

I see the positive in myself and my students every day.

Day: 2

Theme: Seeing and Speaking Positivity

Book: The Word Collector

Purpose: To focus on the positive (I see in myself and my students) and to use positive words; which will increase self-esteem, social/emotional skills, positive behaviors and over all well-being.

Activity:

1. Read the book The Word Collector.
2. Ask each child what their favorite word is.
3. Turn back to the page about *powerful words*. Explain what powerful words are- they are good, positive, kind and helpful words.
4. Share with the class that they will be word collectors now too and that you will be handing out Powerful Word Cards (copies will need to be made).
5. Throughout the day watch the children and look for the positive. When you see a child make a positive choice give him/her a card. Read the card and have the child repeat it.
6. Let the child write their name on the card and post it in the classroom. Make sure to give each child a card throughout the day.
7. Continue to look for the positive in your students and use powerful words with them every day!
8. Bonus activity for the teachers: Don't forget to name the positive in yourself as well! Write out 3 positive statements about yourself. This could be something you like about yourself, something you are doing well, something that you are proud of yourself for, a way you are growing, etc.

Hello parents,

Today we talked about words. We read the book, **The Word Collector**

(Watch it here: <https://www.youtube.com/watch?v=gmqTgDoWOC8>)

We shared our favorite words and talked about powerful words. Powerful words are positive words; they are kind and helpful. We can say powerful words to others and ourselves.

Some powerful words are....

Thank you for...

I love spending time with you.

You are important.

I'm sorry.

You are/I am _____ (kind, funny, helpful, a good friend, awesome!)

We practiced using powerful words in our class and the kids became word collectors (look in our classroom to see all the powerful words they have collected)! We would love for you to continue teaching about and using powerful words at home too. Tonight, we encourage you to look for times when your child makes a positive choice and to respond with powerful words. Taking the time to speak such words to our children has an immense effect on self-esteem, social/emotional skills, behavior and overall wellbeing. Give it a try and see what happens!

We look forward to partnering with you.