Thai) to create a flavorful and diverse cooking class that everyone can enjoy. Chef Ravi will teach you the secret of effortless, creative, traditional, and delicious dishes that demonstrate texture, color, and flavors of this fusion cuisine. **Menu:** Veggie and Shrimp Spring Roll, Chicken Tom Yum Soup, Fried Rice is a Nasi Goreng with Chicken Chestnuts and Loaded with veggies. Materials list provided if moved to virtual.

18 yrs + Classes: 1 \$25 materials fee Hands-on class
RP0502.201 Arc of Howard County 6:30-8pm Feb 10 W \$30

EXPRESS YOURSELF 
ADULT PROGRAMS
RECREATION & EDUCATION

To register, visit
www.howardcountymd.gov/rap
or call 410-313-7275.



= Online program



= Program may go online if
unable to be held in person



NEW! St. Valentine Italian Style with Chef Alba

The tradition of Valentine's Day, the feast of lovers, goes back to the Roman era. Stories, legends, and traditions fill this day with memories for lovers around the world. Join Chef Alba for delicious recipes that have been exclusively selected for this occasion. We will discover together how to make Valentine's day memorable. **Menu:** Crema di Parmigiano in White Wine Bruschetta, Pork Medallions in Chocolate and Balsamic Sauce, Creamy Spinach in White Wine, and for dessert Pavesini Nutella e Mascarpone. This class is live, virtual, and interactive. Prep and cook along if you wish.

18 yrs + Classes: 1

RP0507.201 Online 6-7:30pm Feb 12 F \$30

NEW! Learn to Cook and Speak Recipes in Italian with Chef Alba

Want to learn to cook and speak the recipes in Italian? Join Chef Alba as we cook Italian recipes and learn the Italian language. Create unique Italian dishes rich in flavor and history. **Menu:** Cannellini Bean Bruschetta with fresh herbs and lemon, chicken breast with white grapes and white wine, skillet potatoes and peppers, and Spoon Cake with Amaretti and ricotta. Recipes are written in English and Italian! This class is live, virtual, and interactive. Prep and cook along if you wish.

18 yrs + Classes: 1

RP0508.201 Online 6-7:30pm Feb 25 Th \$30

NEW! Old World Wine vs New World Wine with Chef Jared Banks

Join Chef and Sommelier Jared Banks in a new online course that introduces a novel approach to thinking and discussing wine. This course will benefit any wine enthusiast or wine curious participant. Each week new pairings will be discussed and tasted. **Week 1:** California vs France. **Week 2:** South Africa vs Spain. **Week 3:** German vs US East Coast

18 yrs + Classes: 3 \$60 materials fee

RP0512.201 Online Mar 4 6:30-9pm Th \$60

NEW! Eat Like a Maharajah with Chef Ravi

A Maharajah is Hindu for King, let's indulge in creating a menu fit for royalty. Join Chef Ravi as we create traditional and classic recipes for your table that Maharajahs would be envious of. **Menu:** Classic Veggie Samosas with traditional Mint-tamarind Chutney, Shrimp Korma with Creamy Almond Sauce served with a garlic, lemon, and a chili Pulao (Fried Rice). Materials list provided if moved to virtual.

18 yrs + Classes: 1 \$25 materials fee Hands-on class

RP0503.201 Arc of Howard County Mar 10 6:30-8pm W \$30

NEW! Everything Oranges in Sicily! with Chef Alba

Fresh oranges are a versatile and precious citrus which can be used to make sweet or savory irresistible recipes. Rich in vitamin C, and particularly fragrant and elegant, making dishes with oranges are ideal for any day of the week or for special occasions. Squeezed or zested, oranges give freshness and flavor to countless dishes from starters to desserts. **Menu:** Creamy Tagliatelle Pasta al Profumo di Arancia, Insalata Arancia e Spinaci, Shrimp all'Arancia, and for dessert Mousse Veloce all'Arancia. This class is live, virtual, and interactive-Prep and cook along if you wish.

18 yrs + Classes: 1

RP0509.201 Online 6-7:30pm Mar 19 F \$30

NEW! Creative Indian Mexican Fusion Dishes with Chef Ravi

"Fusion foods" are globally inspired dishes that seamlessly combine flavor profiles and cooking techniques from countries around the world. In this case, East meets West. Chef Ravi thoughtfully cultivated a menu bursting with flair that incorporates both Indian and Mexican traditions. **Menu:** Mexican Tortilla Shrimp soup with Tempered Curry Leaves-Shredded Coconut, Chargrilled Malai Tikka Burrito with brown rice, Spicy Pico de Gajo and Sour Cream-Paneer Masala Quesadilla. Materials list provided if moved to virtual.

18 yrs + Classes: 1 \$25 materials fee Hands-on class

RP0504.201 Arc of Howard County Apr 14 6:30-8pm W \$30

NEW! Cooking with Aromatic Herbs with Chef Alba

Aromatic herbs give exceptional taste to all dishes without adding any calories. Join Chef Alba as we prepare easy and delicious dishes with herbs that will amaze your guest. Let's get to know these herbs and discover amazing dishes. **Menu:** Pasta with fresh fragrant herbs, chicken in sesame and aromatic herbs, feta and herb-stuffed mushrooms. And as a bonus, chef Alba will demonstrate how to make fresh herb salts. This class is live, virtual, and interactive. Prep and cook along if you wish.

18 yrs + Classes: 1

RP0510.201 Online 6-7:30pm Apr 16 F \$30



= Online program



= Program may go online if
unable to be held in person

Crafts & Fine Arts

- Info: Danielle Bassett 410-313- 4634 or dbassett@howardcountymd.gov.
- Listed in date order.

Art Lectures

NEW! Art Lecture: History of Printmaking with Ann Wiker

Throughout history, almost all the “superstar” artists practiced printmaking: Picasso, Dali, Degas, Rembrandt. There are several, however, who advanced the medium in significant ways: Barbara Kruger, Andy Warhol. In this series, we explore the printmaking of these artists and others.

18 yrs + Classes: 1

RP0211.201 Online Jan 23 10am-noon Sa \$29

NEW! Art Lecture: Art of the Suffrage Movement with Ann Wiker

Suffragists relied on words rather than images, until the formation of the Artists’ Suffrage League in 1907. Art (in the form of banners, posters, postcards and newspaper cartoons) gave a visual dimension to the Votes for Women campaign. This presentation explores this art and artists such as Sylvia Pankhurst and cartoonists such as Nina Allender, Winsor McCay, and Ida Propper Sedgwick.

18 yrs + Classes: 1

RP0212.201 Online Feb 20 10am-noon Sa \$29

NEW! Art Lecture: Architecture as Art with Ann Wiker

Architecture bridges the fields of art, science, and math. Creatively designed buildings are like large pieces of sculpture. This class explores the history of architecture as well the works of famous architects such as Frank Lloyd Wright, Frank Gehry, Le Corbusier, Philip Johnson, Buckminster Fuller, and Maya Lin.

18 yrs + Classes: 1

RP0213.201 Online Mar 20 10am-noon Sa \$29

Drawing & Painting

A Brush with History *Page 25*

Drawing and Painting with Zina Poliszuk

This is a simple foundations course with step by step demonstrations, visual aids and discussions to improve eye-hand coordination and visual skills.

Learn to draw with right brain techniques using contour drawing, value studies and practice with spatial relationships. Develop skills in composition with positive- negative space, balance and cropping. Great on its own or as a forerunner to beginning watercolor painting. Experienced painters will work from an advanced syllabus with slides, demos, and individual critiques. Special topics include high contrast, warm and cool color, and non-local color. A materials list can be found at www.howardcountymd.gov/adultprograms.

18 yrs + Classes: 7

RP0216.201 Online Jan 14 10am-noon Th \$135



Paint and Sip with Pinot’s Palette

Join us for an unforgettable evening of friends, fun, beer, wine and painting in Ellicott City! We provide everything you need for a great night out! All supplies included; drinks available for purchase.

21 yrs + Pinot’s Palette Classes: 1

| | | | | | |
|------------|------------------------|--------|-------|----|------|
| RP0215.201 | <i>Poppy Prism</i> | Jan 28 | 7-9pm | Th | \$40 |
| RP0215.202 | <i>Japanese Winter</i> | Feb 25 | 7-9pm | Th | \$40 |
| RP0215.203 | <i>Moonrise Lake</i> | Mar 25 | 7-9pm | Th | \$40 |
| RP0215.204 | <i>Blushing Branch</i> | Apr 22 | 7-9pm | Th | \$40 |

NEW! Valentine Hearts Acrylic Painting Workshop with Jenn Todd Lavanish

Create a keepsake for your home with a lot of love and heart. This is a process oriented acrylic painting workshop to paint cute heart images while learning about some acrylic texture techniques as well as how to use pallet knives. Make a Valentine for someone special, or come as a parent/child team to make a family memory. All supplies included in registration fee.

18 yrs + Classes: 1

RP0218.201 Roger Carter Comm Ctr Feb 6 9am-noon Sa \$45

Creative Coffee Corner

with Jenn Todd Lavanish

Become a Daily Doodler! Discover your inner childhood artist in a casual morning setting as you join this group for coffee, conversation and creativity. In this mixed media drawing class, learn how to draw, doodle and creatively letter while starting an art journal. This is a process-oriented class about forming mindful art habits to bring focus, fellowship and fun to your day. All supplies included in registration fee.

18 yrs + Classes: 3

RP0219.201 N Laurel Comm Ctr Feb 9 10am-noon W \$59



Mandala Making with Jenn Todd Lavanish

This drawing class teaches you the beauty of creating your own meditative mandalas. Mindfully discover this ancient practice while learning basic drawing in the round pattern techniques. All supplies included in registration fee

18 yrs + Classes: 2
 RP0221.201 Oakland Mill HS Mar 3 7-9pm W \$45

Mini Monoprinting Class with Jenn Todd Lavanish

Join this short course to learn how to make some quick and easy mono-prints using Gelli Roll and Styrofoam plates. Learn how to use acrylic paint to make your own textured and colored paper to use as individual prints or incorporate into collage and assembled works of art. All supplies included in registration fee.

18 yrs + Classes: 2
 RP0222.201 Oakland Mills HS Mar 6 9am-noon Sa \$79

Beginning and Advanced Watercolor with Zina Poliszuk

Examine and create a color wheel and learn about color terms like value and chroma by painting value studies, blended and graded washes, and glazes. Create simple paintings from real life observation and personal photographs. Advanced painters will practice using high contrast, warm and cool colors, and non-local color with appropriate subject topics. All techniques demonstrated in a user-friendly setting with general and individual demos for specific technique and design questions. A materials list can be found at www.howardcountymd.gov/adultprograms.

18 yrs + Classes: 7
 RP0213.201 Online Mar 11 10am-noon Th \$135

Crocheting & Knitting

Knit I and Crochet I with Anna Tai

Choose knit or crochet in this combined beginner class. Knit I: Experience the joy of knitting. Beginners will learn to cast on, the knit and purl stitches, cast off, adjust tension, correct mistakes and start your first scarf using the garter and stockinette stitch patterns. Novice students will learn to read/interpret basic patterns and charts, yarn weights and substitutions, and help needed to start a new project. Crochet I: Learn stitches, crochet in the square and the round, pattern reading for beginners and beyond. Learn the many aspects of wearable crochet - drape, yarn selection, and shaping. Project choices are a scarf, hat, wrap, bag or tank top. Materials list: www.howardcountymd.gov/adultprograms.

16 yrs + Classes: 3
 RP0801.201 Roger Carter Comm Ctr Feb 3 2-4pm W \$47
 RP0802.201 Oakland Mills HS Feb 4 7-9pm Th \$47

Photography

Digital Cameras: The Basics for Operating Your New Camera with John Guion

You have a new digital camera and along with it some questions about the various settings available to you. This two-session class covers several of the basic features common to most cameras. It is intended to get you up and running with discussions of image size settings, image quality controls, how and when to change them, and use of the camera's creative modes. Bring your camera and manual to class, battery charged and ready to take some photos.

18 yrs + Classes: 2
 RP0209.201 Roger Carter Comm Ctr Jan 14 7-9pm Th \$49

Aperture and Shutter Priority Settings and How to Use Them with John Guion

You want to be more creative and move off the "AUTO" setting. You know your camera has an "A" or "Av" or "Aperture" setting, you might wonder when and how to use it. You also see that you have an "S" or "Tv" or "Shutter" and wonder the same. Instructor John Guion will explain the differences between these two controls and their relative advantages and disadvantages in this two-hour session. Bring your camera and manual to class, battery charged and ready to take some photos.

18 yrs + Classes: 1
 RP0207.201 Roger Carter Comm Ctr Feb 10 7-9pm W \$29

Taking Better Action Shots with John Guion

Frustrated with not being able to stop action using your camera? Are you getting blurry photos at baseball games or photographing the grandchildren playing? Our instructor John Guion will explain the changes you may be able to make to your camera settings to get more successful results and explore possible lenses that could be helpful. Bring your camera and manual to class, battery charged and ready to take some photos.

18 yrs + Classes: 1
 RP0206.201 Roger Carter Comm Ctr Mar 3 7-9pm W \$29

**To register, visit
www.howardcountymd.gov/rap
 or call 410-313-7275.**



NEW! What Is ISO and Why Would I Change My Camera's ISO Setting? with John Guion

Your may have noticed that your camera gives you the ability to control its ISO setting. This session will explain what ISO is; when you might want to change it; and the impact that change will have on your images. Our instructor John Guion will explain their differences and their relative advantages and disadvantages in this two-hour session. Bring your camera and manual to class, battery charged and ready to take some photos.

18 yrs + Classes: 1
 RP0205.201 Roger Carter Comm Ctr Mar 10 7-9pm W \$29

Writing

NEW! Bullet Journaling Workshop with Jenn Todd Lavanish

Join this workshop to learn a new hobby by making an analog personal organizational notebook. Make daily, weekly, and monthly plan layouts, as well as creative graphic organizers for your personal interests. Explore creative ideas and ways to make a tangible visual diary of your upcoming year. All supplies included in registration fee.

18 yrs + Classes: 1
 RP0220.201 Oakland Mills HS Jan 9 9am-noon Sa \$55

The Memoir: In a Way You Can Easily Tell It! with Katherine McCord

It seems like we all have a memoir to write (in our heads or in our hearts), but when we sit down to write it, we can't seem to get it right or have trouble getting the words out. Katherine has a way that beats both problems using the method called lyric essay. After learning, be blown away by what you achieve. Share your work and be invigorated by what your classmates write. The book *A Family of Strangers* by Deborah Tall is needed by the first class. Schedule: www.howardcountymd.gov/adultprograms.

18 yrs + Classes: 8
 RP0223.201 Online Feb 1 6:30-8:30pm M \$200

Dance

- Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.
- Programs listed in alphabetical order.

Dance Movement

Adult Beginner Ballet with Misako Dance Ballet

Adults with little or no previous ballet training, learn basic ballet exercises with an emphasis on body alignment and musicality while developing a strong core.

18 yrs + Classes: 8
 RP1129.201 Online Jan 16 7:30-8:30pm Sa \$80

Adult Hip Hop with CJ Cunningham

Get ready to work your body in ways you never imagined! Enjoy exciting hip-hop routines to keep you moving and grooving. Learn to isolate your movements and hit it hard in easy-to-follow dances. Whether you are a beginner dancer or have experience, this class works you out and refines your swagger. Wear comfortable clothes and tennis shoes; bring a towel.

18 yrs + Classes: 8
 RP1112.201 Kinetics Dance Theatre Jan 5 8-9pm Tu \$97

Beginning Adult Ballet with Sarah Gilliam

Learn basic ballet movements to help build strength, flexibility, and grace. Enjoy an open environment where everyone learns at their own pace. Leotard and tights recommended, but formfitting, comfortable clothing is allowed. Wear ballet shoes and bring a water bottle.

18 yrs + Classes: 8
 RP1113.201 Kinetics Dance Theatre Jan 4 7:15-8:15pm M \$97

Beginning Adult Modern Dance with Meagan Singleton

Beginner and intermediate dancers, this modern dance class pulls from the classic styles such as Limón, Horton, or Graham. Warm-up with a floor warm-up that helps you release unnecessary tension and engages the core. Class continues with standing exercises and simple across the floor exercises built from classic modern techniques. You may dance in bare feet and wear comfortable workout clothes to move in.

18 yrs + Classes: 8
 RP1115.201 Kinetics Dance Theatre Jan 9 Noon-1pm Sa \$97

Contemporary Modern Dance 1 for Beginners with Misako Dance Ballet

Enjoy an intro to basic modern dance steps and concepts. Class begins with warm-up exercises on the floor and then transition to standing and traveling movements. Steps such as contractions, triplets, swings, small jumps, and simple turns are broken down so that you can build confidence and improve your technique. No previous dance experience necessary.

16 yrs + Classes: 8
 RP1127.201 Online Jan 12 7-8pm Tu \$80



= Online program



= Program may go online if unable to be held in person



International

Afrobeat Contemporary African Dance with PACAC

Also referred to as Azonto dance, Performing Arts Center for African Cultures, Inc. offers this fun, cardio dance workout program that incorporates elements of modern jazz and funk with traditional West African music and dance!

18 yrs + Classes: 10

RP1109.201 Location TBD Jan 16 11:15am-12:30pm Sa \$95

Belly Dancing for Beginners with Misako Dance Ballet

This is an intro to classical Middle Eastern dance. Tone your body and learn fundamental techniques including shimmies, snake arms, isolations, and hip articulations. Cultural relevance and elements of folklore and Near Eastern music are also studied.

16 yrs + Classes: 8

RP1130.201 Online Jan 13 7:30-8:30pm W \$80

RP1130.202 Online Jan 16 10-11am Sa \$80

Bollywood Dance with Jaya Mathur

Trained in Indian classical dance, Jaya Mathur introduces you to this energetic dance style that originated in Indian films. Techniques include hand, feet and body movements and an overall sense of rhythm. Wear comfortable clothing and shoes. Get ready for a great workout while learning an art form!

18 yrs + Classes: 6

RP1108.201 Online Feb 9 7:30-8:30pm Tu \$65

Lifelong Learning

• Info: Karen Ehler, 410-313-4635 or kehler@howardcountymd.gov.

Do it Yourself

Bike Maintenance with Larry Black

Learn everything you need to know about maintaining and repairing your bike. Learn about on-the-road fixes, overhauls, wheel building, riding fundamentals and how to negotiate the best price for repairs. Tools and some practice bikes are provided; bring your own bike to get hands-on experience.

18 yrs + Classes: 4

RP3409.201 Gary J Arthur Comm Ctr Jan 6 7-9pm W \$99

RP3409.202 Gary J Arthur Comm Ctr Mar 10 7-9pm W \$99

Finance

Financial Fitness for Women with Fran Makino

This is a basic personal finance class. Learn about cash, stocks, bonds, mutual funds, IRAs, and how 401Ks/403Bs/TSPs work and how best to invest them. Come discuss basic types of insurances and what is needed. Work on investment strategies. Questions are welcome.

18 yrs + Classes: 3

RP3410.201 Online Jan 20 7-9pm W \$45

Communication

Interviewing Behind the Screen: Tips for Virtual Interviews

Learn tips for being polished and professional when being interviewed remotely. In this virtual program via Zoom, provided by the International School of Protocol, learn considerations for lighting, movement, and clothing during a virtual interview. Learn best practices for setting up your space, answering questions, how to trouble shoot and more. This program also includes practice questions for interviews and how to follow up afterwards. Handouts are emailed.

18 yrs + Classes: 1

RP3412.201 Online Mar 10 7-9pm W \$56



= Online program



= Program may go online if unable to be held in person

The Savvy Virtual Communicator

When interacting virtually, having clear communication skills is paramount. This program, provided by the International School of Protocol, examines keys to good oral and written communication in the virtual environment including email and chats. Learn tips for eye contact and body movement on the screen. Discover keys to effectively using the voice during phone and virtual group interactions. Etiquette for email exchanges is included. Handouts are emailed.

18 yrs + Classes: 1

RP3413.201 Online Mar 9 7-9pm Tu \$56

Networking in a Virtual Environment

First impressions really do last a lifetime even if these first impressions are made virtually! During this interactive virtual program, provided by the International School of Protocol, participants will work on networking and mingling skills. Participants will learn about initiating a conversation, appropriate topics for small talk, pre-event preparation and overcoming "mingle-phobia." Participants will learn how to create the most effective initial impression through proper greetings and verbal and nonverbal communication. During this workshop, as you are moving from group to group in a virtual environment, learn how to introduce others, how to enter a conversation and how to gracefully exit. Handouts are emailed.

18 yrs + Classes: 1

RP3414.201 Online Feb 2 7-9pm Tu \$56

Travel & Writing

How to Travel Inexpensively with Ken Greco

Learn secret tips from an experienced traveler. For 45 years, Ken Greco has traveled the world professionally and for pleasure. Discover how to get the most of your travel money (including secrets on hotels, rental cars, cruises, and airline & rail travel). The course covers travel in the USA, Caribbean, and Europe, advantages and disadvantages of escorted tours, self-planned trips, and virtual planning.

18 yrs + Classes: 2

RP3419.201 Online Jan 20 7-9pm W \$75

Wellness

Introduction to Ayurveda with Lenny Bernstein

During this three-week course, you're challenged to uncover your unique physical and mental constitution as you learn to use the tools of this ancient wisdom. A guide to discovering your true self, Ayurveda is a Sanskrit word that means the "science of life." Ayurveda was derived from the Vedic scriptures of India which seek to harmonize the body, mind, and spirit in order for the individual to more fully know their true nature. Through the study of the principles of Ayurveda, understand the cause and effect relationship between consciousness and matter. Online link sent via email along with a free downloadable e-book, [Journey to Wholeness](#).

18 yrs + Classes: 3

RP3402.201 Online Jan 16 9:30-11:30am Sa \$75

Music & Theater Arts

• Info: Karen Ehler, 410-313-4635 or kehler@howardcountymd.gov.

Music

African Drumming: Community Drum Circle with PACAC

The Performing Arts Center for African Cultures, Inc. (PACA) invites you to use a variety of drums and other percussion instruments during musical sessions that are improvised and co-created by the participants. Drum circles are a fun group expression, not controlled by genre, instrumentation, or directed by a person. Drum circles are used for recreational music making and to facilitate other activities like team-building, wellness, education, celebrations, personal growth, etc. Minors must be accompanied by a parent or guardian.

All ages Classes: 8

RP3435.201 N Laurel Comm Ctr Jan 15 6-7:15pm F \$65

Online Creative Songwriting with Olenka School of Music (OSM)

Can you read and hear music written on paper first, just like Mozart did? Speak, read and write in the language of music by generating, exploring and developing ideas into original compositions. Learn to build your own melodies in a variety of styles with accompanying lyrics. Prior music experience is helpful, but not necessary. Materials price included in tuition; pick up arranged after registration.

16 yrs + Classes: 4

RP3427.201 Online Jan 6 7:30-8:25pm W \$140

RP3427.202 Online Feb 3 7:30-8:25pm W \$140

Online Guitar Beginners with Olenka School of Music (OSM)

Learning to play guitar builds confidence and mental agility as you have fun learning basic melodies, chords and songs. Bring your own guitar or request a rental for \$35 a month. Materials price included in tuition; pick up arranged after registration.

16 yrs + Classes: 4

RP3428.201 Online Jan 4 7:30-8:25pm M \$140

RP3428.203 Online Feb 1 7:30-8:25pm M \$140

Online Keyboarding Beginners with Olenka School of Music (OSM)

OSM invites adults to learn to play melody and accompaniment for popular songs on keyboards. Enjoy an intro to fun basic keyboarding techniques and reading and writing music. Materials price included in tuition; pick up arranged after registration.

16 yrs + Classes: 4

RP3433.201 Online Jan 8 7:30-8:25pm F \$140

RP3433.202 Online Feb 5 7:30-8:25pm F \$140

Online Vocal Starz with Olenka School of Music (OSM)

Voice is our first musical instrument! Learning music as a language starts a great foundation for vocal technique, learn to love singing in a fun, engaging and collaborative environment. Materials price included in tuition; pick up arranged after registration.

16 yrs + Classes: 4

RP3528.201 Online Jan 7 7-7:55pm Th \$140

RP3528.202 Online Feb 4 7-7:55pm Th \$140

To register, visit
www.howardcountymd.gov/rap
or call 410-313-7275.

ACTIVE AGING (55 yrs +) CLASSES & ACTIVITIES



ENCORE PROGRAMS

Reignite the excitement of years past
and explore great new offerings.

To register, visit
www.howardcountymd.gov/rap
or call 410-313-7275.

Active Adult Fitness Classes *Page 60*

- If you would like this Guide in a larger font, contact Susan Potts, 410-313-4628.
- See additional activities in the Adults (18 yrs +) section



= Online program



= Program may go online if
unable to be held in person

Crafts & Fine Arts

• Info: Tracy Adkins, 410-313-7279
or tadkins@howardcountymd.gov

Drawing, Painting & Journaling

Artful Journaling Club

Express yourself! In this weekly club, create journal pages that combine creative writing and decorative art using a variety of media. No art experience necessary. You are invited to suggest and lead activities. Supplies discussed at first meeting. This is a participant-run club; no instructors present.

55 yrs + Classes: 12

RP0305.201 Online Jan 7 10am-noon Th Free

NEW! DoodleHATCH - Industrial Machine Mop Scarf Workshop

If you already sew, try something new! Join us at the new DoodleHATCH facility in Columbia to learn the basics of operating an industrial straight sewing machine. Make a multicolor mop polar fleece scarf to keep warm! Threading and fabric included in the registration cost.

55 yrs + Classes: 1

RP0311.301 DoodleHATCH Mar 10 9:30-11:30am W \$35

NEW! DoodleHATCH - Learn to Love Your Sewing Machine Workshop

Bring your sewing machine, thread, and scissors to the new DoodleHATCH facility in Columbia! Get to know your own home machine in an inspiring environment with others! Enjoy 3,000 fabrics for sale at discounted prices! Fabrics for practice included in the registration cost.

55 yrs + Classes: 1

RP0309.201 DoodleHATCH Jan 13 9:30-11:30am W \$35

NEW! DoodleHATCH - Making Basic Tunic Patterns

Bring scissors and knit fabrics along to the new DoodleHATCH facility in Columbia! Basic sewing skills required but professional seamstress is provided as part of the class fee. Fabrics may also be purchased onsite. Measure yourself to make a basic pattern and then try variant necklines and sleeves. Tunics make great gifts and are an exciting addition to any wardrobe!

55 yrs + Classes: 3

RP0310.201 DoodleHATCH Feb 10 9:30-11:30am W \$95

Drawing and Watercolor Painting with Zina Poliszuk

For beginning students, this seven-week session concentrates on developing visual skills and eye-hand coordination using right brain drawing exercises such as contour and tonal drawing. Learning to see the line around forms and distinguishing values from white to black to achieve volume are paramount skills for successful drawing. This user-friendly program features regular demos and gentle critiques to foster continuing progress. This is great on its own or serves as a perfect forerunner to Watercolor Techniques: Beginner to Advanced. Advanced watercolor painters will benefit from an inspiring syllabus, demonstrations and gentle critiques or take advantage of teacher input while working on your own project.

55 yrs + Classes: 7

RP0302.201 Online Jan 11 10am-noon M \$125

RP0302.202 Online Jan 11 1:15-3:15pm M \$125



NEW! Virtual Art Chat with Carol Zika

Join art instructor Carol Zika for a monthly virtual art discussion. Share art perspectives, ideas and techniques. Art chat hosted monthly for one hour. There are various media options an artist can use to develop art; conversation and art exploration is part of the creative process. Meetings will include conversation, sharing art, and expanding knowledge. Webex software invitation is sent to participants following registration.

55 yrs + Classes: 3

RP3573.201 Online Jan 8 1-2pm F Free

RP3573.202 Online Feb 5 1-2pm F Free

RP3573.203 Online Mar 5 1-2pm F Free

Watercolor Techniques: Beginner to Advanced with Zina Poliszuk

The seven-week program features demos of beginning watercolor techniques such as color theory, graded washes, blended washes and glazes. Begin painting by the fifth class from real life set ups and personal photos. Advanced students will work from an inspiring syllabus with teacher demos, slide lectures, and gentle critiques. Very advanced students may work independently while taking advantage of demos and critiques.

55 yrs + Classes: 7

RP0301.201 Online Mar 8 10am-noon M \$125

RP0301.202 Online Mar 8 1:15-3:15pm M \$125

DoodleHATCH: 8775 Cloudleap Ct, Unit 1, Columbia



Glass Arts

Stained Glass Workshops

Make a small stained glass hanging using the copper foil technique. Learn to score, cut, foil, and solder stained glass pieces into a finished hanging. Develop and practice the skills needed to score and break glass, as this is a challenging skill. Supplies provided.

55 yrs + — Instructor: Maureen Stone — Classes: 1

RP3536.201 — N Laurel Comm Ctr — Jan 23 — 11am-3pm — Sa — \$89

RP3536.202 — N Laurel Comm Ctr — Feb 20 — 11am-3pm — Sa — \$89

Photography

• Info: Ruth Coleman, 410-313-7311
or rucoleman@howardcountymd.gov.

Digital Photography 101

With today's digital camera, anyone can take great pictures! Come learn by focusing on the fundamentals. Learn the elements and techniques that produce compelling photos, and then do hands-on tasks. Digital camera required (DSLR or point-and-shoot with manual controls).

55 yrs + — 10% off two or more people

Instructor: Adam Fried — Classes: 6

RP3521.201 — Online — Jan 5 — 9:30-11:30am — Tu — \$95



= Online program



= Program may go online if unable to be held in person

Digital Photography 102

Comfortable with your camera? Ready to take your photography to the next level? Than this is the class for you! Come pick up where Digital Photography 101 left off. Learn and practice intermediate photography techniques relating to lighting, action, composition, and more. Digital camera required (DSLR or point-and-shoot with manual controls).

55 yrs + — 10% off two or more people

Instructor: Adam Fried — Classes: 4

RP3533.201 — Online — Jan 21 — 6:30-8:30pm — Th — \$65

Shooting with a Smartphone

"The best camera is the one you have with you" certainly applies to smartphones. Smartphone cameras can't always compete with higher-end digital cameras, but they're a whole lot more portable! This class will teach some of the same concepts as Digital Photography 101, with a focus on how they apply to getting great smartphone snaps.

55 yrs + — 10% off two or more people

Instructor: Adam Fried — Classes: 4

RP3522.201 — Online — Jan 19 — 1-2:30pm — Tu — \$55

Writing

• Info: Tracy Adkins, 410-313-7279
or tadkins@howardcountymd.gov

The Story Within

This class provides instruction on how to release the story within as we begin the process of writing our own stories to pass onto the next generation. Learn to focus on ways to get past our fears, overcome procrastination, break through writer's block, and more.

55 yrs + — Instructor: Sharon Ricks — Classes: 5

RP3571.201 — Online — Jan 26 — 1-2pm — Tu — \$49



Dance

• Info: Ruth Coleman, 410-313-7311
or rucoleman@howardcountymd.gov.

Beginner Ballet for Active Adults with Kinetics Dance

Enjoy basic ballet while building strength, flexibility and grace. Class begins at the ballet barre and progresses to center. Learn terminology and technique with modifications. Leotard and tights recommended; form-fitting clothing allowed. Pull back long hair. Wear ballet shoes.

55 yrs + Instructor: Jodi Guzewich Classes: 8

RP3509.201 **Online** Jan 7 10:25-11:25am Th \$85

Beginner Latin Dance for Couples

Learn basic dance steps for rumba, cha-cha, and swing rhythms.

55 yrs + Instructor: Tom Sellner Classes: 5

RP3513.201 N Laurel Comm Ctr Jan 26 7:30-8:30pm Tu \$55

RP3513.202 N Laurel Comm Ctr Jan 28 7:30-8:30pm Th \$55

BESA African Dance for Active Adults

BESA means "come dance" in the Akan language of Ghana. Come enjoy this moderate-to-low impact dance exercise program while working on cardio to support a healthy lifestyle. The instructor uses African dance forms and techniques to teach cultural dances in a fun environment.

55 yrs + Instructor: Performing Arts Center for African Culture Classes: 8

RP3554.201 N Laurel Comm Ctr **Jan 23** 1-2pm Sa \$79

Dance on Broadway with Kinetics Dance

Come join a group of aspiring Broadway stars for fun and fitness. The instructor leads you through dance steps and routines to current and long-time favorite Broadway songs. Learn musical theater choreography that challenges your mind and body while getting a workout. Appropriate for all levels. Wear dance or athletic shoes and comfortable clothes you can move in. Bring water and a towel.

55 yrs + Instructor: Jodi Guzewich Classes: 8 \$85

RP3527.201 **Online** Jan 5 9:30-10:30am Tu

Senior Tap Classics 1 & 2

with Kinetics Dance Theatre

For those looking to advance in their tap dancing skills in a fun and relaxed environment. Wear comfortable clothing, grab your tap shoes and join us!

55 yrs + Instructor: Gina Bates Brown Classes: 8

RP3581.201 **Online** Jan 8 10:40-11:40am F \$85

Drop-In Programs

• Info: Ruth Coleman, 410-313-7311 or
rucoleman@howardcountymd.gov
(unless otherwise specified).

Drop-In Social Bridge

Stop by for some social bridge. Beginners welcome! Coffee, tea and light refreshments available. We accept donations to the snack fund.

Kiwanis-Wallas Hall 9am-noon W Free

Duplicate Bridge

Enjoy drop-in duplicate bridge. Bring a lunch; coffee, tea and light refreshments available. We accept donations to the snack fund.

Kiwanis-Wallas Hall Noon-3:30pm W Free

Kiwanis-Wallas Hall 9:15am-12:45pm F Free

Mahjong

Kiwanis-Wallas Hall 1-3:30pm W Free

Marathon Bridge

Kiwanis-Wallas Hall 1-3:30pm W Free

Online Trivia Time Hosted by Dave Baker

Come show us what you know during this one hour of weekly online trivia with Dave! Fire up those brain cells and challenge yourself with trivia questions spanning all topic areas including geography, history, sports and more! This free program is open to the first 15 registrants, so be sure to sign up fast as space is limited! Webex software sent with instructions following registration. Info: Tracy Adkins, 410-313-7279 or tadkins@howardcountymd.gov.

RP3530.201 **Online** Jan 11 7-8pm M Free

Toss Across

Try the latest backyard and tailgating craze as you get a little exercise!

Bain 50+ Ctr 10:30-11:30am F Free

Wii Bowling Club

Bowl in a virtual alley without leaving the building. Improve hand-eye coordination and get exercise while competing against your peers.

Elkridge 50+ Ctr 10-11am W Free

Bain 50+ Ctr 9:30-10:30am Th Free

Bain 50+ Ctr 10:30-11:30am Th Free

To register, visit
www.howardcountymd.gov/rap
or call 410-313-7275.



Lifelong Learning

• Info: Ruth Coleman, 410-313-7311
or rucoleman@howardcountymd.gov.

Bridge

Intermediate Bridge

If you have taken previous bridge classes and want to learn more or are an experienced player but would like to improve your skills in bidding and play of the game, this online class is for you. We focus on more advanced approaches to bidding such as negative doubles, Michael's Cue bids, and jump shifts, and better offensive and defensive play. Email with Webex link sent before the start of class.

55 yrs + — Instructor: Paul Elstein — Classes: 5
RP3540.201 — Online — Jan 27 — 1-2pm — W — \$49

Computer

Basic Computer Knowledge for Active Adults

In this online class, you receive an introduction to the importance of passwords, creating them and keeping them confidential. Participants also learn to search for information and service on the web. Finally, discover social media and how to use it to stay connected with family and friends.

55 yrs + — Instructor: Constance Lowe — Classes: 3
RP3523.201 — Online — Jan 13 — 1-2pm — W — \$75

Introduction to Computer Coding for Active Adults

This is a foundational course in coding and computation. Participants will learn to code using simple block-based techniques. Research shows that computer coding improves your brain health. This class is held on Zoom. The link to access the class is sent via email before the first class.

55 yrs + — Instructor: Happy Cloud — Classes: 4
RP3578.201 — Online — Jan 12 — 11-noon — Tu,Th — \$85

Games

Introduction to Dungeons & Dragons

In this nine-week course, Dungeon Master Mica will guide you through the process of character creation, establishing a home base, adventuring, leveling up and campaigning. By the conclusion of the program, you will have mastered the rudimentary skills needed to participate in anyone's Dungeons & Dragons game.

55 yrs + — Instructor: Mica Fetz — Classes: 9
RP3569.201 — Roger Carter Comm Ctr — Jan 23 — Noon-3pm — Sa — \$149

Meditation

Basics of Mindful Meditation with Nancy Holt RYT200

Learn meditation techniques and discover applications for mindfulness. Enhance positivity and self-awareness.

55 yrs + — Instructor: Nancy Holt — Classes: 4
RP3546.201 — Online — Jan 7 — 6-7pm — Th — \$39
RP3546.202 — Online — Feb 4 — 6-7pm — Th — \$39

Meditation for Stress & Anxiety with Nancy Holt RYT200

Often we find ourselves lost in a world that never stops spinning. How can we regain control of our minds? Mindfulness meditation is a gradual practice of cultivating control of your thoughts, increasing focus and peace. Cover the science of stress, how it affects the autonomic nervous system, and what we can do to reverse its affects.

55 yrs + — Instructor: Nancy Holt — Classes: 4
RP3572.201 — Online — Jan 5 — 7-8pm — Tu — \$39
RP3572.202 — Online — Feb 2 — 7-8pm — Tu — \$39

Mindful Meditation for Grief, Loss, Anxiety & Depression with Nancy Holt RYT200

Using the principles of mindful meditation, journaling and community support, learn methods to release pain and uncover the peace that already flows within.

55 yrs + — Instructor: Nancy Holt — Classes: 4
RP3559.201 — Online — Jan 6 — 7-8pm — W — \$39
RP3559.202 — Online — Feb 3 — 7-8pm — W — \$39

Speaker Series

- Info: Tracy Adkins, 410-313-7279
or tadkins@howardcountymd.gov
- In order by topic.

Cooking

NEW! Best Breakfast Workshop with Barbara Savage

Why is breakfast the most important meal of the day? What are the best foods to eat for breakfast? What happens if I skip breakfast? During this class, learn the answers to these frequent questions as well as how to turn typical breakfast foods into healthy options. With just a few minor adjustments, you can still enjoy your favorites while setting your body up for optimal mood, energy, and appetite regulation throughout the entire day. Recipe ideas for make ahead breakfasts are shared during class.

55 yrs + Classes: 1

RP3511.201 Online Jan 12 11am-noon Tu \$10

NEW! Fun Flavor Lunches Workshop with Barbara Savage

Who doesn't love a grilled cheese, chicken salad sandwiches, pizza, hamburgers, chips, and fries? You don't have to give up these classic lunch foods in order to maintain good health. Learn how to remake your favorite lunchtime favorites without sacrificing taste. In addition to recipe ideas, learn how to fit lunch into a well-balanced, nutritionally sound approach to your daily eating.

55 yrs + Classes: 1

RP3511.202 Online Feb 9 11am-noon Tu \$10

NEW! Fit Dinner Ideas Workshop with Barbara Savage

Love dinner but not the extra calories? By swapping out ingredients and switching to healthy cooking methods you can easily transform your heavy dinner into lighter and healthier meals. Using common ingredients and basic cooking methods, you can prepare dinners that you will look forward to! In addition to gaining some amazing recipe ideas, you will learn how to evaluate dinner options for improved health.

55 yrs + Classes: 1

RP3511.301 Online Mar 9 11am-noon Tu \$10

Finance

The Sandwich Generation, Money Matters

Gain insight on how to manage the financial demands of your children, parents and/or other family members.

55 yrs + Instructor: Bradley Fine Classes: 1

RP3506.201 Online Jan 14 1-2pm Th \$15

Bonds & Stocks, Tax-Thoughtful Investing for your Life Cycles

Come apply thoughtful, tax-efficient bond and stock allocations.

55 yrs + Instructor: Bradley Fine Classes: 1

RP3506.202 Online Jan 28 1-2pm Th \$15

How to Choose a Financial Advisor

The world of finance can be a tricky place and choosing the right person to be your guide is important. Join the former Chief Investment Officer of Sandy Spring Trust as he teaches you what to look for in a good financial advisor.

55 yrs + Instructor: Bradley Fine Classes: 1

RP3506.203 Online Feb 11 1-2pm Th \$15

Health & Wellness

Sugar is a Sneaky Thing

You may know that sugar is to be avoided, but you may be surprised by how much you are consuming without realizing it. Are you confused about what is really "healthy" and what you should eat? Do you want to learn practical tips to eat healthier, have more energy, break free from a sugar or carb habit and cravings...and just feel better overall? If so, join us for an informative workshop where you can get expert information from an Integrative Nutrition Health Coach, Beth Romanski! During this interactive workshop, participants will understand the effects of sugar on your body, gain a greater understanding of why we crave sweets, how to tell the difference between sugars, and learn how to identify the hidden refined sugar in common foods.

55 yrs + Instructor: Beth Romanski Classes: 1

RP3506.205 Online Jan 15 12-1:30pm F \$15

Create Your Vision Board to Design the Life You Want

What you think about, you bring about! This workshop includes an overview of the vision board process as you gain inspiration and create your own project to manifest the life you want in the New Year. Participants will receive handouts and will take part in a centering meditation and reflection to set the stage for your home project. Feel free to gather your own photos, magazines, markers, stickers and other craft embellishments for your personalized project or simply join us to learn!

55 yrs + Instructor: Beth Romanski Classes: 1

RP3506.206 Online Jan 22 Noon-1:30pm F \$15

Opera

Behind the Scenes at an Opera Production

Learn what goes on to get ready for an opera production. Hear from professional opera singers and learn what goes into preparing for a show from the first round of auditions to closing night. Listen to some great music, see some amazing performances and discuss insider knowledge. This is sure to be a one-of-a-kind experience!

55 yrs + Instructor: Norman Shankle Classes: 1

RP3506.204 Online Jan 25 1-2pm M \$15



= Online program





= Program may go online if
unable to be held in person

FITNESS



- Participants 12-17 years may register, but must be accompanied by a participating parent/guardian.
- Classes listed in alphabetical order.
- Date of last class may change due to unforeseen circumstances.
- You do not need to be a community center member to attend HCRP fitness classes at a center.

**To register, visit
www.howardcountymd.gov/rap
 or call 410-313-7275.**

 = Online program
 = Program may go online if unable to be held in person

Personal Training

Personal Training

Each session is customized to fit your individual needs and abilities. Private training sessions are one participant to one trainer; semi-private sessions are up to three participants to one trainer. Sessions are non-transferrable. Registration for sessions is first-come, first-served; walk-in and phone registrations only. All sessions must be scheduled at the time of registration. GJACC Info: 410-313-4840, or Sara Schwab, 410-313-4842 or sschwab@howardcountymd.gov. RCCC Info: 410-313-2764 or Andrew Coffin, 410-313-2763 or acoffin@howardcountymd.gov. NLCC Info: 410-313-0390, or Marvin Evans, 410-313-0829 or mevans@howardcountymd.gov.

| 13 yrs + | | Ongoing |
|------------|--------------------------------------|---------|
| 1 session | 30 minutes, private | \$45 |
| 1 session | 60 minutes, private | \$75 |
| 4 sessions | 30 minutes, private | \$160 |
| 8 sessions | 30 minutes, private | \$299 |
| 4 sessions | 30 minutes, semi-private, group of 3 | \$240 |
| 8 sessions | 30 minutes, semi-private, group of 3 | \$459 |

Cardio & Strength

- Classes are for participants 18 years or older.
- Participants 12-17 years may register, but must be accompanied by a participating parent/guardian.
- Classes listed in alphabetical order.
- Date of last class may change due to unforeseen circumstances.
- You do not need to be a community center member to attend HCRP fitness classes at a center.
- Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

Aqua Zumba

This class gives new meaning to the idea of an invigorating workout! Blend the Zumba formula and philosophy with traditional aqua fitness in a challenging, water-based workout that's cardio-conditioning, body-tightening, and most of all, exhilarating!

18 yrs + Roger Carter Comm Ctr Classes: 6

| | | | | | |
|------------|----------------------|--------|---------------|-------|------|
| RP8612.201 | With Dinishea Shelby | Jan 12 | 10:30-11:15am | Tu,Th | \$60 |
| RP8612.202 | With Tish Heyssel | Jan 12 | 7-7:45pm | Tu,Th | \$60 |
| RP8612.211 | With Dinishea Shelby | Feb 9 | 10:30-11:15am | Tu,Th | \$60 |
| RP8612.212 | With Tish Heyssel | Feb 9 | 7-7:45pm | Tu,Th | \$60 |
| RP8612.221 | With Dinishea Shelby | Mar 9 | 10:30-11:15am | Tu,Th | \$60 |
| RP8612.222 | With Tish Heyssel | Mar 9 | 7-7:45pm | Tu,Th | \$60 |

Barre Above

Enjoy a cutting-edge, safe and progressive method of barre training that lengthens and strengthens your muscles and improves your flexibility and posture. This fun class gives you great results!

18 yrs + With Mandy Neale, SCW Classes: 10

| | | | | | |
|------------|--------|--------|----------|----|------|
| RP8130.201 | Online | Jan 12 | 6-6:55pm | Tu | \$76 |
|------------|--------|--------|----------|----|------|

Barre Burn

Ballet movements combine with fitness exercises for a full-body workout. Sculpt and tone your body while gaining a dancer's sense of alignment and physical control. Bring 3-to-5-lb-weights for an additional challenge. Mats are provided but you are encouraged to bring your own.

18 yrs + Classes: 8

| | | | | | |
|------------|------------------------|-------|-------------|---|------|
| RP8282.202 | Kinetics Dance Theatre | Jan 6 | 8:15-9:15pm | W | \$96 |
|------------|------------------------|-------|-------------|---|------|

Body Conditioning

with Cyndi Kummerlowe, AFAA

Stretch, strengthen and tone your body! This combination class includes 25 minutes of a low-impact cardio workout followed by beneficial strength training. Bring a mat and 2-to-5-lb-hand weights.

18 yrs + Classes: 10

| | | | | | |
|------------|-----------------------|--------|----------|----|------|
| RP8220.201 | Roger Carter Comm Ctr | Jan 14 | 7:05-8pm | Th | \$56 |
|------------|-----------------------|--------|----------|----|------|

Booty Camp Cardio

Total motivation – no yelling or screaming. Designed to torch calories, crank up your metabolism, change your body, and life. Booty Camp Cardio builds confidence with an array of cardio and strength moves utilizing balls, bands, weights and your own body weight.

18 yrs + With Marie Duket Classes: 18 No class 1/18, 2/15

| | | | | | |
|------------|--------|--------|-------------|-----|-------|
| RP8430.204 | Online | Jan 11 | 6:30-7:20pm | M,W | \$126 |
|------------|--------|--------|-------------|-----|-------|



Cardio Blast Interval

with Linda Donatich, NETA

This highly effective class includes a 25-minute cardiovascular workout with intense intervals to boost metabolism and 35 minutes of muscle conditioning, core work and stretching. All levels enjoy an intense, energetic workout! Bring hand weights (5 lbs. recommended) and a mat.

18 yrs + Classes: 22 No class 1/18, 2/15

| | | | | | |
|------------|--------|--------|-------------|-----|-------|
| RP8422.201 | Online | Jan 11 | 6:45-7:45pm | M,W | \$116 |
|------------|--------|--------|-------------|-----|-------|

Cardio Crunch Challenge

with Lori Nowicki, ACE

This class has it all! Experience something new to challenge every muscle. Classes rotate between aerobics, step, circuit, boot camp, kickboxing, athletic training, Tabata and intervals. Each class consists of 45 minutes of cardio mixed with strength, core, flexibility, foam roller and balance. Experience a high-energy class at high or low impact, take the challenge and have fun. Bring a mat, hand weights.

18 yrs + Classes: 9 No class 1/18, 2/15

| | | | | | |
|------------|--------|--------|--------------|---|------|
| RP8481.201 | Online | Jan 11 | 9:15-10:15am | M | \$52 |
|------------|--------|--------|--------------|---|------|

18 yrs + Classes: 11 No class 1/18, 2/15

| | | | | | |
|------------|--------|--------|--------------|---|------|
| RP8481.202 | Online | Jan 13 | 9:15-10:15am | W | \$64 |
|------------|--------|--------|--------------|---|------|

18 yrs + Classes: 20 No class 1/18, 2/15

| | | | | | |
|------------|--------|--------|--------------|-----|-------|
| RP8481.203 | Online | Jan 11 | 9:15-10:15am | M,W | \$112 |
|------------|--------|--------|--------------|-----|-------|

Cardio Dance with Sandra Duerr, AFAA, NASM

A fun choreographed dance class that goes from warm-up steps to heart pounding dances, giving you an aerobic workout that helps to sculpt your body and makes you feel good about yourself. No sit ups or repetitions. We sweat, laugh and burn lots of calories.

18 yrs + Classes: 10 Roger Carter Comm Ctr

| | | | | |
|------------|--------|-----------------|---|------|
| RP8225.201 | Jan 13 | 11:30am-12:15pm | W | \$60 |
|------------|--------|-----------------|---|------|

| | | | | |
|------------|--------|-----------------|---|------|
| RP8225.202 | Jan 15 | 11:30am-12:15pm | F | \$60 |
|------------|--------|-----------------|---|------|

18 yrs + Classes: 20 Roger Carter Comm Ctr

| | | | | |
|------------|--------|-----------------|-----|-------|
| RP8225.203 | Jan 13 | 11:30am-12:15pm | W,F | \$120 |
|------------|--------|-----------------|-----|-------|

Cardio Fusion with Marianne Larkin, AAAI

Your favorite cardio and toning formats are combined in one challenging, power-packed workout. The easy-to-follow moves are demonstrated at various intensity levels so you can customize the workout to fit your needs. Pump up your workouts and burn fat with a mix of everything from step, high/low and interval training to strength, core, balance, and flexibility exercises inspired by yoga and Pilates. Bring a mat and hand weights. Aerobic step recommended but not required. All moves can be done from floor.

18 yrs + Online Classes: 8 No class 1/18, 2/15

RP8482.201 Jan 11 9:35-10:35am M \$40

18 yrs + Online Classes: 10 No class 1/18, 2/15

RP8482.202 Jan 13 9:35-10:35am W \$50

18 yrs + Online Classes: 18 No class 1/18, 2/15

RP8482.203 Jan 11 9:35-10:35am M,W \$90

Cardio Kickboxing with Robin Robinson

This group fitness class combines martial arts techniques with fast-paced cardio dance moves. The high-energy workout challenges the beginner and elite athlete alike. Build stamina, improve coordination and flexibility, and burn calories as you build lean muscle with this fun and challenging workout.

18 yrs + Classes: 9

RP8551.201 N Laurel Comm Ctr Jan 12 6:30-7:30pm Tu \$72

RP8551.202 N Laurel Comm Ctr Jan 14 6:30-7:30pm Th \$72

18 yrs + Classes: 16

RP8551.203 N Laurel Comm Ctr Jan 12 6:30-7:30pm Tu,Th \$144

Fit Jam: Cardio Party with Jackie Jones

Think all workouts are boring? Think again! Join this cardio party and dance the night away to the hottest hits from around the globe. Learn the basic steps from salsa, Cumbia, hip-hop and many more dance styles. Simple choreography is very easy to learn, no experience necessary! Bring a friend and have a blast while burning tons of calories! Bring a towel and water bottle.

18 yrs + Classes: 8 No class 1/18, 2/15 Choose in-person or online

RP8350.201 Online/Gary J Arthur Comm Ctr Jan 11 5:45-6:45pm M \$76

18 yrs + Classes: 10 Choose in-person or online

RP8350.202 Online/Gary J Arthur Comm Ctr Jan 14 5:45-6:45pm Th \$95

HIIT Fix with Stacy Julien

HIIT Fix is an effective and fun mash up of cardio, strength, and agility exercises with a focus on functional movement and mobility. Join award-winning WNBF Figure Pro and certified fitness coach Stacy J in this 45-minute circuit-style routine designed to unleash your inner athlete and show you how powerful you truly are. These unique, high-intensity interval training routines will help you build endurance, strengthen your muscles, tighten your core, and keep you active and mobile for years to come. All levels welcome.

18 yrs + Classes: 16

RP8062.201 Online Jan 12 6-6:40pm Tu,Th \$171

LaBlast® Dance Fitness

LaBlast® Fitness is a partner-free ballroom-based dance fitness workout created by world-renowned dancer and fitness expert Louis van Amstel (as seen on ABC's Dancing with the Stars). Accessible for all levels – from the absolute beginner to the experienced dancer; LaBlast® is a pure total body workout, incorporating hand weights (provided), balance and strength moves, working in all planes of motion. Whether you want to tone your body, maintain a healthy lifestyle, learn to dance, or just have a great time, LaBlast® offers something for everyone.

18 yrs + With Tracy Cox, AFAA LaBlast® Classes: 19

RP8157.202 Online Jan 14 9-10am Tu,Th \$142

Step & Sculpt with Marianne Larkin, AAAI

Enjoy an invigorating, fun, medium-to-high-intensity class that has it all. Pump up your cardiovascular fitness and challenge your brain with the latest turbo charged step moves combined with strength, core and balance exercises for a total body workout. Moves are demonstrated at various intensity levels so you can customize the workout to fit your needs. Bring a mat and hand weights. Aerobic step is recommended but all moves can be done from floor.

18 yrs + Online Classes: 10

RP8300.211 Jan 12 7-8pm Tu \$53

RP8300.212 Jan 14 7-8pm Th \$53

18 yrs + Online Classes: 20

RP8300.201 Jan 12 7-8pm Tu,Th \$105

Tabata Interval Training with Lori Nowicki, ACE

Get great results in a short time! This is a fun, effective, and quick workout! This boot camp is based on the most effective high-intensity interval training (20 seconds on, 10 seconds rest). Burn 5x more calories as regular exercise. Everyone's intensity is individual and workouts can be modified.

18 yrs + Classes: 10

RP8485.201 Online Jan 15 9:15-9:55am F \$58

Total Body Tone & Core with Marianne Larkin, AAAI

This lively total body workout moves to the beat of the music. Burn calories as you flow through a variety of exercises designed to sculpt and tone your body while strengthening your core and improving your balance and flexibility. Bring a mat and 2-to-5 lb. weights.

18 yrs + Classes: 10

RP8210.201 Online Jan 12 6-6:55pm Tu \$50

RP8210.202 Online Jan 14 6-6:55pm Th \$50

18 yrs + Classes: 20

RP8210.211 Online Jan 12 6-6:55pm Tu,Th \$99

Trim & Tighten

with Kim Davis, NASM, AFAA

Come join us for an all over body workout. Burn calories as you flow through a variety of exercises designed to sculpt and tone your body. Please bring a 2-5 lb. weight and a mat.

18 yrs + Classes: 10

RP8211.201 Online Jan 13 6:30-7:25pm W \$60

Triple Threat with Robin Robinson

Triple Threat is a complete and total body workout but targets three of your most valuable assets... your arms, abs and ace (Gluteus Maximus)! Melt body fat, get a tighter core, toned arms and a firm bottom. Accelerate your workout and maximize your results in 30 minutes. Suitable for all fitness levels.

18 yrs + Classes: 9


RP8551.221 N Laurel Comm Ctr Jan 12 6-6:30pm Tu \$63

RP8551.222 N Laurel Comm Ctr Jan 14 6-6:30pm Th \$63

18 yrs + Classes: 18

RP8551.223 N Laurel Comm Ctr Jan 12 6-6:30pm Tu,Th \$126



Zumba 

Zumba takes the “work” out of “workout” by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and world rhythms take over, you’ll see why Zumba is super effective and fun! Zumba is a total workout, combining all elements of fitness: cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class.

18 yrs + Online With Stephanie Scott No class 1/18, 2/15

RP8330.201 Jan 11 5:30-6:30pm M \$63 Classes: 9

18 yrs + Online With Stephanie Scott

RP8330.202 Jan 13 5:30-6:30pm W \$77 Classes: 11

18 yrs + Online With Marie Duket, SCW, Zumba

RP8430.202 Jan 17 9-10am Su \$70 Classes: 10

18 yrs + Roger Carter Comm Ctr With Hannah Lape, Zumba

RP8430.211 Jan 12 6:30-7:30pm Tu \$70 Classes: 10

18 yrs + Gary J Arthur Comm Ctr With Hannah Lape, Zumba

RP8430.213 Jan 15 9-10am F \$70 Classes: 10

18 yrs + Online With Sikena Holden

RP8360.202 Jan 9 10-11am Sa \$72 Classes: 6

18 yrs + Online With Sikena Holden

RP8360.212 Feb 20 10-11am Sa \$72 Classes: 6

18 yrs + Online With Anita Biswal

RP8670.201 Jan 14 6:45-7:45pm Th \$65 Classes: 10

Health & Relaxation

- Classes are for participants 18 years and up.
- Participants 12-17 years may register, but must be accompanied by a participating parent/guardian.
- Classes listed in alphabetical order.
- Date of last class may change due to unforeseen circumstances.
- You do not need to be a community center member to attend HCRP fitness classes at a center.
- Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

Hatha Yoga for Flexibility & Relaxation

Create a calm, peaceful awareness of both body and mind through the ancient art of yoga. Classic yoga postures and breathing techniques are explored in a sequenced flow. Come prepared to lengthen, strengthen and relax. Beginning and ongoing students are welcome. Yoga mats/blocks provided but please bring your own mat if you have one.

18 yrs + With Kris Copeman Classes: 8

RP8240.201 Kinetics Dance Theatre Jan 7 9:45-10:45am Th \$96

Introduction to Pilates

with Christine Williams 

Connect your mind, body and spirit as you practice this systematic exercise program. This series of flowing movements and breathing patterns lengthen and strengthen your muscles, with a primary focus on the powerhouse/abdominals. All levels of practitioners are welcome. Please bring a mat.

18 yrs + Classes: 6

RP8155.201 Online Jan 9 9-10am Sa \$72

RP8155.202 Online Feb 20 9-10am Sa \$72



= Online program



= Program may go online if unable to be held in person

Pilates with Lori Nowicki, AAI, AFPA

Pilates is the ultimate mind-body exercise program. This class can be modified. Use of toys is optional. Exercises incorporate multiple repetitions, mixed tempos, added equipment and reformer-like movements. Strengthen your legs, arms and core, increase your flexibility, and reduce stress! Focus is on core, balance, breathing, and alignment. Bring your own mat and ball.

18 yrs + Classes: 22

RP8154.201 Online Jan 12 9:15-10am Tu,Th \$127

Revive, Relax & Renew Yoga

with Mary Garratt, E-RYT500

Even if you can't twist into a pretzel, you can enjoy yoga. Classes are an active, physical workout and a relaxing, meditative work-in. This class is for beginners or those with some yoga experience. Explore and expand your own strength, flexibility, balance, and focus. You leave each class feeling better than when you walked in. Bring a mat/blanket, bringing yoga blocks is recommended.

18 yrs + Classes: 10 No class 1/18

RP8252.201 Online Jan 11 7-8pm M \$95

RP8252.202 Online Jan 13 5:45-6:45pm W \$95

Sunday Afternoon Yoga

with Mary Garratt, E-RYT500

Ease your way from the weekend to the work week with yoga. Come refresh your body and calm your mind. Whether you're new to yoga or have experience, enjoy the benefits of an energizing, physical workout and a soothing, meditative work-in. Explore and expand your strength, flexibility, balance and focus. Leave each class relaxed and ready to take on the week! Bring a yoga mat and yoga blocks.

18 yrs + Classes: 10

RP8252.212 Online Jan 10 2-3pm Su \$95

Vinyasa Flow Yoga

with Jackie Jones, AFAA, RYT-200

Breathing, mindfulness and heat building yoga sequences are integrated into this Vinyasa (flow) class. Incorporating the presence of movement with breath, this class will include a variety of yoga poses geared toward balance, posture and core strength. Linking together alignment, sun salutations, standing and seated postures, participants will observe improved flexibility, range of motion and the power of breath awareness. Open to all levels. Bring a yoga mat and some form of hydration.

18 yrs + Online/Gary J Arthur Comm Ctr Choose in-person or online

RP8135.221 Jan 11 4:45-5:30pm M \$64 Classes: 8

RP8135.222 Jan 14 4:45-5:30pm Th \$80 Classes: 10



= Online program



= Program may go online if unable to be held in person



Active Adults (55 yrs +)

- Info: Scott A. Ripley, 410-313-7281 or sripley@howardcountymd.gov.
- Classes listed in alphabetical order.

Cardio Kickboxing for Active Adults with Lauren Daly, ACE

A 30-minute cardio boxing and kickboxing workout set to high energy music. Modifications available for all fitness levels.

55 yrs + Classes: 12 No Class 1/18

RP3524.201 Online Jan 4 8:30-9am M,W \$55

Cardio Tone with Margaret Wolfe, ACE

A mix of cardio and toning exercises to improve overall fitness, strength, balance and flexibility. All levels welcome.

55 yrs + Classes: 6 No Class 1/18

RP3550.201 Online Jan 4 11am-noon M \$49

RP3550.202 Online Feb 22 11am-noon M \$49

Exercise with Ease

This well-rounded hour of fitness for active seniors includes low-impact aerobics, stretching, muscle tone, and strength activities aimed at improving endurance, body alignment, balance, and proper breathing. Listen to upbeat music while learning choreography.

55 yrs + With Kathy Whelan, RYT-200 Classes: 18

RP8060.201 Online Jan 4 8:50-9:50am Tu,Th \$77

55 yrs + With Katie Gandy, ACE, GFI Classes: 18

RP8060.202 Online Jan 4 10-11am M,W \$77



Fitness for Life

with Lori Nowicki, ACE, AFPA

Enjoy a class designed for active adults using easy-to-follow aerobics, weights, and cardio training.

55 yrs + Classes: 20 No class 1/18, 2/15

RP8666.201 Online Jan 11 11:30am-12:30pm M,W \$140

55 yrs + Classes: 22

RP8666.202 Online Jan 12 10:30-11:45am Tu,Th \$154

RP8666.203 Online Jan 12 12:15-1:30pm Tu,Th \$154

Gentle Yoga/Yoga 1

with Kathy Whelan, ACE, RYT 200

This yoga class is suitable for both new and continuing students preferring a less vigorous version of a Yoga 1 class. Move through poses to increase flexibility, strength and balance while emphasizing mindfulness and breath awareness. Yoga props used. Modifications are offered so that you may receive the benefits of each pose. Must be able to get up and down from floor.

55 yrs + Classes: 6 Bring a yoga mat

RP3515.201 Online Jan 5 6-7pm Tu \$55

RP3515.203 Online Feb 16 6-7pm Tu \$55

Head 2 Toe Strong with Kathy Greisman

Strengthen muscles and build flexibility with this unique class that integrates yoga, weights and Pilates exercises all while having fun! Join us for this mat-based class to tone and focus. Modifications are available for all ability levels.

55 yrs +

RP3566.201 Online Jan 9 9-10am Sa \$65 Classes: 6

RP3566.202 Online Feb 20 9-10am Sa \$65 Classes: 6

RP3566.203 Online Jan 5 2-3pm Tu,Th \$95 Classes: 12

RP3566.204 Online Feb 16 2-3pm Tu,Th \$95 Classes: 12

HIIT Workouts with Lauren Daly, ACE

A fast-paced interval training workout designed to burn calories and build strength in just 30 minutes.

55 yrs + Classes: 8

RP3525.201 Online Jan 9 8:15-8:45am Sa \$60

LaBlast

LaBlast is a revolutionary, partner-free fitness program based on the dances seen on *Dancing with the Stars!* It fuses ballroom dance into a calorie-burning workout. Take your mind, body, and soul through dances from different countries and cultures.

55 yrs + Classes: 6 No Class 1/18

RP3561.201 Online Jan 4 3:45-4:45pm M \$85

RP3561.202 Online Feb 22 3:45-4:45pm M \$85

Posture Rejuvenation with Pam Beck

Learn to decrease your risk of injury while feeling rejuvenated and relaxed. This session blends traditional forms of stretching and body weight movements with the ancient techniques of Tai Chi and Qi Gong to focus on form, posture and balance. Increase your range of motion, improve your balance and practice proper posture to use both during exercise and throughout your every day activities.

55 yrs + Classes: 6

RP3565.201 Online Jan 7 9:30-10:30am Th \$69

RP3565.202 Online Feb 18 9:30-10:30am Th \$69

UnBarred with Doreen Sheppard

UnBarred movements are inspired by ballet, yoga, Pilates, and functional movements. The movements are performed without a ballet barre. Classes include modifications for any level, so you may feel successful while achieving an amazing workout that lengthens, strengthens and tones your body. Props such as resistance bands, mini-balls, gliders, and folding chairs are used to sculpt and stretch your entire body! Dance experience is not required. Bring a yoga mat and water.

55 yrs + Classes: 6

RP3563.201 Online Jan 6 11:30am-12:30pm W \$69

RP3563.202 Online Feb 17 11:30am-12:30pm W \$69

Wellness Yoga with Kathy Greisman

Wellness Yoga focuses on synchronizing movement with breath. This class offers a dynamic system of poses with options for modifications and is appropriate for beginners and up. We build heat, flexibility, strength, and mental focus. Join up and be your best self!

55 yrs + Classes: 8

RP3514.201 Online Jan 7 7-8pm Th \$72

Yogacise for Active Adults

with Kathy Whelan, RYT-200

Stretch and strengthen your body! Increase flexibility and balance while developing strength. After a yoga-inspired warm up, move through strength, core and balance activities. The use of bands, straps and chairs are used to allow participation regardless of fitness level.

55 yrs + Classes: 8 No class 1/18

RP3548.201 Online Jan 4 10:30-11:30am M \$69

RP3548.202 Online Jan 6 10-11am W \$69

**To register, visit
www.howardcountymd.gov/rap
or call 410-313-7275.**

SPORTS



Coaches' and Administrator's Registry

All children's sports coaches and administrators (volunteer or paid) are members of the Coaches' and Administrator's Registry. Membership requirements include:

- Annual National Criminal Background Screening
- American Sport Education Program certification
- Concussion and Cardiac Arrest awareness training
- Membership badge with photo and membership expiration date to be displayed by coach on field/court

League Refund Policy

Unless otherwise directed in the community sport program description, a 20% administrative fee is deducted for all refund requests more than four (4) weeks prior to league starting; a 50% refund if withdrawal requested more than two (2) weeks prior to league starting; no refunds are given less than two (2) weeks prior to the start of the league. Registration is accepted on a first-come, first-served basis up to the registration deadline listed in each league description. Additional teams may be accepted at the league commissioner's discretion. Special requests for youth leagues should be made at the time of registration, are not guaranteed, and are at the discretion of the department.

Aquatics

- Swimming lessons emphasize skills needed to be safe in an aquatic environment. All our instructors have been trained at our facility and are knowledgeable about the programs we teach.
- Be sure to register your child for the appropriate level. If space allows, a participant may be moved to a lower or more advanced level at the discretion of the swim lesson coordinator.
- For multiple sessions, register your child in the same course for a minimum of two sessions. Children often require more than one session to master the skills needed to proceed to the next level.
- Parents and guardians are not permitted to assist child during the lesson, except for the parent-child or Therapeutic Recreation classes. Accompanying adult for children under 16 must remain at the facility.
- Swimming diapers and/or rubber shorts must be worn.
- Read Concussion & Sudden Cardiac Arrest info. Your family's review of this info is required by law before you're allowed to register for sports/swim programs.
- Programs subject to change, check online guide or ActiveNet for updates.
- Registration/Info: 410-313-2764.

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information online at www.howardcountymd.gov/concussion and www.howardcountymd.gov/suddencardiacarrest. Your review of this information is required by law before you are allowed to register for youth sports programs.

Group Lessons (0-18 yrs)

Baby Water Play: Parent/Child

Parents learn how to work safely with their children in the water, including how to appropriately support and hold them. The focus of the class is for children to develop water comfort. With an adult, children explore safe water practices including submerging, buoyancy, gliding and changing body position in the water through play. Swimming diapers must be worn in addition to swimwear.

6 mos-2 yrs Roger Carter Comm Ctr \$80 Classes: 8

RP4007 Dates are available on ActiveNet (registration software)

Aqua Tots: Parent/Child

This parent/child class creates the foundation for safe practices in the water. Parents support their children as they become familiar with the aquatic environment. Children are introduced to basic water skills such as water entry and exit, breath control, buoyancy, treading and swimming on the front and back with support. Swimming diapers must be worn in addition to swimwear for non-potty-trained children.

3-4 yrs Roger Carter Comm Ctr \$80 Classes: 8

RP4008 Dates are available on ActiveNet (registration software)

Preschool Swimming

More dates are available on ActiveNet (registration software).

Level 1: Your child becomes familiar with the aquatic environment and learns basic water skills such as water entry and exit, breath control, buoyancy, treading and swimming on the front and back with support. This class creates the foundation for safe practices.

4-5 yrs Roger Carter Comm Ctr Classes: 8

RP4009.201 Jan 12 4:10-4:40 pm Tu,Th \$80

RP4009.203 Feb 16 4:10-4:40pm Tu,Th \$80

RP4009.205 Mar 23 4:10-4:40pm Tu,Th \$80

Level 2 (must have passed Level 1): Your child becomes more independent through more advanced fundamentals of water entry and exit, breath control, buoyancy, treading and swimming on the front and back with assistance as needed.

4-5 yrs Roger Carter Comm Ctr Classes: 8

RP4010.202 Jan 13 5:40-6:10pm W,F \$80

RP4010.204 Feb 17 5:40-6:10pm W,F \$80

RP4010.206 Mar 24 5:40-6:10pm W,F \$80

Level 3 (must have passed Level 2): Your child practices independent water entry and exit, breath control, buoyancy, treading and swimming on the front and back at a more proficient level. Emphasis is on improved coordination of combined simultaneous and alternating arm and leg actions.

4-5 yrs Roger Carter Comm Ctr Classes: 8

RP4011.201 Jan 13 4:10-4:40pm W,F \$80

RP4011.203 Feb 17 4:10-4:40pm W,F \$80

RP4011.205 Mar 24 4:10-4:40pm W,F \$80

Aqua Kids

More dates are available on ActiveNet (registration software).

Level 1: In this introduction to swimming, learn basic water safety and skills. Skills include safe entry and exit, breath control, floating and swimming on the front and back.

6-10 yrs Roger Carter Comm Ctr Classes: 8

RP4012.201 Jan 12 5:40-6:10pm Tu,Th \$80

RP4012.202 Jan 13 7:10-7:40pm W,F \$80

RP4012.204 Feb 16 5:40-6:10pm Tu,Th \$80

RP4012.205 Feb 17 7:10-7:40pm W,F \$80

RP4012.207 Mar 23 5:40-6:10pm Tu,Th \$80

RP4012.208 Mar 24 7:10-7:40pm W,F \$80

Level 2 (must have passed Level 1): Build on the fundamental skills of entry and exit, breath control and buoyancy. Emphasis on combined simultaneous and alternating arm and leg action at a more proficient level. Learning how to swim unassisted as well as treading in deep water.

6-10 yrs Roger Carter Comm Ctr Classes: 8

RP4013.201 Jan 12 4:10-4:40pm Tu,Th \$80

RP4013.202 Jan 13 7:10-7:40pm W,F \$80

RP4013.204 Feb 16 4:10-4:40pm Tu,Th \$80

RP4013.205 Feb 17 7:10-7:40pm W,F \$80

RP4013.207 Mar 23 4:10-4:40pm Tu,Th \$80

RP4013.208 Mar 24 7:10-7:40pm W,F \$80

Level 3 (must have passed Level 2): Build on your skills and begin breast-stroke, and dolphin kicks. Begin to learn head-first entries. You should be able to swim 15 yards. freestyle and backstroke unassisted and be comfortable in deep water. Class taught in 10' water.

6-10 yrs Roger Carter Comm Ctr Classes: 8

RP4014.202 Jan 13 5:40-6:10pm W,F \$80

RP4014.205 Feb 17 5:40-6:10pm W,F \$80

RP4014.208 Mar 24 5:40-6:10pm W,F \$80

Learn to Swim

Beginner

Learn basic water safety and skills. Basic aquatic skills including safe entry and exit, breath control, buoyancy, treading, changing direction and swimming on the front and back are taught. Learn how to float and swim without support.

11-15 yrs Roger Carter Comm Ctr \$80 Classes: 8

RP4015 Dates are available on ActiveNet (registration software)

Intermediate

After completing Beginner Level and/or able to swim half a length of the pool, build on swimming fundamentals. Entry and exit, breath control, buoyancy, treading, changing direction and longer distance swimming on the front and back are covered. Deep water safety is introduced. Begin breaststroke and dolphin kicks.

11-15 yrs Roger Carter Comm Ctr \$80 Classes: 8

RP4016 Dates are available on ActiveNet (registration software)

Red Cross First Aid/CPR/AED - Adult & Pediatric

Learn CPR, how to use an AED, and how to recognize and care for first aid emergencies. Those who successfully complete this course will receive a certificate for Adult and Pediatric First Aid/CPR/AED valid for two years.

15 yrs + Roger Carter Comm Ctr Classes: 1

RP5401.203 Dec 5 9am-3:30pm Sa \$90

RP5401.206 Dec 11 9am-3:30pm F \$90

RP5401.204 Jan 9 9am-3:30pm Sa \$90

RP5401.205 Jan 16 9am-3:30pm Sa \$90

Private Lessons (3 yrs +)

Private/Semi-Private Swim Lessons

Each lesson lasts 30 minutes and is customized to fit individual needs and swimming abilities. Private lessons include one participant to one instructor; semi-private lessons include up to three participants to one instructor. Semi-private lesson participants must be of similar age and ability. Lessons are not transferable. Registration is first-come, first-served. Schedule availability will vary based on the time of registration.

3 yrs + Private Classes: 8

| | | | |
|------------|-----------------------|--------|-------|
| RP4020.201 | Roger Carter Comm Ctr | Jan 11 | \$254 |
| RP4020.203 | Roger Carter Comm Ctr | Mar 15 | \$254 |

3 yrs + Semi-Private Classes: 8

| | | | |
|------------|-----------------------|--------|-------|
| RP4020.202 | Roger Carter Comm Ctr | Jan 11 | \$441 |
| RP4020.204 | Roger Carter Comm Ctr | Mar 15 | \$441 |

Swim Team Prep (6-18 yrs)

Pre-Swim Team Skills

In this stroke improvement course, work on the front crawl for longer distances and be introduced to sidestroke, back crawl, breaststroke and butterfly. The basics of turning at the wall and diving are presented. This is the perfect course for those interested in swim team! Prerequisite: 25 yards of freestyle and 25 yards of backstroke.

6-18 yrs Classes: 8

| | | | | | |
|------------|-----------------------|--------|-------------|-------|------|
| RP4018.201 | Roger Carter Comm Ctr | Jan 12 | 5:40-6:10pm | Tu,Th | \$80 |
| RP4018.202 | Roger Carter Comm Ctr | Jan 12 | 8:45-9:15pm | Tu,Th | \$80 |
| RP4018.203 | Roger Carter Comm Ctr | Jan 13 | 8:45-9:15pm | W,F | \$80 |
| RP4018.204 | Roger Carter Comm Ctr | Feb 16 | 5:40-6:10pm | Tu,Th | \$80 |
| RP4018.205 | Roger Carter Comm Ctr | Feb 16 | 8:45-9:15pm | Tu,Th | \$80 |
| RP4018.206 | Roger Carter Comm Ctr | Feb 17 | 8:45-9:15pm | W,F | \$80 |
| RP4018.207 | Roger Carter Comm Ctr | Mar 23 | 5:40-6:10pm | Tu,Th | \$80 |
| RP4018.208 | Roger Carter Comm Ctr | Mar 23 | 8:45-9:15pm | Tu,Th | \$80 |
| RP4018.209 | Roger Carter Comm Ctr | Mar 24 | 8:45-9:15pm | W,F | \$80 |

Non-Competitive Swim League

This recreational league teaches you the basics of swim team drills and timing. Practices are one hour twice a week. Prerequisites: 25-yard freestyle, 25-yard backstroke and 25-yard breaststroke.

6-10 yrs Roger Carter Comm Ctr Classes: 16 \$114

| | | |
|------------|--------|--------------------------------------|
| RP4022.201 | Jan 1 | 4-5pm, M & 10-11am, Sa |
| RP4022.203 | Mar 15 | 5:30-6:30pm, M & 11:30am-12:30pm, Sa |

11-18 yrs Roger Carter Comm Ctr Classes: 16 \$114

| | | |
|------------|--------|--------------------------------------|
| RP4022.202 | Jan 11 | 4-5pm, M & 10-11am, Sa |
| RP4022.204 | Mar 15 | 5:30-6:30pm, M & 11:30am-12:30pm, Sa |

Stroke and Turn Clinic

Are you already a competitive swimmer? Work on perfecting each stroke and learn flip turns for continuous swimming for competitions and fitness. Prerequisite: 50-yard freestyle, 50-yard backstroke and 25-yard breaststroke.

8-18 yrs Classes: 8

| | | | | | |
|------------|-----------------------|--------|-------|---|-------|
| RP4024.201 | Roger Carter Comm Ctr | Jan 11 | 7-8pm | M | \$100 |
| RP4024.202 | Roger Carter Comm Ctr | Mar 15 | 7-8pm | M | \$100 |

One-Day Clinics (6-16 yrs)

Learn and refine swimming and diving techniques through a one-hour clinic. Clinics focus on one skill, including basic diving, competitive turns, freestyle stroke, backstroke, intro to butterfly, breaststroke, and racing/competitive starts. Full description and dates are available at www.howardcountymd.gov/aquatics.



Guarding & Certification (16 yrs +)

Lifeguard Training

Prepare to save lives and make a difference in your community! Learn the skills necessary to prevent and respond to aquatic emergencies. Specific pre-course swimming requirements available when registering. You must attend every class, successfully complete required skills and pass written exams to receive the Red Cross certification for two years in Lifeguarding/First Aid and CPR/AED for the professional rescuer. You must be prepared to swim at all classes.

15 yrs + Classes: 3

| | | | | | |
|------------|-----------------------|--------|------------|---------|-------|
| RP4002.201 | Roger Carter Comm Ctr | Jan 29 | 9am-6:30pm | F,Sa,Su | \$205 |
| RP4002.202 | Roger Carter Comm Ctr | Feb 12 | 9am-6:30pm | F,Sa,Su | \$205 |
| RP4002.203 | Roger Carter Comm Ctr | Apr 2 | 9am-6:30pm | F,Sa,Su | \$205 |

Lifeguard Recertification

Recertify in just 10 hours! This course is for those who are currently certified in Lifeguarding/First Aid and CPR/AED. This is a competency test of skills with limited review with an instructor. Participants must provide copies of current certifications upon registration. Upon successful completion of the review, gain two-year certifications for Lifeguarding/First Aid and CPR/AED for the Lifeguard.

15 yrs + Classes: 2

| | | | | | |
|------------|-----------------------|--------|----------|-------|-------|
| RP4003.201 | Roger Carter Comm Ctr | Jan 9 | Noon-5pm | Sa,Su | \$125 |
| RP4003.202 | Roger Carter Comm Ctr | Mar 13 | Noon-5pm | Sa,Su | \$125 |

Adults (16 yrs +)

Adult Swim Lessons

Beginner

Adults who never learned how to swim or are beginners, this is the class for you. Also, build on the fundamentals of swimming. Entry and exit, breath control, buoyancy, treading, changing direction and swimming on the front and back are taught.

16 yrs + Roger Carter Comm Ctr \$80 Classes: 8

RP4019 Dates are available on ActiveNet (registration software)

Intermediate

Looking to refine and hone your stroke and turn skills? Adults with intermediate swimming skills who can swim at least one length of the pool, refine their stroke and breathing skills for continuous swimming. Freestyle, backstroke, breaststroke and rhythmic breathing are heavily emphasized.

16 yrs + Roger Carter Comm Ctr \$80 Classes: 8

RP4023 Dates are available on ActiveNet (registration software)

Women Only Adult Swim Lessons

Ladies, join the fun, new women's only swim lesson program. Learn safe entry and exit, breath control, buoyancy, treading, changing direction, floating, gliding and swimming on the front and back. All lessons are led by a female instructor.

16 yrs + Roger Carter Comm Ctr \$80 Classes: 8

RP4017 Dates are available on ActiveNet (registration software)

Master's Swimming

RCCC Masters is a year-round program for swimmers with a focus on fitness. Join an experienced coach and fellow swimmers for a 90-minute workout each weekend.

18 yrs + Classes: 4

RP4035.201 Roger Carter Comm Ctr Jan 17 7-8:30am Su \$24

RP4035.202 Roger Carter Comm Ctr Mar 21 7-8:30am Su \$24

18 yrs + Classes: 8

RP4035.203 Roger Carter Comm Ctr Jan 17 7-8:30am Su \$45

RP4035.204 Roger Carter Comm Ctr Mar 21 7-8:30am Su \$45

Badminton

Adult Badminton

Play badminton during the day or at night! Join other badminton players of all ability levels in singles and doubles matches. Bring your own rackets and shuttlecocks. Info: Will Dunmore, 410-313-1697. Info for .221: Kelly Jones, 410-313-1162 or kejjones@howardcountymd.gov

18 yrs + Classes: 13

RP6830.201 Meadowbrook Ath Comp Jan 4 8-11pm M \$78

RP6830.203 Meadowbrook Ath Comp Dec 14 Noon-2pm Sa \$78

RP6830.221 Meadowbrook Ath Comp Jan 7 12-2pm Th \$65

18 yrs + Classes: 9

RP6830.202 Meadowbrook Ath Comp Jan 9 8:30-11pm Sa \$48

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information online at www.howardcountymd.gov/concussion and www.howardcountymd.gov/suddencardiacarrest.

Your review of this information is required by law before you are allowed to register for youth sports programs.



Baseball, Softball & Tee Ball

Pre-K & Youth Instruction

Tiny Tykes Tee Ball

Batter up! Nobody strikes out and everyone hits home runs! Our age appropriate equipment and activities are designed to provide a successful introduction to the skills of batting, catching, throwing, and base running. Parents are encouraged to follow the coach's instructions to assist in the games and activities with your child. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

3-4 yrs Classes: 6 No class 2/10-15

RP6053.201 Meadowbrook Ath Comp Feb 8 10:30-11:15am M \$75

RP6053.202 N Laurel Comm Ctr Feb 9 5-5:45pm Tu \$75

RP6053.203 Thunder Hill ES Feb 18 6-6:45pm Th \$75

RP6053.204 N Laurel Comm Ctr Feb 18 12:30-1:15pm Th \$75

RP6053.205 Meadowbrook Ath Comp Feb 19 1:30-2:15pm F \$75

RP6053.206 Dayton Oaks ES Feb 20 10:30-11:15am Sa \$75

RP6053.207 Hollifield Station ES Feb 20 1:30-2:15pm Sa \$75

Columbia Baseball & Softball Clinics

Prepare for the spring season in this once-per-week indoor baseball or softball clinic. Participants work on defense, hitting, pitching, and catching. Instruction is provided by Columbia Baseball & Softball League coaches, high school coaches, and high school and college players. Participants are divided into groups based on ability and age. Info: Pat McGinnis at 410-313-4716 or pmcginnis@howardcountymd.gov.

Columbia Baseball Winter Indoor Clinic Long Reach HS Classes: 4

RP5990.201 6-8 yrs Feb 14 9-10:30am Su \$90

RP5990.211 9-10 yrs Feb 14 10:30am-noon Su \$90

RP5990.221 11-14 yrs Feb 14 12:30-2pm Su \$90

Columbia Softball Winter Indoor Clinic Long Reach HS Classes: 4

RP5995.201 6-8 yrs Feb 14 9-10:30am Su \$90

RP5995.211 9-10 yrs Feb 14 10:45am-12:15pm Su \$90

RP5995.221 11-14 yrs Feb 14 12:30-2pm Su \$90

Baseball Winter Tune-Up with Casey Medairy

Move indoors from the cold as you develop and improve hitting, pitching and fielding skills. Led by Hammond High School varsity coach Casey Medairy, this program focuses on positional breakdown, fundamentals of defensive fielding and more. Info: Pat McGinnis at 410-313-4716 or pmcginnis@howardcountymd.gov.

8-15 yrs Classes: 4

RP6055.201 Hammond HS Jan 3 10am-noon Su \$110

Pre-K, Youth & Teen Leagues

Columbia Spring Baseball & Softball Leagues

Each league features a weeknight practice and a Saturday game. You can specify practice nights when you register. Baseball evaluations take place in March. Fee includes shirt and hat. Practices and games are held at schools and parks in Columbia. For baseball age groups 11-14 and softball, games may be in other areas of Howard County. Volunteer head coaches receive discount and can pick their practice nights. Info: Pat McGinnis at 410-313-4716 or pmcginnis@howardcountymd.gov.

Columbia Tee Ball Weeks: 9

RP5990.301 4 yrs Apr 1 9am-4pm Sa \$125
 RP5990.302 5-6 yrs Apr 1 9am-4pm Sa \$125

Columbia Baseball League Weeks: 9

RP5990.311 7-8 yrs Apr 1 9am-4pm Sa \$145
 RP5990.321 9-10 yrs Apr 1 9am-4pm Sa \$145
 RP5990.331 11-12 yrs Apr 1 9am-4pm Sa \$145
 RP5990.341 13-14 yrs Apr 1 9am-4pm Sa \$145

Columbia Softball League Weeks: 9

RP5995.301 6-8 yrs Apr 1 9am-4pm Sa \$145
 RP5995.311 9-10 yrs Apr 1 9am-4pm Sa \$145
 RP5995.321 11-13 yrs Apr 1 9am-4pm Sa \$145

Western Howard County Youth Baseball & Softball League (WHCYBSL)

WHCYBSL provides tee ball, baseball and fast pitch softball leagues to families in Western Howard County and Clarksville. Howard County Recreation & Parks is contracted to provide administrative services to WHCYBSL. Info: Pat McGinnis at 410-313-4716 or pmcginnis@howardcountymd.gov.

Dates and prices at www.whcysports.com

RP5981 4-18 yrs Tee Ball or Baseball
 RP5982 6-18 yrs Softball

Adult Leagues (18 yrs +)

• www.howardcountymd.gov/softball

Basketball

Pre-K & Youth Instruction

Little Tykes Hoops Basketball

In this class, having fun is sure to be a slam dunk! Children are introduced to beginner basketball concepts such as dribbling, passing and shooting through a curriculum of exciting and fun-filled games and activities. Parents are encouraged to follow the coach's instructions to assist in the games and activities. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

3-4 yrs Classes: 6 No class 2/10-15

RP6086.201 Meadowbrook Ath Comp Feb 8 9:30-10:15am M \$75
 RP6086.202 Guilford ES Feb 8 6-6:45pm M \$75
 RP6086.203 Phelps Luck ES Feb 9 6-6:45pm Tu \$75
 RP6086.204 Meadowbrook Ath Comp Feb 17 12:30-1:15pm W \$75
 RP6086.205 Meadowbrook Ath Comp Feb 18 9:30-10:15am Th \$75
 RP6086.206 Meadowbrook Ath Comp Feb 19 12:30-1:15pm F \$75
 RP6086.207 Guilford ES Feb 20 1:30-2:15pm Sa \$75

Kiddie Basketball

Come learn the sport of basketball in this perfect introductory clinic. Info: Curtis Gore, 410-313-4705 or cgore@howardcountymd.gov.

5-7 yrs Classes: 6

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|------------|-----------------------|--------|-------------|-----|------|
| RP6080.201 | Bellows Spring ES | Feb 23 | 4:15-5:15pm | Tu | \$60 |
| RP6080.202 | Bollman Bridge ES | Feb 23 | 4:15-5:15pm | Tu | \$60 |
| RP6080.203 | Bushy Park ES | Feb 23 | 4:15-5:15pm | Tu | \$60 |
| RP6080.204 | Bushy Park ES | Feb 22 | 4:15-5:15pm | M | \$60 |
| RP6080.205 | Centennial Lane ES | Feb 22 | 4:15-5:15pm | M | \$60 |
| RP6080.206 | Clarksville ES | Feb 18 | 4:15-5:15pm | Th | \$60 |
| RP6080.207 | Clemens Crossing ES | Feb 19 | 4:15-5:15pm | F | \$60 |
| RP6080.208 | Cradlerock ES | Feb 24 | 4:15-5:15pm | W | \$60 |
| RP6080.209 | Dayton Oaks ES | Feb 23 | 4:15-5:15pm | Tu | \$60 |
| RP6080.210 | Elkridge ES | Feb 23 | 4:15-5:15pm | Tu | \$60 |
| RP6080.211 | Forest Ridge ES | Feb 19 | 4:15-5:15pm | F | \$60 |
| RP6080.212 | Fulton ES | Feb 22 | 4:15-5:15pm | M,W | \$60 |
| RP6080.213 | Gorman Crossing ES | Feb 22 | 4:15-5:15pm | M | \$60 |
| RP6080.214 | Hammond ES | Feb 19 | 4:15-5:15pm | F | \$60 |
| RP6080.215 | Hollifield Station ES | Feb 19 | 4:15-5:15pm | F | \$60 |
| RP6080.216 | Jeffers Hill ES | Feb 19 | 4:15-5:15pm | F | \$60 |
| RP6080.217 | Manor Woods ES | Feb 23 | 4:15-5:15pm | Tu | \$60 |
| RP6080.218 | Meadowbrook Ath Comp | Feb 19 | 5:30-6:30pm | F | \$60 |
| RP6080.219 | Phelps Luck ES | Feb 18 | 4:15-5:15pm | Th | \$60 |
| RP6080.220 | Pointers Run ES | Feb 23 | 4:15-5:15pm | Tu | \$60 |
| RP6080.221 | Rockburn ES | Feb 22 | 4:15-5:15pm | M,W | \$60 |
| RP6080.222 | Running Brook ES | Feb 19 | 4:15-5:15pm | F | \$60 |
| RP6080.223 | St. John's Lane ES | Feb 22 | 4:15-5:15pm | M | \$60 |
| RP6080.224 | Thunder Hill ES | Feb 22 | 4:15-5:15pm | M | \$60 |
| RP6080.225 | Triadelphia Ridge ES | Feb 24 | 4:15-5:15pm | W | \$60 |
| RP6080.226 | Waterloo ES | Feb 18 | 4:15-5:15pm | Th | \$60 |
| RP6080.227 | Waverly ES | Feb 18 | 4:15-5:15pm | Th | \$60 |
| RP6080.228 | West Friendship ES | Feb 24 | 4:15-5:15pm | W | \$60 |

NEW! After-School/Kiddie Basketball for All

Come learn the sport of basketball in this perfect introductory clinic. Players work on the fundamental skills of dribbling, passing, shooting, and overall team play. Participants will be separated by age groups. Info: Curtis Gore, 410-313-4705 or cgore@howardcountymd.gov.

5-10 yrs Gary J Arthur Comm Ctr No class 2/15

RP6080.280 Classes: 8 Jan 25 4:15-5:15pm M \$80
 RP6080.281 Classes: 9 Jan 27 4:15-5:15pm W \$90

5-10 yrs N Laurel Comm Ctr

RP6080.282 Classes: 9 Jan 26 4:15-5:15pm Tu \$90
 RP6080.283 Classes: 9 Jan 28 4:15-5:15pm Th \$90

NEW! Instructional Basketball Clinic

Improve basic skill development through a variety of drills and games. Emphasis is on dribbling, passing, shooting, offensive, defensive positioning and teamwork. Participants will be separated by age groups. Info: Curtis Gore, 410-313-4705 or cgore@howardcountymd.gov.

5-10 yrs Gary J Arthur Comm Ctr Classes: 6

RP6082.280 Jan 19 11am-noon Sa \$60
 RP6082.281 Jan 19 12:30-1:30 pm Sa \$60

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information online at www.howardcountymd.gov/concussion and www.howardcountymd.gov/suddencardiacarrest. Your review of this information is required by law before you are allowed to register for youth sports programs.

Instructional Basketball League

New and returning players, improve basic skill development through activities and scrimmages, Practice for three weeks and play four games against teams from other sites. T-shirt included. Register by location; meet in the gym. Info: Curtis Gore at 410-313-4705 or cgore@howardcountymd.gov.

6-7 yrs Beginners Classes: 8/6

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|------------|-----------------------|--------|--------|----|------|
| RP6082.201 | Centennial Lane ES | Feb 20 | 9-10am | Sa | \$60 |
| RP6082.202 | Gorman Crossing ES | Feb 20 | 9-10am | Sa | \$60 |
| RP6082.203 | Jeffers Hill ES | Feb 20 | 9-10am | Sa | \$60 |
| RP6082.204 | Hollifield Station ES | Feb 20 | 9-10am | Sa | \$60 |

7-9½ yrs Advanced Classes: 6

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|------------|-----------------------|--------|---------------|----|------|
| RP6083.201 | Centennial Lane ES | Feb 20 | 10:15-11:15am | Sa | \$60 |
| RP6083.202 | Gorman Crossing ES | Feb 20 | 10:15-11:15am | Sa | \$60 |
| RP6083.203 | Jeffers Hill ES | Feb 20 | 10:15-11:15am | Sa | \$60 |
| RP6083.204 | Hollifield Station ES | Feb 20 | 10:15-11:15am | Sa | \$60 |

8½-10 yrs Advanced Classes: 6/8

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|------------|-----------------------|--------|-----------------|----|------|
| RP6084.201 | Centennial Lane ES | Feb 20 | 11:30am-12:30pm | Sa | \$60 |
| RP6084.202 | Gorman Crossing ES | Feb 20 | 11:30am-12:30pm | Sa | \$60 |
| RP6084.203 | Jeffers Hill ES | Feb 20 | 11:30am-12:30pm | Sa | \$60 |
| RP6084.204 | Hollifield Station ES | Feb 20 | 11:30am-12:30pm | Sa | \$60 |

After-School Basketball

In this clinic, boys and girls learn and develop fundamental skills such as dribbling, passing, shooting, defense and overall team play through activities and games. Info: Curtis Gore, 410-313-4705 or cgore@howardcountymd.gov.

8-10 yrs Classes: 6

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|------------|----------------------|--------|-------------|-----|------|
| RP6081.201 | Bellows Spring ES | Feb 23 | 4:15-5:15pm | Tu | \$60 |
| RP6081.202 | Bollman Bridge ES | Feb 23 | 4:15-5:15pm | Tu | \$60 |
| RP6081.203 | Bushy Park ES | Feb 23 | 4:15-5:15pm | Tu | \$60 |
| RP6081.204 | Centennial Lane ES | Feb 22 | 4:15-5:15pm | M | \$60 |
| RP6081.205 | Clarksville ES | Feb 18 | 4:15-5:15pm | Th | \$60 |
| RP6081.206 | Clemens Crossing ES | Feb 19 | 4:15-5:15pm | F | \$60 |
| RP6081.207 | Dayton Oaks ES | Feb 23 | 4:15-5:15pm | Tu | \$60 |
| RP6081.208 | Forest Ridge ES | Feb 19 | 4:15-5:15pm | F | \$60 |
| RP6081.209 | Fulton ES | Feb 22 | 4:15-5:15pm | M,W | \$60 |
| RP6081.210 | Gorman Crossing ES | Feb 22 | 4:15-5:15pm | M | \$60 |
| RP6081.211 | Jeffers Hill ES | Feb 19 | 4:15-5:15pm | F | \$60 |
| RP6081.212 | Manor Woods ES | Feb 23 | 4:15-5:15pm | Tu | \$60 |
| RP6081.213 | Meadowbrook Ath Comp | Feb 18 | 4:15-5:15pm | Th | \$60 |
| RP6081.214 | Phelps Luck ES | Feb 18 | 4:15-5:15pm | Th | \$60 |
| RP6081.215 | Pointers Run ES | Feb 23 | 4:15-5:15pm | Tu | \$60 |
| RP6081.216 | Rockburn ES | Feb 22 | 4:15-5:15pm | M,W | \$60 |
| RP6081.217 | Running Brook ES | Feb 19 | 4:15-5:15pm | F | \$60 |
| RP6081.218 | St. John's Lane ES | Feb 22 | 4:15-5:15pm | M | \$60 |
| RP6081.219 | Waterloo ES | Feb 18 | 4:15-5:15pm | Th | \$60 |
| RP6081.220 | West Friendship ES | Feb 24 | 4:15-5:15pm | W | \$60 |
| RP6081.221 | Meadowbrook Ath Comp | Feb 19 | 4:15-5:15pm | F | \$60 |

Super Hoops Basketball

Hoops anyone? Coaches help advance your basic skills and fundamentals through a variety of drills, exercises, games and scrimmages. Emphasis is on dribbling, passing, shooting, offensive, defensive positioning and teamwork. Basketball knowledge and playing experience is preferred.

Fee includes t-shirt. Meet in the gym. Info: Curtis Gore at 410-313-4705 or cgore@howardcountymd.gov.

8-10 yrs Classes: 6

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|------------|------------|--------|----------|----|------|
| RP6085.201 | Hammond HS | Feb 21 | 1:30-3pm | Su | \$90 |
|------------|------------|--------|----------|----|------|

11-13 yrs Classes: 6

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|------------|------------|--------|----------|----|------|
| RP6085.202 | Hammond HS | Feb 21 | 4-5:45pm | Su | \$90 |
|------------|------------|--------|----------|----|------|

Meadowbrook School's Out Basketball

School is out and Meadowbrook is open for action! This program has all the excitement of an entire season packed into one fun-filled day. Players, improve skills and make new friends while enjoying a high-energy basketball experience. Our skilled coaches use a variety of creative drills, challenging exercises, exciting games and scrimmages to help elevate your game.

Info: Kelly Jones, 410-313-1162 or kejones@howardcountymd.gov.

9-14 yrs Classes: 1

| | | | | | |
|------------|----------------------|--------|---------|---|------|
| RP7020.201 | Meadowbrook Ath Comp | Jan 18 | 8am-5pm | M | \$64 |
| RP7020.202 | Meadowbrook Ath Comp | Jan 29 | 8am-5pm | F | \$64 |
| RP7020.203 | Meadowbrook Ath Comp | Feb 12 | 8am-5pm | F | \$64 |
| RP7020.204 | Meadowbrook Ath Comp | Feb 15 | 8am-5pm | M | \$64 |

Youth Leagues

Youth Basketball League (YBL)

Have fun playing basketball while learning the fundamentals of the game! Focus on skill development, sportsmanship, basketball knowledge, and fun!

League features one weeknight practice and one game per week. Every player is guaranteed to participate in each game. YBL is for novice to experienced players. Volunteer head coaches are needed and volunteer assistant coaches welcomed. Games and practices are played at Meadowbrook Athletic Complex, the North Laurel and Roger Carter Community Centers, or Howard County Public Schools. Info: www.howardcountymd.gov/basketball.

Winter Season (5-8 yrs): The season consist of a weekly, evening practice and eight one hour league games scheduled on Saturdays from 8am-1pm. Practices starting 12/19 and with games starting 1/9. Players receive a medal and a jersey. League Director contacts participants regarding practice days/times by 12/16. No special requests. Registration deadline: 12/9.

Info: Kelly Jones, 410-313-1162 or kejones@howardcountymd.gov.

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|------------|---------|-------|------|---------------------------------|------|
| RP5600.201 | 5-6 yrs | Co-ed | \$95 | RP5600.211 (Head Coach's Child) | \$30 |
| RP5600.202 | 6-7 yrs | Co-ed | \$95 | RP5600.212 (Head Coach's Child) | \$30 |
| RP5600.203 | 7-8 yrs | Co-ed | \$95 | RP5600.213 (Head Coach's Child) | \$30 |

Winter Season (9-14 yrs): The season consists of one weekly evening practice in addition to six league games, and ending with a single-elimination playoff tournament. Practices start on 12/12. One-hour, full court, officiated games are held on Saturdays. Specific details on practice and game times/locations are communicated after the preseason skills assessment the week of 11/30. Registration deadline: 11/29. No special requests accepted.

Info/volunteer to coach: Matt Knoerlein, 410-313-1163 or mknouerlein@howardcountymd.gov.

| | | | | |
|------------|-------------------|-------|---------------------------------|------|
| RP6184.201 | 9-10 yrs (Boys) | \$149 | RP6184.203 (Head Coach's Child) | \$49 |
| RP6184.231 | 9-11 yrs (Girls) | \$149 | RP6184.233 (Head Coach's Child) | \$49 |
| RP6184.211 | 11-12 yrs (Boys) | \$149 | RP6184.213 (Head Coach's Child) | \$49 |
| RP6184.232 | 12-14 yrs (Girls) | \$149 | RP6184.234 (Head Coach's Child) | \$49 |
| RP6184.221 | 13-14 yrs (Boys) | \$149 | RP6184.223 (Head Coach's Child) | \$49 |

Spring Season (9-14 yrs): The spring season consists of one weekly evening practice beginning the week of 3/29 in addition to six league games, and ending with a single-elimination tournament. One-hour, full court, officiated games are held on Friday nights starting between 6-9pm. Specific details on practice and game times/locations are communicated after the preseason skills assessment the week of 3/15. Deadline to register is 3/14.

Info/volunteer to coach: Matt Knoerlein, 410-313-1163 or mknouerlein@howardcountymd.gov.

| | | | | |
|------------|-------------------|-------|---------------------------------|------|
| RP6184.301 | 9-10 yrs (Boys) | \$149 | RP6184.303 (Head Coach's Child) | \$49 |
| RP6184.331 | 9-11 yrs (Girls) | \$149 | RP6184.333 (Head Coach's Child) | \$49 |
| RP6184.311 | 11-12 yrs (Boys) | \$149 | RP6184.313 (Head Coach's Child) | \$49 |
| RP6184.332 | 12-14 yrs (Girls) | \$149 | RP6184.334 (Head Coach's Child) | \$49 |
| RP6184.321 | 13-14 yrs (Boys) | \$149 | RP6184.323 (Head Coach's Child) | \$49 |

Winter & Spring High School Basketball League (Boys & Girls)

Players register as an individual and the league staff form teams and assign coaches. The league consists of six regular season games played on Saturday afternoons. Winter season ends with a single elimination tournament. Specific details on team assignments and game times are communicated after the preseason skills assessment. Info/volunteer to coach: Matt Knoerlein, 410-313-1163 or mknorlein@howardcountymd.gov.

Winter League: For individual registrants, the pre-season skills assessment is on 1/9. Registration deadline is 1/8. This winter league includes 6 games and playoffs.

Grades 9-12 Boys Individual Games start 1/16

RP6403.201 Meadowbrook Ath Comp Sa \$119
RP6403.203 (Head Coach's Child) \$39

Grades 9-12 Girls Individual Games start 1/16

RP6403.202 Meadowbrook Ath Comp Sa \$119
RP6403.204 (Head Coach's Child) \$39

Spring League: For individual registrants, the pre-season skills assessment is on 4/10. Deadline to register is 4/9. This spring league includes 6 games and playoffs. No games Memorial Day weekend (5/29).

Grades 9-12 Boys Individual Games start 4/17

RP6403.301 Roger Carter Comm Ctr Sa \$119
RP6403.303 (Head Coach's Child) \$39

Grades 9-12 Girls Individual Games start 4/17

RP6403.302 Roger Carter Comm Ctr Sa \$119
RP6403.304 (Head Coach's Child) \$39

Adult

Drop-In Co-Rec Basketball

Join athletes of all ability levels for basketball scrimmages. Choose the night and location that best works for you. Games are self-officiated and site staff help form balanced teams. Driver's license required for admission. Refer to the "Get Active Package" (Page 84) if you are interested in playing more than once per week. Some sessions may be cancelled due to insufficient registration or attendance. Please note that the locations and start dates below are tentative. Info: Pat McGinnis 410-313-4716 or pmcginnis@howardcountymd.gov.

18 yrs + No class 1/18, 2/15

RP6900.201 Rockburn ES Jan 4 8-10pm M \$44
RP6900.202 Meadowbrook Ath Comp Jan 6 9-11pm W \$44

30 yrs + No class 1/18, 2/15

RP6900.211 Bonnie Branch MS Jan 4 8-10pm M \$44
RP6900.212 Bonnie Branch MS Jan 7 8-10pm Th \$44
RP6900.213 Lime Kiln MS Jan 5 8-10pm Tu \$44
RP6900.214 Lime Kiln MS Jan 7 8-10pm Th \$44

30 yrs + No class 1/18, 2/15

RP6900.227 Lake Elkhorn MS Jan 10 6-8pm Su,Tu,Th \$59

Winter & Spring League Basketball

Pull down some boards, tickle the twine or dish out some assists. Our goal is to place your team in a division of similar skills. All teams participate in post-season playoffs. Fee includes officials, staff, awards, equipment, facility rental and administration. Games are played at Meadowbrook Athletic Complex, North Laurel Community Center and Roger Carter Community Center. Info: Mark Pendleton, 410-313-4703 or mpendleton@howardcountymd.gov.

Winter League – Weeks: 8

Register by Dec 11 for Winter Adult League Basketball. 5% off if by 12/4.

RP5080.201 18 yrs + (Men) County Facilities Jan 12 7-11pm Tu \$645
RP5080.202 30 yrs + (Men) County Facilities Jan 12 7-11pm Tu \$645
RP5080.203 18 yrs + (Men) County Facilities Jan 13 8-11pm W \$645

RP5080.204 40 yrs + (Men) County Facilities Jan 13 8-11pm W \$645
RP5080.205 18 yrs + (Men) County Facilities Jan 14 8-11pm Th \$645

Spring League – Weeks: 6

Register by Apr 2 for Spring Adult Basketball League.

RP5080.301 18 yrs + (Men) County Facilities Apr 13 7-11pm Tu \$500
RP5080.302 30 yrs + (Men) County Facilities Apr 13 7-11pm Tu \$500
RP5080.303 18 yrs + (Men) County Facilities Apr 14 8-11pm W \$500
RP5080.304 18 yrs + (Men) County Facilities Apr 15 8-11pm Th \$500
RP5080.305 40 yrs + (Men) County Facilities Apr 14 8-11pm W \$500

Billiards

• Info: Scott A. Ripley, 410-313-7281
sripley@howardcountymd.gov.

Billiards at Historic Belmont

Come play billiards at historic Belmont Manor, which features an amazing billiards room that can accommodate up to six players. We start by playing eight-ball but can modify to a different game once the six player maximum is reached. Play lasts 10 weeks, crowning a champion at the end. This program is open to beginner, immediate, and advance players.

55 yrs + Belmont Manor Weeks: 10 No session 1/18, 2/15

RP3568.201 Beginners Jan 4 10-11am M \$55
RP3568.202 Intermediate Jan 5 10-11am Tu \$55
RP3568.203 Advance Jan 6 10-11am W \$55

Cricket

• Patrick McGinnis, 410-313-4716 or
pmcginnis@howardcountymd.gov.

Adult Cricket League - 2021 Spring Season

Cricket enthusiasts looking for a competitive, recreational league in the Howard County area, look no further! Balanced divisions are formed to compete in a regular season followed by a single-elimination tournament to determine the league champion. Register early, the league fills!

18 yrs + Schooley Mill Pk & Murray Hill MS

RP5975.301 Apr 3 8am-8pm Sa,Su \$TBD

Dodgeball

• Info: Curtis Gore, 410-313-4705 or
cgore@howardcountymd.gov.

After-School Dodgeball

This is a great way for all ability levels to stay active, be a part of a team, and have fun! Learn and play variations of dodgeball. Worried about safety? We use foam balls (gator skin) that are designed for accuracy and minimize the risk of injury. Meet coaches in the gym.

7-10 yrs Classes: 6

RP6200.201 Bushy Park ES Feb 22 3:55-4:55pm M \$60
RP6200.202 Cradlerock ES Feb 24 2:50-3:50pm W \$60
RP6200.203 Elkridge ES Feb 23 4-5pm Tu \$60
RP6200.204 Hammond ES Feb 19 3:35-4:35pm F \$60
RP6200.205 Hollifield Station ES Feb 19 3:20-4:20pm F \$60
RP6200.206 Thunder Hill ES Feb 22 4-5pm M \$60
RP6200.207 Triadelphia Ridge ES Feb 24 3:30-4:30pm W \$60
RP6200.208 Waverly ES Feb 18 3:50-4:50pm Th \$60

Fencing

- Info: Krista Billingsley, 410-313-4637
or kbillingsley@howardcountymd.gov.

Intro to Fencing (Youth & Adult)

Each session is designed to introduce the basics of fencing. Using games that enhance coordination and agility, students have fun while learning the fundamentals of fencing. Areas of instruction include footwork, handwork, sportsmanship and basic rules of the sport.

On Target Fencing Club Classes: 6

| | | | | | |
|------------|----------|--------|-------------|---|-------|
| RP8840.201 | 7-12 yrs | Jan 11 | 5-6pm | M | \$130 |
| RP8840.202 | 7-12 yrs | Jan 11 | 6:15-7:15pm | M | \$130 |
| RP8840.211 | 13 yrs + | Jan 11 | 7:30-8:30pm | M | \$130 |

Field Hockey

- Info: Kelly Jones, 410-313-1162 or
kejones@howardcountymd.gov.

Indoor Instructional Field Hockey Clinic

Do you love the game of field hockey? Indoor field hockey is a variant of outdoor field hockey. The small court and sideboards make indoor field hockey a quick and technical game. This clinic provides the fundamentals of indoor play. Develop vision on and off the ball, improve hand-eye coordination, ball handling and stick skills and gain a better understanding of tactics and set plays. Instructors are varsity field hockey coaches and players. Participants bring an indoor field hockey stick, shin guards, mouth guard, sneakers, and water in a reusable water bottle.

6-10 yrs Classes: 6

| | | | | | |
|------------|----------------------|--------|-------------|----|------|
| RP5266.201 | Meadowbrook Ath Comp | Jan 10 | 1-2:15pm | Su | \$89 |
| 10½-14 yrs | Classes: 6 | | | | |
| RP5260.201 | Meadowbrook Ath Comp | Jan 10 | 2:30-3:45pm | Su | \$89 |

Spring Instructional Field Hockey

Varsity coaches from local high schools blend short-sided games with the skills and strategies of this fast-moving sport. Program is perfect for both advanced beginner and prospective players. Our synthetic field turf provides an optimal playing and learning surface. Participants are to bring an outdoor field hockey stick, field hockey-certified goggles, shin guards, mouth guard, and water bottle.

6-10 yrs Classes: 6

| | | | | | |
|------------|--------------------|--------|----------|----|------|
| RP5266.301 | Cedar Lane Pk-West | Apr 15 | 5:30-7pm | Th | \$89 |
| 10½-14 yrs | Classes: 6 | | | | |
| RP5260.301 | Cedar Lane Pk-West | Apr 15 | 5:30-7pm | Th | \$89 |

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information online at www.howardcountymd.gov/concussion and www.howardcountymd.gov/suddencardiacarrest.

Your review of this information is required by law before you are allowed to register for youth sports programs.

Columbia Gymnastics: 9200 Rumsey Rd, Suite #2, Columbia

All Pro Gymnastics: 6685 Santa Barbara Ct Ste D, Elkridge

Wonderfly: 4811 Benson Ave, Arbutus, MD 21227

GOALS Catonsville: 6159 Edmondson Ave Ste D, Catonsville

On Target Fencing Club:

10830 Guilford Road, Suit 309, Annapolis Junction



Flag Football

- Info: Sandra Lambert, 410-313-4715 or
slambert@howardcountymd.gov.

Kiddie Flag Football on the Turf

Play non-contact football on the turf field inside the GOALS turf field in Catonsville! Younger players enjoy instructional drills and learn to play in a safe, fun environment. No practices 12/26. Fee includes t-shirt and medal. Age determination date is 12/1. Times are subject to change based on number of teams.

GOALS Catonsville or Wonderfly Dec 12 Sa Weeks: 9

| | | | |
|---------------------------------|---------|-----------|-------|
| RP6305.201 | 5-6 yrs | 8:30-10am | \$145 |
| RP6305.202 (Head Coach's Child) | 5-6 yrs | 8:30-10am | \$99 |

Flag Football Winter on the Turf

Play non-contact football on the turf field inside the GOALS turf field in Catonsville! Novice to experienced players enjoy instructional drills and learn to play in a safe, fun environment. No practices 12/26. Fee includes t-shirt and medal. Age determination date is 12/1. Times are subject to change based on number of teams.

GOALS Catonsville Dec 12 Sa Weeks: 9

| | | | |
|---------------------------------|-----------|----------|-------|
| RP6305.211 | 7-9 yrs | 10am-1pm | \$145 |
| RP6305.212 (Head Coach's Child) | 7-9 yrs | 10am-1pm | \$99 |
| RP6305.221 | 10-12 yrs | 1-4pm | \$145 |
| RP6305.222 (Head Coach's Child) | 10-12 yrs | 1-4pm | \$99 |
| RP6305.231 | 13-15 yrs | 4-6pm | \$145 |
| RP6305.232 (Head Coach's Child) | 13-15 yrs | 4-7pm | \$99 |

Sunday Flag Football on the Turf

Learn and play non-contact flag football on Sundays at the turf field inside GOALS in Catonsville. Scrimmage/games are 5-on-5 and non-contact. Age determination date is 12/1. No practice 12/27. Times are subject to change based on number of teams.

GOALS Catonsville Dec 13 Su Weeks: 9

| | | | |
|---------------------------------|-----------|----------|-------|
| RP6305.241 | 7-9 yrs | Noon-2pm | \$145 |
| RP6305.242 (Head Coach's Child) | 7-9 yrs | Noon-2pm | \$99 |
| RP6305.243 | 10-13 yrs | 2-4pm | \$145 |
| RP6305.244 (Head Coach's Child) | 10-13 yrs | 2-4pm | \$99 |

Spring NFL Flag Football League

Boys and girls, come play non-contact flag football while working on basic skills. Each hour-long game is 5-on-5. Practice is one weeknight at Howard County field, register by practice location. Special requests are not accepted. Games begin April 19. Head coaches are needed, their child receives a discount and a guaranteed spot on parent's team. Fee includes team shirt and participation award. Season may end with Howard-Frederick County tournament for 10-15 yrs.

Hollifield Station ES Weeks: 9

This is a Saturday morning program only. No weeknight practices.

RP6300.301 5-6 yrs \$125 RP6300.302 (Head Coach's Child) \$99

Hollifield Station ES Weeks: 9

RP6300.315 7-9 yrs \$135 RP6300.316 (Head Coach's Child) \$99

RP6300.325 10-12 yrs \$135 RP6300.326 (Head Coach's Child) \$99

RP6300.335 13-15 yrs \$135 RP6300.336 (Head Coach's Child) \$99

Cradlerock ES/Lake Elkhorn MS Weeks: 9

RP6300.304 5-6 yrs \$125 RP6300.305 (Head Coach's Child) \$99

RP6300.311 7-9 yrs \$135 RP6300.312 (Head Coach's Child) \$99

RP6300.321 10-12 yrs \$135 RP6300.322 (Head Coach's Child) \$99

RP6300.331 13-15 yrs \$135 RP6300.332 (Head Coach's Child) \$99

Dayton Oaks ES Weeks: 9

RP6300.303 5-6 yrs \$125 RP6300.304 (Head Coach's Child) \$99

RP6300.313 7-9 yrs \$135 RP6300.314 (Head Coach's Child) \$99

RP6300.323 10-12 yrs \$135 RP6300.324 (Head Coach's Child) \$99

RP6300.333 13-15 yrs \$135 RP6300.344 (Head Coach's Child) \$99

Football

• Info: Krista Billingsley, 410-313-4637
or kbillingsley@howardcountymd.gov.

Men's Run & Shoot Football League

Come play this fast-action, low-contact version of touch football. Teams play six on defense and five on offense. Fee includes a six-game schedule, playoffs, awards, field rental and administration. Teams provide uniforms and an official NFL-sized football. All teams qualify for playoffs. Team managers are updated with a league packet one week prior to start of games. (\$51 referee fee; \$102 forfeit fee). Register by 1/3 for winter and 3/14 for spring.

18 yrs + Winter Games: 6

RP5300.201 Rockburn Branch Pk Jan 10 8am-1pm Su \$230

18 yrs + Spring Games: 8

RP5300.301 Rockburn Branch Pk Mar 21 8am-1pm Su \$300

Co-Rec Football League

Enjoy this non-contact, no-blocking touch football league. Teams play 8-on-8 and provide their own uniforms and football. Schedule includes eight games plus playoffs. Fee includes eight-game schedule, playoffs, awards, field rental and administration. (\$34 referee fee; \$68 forfeit fee.) Register by 3/8.

18 yrs + Spring Games: 8

RP5301.301 Blandair Pk Mar 16 6:30-10pm Tu \$300

Golf

Virtual Sports Intro to Golf *Page 80*

Virtual Sports Junior and

Adult Golf League *Page 80-81*

Gymnastics

• Info: Will Dunmore, 410-313-1697 or
wdunmore@howardcountymd.gov.

Columbia Gymnastics – Parent/Child Gymnastics

Be an active participant as your child develops self-awareness, coordination and locomotor movement. Toddlers use a variety of gymnastics equipment, songs, games and climbing activities in a fun and supportive atmosphere.

1½-3½ yrs Classes: 6

RP6351.201 Columbia Gymnastics Jan 11 9-9:45am M \$140

RP6351.202 Columbia Gymnastics Mar 1 9-9:45am M \$140

Columbia Gymnastics – Preschool Gymnastics

In this introduction to gymnastics, boys and girls develop strength coordination and loco-motor movement, listening skills, and cooperation. Participants use all types of gymnastics and physical education equipment including bars, beams, mats, trampolines and a foam training pit. Emphasis is on fun in a safe and supportive atmosphere.

3-5 yrs Classes: 6

RP6352.201 Columbia Gymnastics Jan 11 10-10:45am M \$140

RP6352.202 Columbia Gymnastics Jan 11 11-11:45am M \$140

RP6352.203 Columbia Gymnastics Jan 12 12:30-1:15pm Tu \$140

RP6352.204 Columbia Gymnastics Jan 12 1:30-2:15pm Tu \$140

RP6352.205 Columbia Gymnastics Jan 12 2:30-3:15pm Tu \$140

RP6352.206 Columbia Gymnastics Jan 12 4:15-5pm Tu \$140

RP6352.207 Columbia Gymnastics Jan 12 5:15-6pm Tu \$140

RP6352.213 Columbia Gymnastics Mar 1 10-10:45am M \$140

RP6352.214 Columbia Gymnastics Mar 1 11-11:45am M \$140

RP6352.215 Columbia Gymnastics Mar 2 12:30-1:15pm Tu \$140

RP6352.216 Columbia Gymnastics Mar 2 1:30-2:15pm Tu \$140

RP6352.217 Columbia Gymnastics Mar 2 2:30-3:15pm Tu \$140

RP6352.218 Columbia Gymnastics Mar 2 4:15-5pm Tu \$140

RP6352.219 Columbia Gymnastics Mar 2 5:15-6pm Tu \$140

RP6352.220 Columbia Gymnastics Mar 3 12:30-1:15pm W \$140

RP6352.221 Columbia Gymnastics Mar 3 1:30-2:15pm W \$140

RP6352.222 Columbia Gymnastics Mar 3 2:30-3:15pm W \$140

RP6352.223 Columbia Gymnastics Mar 5 9-9:45am F \$140

Columbia Gymnastics – Beginning Gymnastics

Enjoy an introduction to the beginning skills and progressions of the vault, uneven bars, balance beam and floor exercise using a variety of equipment including trampolines and a foam training pit.

6-12 yrs Boys Classes: 6

RP6353.201 Columbia Gymnastics Jan 12 6-7pm Tu \$146

RP6353.202 Columbia Gymnastics Mar 2 6-7pm Tu \$146

6-12 yrs Girls Classes: 6

RP6353.211 Columbia Gymnastics Jan 12 4:30-5:30pm Tu \$146

RP6353.212 Columbia Gymnastics Jan 12 5:30-6:30pm Tu \$146

RP6353.213 Columbia Gymnastics Jan 12 6:30-7:30pm Tu \$146

RP6353.214 Columbia Gymnastics Mar 2 4:30-5:30pm Tu \$146

RP6353.215 Columbia Gymnastics Mar 2 5:30-6:30pm Tu \$146

RP6353.216 Columbia Gymnastics Mar 2 6:30-7:30pm Tu \$146



Jump Rope

• Info: Will Dunmore, 410-313-1697 or wdunmore@howardcountymd.gov.

Junior Jumpers with Kangaroo Kids

This beginning jump rope class is all about fun and fitness. Jumpers learn basic single rope, Double Dutch and long rope skills.

6-14 yrs Classes: 12

| | | | | | |
|------------|----------------------|--------|-------------|----|-------|
| RP6361.201 | Meadowbrook Ath Comp | Jan 12 | 4:25-5:25pm | Tu | \$185 |
| RP6361.202 | Meadowbrook Ath Comp | Jan 12 | 5:30-6:30pm | Tu | \$185 |
| RP6361.203 | Meadowbrook Ath Comp | Jan 13 | 4:25-5:25pm | W | \$185 |
| RP6361.204 | Meadowbrook Ath Comp | Jan 13 | 5:30-6:30pm | W | \$185 |

Intermediate Jumpers with Kangaroo Kids

Jumpers build on basic single and long rope skills and are introduced to precision group routines. Prerequisite: Minimum two sessions of Junior Jumpers and/or coach's approval.

6-14 yrs Classes: 12

| | | | | | |
|------------|----------------------|--------|-------------|----|-------|
| RP6363.201 | Meadowbrook Ath Comp | Jan 12 | 4:25-5:25pm | Tu | \$185 |
| RP6363.202 | Meadowbrook Ath Comp | Jan 12 | 5:30-6:30pm | Tu | \$185 |
| RP6363.203 | Meadowbrook Ath Comp | Jan 13 | 4:25-5:25pm | W | \$185 |

Preparation to Perform with Kangaroo Kids

Jumpers with a desire to perform at public events build on single and long rope skills, precision routines and develop showmanship skills. Prerequisite: Minimum two sessions of Intermediate Jumpers and/or coach's approval.

8-16 yrs Classes: 12

| | | | | | |
|------------|----------------------|--------|-------------|----|-------|
| RP6364.201 | Meadowbrook Ath Comp | Jan 12 | 4:25-5:25pm | Tu | \$185 |
| RP6364.202 | Meadowbrook Ath Comp | Jan 13 | 5:30-6:30pm | W | \$185 |

Jump Rope Fit for Adults

Jump into fitness! Increase cardiorespiratory endurance, balance, coordination, and agility! Class is great cross training for basketball, soccer, volleyball and other activities. Jump rope fee is \$9 and can be purchased at first class.

16 yrs + Classes: 12

| | | | | | |
|------------|----------------------|--------|-------------|----|-------|
| RP6369.201 | Meadowbrook Ath Comp | Jan 12 | 5:30-6:30pm | Tu | \$185 |
|------------|----------------------|--------|-------------|----|-------|

Kickball

• Info: Patrick McGinnis, 410-313-4716 or pmcginnis@howardcountymd.gov.

Spring Co-Rec Kickball League

Here's your chance to leave the office and return to the playground! Games are played as doubleheaders and each team is eligible for a postseason tournament. League fee includes umpires, balls, awards, league administration and field use.

18 yrs + County Facilities Co-rec

RP5830.301 Apr 21 6-10pm W \$540

Lacrosse

Mighty LAXers Lacrosse

Calling all Mighty LAXers! This high energy curriculum introduces children to important fundamentals of lacrosse such as scooping, cradling, and shooting. Age-appropriate equipment is used to provide children with a safe and fun experience in every LAXers class! Parents are also encouraged to follow the coach's instructions to assist in the games and activities. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

3-4 yrs Classes: 6 No class 2/10-15

| | | | | | |
|------------|----------------------|--------|---------------|----|------|
| RP6972.201 | N Laurel Comm Ctr | Feb 8 | 1:30-2:15pm | M | \$75 |
| RP6972.202 | Meadowbrook Ath Comp | Feb 9 | 12:30-1:15pm | Tu | \$75 |
| RP6972.203 | Phelps Luck ES | Feb 9 | 5-5:45pm | Tu | \$75 |
| RP6972.204 | Meadowbrook Ath Comp | Feb 17 | 10:30-11:15am | W | \$75 |
| RP6972.205 | Meadowbrook Ath Comp | Feb 18 | 12:30-1:15pm | Th | \$75 |
| RP6972.206 | N Laurel Comm Ctr | Feb 18 | 1:30-2:15pm | Th | \$75 |
| RP6972.207 | Dayton Oaks ES | Feb 20 | 9:30-10:15am | Sa | \$75 |

Shooting Stars Indoor Lacrosse – Girls and Boys League and Clinic

Shooting Stars Lacrosse is directed by All-American player coach Erin Schade. Her coaching staff includes additional All-American players, coaches and local stand outs. The program is designed for players who want to improve their skills and further their knowledge of the game of lacrosse. Each session includes drills focusing on skill development followed by games and game situation exercises. Anyone from beginners to advanced players can fit in as clinic time are separated for players based on experience, age, and size. Info: Erin Schade, erinschade@yahoo.com or Ricky DuBois, 410-313-4736 or rdubois@howardcountymd.gov.

Girls Gary J Arthur Comm Ctr Classes: 6

| | | | | | |
|------------|-----------|--------|-------------|----|-------|
| RP5506.201 | 5-7 yrs | Jan 7 | 5:30-6:30pm | Th | \$170 |
| RP5506.202 | 7-10 yrs | Jan 7 | 5:30-6:30pm | Th | \$170 |
| RP5506.203 | 7-10yrs | Jan 7 | 6:35-7:35pm | Th | \$170 |
| RP5506.204 | 10-14 yrs | Jan 7 | 7:40-8:40pm | Th | \$170 |
| RP5506.206 | 11-14 yrs | Jan 10 | 4:40-5:40pm | Su | \$170 |

Boys Gary J Arthur Comm Ctr Classes: 6

| | | | | | |
|------------|----------|--------|-------------|----|-------|
| RP5506.205 | 5-10 yrs | Jan 10 | 3:30-4:30pm | Su | \$170 |
|------------|----------|--------|-------------|----|-------|

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information online at www.howardcountymd.gov/concussion and www.howardcountymd.gov/suddencardiaccarrest.

Your review of this information is required by law before you are allowed to register for youth sports programs.



Martial Arts

• Info: Amy Patton, 410-313-4718 or
apatton@howardcountymd.gov.

Youth

TKA Karate - Youth

Enhance your current martial arts skills and develop new skills while having fun with instructors from Tompkins Karate Association (TKA). The class offers instruction based in Tang Soo Do Korean karate. A partner may be requested for some practices during the class. The partner does not need to have martial arts experience. Please see online class description for level and belt details.

5-12 yrs All levels Classes: 12

RP8730.201 Gary J Arthur Comm Ctr Jan 5 6:30-7:30pm Tu \$82

RP8730.202 Roger Carter Comm Ctr Jan 6 6:30-7:30pm W \$82

5-12 yrs Yellow and Red Belt Classes: 10 No class 1/18, 2/15

RP8730.203 Online Jan 4 6:30-7:30pm M \$68

5-12 yrs Beginner and White Belt Classes: 12

RP8730.204 Online Jan 5 6:30-7:30pm Tu \$82

5-12 yrs Youth Green Belt and Up Classes: 12

RP8730.206 Online Jan 7 6:30-7:30pm Th \$82

Kuk Sool Won with Darren Fulmore

Kuk Sool Won is a systematic study of all the traditional fighting arts, which together comprise the martial arts history of Korea. This is extremely well organized and seeks to integrate and explore the entire spectrum of established Asian fighting arts and body conditioning techniques, which consist of kicking, punching, martial acrobatics and self-defense techniques, into a beautiful and dynamic hard/soft style focusing on discipline and respect.

6 yrs + N Laurel Comm Ctr Classes: 20

RP8760.201 (Beg.) Jan 19 6:30-7:30pm Tu,Th \$80

RP8760.202 (Adv.) Jan 19 7:30-8:30pm Tu,Th \$80

6 yrs + N Laurel Comm Ctr Classes: 10

RP8760.203 (All Levels) Jan 23 1-3pm Sa \$80

Adult (13 Years +)

TKA Karate - Adult

Enhance your current martial arts skills and develop new skills while having fun with instructors from Tompkins Karate Association (TKA). The class offers instruction based in Tang Soo Do Korean karate. Previous experience is required. A partner may be requested for some practices during the class. The partner does not need to have martial arts experience. Please see online class description for level and belt details.

13 yrs + All levels Classes: 12

RP8731.201 Gary J Arthur Comm Ctr Jan 5 7:30-9pm Tu \$86

RP8731.202 Roger Carter Comm Ctr Jan 6 7:30-9pm W \$86

13 yrs + Green and Blue Belt Classes: 10 No classes 1/18, 2/15

RP8731.203 Online Jan 4 7:45-8:45pm M \$68

13 yrs + Beginner and White Belt Classes: 12

RP8731.204 Online Jan 5 7:45-8:45pm Tu \$82

13 yrs + Brown Belt Classes: 12

RP8731.206 Online Jan 7 7:45-8:45pm Th \$82

Lacrosse Introduction

This program is for first-time players or those wanting to improve skills and lacrosse fundamentals. Enhance your stick work, shooting, ground balls and basic lacrosse concepts. Fee includes t-shirt and the use of lacrosse equipment, including protective eye wear for girls (mandated by U.S. Lacrosse). Info: Ray Hall, 410-313-1689 or arhall@howardcountymd.gov.

Meadowbrook Ath Comp Classes: 6 No class 2/14 \$85

RP6505.201 Boys RP6506.201 Girls 5-6 yrs Jan 10 9-10am

RP6505.202 Boys RP6506.202 Girls 7-8 yrs Jan 10 10:15-11:15am

RP6505.203 Boys RP6506.203 Girls 9-10 yrs Jan 10 11:30am-12:30pm

Lacrosse Winter Tune-Up

Get ready for the spring season! Improve stick work, shooting, ground ball skills, and conditioning. Players must provide equipment. Info: Ray Hall, 410-313-1689 or arhall@howardcountymd.gov.

Meadowbrook Ath Comp Classes: 6 No class 2/14 \$85

RP6503.201 7-10 yrs Boys Jan 10 9-10am Su

RP6503.202 11-14 yrs Boys Jan 10 10-11am Su

RP6504.201 10-13 yrs Girls Jan 10 9-10am Su

RP6504.202 14-18 yrs Girls Jan 10 10-11am Su



= Online program



= Program may go online if
unable to be held in person

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information online at www.howardcountymd.gov/concussion and www.howardcountymd.gov/suddencardiacarrest.

Your review of this information is required by law before you are allowed to register for youth sports programs.

Aikido with Ki by Russ Dauber

Martial Arts and Ki training, taught by Japan's Shin Shin Toitsu Aikikai, promotes dynamic movement with unified mind and body. The Ki part is low impact. The Aikido part involves practice with partners and rolling on mats. Effective self-defense techniques flow with and lead attackers' movements. We develop the benefits of keeping one point and extending ki. We emphasize safety, knowledge and enjoyment.

18 yrs + Classes: 20

RP8880.201 Cedar Lane Pk-West Jan 19 7-9pm Tu,Th \$80

Shotokan Karate with Steve Morris

Learn a repertoire of techniques and the optimal safe positions for self-defense based upon the movement of your opponent(s), all in the context of traditional Shotokan karate. Learn and master blocks, punches, kicks, throws, submissions and take-downs. Special attention is given to low-impact physical conditioning and personal safety. Sensei Steve is a master in Shotokan karate and has taught karate and self-defense in Howard County for 30 years.

18 yrs + Roger Carter Comm Ctr Classes: 10

RP8791.201 (Beg.) Jan 21 7-8pm Th \$78

RP8791.202 (Int.) Jan 21 8:05-9:05pm Th \$78

RP8791.203 (Beg.) Jan 23 10-11am Sa \$78

RP8791.204 (Int.) Jan 23 11:05am-12:05pm Sa \$78

Tai Chi

Tai Chi offers a variety of health benefits, including joint stability, balance and coordination. It improves mental focus, increases energy and releases stress.

18 yrs + Intermediate Instructor: Scott Vandame Classes: 8

RP8850.203 Online Jan 14 7-8pm Th \$62

18 yrs + Advanced Instructor: Scott Vandame Classes: 8

RP8850.204 Online Jan 14 8-9pm Th \$62

Multi-Sport

JumpBunch Kids

JumpBunch classes are a wonderful opportunity for parents and children to interact in a fun, engaging and noncompetitive environment during an introduction to multiple sports and fitness activities. Warm-up exercises are designed to improve balance, increase coordination and develop body awareness. This season's sports include football, soccer, hockey, basketball, volleyball and tennis. Children, enjoy using and exploring child-friendly equipment provided by JumpBunch each week while being introduced to each of these fun sports. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

2-3 yrs Classes: 6 No class 2/13

RP6313.201 St. John's Lane ES Jan 30 10-10:45am Sa \$75

3-5 yrs Classes: 6 No class 2/13

RP6313.202 St. John's Lane ES Jan 30 11-11:45am Sa \$75

Learn-N-Play Sports

Play a variety of age-appropriate sports that help develop your child's large motor and socialization skills in a fun atmosphere! Each week, focus on different activities that combine positive social interactions, good listening skills, taking turns, and teamwork. Activities include bowling, parachute games, sports stations, relay races, and more! Parents are encouraged to follow the coach's instructions to assist in the games and activities. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

3-4 yrs Classes: 6 No class 2/10-15

RP6970.201 N Laurel Comm Ctr Feb 8 2:30-1:15pm M \$75

RP6970.202 N Laurel Comm Ctr Feb 9 10:30-11:15am Tu \$75

RP6970.203 Meadowbrook Ath Comp Feb 17 1:30-2:15pm W \$75

RP6970.204 Meadowbrook Ath Comp Feb 19 10:30-11:15am F \$75

Little Big Shots

This multi-sport program introduces children to basketball, tee ball and soccer through a curriculum full of exciting and engaging games and activities. Parents are encouraged to follow the coach's instructions to assist in the games and activities. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

3-4 yrs Classes: 6 No class 2/10-15

RP6314.201 Guilford ES Feb 8 5-5:45pm M \$75

RP6314.202 N Laurel Comm Ctr Feb 9 9:30-10:15am Tu \$75

RP6314.203 N Laurel Comm Ctr Feb 9 6-6:45pm Tu \$75

RP6314.204 Northfield ES Feb 17 6-6:45pm W \$75

RP6314.205 Meadowbrook Ath Comp Feb 18 1:30-2:15pm Th \$75

RP6314.206 Meadowbrook Ath Comp Feb 19 9:30-10:15am F \$75

RP6314.207 Ducketts Lane ES Feb 20 9:30-10:15am Sa \$75

RP6314.208 Gorman Crossing ES Feb 20 2:30-3:15pm Sa \$75

Planet Recreation Spring Break Program

Need fun and safe full-day child care for Spring Break? This program is offered at two of our finest recreational facilities. Participate in a variety of activities, including sports, fitness, arts and crafts, nature, and much more. Activities take place both indoors and outdoors. Pool and swimming activities are also included in the schedule! The focus is on having fun, staying fit, building character, and boosting self-esteem. Schedule is subject to change; held rain or shine. Participants must currently be in grades K-5 in spring 2020. An extended option is available (RP7005). Info: Kelly Jones, 410-313-1162 or kejjones@howardcountymd.gov.

Grades K-5 Classes: 1

RP7006.301 Roger Carter Comm Ctr Apr 2 8am-3pm F \$65

RP7006.302 Roger Carter Comm Ctr Apr 5 8am-3pm M \$65

RP7006.303 Roger Carter Comm Ctr Apr 6 8am-3pm Tu \$65

RP7006.305 N Laurel Comm Ctr Apr 2 8am-3pm F \$65

RP7006.306 N Laurel Comm Ctr Apr 5 8am-3pm M \$65

RP7006.307 N Laurel Comm Ctr Apr 6 8am-3pm Tu \$65

Grades K-5 Classes: 3

RP7006.304 Roger Carter Comm Ctr Apr 2 8am-3pm F \$189

RP7006.308 N Laurel Comm Ctr Apr 2 8am-3pm F \$189

Planet Recreation Extended Spring Break

Extend your child's day Planet Recreation. After-care includes a variety of sports, games and other group activities. Participants also must be enrolled in the Planet Recreation Spring Break Program (RP7006). Program runs rain or shine. Info: Kelly Jones, 410-313-1162 or kejjones@howardcountymd.gov.

Grades K-5 Classes: 1

RP7005.301 Roger Carter Comm Ctr Apr 2 3-6pm F \$45

RP7005.302 Roger Carter Comm Ctr Apr 5 3-6pm M \$45

RP7005.303 Roger Carter Comm Ctr Apr 6 3-6pm Tu \$45

RP7005.305 N Laurel Comm Ctr Apr 2 3-6pm F \$45

RP7005.306 N Laurel Comm Ctr Apr 5 3-6pm M \$45

RP7005.307 N Laurel Comm Ctr Apr 6 3-6pm Tu \$45

Grades K-5 Classes: 3

RP7005.304 Roger Carter Comm Ctr Apr 2 3-6pm F \$65

RP7005.308 N Laurel Comm Ctr Apr 2 3-6pm F \$65



Ultimate Sports & Games Spring Break

Spend your spring break with us. Your child develops skills in basketball, flag football, kickball, lacrosse, baseball, soccer, and much more in this co-ed program. Have fun, stay fit, build character and boost self-esteem. Activities take place both indoors and outdoors. Participants will bus to the Roger Carter Community Center for a day of swimming activities! The program runs rain or shine. Bring a non-perishable lunch (no nut products) and a water bottle. An extended option is available (RP7004). Info: Kelly Jones, 410-313-1162 or kejjones@howardcountymd.gov.

8-13 yrs Classes: 1

| | | | | | |
|------------|----------------------|-------|---------|----|------|
| RP7001.301 | Meadowbrook Ath Comp | Apr 2 | 8am-3pm | F | \$65 |
| RP7001.302 | Meadowbrook Ath Comp | Apr 5 | 8am-3pm | M | \$65 |
| RP7001.303 | Meadowbrook Ath Comp | Apr 6 | 8am-3pm | Tu | \$65 |
| RP7001.305 | N Laurel Comm Ctr | Apr 2 | 8am-3pm | F | \$65 |
| RP7001.306 | N Laurel Comm Ctr | Apr 5 | 8am-3pm | M | \$65 |
| RP7001.307 | N Laurel Comm Ctr | Apr 6 | 8am-3pm | Tu | \$65 |

8-13 yrs Classes: 3

| | | | | | |
|------------|----------------------|-------|---------|---|-------|
| RP7001.304 | Meadowbrook Ath Comp | Apr 2 | 8am-3pm | F | \$175 |
| RP7001.308 | N Laurel Comm Ctr | Apr 2 | 8am-3pm | F | \$175 |

Ultimate Sports & Games

Extended Spring Break

Extend your child's day. Aftercare includes a variety of sports, games and other group activities. Participants also must be enrolled in an Ultimate Sports & Games Spring Break (RP7005). Info: Kelly Jones, 410-313-1162 or kejjones@howardcountymd.gov.

8-13 yrs Classes: 1

| | | | | | |
|------------|-----------------------|-------|-------|----|------|
| RP7004.301 | Roger Carter Comm Ctr | Apr 2 | 3-6pm | F | \$45 |
| RP7004.302 | Roger Carter Comm Ctr | Apr 5 | 3-6pm | M | \$45 |
| RP7004.303 | Roger Carter Comm Ctr | Apr 6 | 3-6pm | Tu | \$45 |
| RP7004.305 | N Laurel Comm Ctr | Apr 2 | 3-6pm | F | \$45 |
| RP7004.306 | N Laurel Comm Ctr | Apr 5 | 3-6pm | M | \$45 |
| RP7004.307 | N Laurel Comm Ctr | Apr 6 | 3-6pm | Tu | \$45 |

8-13 yrs Classes: 3

| | | | | | |
|------------|-----------------------|-------|-------|---|------|
| RP7004.304 | Roger Carter Comm Ctr | Apr 2 | 3-6pm | F | \$65 |
| RP7004.308 | N Laurel Comm Ctr | Apr 2 | 3-6pm | F | \$65 |

School's Out Junior Sports Program

School is out and we're open for play! Young athletes, develop skills in any of the following sports: basketball, kickball, tee ball, soccer, tennis, flag football or floor hockey at this co-rec camp. Sports and games are adapted to the size and abilities of young children to make learning fun and foster development of motor skills. Activities take place indoors. Info: Curtis Gore at 410-313-4705 or cgore@howardcountymd.gov.

5-7 yrs Classes: 1

| | | | | | |
|------------|-----------------------|--------|----------------|---|------|
| RP7008.201 | Roger Carter Comm Ctr | Jan 18 | 8:30am-12:30pm | M | \$43 |
| RP7008.202 | Roger Carter Comm Ctr | Jan 29 | 8:30am-12:30pm | F | \$43 |
| RP7008.203 | Roger Carter Comm Ctr | Feb 12 | 8:30am-12:30pm | F | \$43 |
| RP7008.204 | Roger Carter Comm Ctr | Feb 15 | 8:30am-12:30pm | M | \$43 |

Winter Mix School's Out Program

Participate in a wide variety of activities including sports, fitness, arts and crafts, nature, games, and special surprises. Follow an exciting daily rotation designed to allow your child to select activities of their choice to build their own program. Rotate in age- and skill-appropriate groups. Register for one, two, three, or all four days! Info: Kelly Jones, 410-313-1162 or kejjones@howardcountymd.gov.

5-13 yrs Classes: 1

| | | | | | |
|------------|----------------------|--------|------------|----|------|
| RP6404.201 | Meadowbrook Ath Comp | Dec 28 | 8am-5:30pm | M | \$65 |
| RP6404.202 | Meadowbrook Ath Comp | Dec 29 | 8am-5:30pm | Tu | \$65 |
| RP6404.203 | Meadowbrook Ath Comp | Dec 30 | 8am-5:30pm | W | \$65 |
| RP6404.204 | Meadowbrook Ath Comp | Dec 31 | 8am-5:30pm | Th | \$65 |

5-13 yrs Classes: 4

| | | | | | |
|------------|----------------------|--------|------------|------|-------|
| RP6404.205 | Meadowbrook Ath Comp | Dec 28 | 8am-5:30pm | M-Th | \$209 |
|------------|----------------------|--------|------------|------|-------|

Home School Gym Class

Join in on an exciting gym class program that meets the physical activity needs of our local home school families! We provide staff leadership and all the equipment for a variety of sport and fitness activities. Children improve skills and learn the fundamentals of teamwork as they play basketball, soccer, volleyball, floor hockey, badminton and all other sport requests the staff can provide. Have fun, stay fit, build character and boost self-esteem. Info: Kelly Jones, 410-313-1162 or kejjones@howardcountymd.gov.

Meadowbrook Ath Comp Classes: 12

| | | | | | |
|------------|-----------|--------|-----------|----|-------|
| RP6405.201 | 5-10 yrs | Jan 12 | 1-2pm | Tu | \$108 |
| RP6405.203 | 5-10 yrs | Jan 13 | 11am-noon | W | \$108 |
| RP6405.202 | 11-14 yrs | Jan 12 | 1-2pm | Tu | \$108 |
| RP6405.204 | 11-14 yrs | Jan 13 | 11am-noon | W | \$108 |

School's Out Sports and Swim

School is out and we're open for play! Young athletes, develop skills in any of the following sports: basketball, kickball, tee ball, soccer, tennis, flag football or floor hockey at this co-rec camp. Sports and games are adapted to the size and abilities of young children to make learning fun and foster development of motor skills. Activities take place indoors. Info: Curtis Gore at 410-313-4705 or cgore@howardcountymd.gov.

8-13 yrs Classes: 1

| | | | | | |
|------------|-----------------------|--------|------------|---|------|
| RP7007.201 | Roger Carter Comm Ctr | Jan 18 | 8:30am-6pm | M | \$74 |
| RP7007.202 | Roger Carter Comm Ctr | Jan 29 | 8:30am-6pm | F | \$74 |
| RP7007.203 | Roger Carter Comm Ctr | Feb 12 | 8:30am-6pm | F | \$74 |
| RP7007.204 | Roger Carter Comm Ctr | Feb 15 | 8:30am-6pm | M | \$74 |

**To register, visit
www.howardcountymd.gov/rap
or call 410-313-7275.**



Obstacle Sports

- Info: Will Dunmore, 410-313-1697 or wdunmore@howardcountymd.gov.
- Must complete waiver: <https://ninjabecom/waiver-2/>
- Participants will not be able to utilize the rock wall or mechanical bulls during the session.

Preschool

Tiny Ninja

Come take a fun approach to fitness as your child works on strength, conditioning, flexibility, problem solving, and coordination. Under careful supervision, participants navigate obstacles such as the Tiny Ninja foam-based obstacle course, NinjaTrek, and the interactive wall.

3-4 yrs Classes: 6

| | | | | | |
|------------|---------|--------|--------|----|-------|
| RP5170.201 | NinjaBE | Jan 5 | 2-3pm | Tu | \$128 |
| RP5170.203 | NinjaBE | Jan 6 | 9-10am | W | \$128 |
| RP5170.205 | NinjaBE | Jan 9 | 8-9am | Sa | \$128 |
| RP5170.207 | NinjaBE | Feb 23 | 2-3pm | Tu | \$128 |
| RP5170.209 | NinjaBE | Feb 24 | 9-10am | W | \$128 |
| RP5170.211 | NinjaBE | Feb 27 | 8-9am | Sa | \$128 |

4-5 yrs Classes: 6

| | | | | | |
|------------|---------|--------|---------------|----|-------|
| RP5170.202 | NinjaBE | Jan 5 | 3:15-4:15pm | Tu | \$128 |
| RP5170.204 | NinjaBE | Jan 6 | 10:30-11:30am | W | \$128 |
| RP5170.206 | NinjaBE | Jan 9 | 8:45-9:45am | Sa | \$128 |
| RP5170.208 | NinjaBE | Feb 23 | 3:15-4:15pm | Tu | \$128 |
| RP5170.210 | NinjaBE | Feb 24 | 10:30-11:30am | W | \$128 |
| RP5170.212 | NinjaBE | Feb 27 | 8:45-9:45am | Sa | \$128 |

Youth

- Must be 42 inches or taller and at least 40 pounds to participate in youth.

Obstacle Racing Training Class with NinjaBE

Learn how to master popular American Ninja Warrior obstacles. Let our experienced instructors help you train your muscles to glide through challenging NinjaBE obstacles. Objectively measure your improvement by timed runs through our Ninja Warrior obstacle courses. Get fit and have fun at NinjaBE!

6-8 yrs Classes: 6

| | | | | | |
|------------|---------|--------|-------------|----|-------|
| RP5172.201 | NinjaBE | Jan 6 | 6-7pm | W | \$128 |
| RP5172.204 | NinjaBE | Jan 9 | 8:30-9:30am | Sa | \$128 |
| RP5172.205 | NinjaBE | Feb 24 | 6-7pm | W | \$128 |
| RP5172.208 | NinjaBE | Feb 27 | 8:30-9:30am | Sa | \$128 |

9-11 yrs Classes: 6

| | | | | | |
|------------|---------|--------|-------------|---|-------|
| RP5172.202 | NinjaBE | Jan 6 | 7:30-8:30pm | W | \$128 |
| RP5172.206 | NinjaBE | Feb 24 | 7:30-8:30pm | W | \$128 |

12-14 yrs Classes: 6

| | | | | | |
|------------|---------|--------|-------------|---|-------|
| RP5172.203 | NinjaBE | Jan 6 | 7:30-8:30pm | W | \$128 |
| RP5172.207 | NinjaBE | Feb 24 | 7:30-8:30pm | W | \$128 |

School's Out with NinjaBE

Looking for something unique and exciting to do when school is out? Each single day of fun includes Ninja Warrior Obstacle Racing, Interactive Bouldering Games, and much more. For before and after care, call NinjaBe at 443-600-9550.

7-14 yrs Classes: 1

| | | | | | |
|------------|---------|--------|---------|----|------|
| RP5181.201 | NinjaBE | Jan 18 | 9am-4pm | M | \$75 |
| RP5181.202 | NinjaBE | Jan 29 | 9am-4pm | F | \$75 |
| RP5181.203 | NinjaBE | Feb 12 | 9am-4pm | F | \$75 |
| RP5181.204 | NinjaBE | Feb 15 | 9am-4pm | M | \$75 |
| RP5181.301 | NinjaBE | Apr 2 | 9am-4pm | F | \$75 |
| RP5181.302 | NinjaBE | Apr 5 | 9am-4pm | M | \$75 |
| RP5181.303 | NinjaBE | Apr 6 | 9am-4pm | Tu | \$75 |

Winter Break Program with NinjaBE

Enjoy a single day of obstacle courses and dodgeball or sign up for multiple days of fun! This winter break program builds your child's total-body strength, will and determination. For before and after care, call NinjaBe at 443-600-9550.

7-14 yrs Classes: 1

| | | | | | |
|------------|---------|--------|---------|----|------|
| RP5182.201 | NinjaBE | Dec 28 | 9am-4pm | M | \$75 |
| RP5182.202 | NinjaBE | Dec 29 | 9am-4pm | Tu | \$75 |
| RP5182.203 | NinjaBE | Dec 30 | 9am-4pm | W | \$75 |
| RP5182.204 | NinjaBE | Dec 31 | 9am-4pm | Th | \$75 |

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information online at www.howardcountymd.gov/concussion and www.howardcountymd.gov/suddencardiacarrest. Your review of this information is required by law before you are allowed to register for youth sports programs.

NinjaBE: 9301 Snowden River Pkwy, Columbia

Pickleball

- For more info on programs, classes, leagues, and tournaments, visit www.howardcountymd.gov/pickleball.
- Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

NEW! Beginning Pickleball Lessons

Nationally-certified pro-pickleball instructor Marc Austin has designed a special series of classes for adults who have never played or who are unfamiliar with the rules of the game. Start by learning the fundamental rules of the game and then progress through the four key sections at a comfortable pace. Enjoy fun drills and mini games to enhance your learning experience.

18 yrs + Classes: 5

RP6833.201 Gary J Arthur Comm Ctr Jan 11 11:30am-1pm M \$80

NEW! Advanced Beginner Pickleball Lessons

Come build on pickleball fundamentals and then improve all parts of your game with Coach Marc. Enjoy working on skills and fun games in a productive environment that maximizes your learning experience. So sign up, lace up your sneaks, grab your paddle and meet us in the gym on the court!

18 yrs + Classes: 5

RP6833.202 Gary J Arthur Comm Ctr Jan 11 1:15-2:45pm M \$80

18 yrs + Classes: 6

RP6833.203 Gary J Arthur Comm Ctr Jan 8 11:30am-1pm F \$95

NEW! Advanced Beginner II Pickleball Lessons

This class is designed to get Advanced Beginner players ready and confident to move up to the Intermediate classes. Coach Marc helps you continue to learn and develop new skills. Enjoy fun games in a productive environment that maximizes your learning experience. So sign up, lace up your sneaks, grab your paddle and meet us in the gym on the court!

18 yrs + Classes: 5

RP6833.203 Gary J Arthur Comm Ctr Jan 11 3-4:30pm M \$80

18 yrs + Classes: 6

RP6833.205 Gary J Arthur Comm Ctr Jan 8 1:15-2:45pm F \$95

NEW! Intermediate Pickleball Lessons

These lessons are designed so you may progress through the intermediate levels of this sport and begin to develop advanced skills. Experienced pickleball players, this session of classes is also perfect for you! Nationally-certified pro-pickleball instructor Marc Austin introduces the concepts of "Pickleball IQ." Through lessons, drills and exercises, gain a better understanding of how to win at a higher level.

18 yrs + Classes: 6

RP6833.206 Gary J Arthur Comm Ctr Jan 8 3-4:30pm F \$95

Running

Youth Distance Runners

Don't miss out on your opportunity to train this winter! Join Recreation & Parks, Howard County Junior Striders and Bullseye Running for this new indoor training program offering runner-specific training and conditioning. Info: Will Dunmore, 410-313-1697 or wdunmore@howardcountymd.gov.

7-18 yrs Classes: 8

RP6953.201 Meadowbrook Ath Comp Jan 9 6:30-8pm Sa \$105

Soccer

Youth Instructional

Ellicott City Soccer Club

Hour-long programs of fun and games designed to introduce the youngest of players to the greatest of soccer exercises to enjoy. Participants are required to wear shin guards and soccer shoes or sneakers while staff coaches provide soccer balls and equipment. Each participant should bring a water bottle and wear comfortable clothing. Info: Patrick McGinnis, 410-313-4716 or pmcginnis@howardcountymd.gov.

2-3 yrs Classes: 6

RP6710.201 Meadowbrook Ath Comp Jan 7 9:30-10:30am Tu \$105

RP6710.204 Meadowbrook Ath Comp Jan 9 9:30-10:30am Th \$105

RP6710.207 Meadowbrook Ath Comp Feb 18 9:30-10:30am Tu \$105

RP6710.210 Meadowbrook Ath Comp Feb 20 9:30-10:30am Th \$105

3-5 yrs Classes: 6

RP6710.202 Meadowbrook Ath Comp Jan 7 10:30-11:30am Tu \$105

RP6710.203 Meadowbrook Ath Comp Jan 7 1:30-2:30pm Tu \$105

RP6710.205 Meadowbrook Ath Comp Jan 9 10:30-11:30am Th \$105

RP6710.206 Meadowbrook Ath Comp Jan 9 1:30-2:30pm Th \$105

RP6710.208 Meadowbrook Ath Comp Feb 18 10:30-11:30am Tu \$105

RP6710.209 Meadowbrook Ath Comp Feb 18 1:30-2:30pm Tu \$105

RP6710.211 Meadowbrook Ath Comp Feb 20 10:30-11:30am Th \$105

RP6710.212 Meadowbrook Ath Comp Feb 20 1:30-2:30pm Th \$105

Mighty Kickers Soccer

GOAL! Coaches provide a high-energy, fun introduction to soccer. Mighty Kickers uses a creative, age-appropriate curriculum to introduce basic soccer skills, including dribbling, passing and shooting while providing an entertaining and friendly atmosphere! Parents are encouraged to follow the coach's instructions to assist in the games and activities. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

3-4 yrs Classes: 6 No class 2/10-15

RP6705.201 Meadowbrook Ath Comp Feb 9 1:30-2:15pm Tu \$75

RP6705.202 Meadowbrook Ath Comp Feb 17 9:30-10:15am W \$75

RP6705.203 Northfield ES Feb 17 5-5:45pm W \$75

RP6705.204 Meadowbrook Ath Comp Feb 18 10:30-11:15am Th \$75

RP6705.205 Thunder Hill ES Feb 18 5-5:45pm Th \$75

RP6705.206 Ducketts Lane ES Feb 20 10:30-11:15am Sa \$75

RP6705.207 Hollifield Station ES Feb 20 2:30-3:15pm Sa \$75

Kiddie Indoor Soccer

Boys and girls, learn skills such as dribbling, trapping, passing, shooting, defense and team play, all in a fun and encouraging environment.

This program takes place outdoors. Info: Curtis Gore at 410-313-4705 or cgore@howardcountymd.gov.

5-7 yrs Classes: 6

RP6700.201 Bollman Bridge ES Feb 18 4:15-5:15pm Th \$60

RP6700.202 Clarksville ES Feb 19 4:15-5:15pm F \$60

RP6700.203 Dayton Oaks ES Mar 3 4:15-5:15pm W \$60

RP6700.204 Elkridge ES Mar 3 4:15-5:15pm W \$60

RP6700.205 Forest Ridge ES Mar 2 4:15-5:15pm Tu \$60

RP6700.206 Hammond ES Mar 2 4:15-5:15pm Tu \$60

RP6700.207 Ilchester ES Mar 4 4:15-5:15pm Th \$60

RP6700.208 Manor Woods ES Feb 18 4:15-5:15pm Th \$60

RP6700.209 Meadowbrook Ath Comp Feb 24 5:05-6:05pm W \$60

| | | | | | |
|------------|--------------------|--------|-------------|----|------|
| RP6700.210 | Pointers Run ES | Mar 1 | 4:15-5:15pm | M | \$60 |
| RP6700.211 | Running Brook ES | Feb 18 | 4:15-5:15pm | Th | \$60 |
| RP6700.212 | Talbot Springs ES | Mar 3 | 4:15-5:15pm | W | \$60 |
| RP6700.213 | Thunder Hill ES | Feb 19 | 4:15-5:15pm | F | \$60 |
| RP6700.214 | Waterloo ES | Mar 1 | 4:15-5:15pm | M | \$60 |
| RP6700.215 | West Friendship ES | Feb 19 | 4:15-5:15pm | F | \$60 |

NEW! After-School/Kiddie Soccer for All

Boys and girls learn and improve basic skills such as dribbling, trapping, shooting, passing, defense and teamwork. Coaches use a variety of drills and games to make learning fun and exciting. Participants will be separated by age groups. Info: Curtis Gore, 410-313-4705 or cgore@howardcountymd.gov.

5-10 yrs N Laurel Comm Ctr No class 2/15

| | | | | | |
|------------|------------|--------|-------------|---|------|
| RP6700.280 | Classes: 8 | Jan 25 | 4:15-5:15pm | M | \$80 |
| RP6700.281 | Classes: 9 | Jan 27 | 4:15-5:15pm | W | \$90 |

5-10 yrs Gary J Arthur Comm Ctr

| | | | | | |
|------------|------------|--------|-------------|----|------|
| RP6700.282 | Classes: 9 | Jan 26 | 4:15-5:15pm | Tu | \$90 |
| RP6700.283 | Classes: 9 | Jan 28 | 4:15-5:15pm | Th | \$90 |

After-School Indoor Soccer

Coaches use a variety of drills, games and scrimmages to make learning fun and exciting. **This program takes place outdoors.** Info: Curtis Gore, 410-313-4705 or cgore@howardcountymd.gov.

8-10 yrs Classes: 6

| | | | | | |
|------------|----------------------|--------|-------------|----|------|
| RP6701.201 | Bollman Bridge ES | Feb 18 | 4:15-5:15pm | Th | \$60 |
| RP6701.202 | Clarksville ES | Feb 19 | 4:15-5:15pm | F | \$60 |
| RP6701.203 | Dayton Oaks ES | Mar 3 | 4:15-5:15pm | W | \$60 |
| RP6701.204 | Elkridge ES | Mar 3 | 4:15-5:15pm | W | \$60 |
| RP6701.205 | Forest Ridge ES | Mar 2 | 4:15-5:15pm | Tu | \$60 |
| RP6701.206 | Hammond ES | Mar 2 | 4:15-5:15pm | Tu | \$60 |
| RP6701.207 | Ilchester ES | Mar 4 | 4:15-5:15pm | Th | \$60 |
| RP6701.208 | Manor Woods ES | Feb 18 | 4:15-5:15pm | Th | \$60 |
| RP6701.209 | Meadowbrook Ath Comp | Feb 24 | 4:15-5:15pm | W | \$60 |
| RP6701.210 | Pointers Run ES | Mar 1 | 4:15-5:15pm | M | \$60 |
| RP6701.211 | Running Brook ES | Feb 18 | 4:15-5:15pm | Th | \$60 |
| RP6701.212 | Talbot Springs ES | Mar 3 | 4:15-5:15pm | W | \$60 |
| RP6701.213 | Thunder Hill ES | Feb 19 | 4:15-5:15pm | F | \$60 |
| RP6701.214 | Waterloo ES | Mar 1 | 4:15-5:15pm | M | \$60 |
| RP6701.215 | West Friendship ES | Feb 19 | 4:15-5:15pm | F | \$60 |

Youth Leagues

Spring Youth Soccer League

Boys and girls, have fun playing soccer while learning the fundamentals of the world's most popular sport. The Department forms teams. One weeknight practice beginning the week of 4/12. Coaches contact participants regarding practice days and times one week prior to the beginning of the program.

One-hour games are on Saturdays, starting 4/24, between 9:30am and 3pm.

Shin guards are required. Fee includes participation award, soccer jersey, socks, and a soccer ball from Play It Again Sports® in Ellicott City. Volunteer coaches are needed. Head coach's child receives a discount. Individual registration only, no team entries. Registration deadline: 3/22.

Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

4 yrs Meadowbrook Pk

| | | | |
|------------|------|---------------------------------|------|
| RP5701.301 | \$90 | RP5701.302 (Head Coach's Child) | \$60 |
|------------|------|---------------------------------|------|

5-6 yrs Meadowbrook Pk

| | | | |
|------------|------|---------------------------------|------|
| RP5701.311 | \$90 | RP5701.312 (Head Coach's Child) | \$60 |
|------------|------|---------------------------------|------|

7-8 yrs HC Ctr for the Arts

| | | | |
|------------|------|---------------------------------|------|
| RP5701.321 | \$90 | RP5701.322 (Head Coach's Child) | \$60 |
|------------|------|---------------------------------|------|



Winter Outdoor Soccer League

Learn basic skills. The Department forms teams which practice one night a week (Tuesday or Thursday) beginning the week of 2/1. One-hour games on Saturdays, starting 2/13, between 9:30am-3pm. Fee includes long-sleeved soccer jersey, socks and participation award. Shin guards required. Coaches contact participants regarding practice days/times one week prior to the start of the program. Volunteer head coaches needed. Individual registration only, no team entries. Registration deadline is 1/15. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

4 yrs Blandair Pk

| | | | |
|------------|------|---------------------------------|------|
| RP5702.201 | \$70 | RP5702.202 (Head Coach's Child) | \$45 |
|------------|------|---------------------------------|------|

5-6 yrs Blandair Pk

| | | | |
|------------|------|---------------------------------|------|
| RP5702.211 | \$70 | RP5702.212 (Head Coach's Child) | \$45 |
|------------|------|---------------------------------|------|

7-8 yrs Blandair Pk

| | | | |
|------------|------|---------------------------------|------|
| RP5702.221 | \$70 | RP5702.222 (Head Coach's Child) | \$45 |
|------------|------|---------------------------------|------|

Instructional Indoor Soccer League

First-time players or those wanting to improve their fundamental skills, play small-sided games in this instructional league. Focus is on skill development through drills, game rules and scrimmages. Practice for three weeks and play three games against teams from the other sites (schedule TBD). Fee includes t-shirt. Shin guards required. Info: Curtis Gore at 410-313-4705 or cgore@howardcountymd.gov.

5-6 yrs Beginner Classes: 6

| | | | | | |
|------------|-----------------------|--------|-------|----|------|
| RP6702.201 | Centennial Lane ES | Feb 20 | 1-2pm | Sa | \$60 |
| RP6702.202 | Gorman Crossing ES | Feb 20 | 1-2pm | Sa | \$60 |
| RP6702.203 | Jeffers Hill ES | Feb 20 | 1-2pm | Sa | \$60 |
| RP6702.204 | Hollifield Station ES | Feb 20 | 1-2pm | Sa | \$60 |

6½-8½ yrs Classes: 6

| | | | | | |
|------------|-----------------------|--------|-------------|----|------|
| RP6703.201 | Centennial Lane ES | Feb 20 | 2:15-3:15pm | Sa | \$60 |
| RP6703.202 | Gorman Crossing ES | Feb 20 | 2:15-3:15pm | Sa | \$60 |
| RP6703.203 | Jeffers Hill ES | Feb 20 | 2:15-3:15pm | Sa | \$60 |
| RP6703.204 | Hollifield Station ES | Feb 20 | 2:15-3:15pm | Sa | \$60 |

8-10 yrs Classes: 6

| | | | | | |
|------------|-----------------------|--------|-------------|----|------|
| RP6704.201 | Centennial Lane ES | Feb 20 | 3:30-4:30pm | Sa | \$60 |
| RP6704.202 | Gorman Crossing ES | Feb 20 | 3:30-4:30pm | Sa | \$60 |
| RP6704.203 | Jeffers Hill ES | Feb 20 | 3:30-4:30pm | Sa | \$60 |
| RP6704.204 | Hollifield Station ES | Feb 20 | 3:30-4:30pm | Sa | \$60 |



Tennis

• Info: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

Small Group Indoor Tennis Lessons with Shantha Chandra

Small group lessons for QuickStart Tennis Players 10 years and under. Drills, instruction and QuickStart tennis techniques designed by the USTA are used for beginning players to learn tennis fundamentals, balance and coordination skills. This is an exciting new play format for learning tennis, designed to bring kids into the game by using specialized equipment, shorter court dimensions, and simplified scoring, all tailored to match youth age and size. Bring a junior-size racket (21" to 25"). No class 1/18, 2/15, 3/19.

| 4-6 yrs | Meadowbrook Ath Comp | Classes: 4 | \$94 |
|--------------------------|----------------------|-------------|-------|
| RP6872.201 (Beg.) | Jan 11 | 4:10-4:55pm | M |
| RP6872.202 (Beg.) | Mar 1 | 4:10-4:55pm | M |
| 6-8 yrs | Meadowbrook Ath Comp | Classes: 5 | \$118 |
| RP6872.211 (Beg/Adv Beg) | Jan 12 | 4:10-4:55pm | Tu |
| RP6872.212 (Beg/Adv Beg) | Feb 23 | 4:10-4:55pm | Tu |
| 9-10 yrs | Meadowbrook Ath Comp | Classes: 5 | \$118 |
| RP6872.221 (Beg.) | Jan 13 | 4-4:45pm | W |
| RP6872.231 (Adv Beg) | Jan 13 | 4:45-5:30pm | W |
| RP6872.222 (Adv Beg) | Feb 24 | 4-4:45pm | W |
| RP6872.232 (Int.) | Feb 24 | 4:45-5:30pm | W |
| RP6872.241 (Adv Beg) | Jan 14 | 4-4:45pm | Th |
| RP6872.251 (Int) | Jan 14 | 4:45-5:30pm | Th |
| RP6872.242 (Adv Beg) | Feb 25 | 4-4:45pm | Th |
| RP6872.252 (Int) | Feb 25 | 4:45-5:30pm | Th |
| 10-12 yrs | Meadowbrook Ath Comp | Classes: 4 | \$94 |
| RP6872.261 (Adv Beg/Int) | Jan 15 | 4:10-4:55pm | F |
| RP6872.262 (Adv Beg/Int) | Feb 19 | 4:10-4:55pm | F |

Adult Leagues

Adult Soccer Leagues

Continue your soccer year with this eight-game winter season played on synthetic turf fields. Registration is first-come, first-served. All teams are required to pay officials on-site prior to each game. Referee fees, rules and league info are available at www.howardcountymd.gov/soccer. Info: Patrick McGinnis, 410-313-4716 or pmcginnis@howardcountymd.gov.

18 yrs + Winter League Weeks: 8

| | | | | |
|--------------------|--------|-----------|----|-------|
| RP5700.201 (Co-ed) | Jan 12 | 6:30-11pm | Tu | \$220 |
| RP5700.202 (Men) | Jan 17 | 11am-2pm | Su | \$220 |

18 yrs + Spring League Weeks: 10

| | | | | |
|--------------------|--------|-----------|----|-------|
| RP5700.301 (Co-ed) | Mar 23 | 6:30-11pm | Tu | \$375 |
| RP5700.302 (Co-ed) | Mar 25 | 6:30-11pm | Th | \$375 |
| RP5700.303 (Men) | Mar 26 | 6:30-11pm | F | \$375 |
| RP5700.304 (Men) | Mar 27 | 8am-4pm | Su | \$375 |
| RP5700.305 (Women) | Mar 27 | 4-10pm | Su | \$375 |

Softball

Baseball, Softball & Tee Ball *Page 65*

WE ARE HIRING!

Tennis Instructors

(Head & Assistant Coaches)



Information
www.governmentjobs.com/careers/howardcounty

School's Out with USTA -

TGA Premier Youth Tennis Clinic

The U.S. Tennis Association Mid-Atlantic Section (USTA MAS) proudly presents TGA Premier Youth Tennis One-Day Clinics which offer an unforgettable experience for your child by combining expert instruction, daily matches and exciting activities that keep them active all day. This one-day clinic includes station-based instructions (racquet and rally skills), athletic development, rules & etiquette and character development lessons, discussions on STEM concepts in tennis, fun games, and match play. Program is taught by USTA-trained and background-screened coaches. Bring a tennis racquet; all other equipment is provided. All participants receive prizes. Open to all skill levels, but ideal for beginners. All students receive prizes.

6-11 yrs 9am-4pm Days: 1 \$98

| | | | |
|------------|------------------------|--------|---|
| RP6877.201 | Meadowbrook Ath Comp | Jan 18 | M |
| RP6877.202 | Meadowbrook Ath Comp | Jan 29 | F |
| RP6877.203 | Meadowbrook Ath Comp | Feb 12 | F |
| RP6877.204 | Meadowbrook Ath Comp | Feb 15 | M |
| RP6877.211 | N Laurel Comm Ctr | Jan 18 | M |
| RP6877.212 | N Laurel Comm Ctr | Jan 29 | F |
| RP6877.213 | N Laurel Comm Ctr | Feb 12 | F |
| RP6877.214 | N Laurel Comm Ctr | Feb 15 | M |
| RP6877.221 | Gary J Arthur Comm Ctr | Jan 18 | M |
| RP6877.222 | Gary J Arthur Comm Ctr | Jan 29 | F |
| RP6877.223 | Gary J Arthur Comm Ctr | Feb 12 | F |
| RP6877.224 | Gary J Arthur Comm Ctr | Feb 15 | M |

TGA Premier Youth Tennis with USTA

The US Tennis Association Mid-Atlantic Section (USTA MAS) proudly presents TGA (Teach, Grow, Achieve) Premier Youth Tennis, the first and only national tennis enrichment program in the country. Students develop tennis skills utilizing kid-friendly equipment in a play-to-learn style that gets them rallying and having fun right away. In addition, players learn relevant enrichment skills such as sportsmanship, math, science, technology, history, and more as they advance through our five-level program. Parents receive weekly email updates and progress report at the end. Program is taught by USTA-trained coaches inside a gym. Please bring your own tennis racquet; all other tennis equipment provided. Open to all skill levels, but ideal for beginners. Fee includes a prize, wristband, and student handbook. No class 1/18, 2/15.

6-11 yrs Morning Session Gary J Arthur Comm Ctr Classes: 5, 6, or 7

| | | | | |
|------------|-------|-------------|----|-------|
| RP6881.201 | Jan 4 | 7:45-8:45am | M | \$83 |
| RP6881.202 | Jan 5 | 7:45-8:45am | Tu | \$116 |
| RP6881.203 | Jan 7 | 7:45-8:45am | Th | \$99 |
| RP6881.204 | Jan 8 | 7:45-8:45am | F | \$99 |
| RP6881.205 | Jan 9 | 10-11am | Sa | \$99 |

6-11 yrs Afternoon Session Gary J Arthur Comm Ctr Classes: 6 or 7

| | | | | |
|------------|--------|-------------|----|-------|
| RP6882.201 | Jan 6 | 5:30-6:30pm | W | \$116 |
| RP6882.202 | Jan 10 | 2:15-3:15pm | Su | \$99 |

6-11 yrs Morning Session Kiwanis-Wallas Hall Classes: 6 or 7

| | | | | |
|------------|-------|-------------|----|-------|
| RP6881.211 | Jan 5 | 7:45-8:45am | Tu | \$116 |
| RP6881.212 | Jan 6 | 7:45-8:45am | W | \$116 |
| RP6881.213 | Jan 7 | 7:45-8:45am | Th | \$99 |

6-11 yrs Afternoon Session Cedar Lane Pk Rec Ctr Classes: 5 or 6

| | | | | |
|------------|-------|-------|----|------|
| RP6882.211 | Jan 4 | 5-6pm | M | \$83 |
| RP6882.212 | Jan 5 | 5-6pm | Th | \$99 |

6-11 yrs Afternoon Session Kiwanis-Wallas Hall Classes: 7

| | | | | |
|------------|-------|-------|----|-------|
| RP6882.213 | Jan 5 | 5-6pm | Tu | \$116 |
| RP6882.214 | Jan 6 | 5-6pm | W | \$116 |

6-11 yrs Morning Session N Laurel Comm Ctr Classes: 6 or 7

| | | | | |
|------------|-------|-------------|----|-------|
| RP6881.221 | Jan 5 | 8:05-9:05am | Tu | \$116 |
| RP6881.222 | Jan 6 | 8:05-9:05am | W | \$116 |
| RP6881.223 | Jan 7 | 8:05-9:05am | Th | \$99 |

6-11 yrs Afternoon Session N Laurel Comm Ctr Classes: 6 or 7

| | | | | |
|------------|-------|-------------|----|-------|
| RP6882.221 | Jan 5 | 5:30-6:30pm | Tu | \$116 |
| RP6882.222 | Jan 8 | 4:30-5:30pm | F | \$99 |

6-11 yrs Morning Session Roger Carter Comm Ctr Classes: 5 or 7

| | | | | |
|------------|-------|-------------|----|-------|
| RP6881.231 | Jan 4 | 7:45-8:45am | M | \$83 |
| RP6881.232 | Jan 6 | 7:45-8:45am | W | \$116 |
| RP6881.233 | Jan 7 | 7:45-8:45am | Th | \$83 |

USTA Youth Tennis

The US Tennis Association Mid-Atlantic Section (USTA MAS) offers youth tennis classes that let students develop tennis skills while utilizing kid-friendly equipment in a play-to-learn style that gets them rallying and having fun right away. In addition, players learn relevant enrichment skills such as sportsmanship, math, science, technology, history, and more. Parents receive weekly email updates and all students will receive prizes. Program is taught by USTA-trained coaches inside a gym. Please bring your own tennis racquet; all other tennis equipment provided. Open to all skill levels, but ideal for beginners.

6-11 yrs Morning Session Gary J Arthur Comm Ctr Classes: 4 or 5

| | | | | |
|------------|--------|-------------|----|------|
| RP6881.241 | Mar 1 | 7:45-8:45am | M | \$83 |
| RP6881.242 | Mar 2 | 7:45-8:45am | Tu | \$83 |
| RP6881.243 | Mar 4 | 7:45-8:45am | Th | \$83 |
| RP6881.244 | Mar 5 | 7:45-8:45am | F | \$66 |
| RP6881.245 | Feb 27 | 10-11am | Sa | \$83 |

6-11 yrs Afternoon Session Gary J Arthur Comm Ctr Classes: 5

| | | | | |
|------------|--------|-------------|----|------|
| RP6882.241 | Mar 3 | 5:30-6:30pm | W | \$83 |
| RP6882.242 | Feb 28 | 2:15-3:15pm | Su | \$83 |

6-11 yrs Afternoon Session Cedar Lane Pk Rec Ctr Classes: 5

| | | | | |
|------------|-------|-------|----|------|
| RP6882.251 | Mar 1 | 5-6pm | M | \$83 |
| RP6882.252 | Mar 4 | 5-6pm | Th | \$83 |

6-11 yrs Afternoon Session Kiwanis-Wallas Hall Classes: 5

| | | | | |
|------------|-------|-------|----|------|
| RP6882.253 | Mar 2 | 5-6pm | Tu | \$83 |
| RP6882.254 | Mar 3 | 5-6pm | W | \$83 |

6-11 yrs Morning Session N Laurel Comm Ctr Classes: 4 or 5

| | | | | |
|------------|-------|-------------|----|------|
| RP6881.261 | Mar 2 | 8:05-9:05am | Tu | \$83 |
| RP6881.262 | Mar 3 | 8:05-9:05am | W | \$66 |
| RP6881.263 | Mar 4 | 8:05-9:05am | Th | \$83 |

6-11 yrs Afternoon Session N Laurel Comm Ctr Classes: 4 or 5

| | | | | |
|------------|-------|-------------|----|------|
| RP6882.261 | Mar 2 | 5:30-6:30pm | Tu | \$83 |
| RP6882.262 | Mar 5 | 4:30-5:30pm | F | \$66 |

6-11 yrs Morning Session Roger Carter Comm Ctr Classes: 5 or 7

| | | | | |
|------------|-------|-------------|----|-------|
| RP6881.271 | Mar 1 | 7:45-8:45am | M | \$83 |
| RP6881.272 | Mar 3 | 7:45-8:45am | W | \$116 |
| RP6881.273 | Mar 4 | 7:45-8:45am | Th | \$83 |

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information online at www.howardcountymd.gov/concussion and www.howardcountymd.gov/suddencardiaccrrest.

Your review of this information is required by law before you are allowed to register for youth sports programs.



USTA Middle & High School Tennis Clinics

The US Tennis Association Mid-Atlantic Section (USTA MAS) offers youth tennis classes that let students develop tennis skills utilizing smaller tennis courts and youth-friendly equipment in a play-to-learn style that gets them rallying and having fun right away. In addition, students learn relevant character development and STEM skills such as sportsmanship, respect, math, science, technology, and more. Middle & high school programs include a focus on match play, team competition, and strategies to prep students for their future high school tennis team. Program is taught by USTA-trained and background-screened coaches inside a gym. Please bring your own tennis racquet; all other tennis equipment provided. Open to all skill levels, but ideal for beginners. All students receive prizes.

11-17 yrs Gary J Arthur Comm Ctr Classes: 5, 6, or 7

| | | | | |
|------------|--------|-------------|----|-------|
| RP6876.201 | Jan 5 | 5:30-6:30pm | Tu | \$116 |
| RP6876.202 | Mar 2 | 5:30-6:30pm | Tu | \$83 |
| RP6876.211 | Jan 9 | 8:45-9:45am | Sa | \$99 |
| RP6876.212 | Feb 27 | 8:45-9:45am | Sa | \$83 |
| RP6876.221 | Jan 10 | 1-2pm | Su | \$99 |
| RP6876.222 | Feb 28 | 1-2pm | Su | \$83 |

11-17 yrs N Laurel Comm Ctr Classes: 4, 5, 6, or 7

| | | | | |
|------------|-------|-------------|----|-------|
| RP6876.231 | Jan 5 | 4:15-5:15pm | Tu | \$116 |
| RP6876.232 | Mar 2 | 4:15-5:15pm | Tu | \$83 |
| RP6876.241 | Jan 8 | 3:15-4:15pm | F | \$99 |
| RP6876.242 | Mar 5 | 3:15-4:15pm | F | \$66 |

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information online at www.howardcountymd.gov/concussion and www.howardcountymd.gov/suddencardiaccrrest. Your review of this information is required by law before you are allowed to register for youth sports programs.

Spring Break Tennis

Jr. Development Tennis Spring Break with Shantha Chandra

Develop beginner and intermediate tennis skills. A QuickStart tennis format is used to play games. Enjoy fun competition with players of the same skill level and skill-based match play. Please bring a light snack (no nut products) and filled water bottle.

7-16 yrs Days: 3

RP7012.301 Centennial Pk West Apr 2 9am-noon F, M-Tu \$105

Jr. USA Team Tennis Spring Break Small Group Lessons with Shantha Chandra

Small group lessons for advanced beginners and intermediate players to freshen up on their basic ground strokes, serving, scoring and playing matches.

11-18 yrs Days: 3

RP7015.301 Centennial Pk West Apr 2 12:15-1:45pm F, M-Tu \$54

Virtual Sports

- Info: Will Dunmore, 410-313-1697 or wdunmore@howardcountymd.gov.
- Must complete waiver: <https://igolf72.com/release-of-liability/>

Youth

Intro to Golf

Want to discover if golf is for you? Come to iGolf72 to learn the basics, guided by experienced instructors that focus on helping you learn golf skills, rules, and etiquette utilizing an indoor photorealistic simulator designed to provide visual feedback on all aspects of your game with pinpoint accuracy. This is an introductory course designed for golfers with little to no experience, especially those who have never picked up a club before. Equipment provided, however we encourage participants to bring their own clubs. Participants must wear sneakers or golf shoes.

7-9 yrs Classes: 4 No class 1/18

RP5187.201 iGolf72 Jan 11 6-7pm M \$120

RP5187.205 iGolf72 Mar 1 6-7pm M \$120

10-13 yrs Classes: 4

RP5187.203 iGolf72 Jan 11 7-8pm M \$120

RP5187.207 iGolf72 Mar 1 7-8pm M \$120

Junior Golf League

Calling all junior twosomes! Come compete on famous golf courses in a controlled environment that showcases your natural ability to play the game. iGolf72 delivers an indoor golf experience on premier golf courses from around the world. iGolf72 officials attest all scores posted and answer any rule concerns. League consists of nine hole rounds over four weeks. Players use their own clubs, fee is per individual golfer. You decide a time each week you and your partner can play and schedule it with iGolf72. Maximum of two hours per round.

14-17 yrs Weeks: 4

RP5188.201 iGolf72 Jan 11 \$125 (per golfer)

RP5188.202 iGolf72 Feb 22 \$125 (per golfer)

iGolf72: 9301 Snowden River Pkwy STE B, Columbia

Adult

Adult Golf League

Calling all adult twosomes! Enjoy competing on famous golf courses in a controlled environment that showcases your natural ability to play the game. iGolf72 delivers an indoor golf experience on premier golf courses from around the world. iGolf72 officials attest all scores posted and answer any rule concerns. League consists of nine hole rounds over four weeks. Players use their own clubs. Fee is per individual golfer. You decide a time each week you and your partner can play and schedule it with iGolf72. Maximum of two hours per round.

18 yrs + Weeks: 4

RP5188.211 iGolf72 Jan 11 \$125 (per golfer)

RP5188.212 iGolf72 Feb 22 \$125 (per golfer)

Volleyball

Youth

- Info: Carson Nickell, 410-313-4720
or cjnickell@howardcountymd.gov.

Spring Break Volleyball Academy

Novice to experienced players develop fundamental passing, setting, hitting, blocking and serving skills through a variety of drills and game play. Learn basics of team play, offense and defense.

8-17 yrs Classes: 3 Instruction by Ofer Levy and staff

RP7892.301 Meadowbrook Ath Comp Apr 2 9am-4pm F,M,Tu \$179

Instructional Volleyball

Designed for first-time players and those wanting to improve, this program includes skill development through drills and instruction.

6-7 yrs Beginner Classes: 8

RP5893.201 Roger Carter Comm Ctr Jan 16 1:15-2:15pm Sa \$99

7 yrs Advanced - 9 yrs Beginner Classes: 8

RP5893.202 Roger Carter Comm Ctr Jan 16 2:30-3:30pm Sa \$99

8½ yrs Advanced - 10 yrs Classes: 8

RP5893.203 Roger Carter Comm Ctr Jan 16 3:45-4:45pm Sa \$99

Volleyball Skills Development

This program is perfect for new players who enjoy this exciting sport and want to learn the basics. Develop skills and improve existing ones through lessons that emphasize sportsmanship, skill technique, and fun in a team atmosphere. Learn skills such as passing, hitting, setting and serving.

8-12 yrs Co-Rec Classes: 8

RP5892.201 N Laurel Comm Ctr Jan 11 5:30-7pm M \$130

RP5892.202 Gary J Arthur Comm Ctr Jan 13 5:30-7pm W \$130

RP5892.203 Roger Carter Comm Ctr Jan 14 5:30-7pm Th \$130

8-12 yrs Boys Classes: 8

RP5892.204 Roger Carter Comm Ctr Jan 15 5:30-7pm F \$130

13-16 yrs Co-Rec Classes: 8

RP5892.211 N Laurel Comm Ctr Jan 11 7:30-9pm M \$130

RP5892.212 Gary J Arthur Comm Ctr Jan 13 7:30-9pm W \$130

RP5892.213 Roger Carter Comm Ctr Jan 14 7:30-9pm Th \$130

13-16 yrs Boys Classes: 8

RP5892.214 Roger Carter Comm Ctr Jan 15 7:30-9pm F \$130

Youth Volleyball League

Experience the excitement and gain the skills necessary to enjoy this popular Olympic sport. Our ASEP-Certified Volunteer Coaches provide a quality recreation environment for our players, parents, coaches, and spectators. Weekly practices are between 5-9pm on a weeknight at a Howard County indoor facility. Matches are on Sundays between 10am-4pm at Meadowbrook. Players are placed on teams after a skills evaluation scheduled for 1/10. Details on matches/practices after skills evaluation. YVL is for novice to experienced players. Coach requests are not accepted, please communicate any nights you are unavailable for practice upon registering. Registration deadline is 1/7.

10-12 yrs Co-ed Jan 10 Weeks: 8

RP5891.201 \$149 RP5891.202 (Head Coach's Child) \$30

13-14 yrs Co-ed Jan 10 Weeks: 8

RP5891.211 \$149 RP5891.212 (Head Coach's Child) \$30

15-17 yrs Co-ed Jan 10 Weeks: 8

RP5891.221 \$149 RP5891.222 (Head Coach's Child) \$30

Adult

Co-Rec Volleyball League

The volleyball leagues play 6-on-6, with rosters up to 15 players. Schedule includes eight matches and all teams participate in postseason playoffs. Fee includes schedule, facility, awards, and administration. Teams are required to pay game official fees of \$20 on the court at each match. Register by 1/3. Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

18 yrs + Matches: 8 + playoffs

RP5890.201 Roger Carter Comm Ctr Jan 10 4-10pm Su \$249

Drop-In Co-Rec Volleyball

Join other athletes of all ability levels for volleyball scrimmages. Choose the night and location that best works for you. Games are self-officiated and site staff help form balanced teams. Driver's license required for admission. Some gyms may be cancelled by the third meeting due to insufficient registration or attendance. Want to play more than once per week? Look into purchasing our "Get Active Package" (Page 84). Please note that the locations and start dates below are tentative. Info: Pat McGinnis, 410-313-4716 or pmcginnis@howardcountymd.gov.

18 yrs + Days: 10 No session 1/20, 2/17

RP6901.201 Burleigh Manor MS Jan 4 8-10pm M \$44

RP6901.202 Burleigh Manor MS Jan 7 8-10pm Th \$44

RP6901.203 Forest Ridge ES Jan 6 8-10pm W \$44

RP6901.204 Rockburn ES Jan 5 8-10pm Tu \$44

RP6901.205 Meadowbrook Ath Comp Jan 6 9-11pm W \$44

55+ Co-Rec Volleyball

Join senior men and women of various skill levels for competitive and fun volleyball play. Previous volleyball experience recommended. Prior to registration, we recommend visiting the Meadowbrook Athletic Complex to see if this program is right for you. The program meets twice a week. Fee is based on when you register and is good through the end of the calendar year. Info: Scott A. Ripley, 410-313-7281 or sripley@howardcountymd.gov.

55 yrs + Ongoing

RP5592.201 Meadowbrook Ath Comp Jan 5 10:30am-12:30pm Tu,F \$76

**To register, visit
www.howardcountymd.gov/rap
or call 410-313-7275.**

THERAPEUTIC RECREATION & INCLUSION SERVICES



At this time, we are unable to offer in-person programs due to the ongoing COVID-19 pandemic, but please check our website at www.howardcountymd.gov/Therapeutic-Rec for updates on programs and offerings as circumstances change.

- For information on Howard County Recreation & Parks programming for individuals with disabilities, contact Susan L. Potts, MS, CTRS at spotts@howardcountymd.gov; Anastasia Pyzik, CTRS at 410-313-1671 or apyzik@howardcountymd.gov. For inclusion support services, contact Tori Taylor, CTRS at 410-313-4708 or vtaylor@howardcountymd.gov.

After-School

After-School TRIO

TRIO is a therapeutic-based program offering individuals with developmental disabilities an age-appropriate environment with leisure life skills, community integration, therapeutic swimming, animal-assisted therapy, functional intervention and skills development for transitioning. **Program is not held when schools are closed.** Staff-to-participant ratio is 1:5 for the school and 1:5 for the park. Please note that we do not provide transportation for this program.

| | | | | | | Cedar Lane School | Cedar Lane Pk |
|-----------|-------|-----|-------|-----|------------|-------------------|---------------|
| 13-21 yrs | 2-6pm | M-F | \$420 | Feb | RP2501.212 | | RP2501.222 |
| 13-21 yrs | 2-6pm | M-F | \$420 | Mar | RP2501.213 | | RP2501.223 |

Dances

Teens and adults with developmental disabilities will enjoy virtual dancing, socializing, and music by DJ Chris Andrews.

13 yrs + Online Classes: 1

| | | | | | |
|------------|-------------------|--------|-------------|---|-----|
| RP4301.201 | Let's Go Sailing | Jan 8 | 6:30-9:30pm | F | \$5 |
| RP4301.202 | Sweet Heart Ball | Feb 5 | 6:30-9:30pm | F | \$5 |
| RP4301.203 | St. Patrick's Day | Mar 12 | 6:30-9:30pm | F | \$5 |

Enrichment

Book Club

Join the virtual book club! Participants will read a preselected story or book and participate in facilitated discussion online through the Webex system. Participants may also choose audio book options. Goals include online etiquette, conversation skills, and socializing with peers.

22 yrs + Online Classes: 6

| | | | | |
|------------|--------|--------------|----|------|
| RP4304.201 | Jan 7 | 10:30am-noon | Th | \$30 |
| RP4304.202 | Jan 25 | 7-8:30pm | M | \$30 |

Collectives Club

Join the Collectives Club and be a part of a weekly discussion of various topics of interest. Members join the online discussions that interest them, catch up with old friends and make new friends. Weekly topics are sent out before each meeting. This club has a membership fee of \$20 for three months.

RP4216.201 18 yrs + Online Jan 11 3:30-4:30pm M \$20

Come Travel with Us –

Virtual Travel Program

We can't travel right now, but the world is only a click away! Join us for virtual travel and connect with peers who wish to travel as well. We explore the world with a click of a key. Destinations are waiting for our arrival, come explore the world that awaits us!

22 yrs + Online Classes: 1

| | | | | |
|------------|--------|----------|----|------|
| RP4317.201 | Jan 12 | 7-8:30pm | Tu | \$10 |
| RP4317.202 | Feb 16 | 7-8:30pm | Tu | \$10 |
| RP4317.203 | Mar 23 | 7-8:30pm | Tu | \$10 |

Friday Night Bingo

Friday Night Bingo is themed bingo for adults with intellectual disabilities. This program is held online through Webex or Zoom. Participants are provided bingo cards before each event. Goals include online etiquette, conversation skills, and socializing with peers.

18 yrs + Online Classes: 1

| | | | | |
|------------|--------|----------|---|------|
| RP4315.201 | Jan 15 | 7-8:30pm | F | \$15 |
| RP4315.202 | Feb 19 | 7-8:30pm | F | \$15 |
| RP4315.203 | Mar 19 | 7-8:30pm | F | \$15 |

To register, visit
www.howardcountymd.gov/rap
 or call 410-313-7275.

Get Social Club

Looking to connect and socialize with peers over games? Get Social Club is for you! Join us for weekly games and leisure with peers. This program is held over Webex or Zoom. Focus of the program is social engagement with peers. Participants should be prepared to interact and have some comfort level with using key board and or microphone. Consider participating in an orientation program prior to program.

18 yrs + Online Classes: 4
 RP4308.201 Jan 19 7-8:30pm Tu \$40
 RP4308.202 Feb 23 7-8:30pm Tu \$40

Music Bingo

Join us for evening of Music Bingo with Good Vibration, Inc., where we call out songs instead of numbers! Cards are provided before each event. Compete for prizes! Goals include online etiquette, conversation skills, and socializing with peers.

18 yrs + Online Classes: 1
 RP4315.204 Jan 30 7-8:30pm Sa \$15
 RP4315.205 Mar 5 7-8:30pm F \$15

Pot Luck

Join us for an online potluck as you enjoy scavenger hunts, trivia and bingo! These programs are offered through Webex and provide socialization for individuals that might not be able to get out in the community or who may need to stay at home due to COVID-19. Goals include online etiquette, conversation skills, and socializing with peers.

18 yrs + Online Classes: 1
 RP4307.201 Jan 13 7-8:30pm W \$10
 RP4307.202 Feb 3 7-8:30pm W \$10
 RP4307.203 Mar 10 7-8:30pm W \$10

Supper Club

Come develop dinner conversation skills and table manners. Meets weekly online through Webex to engage peers through facilitated conversation. Designed to develop independence with communication and exposes individuals to the process of ordering independently in a restaurant. Goals include online etiquette, conversation skills for dinner with family and friends, table manners and interactions.

Online Classes: 5
 RP4305.201 22-50 yrs Jan 14 4-5:30pm Th \$65
 RP4305.202 32-50 yrs Feb 25 4-5:30pm Th \$65

V.I.P. (Virtual Interactive Program)

After you've tried our freebie trivia and scavenger hunt programs, join the VIP to get access to more fun, themed trivia and bingo, and more scavenger hunting fun! Your club membership will grant you access to trivia, bingo, scavenger hunts, and more. This club has a membership fee of \$45 for three months.

RP4316.201 18 yrs + Online Jan 8 3:30-4:30pm F \$45



Freebies!

Join us for free program offerings and sample our online experiences.

Disney Trivia

Come test out your Disney knowledge in this fun, themed trivia night! Can you tell the Seven Dwarfs apart? What's your favorite Disney song to sing and dance to? Don't forget to bring your Mickey Mouse ears as we put our Disney knowledge to the test!

RP4307.202 13 yrs + Online Feb 18 7-8pm Th Free

Domesti-Quest - Scavenger Hunt

In this introductory version of Domesti-Quest, participants will seek and find items from around their homes to share with peers in a virtual environment! Compete in two rounds: Race to Find and Best Quest! Goals include online etiquette, conversation skills, and socializing with peers.

RP4307.201 13 yrs + Online Jan 20 7-8pm Sa Free

Domesti-Quest Sensory – Scavenger Hunt

Join us for this special sensory edition of Domesti-Quest. Find items that relate to your five senses and see what your friends find in their homes! A short break activity at intermission will guide the group through several rounds of emotion charades. Practice appropriate online etiquette, use conversation skills, and socialize with peers.

RP4307.202 13 yrs + Online Feb 20 7-8pm Sa Free

Virtual Online Tutorials

These free orientation sessions are for those wanting to participate in our virtual online programs. We walk you through the user controls, chat options, and more. Sessions are offered two times per month and can be requested as well.

RP4300.201 13 yrs + Online Jan 11 3pm M Free
 RP4300.202 13 yrs + Online Jan 25 3pm M Free
 RP4300.203 13 yrs + Online Feb 8 3pm M Free
 RP4300.204 13 yrs + Online Feb 22 3pm M Free
 RP4300.205 13 yrs + Online Mar 8 3pm M Free
 RP4300.206 13 yrs + Online Mar 22 3pm M Free



= Online program



= Program may go online if unable to be held in person

ATHLETIC, COMMUNITY & NATURE CENTERS

- Visit the front desk or call for information about center programs. You can also register in person for any Howard County Recreation & Parks program.
- Children under 16 years old require adult supervision in the facility.
- Those 11-15 years old require adult (over 18 years old) supervision in the facility, except during the after-school TeenZone program. Center membership, Fit4U, or daily drop-in fee required.
- Inclement Weather/Program Status Line: 410-313-4452.

To see more photos of the centers and playgrounds, visit [Pinterest /hocorec](https://www.pinterest.com/hocorec).



- The Fit4U Package allows you to use our three community centers' fitness facilities and RCCC pool.
- No enrollment fees.
- Center membership and amenities included!

Pricing for 13-49 yrs

| Annual | 6 Months | 3 Months | Monthly | Drop-In |
|-------------|------------|------------|-----------|-----------|
| *\$300 (R) | \$180 (R) | \$105 (R) | \$40 (R) | \$5/visit |
| *\$360 (NR) | \$225 (NR) | \$135 (NR) | \$50 (NR) | |

*Annual membership equates to \$25/\$30 per month.

Youth Fit4U (3-12 yrs)

Children enjoy having access to the pool, gymnasium and walking track while accompanied by a chaperone over 18 years old. Chaperone must have a valid membership or pay the drop-in rate.

| Annual | 6 Months | 3 Months | Monthly | Drop-In |
|------------|-----------|-----------|-----------|-----------|
| \$85 (R) | \$55 (R) | \$35 (R) | \$15 (R) | \$5/visit |
| \$105 (NR) | \$70 (NR) | \$45 (NR) | \$20 (NR) | |

Additional Information

- 13-15 year olds at all centers adult supervision is required and you must complete a mandatory fitness orientation to use equipment.
- Discounted rates available for two or more memberships purchased at the same time.

Benefits

- Access to the fitness & dance/aerobics rooms at (non-class) times.
- Use of the gymnasium during open and "drop-in" programs.
- Use of the swimming pool at RCCC during drop-in swim times.
- Access to the game rooms at GJACC and NLCC.
- Discounted center activities and events.

GJACC = Gary J. Arthur Community Center

NLCC = North Laurel Community Center

R = Resident

RCCC = Roger Carter Community Center

NR = Nonresident



Our GO50+ membership packages are designed to enhance the quality of life for the 50+ adult population that lives, works and plays in Howard County.

Live longer, healthier lives... join today!

50+ Centers Membership

Membership includes access to the Gary J. Arthur and N. Laurel Community Centers and all Howard County 50+ Centers.

Amenities: Game Room Areas, Gymnasiums, Walking Tracks, Wellness Programs, and Center drop-in activities

Price: Free

50+ Fitness Membership

Membership includes access to the Gary J. Arthur, N. Laurel and Roger Carter Community Centers and all Howard County 50+ Fitness Centers.

Amenities: All 50+ Center Benefits, Fitness Rooms, Dance/Aerobics Studio (Studio not available at Ellicott City 50+ Center.)

Price: Resident, \$75 per year. Nonresident, \$100 per year.

50+ Pool Membership

Membership includes access to the Gary J. Arthur, N. Laurel and Roger Carter Community Centers (RCCC) and all Howard County 50+ Centers.

Amenities: All 50+ Fitness Benefits, RCCC Pool Access During Drop-in Swim Hours

Price: Resident, \$175 per year. Nonresident, \$225 per year.

Community Center Membership

All patrons entering the facility must have a center membership or pay the daily admission rate (unless they are a participant in a Recreation & Parks permitted program or rental). The center membership gives you access to the three community centers (does not include the fitness room, studio, and pool).

| | |
|----------------------|---------------------------|
| Annual (3 yrs +) | \$25 / \$50 (Nonresident) |
| Card Replacement Fee | \$10 |
| Daily Center Pass | \$5 |

Appointment Required



**SCHEDULE AN
APPOINTMENT**

Gary J. Arthur Community Center
410-313-4840

North Laurel Community Center
410-313-0390

Roger Carter Community Center
410-313-2764

**DROP-IN
FUN**

Due to COVID-19, advertised drop-in times are subject to change. Call the community center's front desk to confirm drop-in dates and times, and to schedule an appointment.



GARY J. ARTHUR COMMUNITY CENTER

2400 Rte 97
Cooksville, MD 21723

Information/
Registration: 410-313-4840

Visit our website for the most
up-to-date hours of operation.
www.howardcountymd.gov/GJACC



ROGER CARTER COMMUNITY CENTER

3000 Milltowne Drive
Ellicott City, MD 21043

Information/Rentals/
Reservations: 410-313-2764

Visit our website for the most
up-to-date hours of operation.
www.howardcountymd.gov/RCCC



NORTH LAUREL COMMUNITY CENTER

9411 Whiskey Bottom Road
Laurel, MD 20723

Information/
Registration: 410-313-0390

Visit our website for the most
up-to-date hours of operation.
www.howardcountymd.gov/NLCC



MEADOWBROOK ATHLETIC COMPLEX

5001 Meadowbrook Lane, Ellicott City, MD 21043

Info: 410-313-1161
Facility Rental: 410-313-1163
Gym Hours: 410-313-4452

Inclement Weather: 410-313-4452
Recorded Info: 410-313-4452

Visit our website for the most up-to-date hours of operation.
www.howardcountymd.gov/MAC

MAC Early Risers Walking Package

For one low, annual fee, you can use the walking track from 7-9am, M-F
Info: Matthew Knoerlein, 410-313-1163. Adults & Youth: \$25

Get Active Package (Adults)

For one low fee, this membership gives you access to designated open gym hours at the Meadowbrook Athletic Complex (MAC) and select school gyms (for adults). January-March: \$59, season; \$25, month.



Kiwanis-Wallas HALL

3300 Norbert's Way, Ellicott City, MD 21042
Info: 410-313-2636 Reservations: 410-313-2637

Visit our website for the most up-to-date hours of operation.
www.howardcountymd.gov/KiwanisWallasHall

Perfect for meetings, trainings and larger events with a banquet capacity of 200 people. Room dividers can partition the facility into three areas.



Robinson NATURE CENTER

JAMES & ANNE

6692 Cedar Lane, Columbia, MD 21044
Info: 410-313-0400
Facility Rental: 410-313-0400

Visit our website for the most up-to-date hours of operation.
www.howardcountymd.gov/RobinsonNatureCenter

Daily General Admission

Adults: \$5 (\$2 during COVID-19 restrictions)
Children (3-17 yrs): \$3 (\$2 during COVID-19 restrictions)
Children (under 3 yrs): Free

Annual and Lifetime Passes

Annual and lifetime pass holders are entitled to complimentary general admission to the nature center, use of its trails, 10% discount in the gift shop, and discounted admission to certain programs. Annual passes expire one year from the date of purchase.

| | |
|---------------------------------|----------------------------|
| Senior (50 yrs +): | \$20 / \$40 (Nonresident) |
| Student (with valid school ID): | \$20 / \$40 (Nonresident) |
| Individual: | \$25 / \$50 (Nonresident) |
| Family: | \$50 / \$100 (Nonresident) |

(Family pass includes members of the immediate household.)

Friends of Robinson Nature Center Memberships

Includes an annual pass to the nature center as well as friends-only benefits. Patron, Supporter, Sustainer and Lifetime passes include some complimentary NatureSphere tickets and guest passes. Please call 410-313-0400 for details.

| | | | |
|------------|-------|------------|---------|
| Patron: | \$175 | Supporter: | \$250 |
| Sustainer: | \$500 | Lifetime: | \$1,000 |

Field Trips & Robinson on the Road Outreach Programs

We offer year-round virtual and in-person field trip programming for all ages as well as outreach programming. Programs may be booked Wednesday-Sunday during our hours of operation. Please see www.howardcountymd.gov/RNC/education for details on booking programs.

Rentals

Robinson has two classroom spaces, an auditorium, an outdoor patio space and the NatureSphere planetarium for birthday parties, meetings and special events. Wedding packages are available. Applicants must be at least 21.



Celebrate your Birthday with Howard County!

Birthday magic is created when you celebrate at a Howard County facility or pavilion. Great locations! Unforgettable fun!

| | |
|--------------------------------------|--------------|
| Adventure & Outdoors..... | 410-313-1754 |
| Gary J. Arthur Community Center..... | 410-313-4840 |
| Heritage Programs..... | 410-313-1945 |
| Meadowbrook Athletic Complex..... | 410-313-1163 |
| North Laurel Community Center..... | 410-313-0390 |
| Pavilions in the Parks..... | 410-313-4682 |
| Robinson Nature Center..... | 410-313-0400 |
| Roger Carter Community Center..... | 410-313-2764 |

General Information

Program information provided in this Guide is tentative. Consult www.howardcountymd.gov/rap for the most up-to-date information.

Registration

Program fees are established by determining the cost of supplies; fees for instructors, rentals, registrations and program administration; and the price of marketing in order to deliver high quality programs at an affordable price. See our "Ways to Register" section on page 2.

*Waiver: In consideration of my (and/or my child's) participation in this activity, I hereby release and discharge the Organization, and its representatives, successors, and assigns, from any and all liability arising from accident, injury, and illness that I (he/she) may suffer as a result of my (our) participation in this activity. I (we) also will follow the rules and regulations set by the Organization and above-named parties. Parent or guardian must sign for anyone age 18 and under. I do hereby grant and give these groups the right to use my or my child(s) photograph or image in conjunction with other persons or objects and presentations, advertising, publicity, and promotion relating thereto.

We reserve the right to cancel or postpone any program or activity due to inclement weather or low enrollment. A service fee will be imposed for all returned checks and could result in refusal of future participation. A service fee will be applied to all refunds and withdrawals with the exception of those due to program cancellation or medical/illness. There are no refunds for missed sessions. At a minimum, a 20% administrative fee applies to refund requests; additional fees may be deducted. At least two weeks advance notice is required to avoid additional charges. Summer Camps have a different refund policy and can be found in the current year brochure. See brochure or website for details about all refunds and policies.

Participation

Only individuals who are registered may participate. Where age or grade restrictions apply, "age" usually refers to the age of the participant at the start of the program and "grade" to current grade. If any other standards apply, they will be noted in the Guide. We reserve the right to question grade or age and may request a birth certificate or other proof of eligibility.

For many programs, registrants or parents/legal guardians of minor registrants will be required to provide a signed Participant Information form at the first meeting. The purpose of this form is to ensure that participants willingly share responsibility for their own safety. All activities contain certain inherent risks that each participant assumes. Due to the strenuous nature of some activities, each participant is urged to consult his or her physician concerning his or her fitness to participate. Please note that many programs will require confirmation that immunizations are current.

A parent or legal guardian must accompany a child each day for both check-in and pick-up. It is your responsibility to sign your child in at the beginning of the program and sign your child out immediately following the program. Staff is not responsible for your child before or after scheduled activities. A fee may be assessed if your child is not picked up at the close of the program.

Children must remain with the program for the full period scheduled. To leave before a day's program is complete, a child must have written parental consent or the parent/legal guardian must pick the child up after notifying the program director. No refunds will be issued for time missed for this or from dismissals resulting from disciplinary action.

In determining whether child is ready to participate in these activities, **please be aware that our staff does not change diapers.**

Filled Programs

Space is limited in most activities — early registration is advised. If a program is filled when we receive your registration, we will contact you; you may then cancel your application at no charge, select an alternate program or place your name on a waiting list. There is no fee to be placed on a waiting list.

Canceled Programs

We don't like to cancel programs, but each one must meet its minimum enrollment. Don't be disappointed — register early and bring a friend! An activity may also be canceled due to circumstances beyond our control, such as the unavailability of an instructor or location. If a program is canceled, registrants will be contacted immediately and a full refund credited.

Financial Assistance

The Howard County Department of Recreation & Parks can provide limited financial assistance to Howard County residents who qualify. In addition to a completed application, you must provide one of the following:

- Verification of qualifying household income with your 2019 Federal Tax Transcript and
- Any proof of assistance from the Department of Social Services.

Funds are limited and a deposit of 25% of the program fee is required at least one month prior to start date with the application/registration form. Call 410-313-4659 for additional information and guidelines.

Make a Donation

You can make a tax-deductible contribution to our Financial Aid Fund by www.howardcountymd.gov or call 410-313-4683. You may also donate through our online registration site (click on "donation" button).

Refunds

We recognize that you may wish to withdraw for a variety of reasons, but our policy encourages early decisions so as to not affect other customers or our ability to efficiently deliver the programs. At a minimum, all refund requests are subject to a 20% administrative fee. Additional fees may be assessed to recover costs associated with the program. Class programs require at least two weeks advance notice of withdraw to avoid the additional fees. Trip refunds may reflect pre-paid admissions; but the option to transfer your ticket may be considered. Competitive sport program time frame for refunds reflects planning time and team selections; check refund details on website. There are no refunds for missed sessions.

Inclement Weather & Program Status Information

Check with your instructor about exceptions to the following circumstances and make-up dates for canceled sessions.

- If it rains, only some outdoor classes will be canceled.
- When it appears that lightning is a potential threat to participants, scheduled outdoor activities or activities in progress may be canceled.
- If it snows on a weekday and the snow emergency plan is in effect in Howard County, scheduled programs will be canceled. Drop-in programs at Recreation & Parks facilities may run, call the facility inclement weather number, 410-313-4452.
- If it snows on a weekend and the snow emergency plan is in effect at 7am, programs held in public schools for that day will be canceled. If a snow emergency is declared after 7am, programs in schools in progress may be completed but those later in the day will be canceled.

- If schools are closed or dismissed early due to inclement weather, programs in schools will not be held.

Inclement Weather/Program Status Lines

| | |
|---|--------------|
| Programs (Events, Trips, Selected Sports, Adventure & Outdoor, Child Care & Therapeutic Rec) | 410-313-4451 |
| Gary J Arthur Comm Ctr, Meadowbrook Ath Comp, N Laurel Comm Ctr, Robinson Nature Ctr & Roger Carter Comm Ctr | 410-313-4452 |
| Belmont Manor & Historic Park | 410-313-0200 |
| All School Fields | 410-313-6827 |
| Alpha Ridge, Western Regional | 410-313-4372 |
| Blandair | 410-313-3673 |
| Cedar Lane | 410-313-4453 |
| Centennial | 410-313-4454 |
| Cypressmede & Hollifield | 410-313-4457 |
| Dayton Oaks Parks & Schooley Mill | 410-313-4458 |
| Dickinson, Hammond, Hawthorn, Heritage Programs | 410-313-0421 |
| Huntington & Martin Road | 410-313-4459 |
| East Columbia Library, Guilford | |
| Savage & N Laurel Fields | 410-313-4456 |
| Howard County Center for the Arts, Hollifield Station, Rockburn Branch & Skills Park, Troy, Waterloo & Worthington Dog Park | 410-313-4455 |
| Meadowbrook | 410-313-2727 |

Snack Policy

Many of our children's activities request that you supply a snack or lunch. Due to health concerns, nut products are not served or permitted.

Rules of Conduct

The following rules must be observed while participating in Recreation & Parks programs. Specific rules may be added for individual programs and needs.

- All tobacco products are prohibited in buildings, school property or County parks
- No food or beverages in unauthorized areas; glass containers are prohibited.
- No soliciting or loitering
- No interference with employee or volunteer duties
- No harassment, bullying, or inappropriate or indecent conduct, language, or clothing
- No unauthorized use of alcohol, drugs, intoxicants or weapons
- No parking in unauthorized areas or driving/parking on field areas
- No alteration or installation of equipment (such as basketball hoops, fences or lining)
- No defacing of property (indoors or outdoors)
- No conduct that may jeopardize the safety of others.

Accommodations for People with Disabilities

The Department of Recreation & Parks is a recognized leader in opportunities for individuals with disabilities and is pleased to comply with Americans with Disabilities Act (ADA) regulations.

Individuals with disabilities are encouraged to register for general recreation programs. With your registration, please include information

regarding your disability and any accommodations needed. We will make every effort to provide reasonable accommodations on an individual basis. Interpretive services are available for people who are deaf, hard of hearing or have speech disabilities. These and other accommodations can be provided to Howard County residents at no additional cost. To ensure the best experience for all participants, we need your accommodation request along with your registration a minimum of two weeks in advance of the first program date.

For transportation, contact HT Ride Paratransit Certification at 1-800-270-9553. For more information, contact Therapeutic Recreation Manager Susan Potts at 410-313-4628 or spotts@howardcountymd.gov.

Other Policies

Additionally, the Department reserves the right to

- Cancel a program for any reasonable cause;
- Deny registration or entry into a program when it deems necessary to assure public safety;
- Suspend a child from a program with no refund, after notifying a parent of disciplinary problems;
- Photograph programs, participants and volunteers for publicity purposes; and/or
- Adjust any program details printed in this brochure including fees, locations, instructors, times, days and starting dates.

Public Meetings

For information about Howard County Recreation & Parks Advisory Board meetings, call 410-313-4640. Your comments are welcome at these sessions. Park Board members are Sylvia Ramsey (Chair), Edward Coleman (Vice Chair), A. Raul Delerme (Recording Secretary), Mavis Ellis (Board of Education Designee), Thomas M. Franklin, David Grabowski, Eduardo Marin (Student Member).

Full-time, Part-time, Contingent and Contractor Employment

For an up-to-date listing of jobs within the Department and County, visit www.howardcountymd.gov and scroll to bottom of page and click on "Careers."

The Department of Recreation & Parks also needs dynamic leaders to develop and instruct programs such as art, crafts, cooking, dance, drama, language, music, science, sports or just plain fun! Do you have an interesting idea for a course or other program that could be offered to Howard County residents through the Recreation & Parks Department? We'd like to hear about it. For an informational letter, application and proposal form, visit www.howardcountymd.gov/rap and click on "Forms and Publications" or call 410-313-4639.

Volunteering

Volunteer opportunities are available in several areas including preschool and youth programs, sports, senior adult programs, natural resources, outdoor recreation and special events. If you'd like to share your time and talent, visit www.HoCoVolunteer.org to view opportunities and register.

Sponsorships

There are many opportunities to become involved in the activities of Howard County Recreation & Parks through sponsorships and advertising. Please call Anna Hunter for more information at 410-313-4686.



Howard County

RECREATION & PARKS

Registration Form

Voice/Relay: 410-313-7275
www.howardcountymd.gov/rap

Fax: 410-313-4658

7120 Oakland Mills Road, Columbia, Maryland 21046

RP _____ . _____

| | | | |
|---------------------------------|---------------|---|---------------|
| Course Number | Program Title | Participant Name | |
| | | <input type="checkbox"/> Male <input type="checkbox"/> Female | / / |
| Address if Different From Payer | | | Date of Birth |

RP _____ . _____

| | | | |
|---------------------------------|---------------|---|---------------|
| Course Number | Program Title | Participant Name | |
| | | <input type="checkbox"/> Male <input type="checkbox"/> Female | / / |
| Address if Different From Payer | | | Date of Birth |

RP _____ . _____

| | | | |
|---------------------------------|---------------|---|---------------|
| Course Number | Program Title | Participant Name | |
| | | <input type="checkbox"/> Male <input type="checkbox"/> Female | / / |
| Address if Different From Payer | | | Date of Birth |

PAYMENT OPTIONS

Cash/Check Cash \$ _____ Check # _____ \$ _____

Make checks payable to **Director of Finance; Howard County**
Mail to: Howard County Recreation & Parks, Attn: Registration
7120 Oakland Mills Road, Columbia, MD 21046

Credit Card AMERICAN EXPRESS DISCOVER NETWORK MasterCard VISA

Card #: _____ Exp. Date: _____ CVC Code: _____

Account Holder Signature Date _____

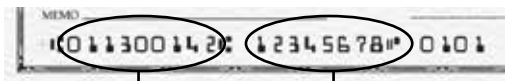
Account Holder Name (Print) _____

Electronic Check Payment Checking Savings

Routing # _____ Account # _____

Account Holder Signature Date _____

Account Holder Name (Print) _____



Routing Number Account Number

I would like to contribute \$ to the HCRP Financial Aid Fund.

| | | | |
|----------------------|---------------|---|-----|
| | | <input type="checkbox"/> Male <input type="checkbox"/> Female | / / |
| Name of Payer | Date of Birth | Home Phone | |
| Home Address: Street | Work Phone 1 | Cell Phone | |
| City/State/Zip | Email Address | | |

Completing the registration process today includes an understanding that you agree to all waivers and policies of Howard County Recreation & Parks. These waivers and policies can be found in our seasonal guides, online at www.howardcountymd.gov/recandparksforms and on the bottom of your receipt. If you are unable to review this in our activity guide or online, our registration office can provide you written copies upon request.

Does the participant have a disability or any special accommodation request that we need to know about?
If yes, please explain. _____

Does the participant have an allergy that we need to know about?
If yes, please explain. _____

Signature/Date _____

ENCORE PROGRAMS



Reignite the excitement of years past and explore the great new offerings for active adults ages 55 +.

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- Fitness & Wellness
- Trips & Tours
- Dance
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or call 410-313-4700.



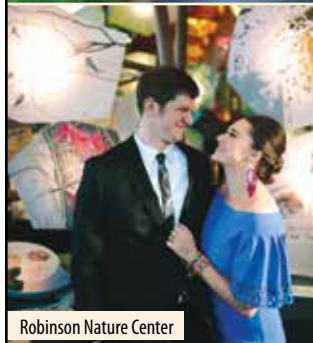
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Annual

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December 5, 10am-5pm

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- Join us live on December 5 to speak through video chat with the crafters as you shop and place orders!

**Information: 410-313-4840 or
www.howardcountymd.gov/HolidayMart**



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