



JAN • FEB • MAR • APR 2016

## Have You Met Your 2016 Training Requirements?

The Maryland State Department of Education-Office of Child Care adopted new regulations in 2015 which require child care providers to complete four new trainings.

### What are the new training requirements and who is required to take them?

Some of the regulated trainings are proposed regulations that have not taken effect yet, but we recommend you plan ahead and include all of the following workshops in your professional development plan. The table below outlines the upcoming training requirements. If you have any further questions regarding your training requirements, please contact Joan Johnson at [jmjohnson@howardcountymd.gov](mailto:jmjohnson@howardcountymd.gov).

### Message from MSDE- training regulations

MSDE has “communicated to all licensing offices that providers who register for a class offered after January 1, 2016 can submit their proof of registration and maintain compliance with this new regulation. Please note, **registration must occur prior to December 31 in order to be compliant.**”

### What does this mean for me?

Providers who still need the ADA, Medication Administration, and Breastfeeding courses can register for a class offered after January 1, 2016, but must submit their proof of workshop registration to the Office of Child Care in order to be considered in compliance with this new regulation. **Registration for the courses required by January 1, 2016 must occur prior to December 31 in order to comply with this regulation.** If you register after January 1, you will be considered out of compliance.

The Office of Children’s Services has been working diligently to meet your training needs. However, due to the large number of child care providers required to take these workshops, our classes scheduled for the remainder of 2015 are completely full. Please check the enclosed training calendar for new sessions of the required trainings. We are offering multiple sessions of the required workshops in January and February 2016 to meet the training demand. Please register online for a 10% discount at [www.howardcountymd.gov/training](http://www.howardcountymd.gov/training) or call 410-313-1442 for assistance.

<p><b><u>Including All Children and the Americans with Disabilities Act</u></b>            Deadline: January 1, 2016            Who: Directors, Lead Teachers, Assistant Teachers, &amp; Family Providers</p>	<p><b><u>Medication Administration</u></b>            Deadline: January 1, 2016            Who: Family Providers            (Previous regulation for centers is unchanged.)</p>
<p><b><u>Supporting Breastfeeding in Child Care</u></b>            Deadline: January 1, 2016            Who: Directors, Infant/Toddler Staff, &amp; Family Providers</p>	<p><b><u>On Track: All Aboard for Developmental Progress</u></b>            (Dev. Screening training)            Deadline: July 1, 2017            Who: Directors, Lead Teachers, &amp; Family Providers unless serving school-age only            Updated regulation information on page 3</p>

# From the Howard County Child Care Resource Center

Dear Early Care and Education Professionals,

As we begin a new year, the training department at the Office of Children Services would like to thank all of you for your patience and understanding as we have worked this past year to meet your training needs. We have added many sections of workshops and worked hard to get our Jan-Apr calendar online early so we could assist as many people as possible in obtaining the upcoming required trainings.

We are offering new workshops to assist you in your work with children and families. Take some time to check out our new trainers and workshops being offered this Winter/Spring Training Calendar. Please let us know if there is a topic of interest you would like to see offered in the next training calendar. In addition to our training calendar, we will be offering a Director's Conference this Spring and a larger conference for all early childhood educators this Fall; you can read more about these events on page 8.

Finally, we want to remind everyone that you can register online at [www.howardcountymd.gov/training](http://www.howardcountymd.gov/training) and receive a 10% discount off of the cost of your registration fee. You can also use credentialing reimbursement to pay for your workshops and we accept training vouchers for our Fall conference. If you do need to register over the phone, we are always available during regular business hours to provide assistance and look forward to speaking to you.

Thank you for all you do,

**Nikki Pierre**

Training Coordinator

Howard County Office of Children's Services

[npierre@howardcountymd.gov](mailto:npierre@howardcountymd.gov)

410-313-1923 (voice/relay)

## 2016 Parent's Guide to Howard County

The new 2016 Howard County Parent's Guide will be available in late January. The guide contains resources for parents and early care and education professionals. To request a guide for yourself or the parents in your program, contact [children@howardcountymd.gov](mailto:children@howardcountymd.gov) or 410-313-1940 (voice/ relay).

# Howard County Office of Children's Services Hours

## RESOURCE ROOM HOURS

Mon.-Fri., 8 AM-4:45 PM

## CLOSED ON FOLLOWING MONDAYS

January 11

February 8

March 14

April 11

## OFFICE HOLIDAY CLOSURES

### 2015

Christmas- December 25

### 2016

New Year's Day- January 1

Martin Luther King's Birthday- January 18

President's Day- February 15

Good Friday- March 25



Department of

CITIZEN SERVICES

OFFICE OF CHILDREN'S SERVICES

The *Nest and Training Calendar* is published three times a year by the Howard County Office of Children's Services.

To contact us, or to join our email subscriber list, email [children@howardcountymd.gov](mailto:children@howardcountymd.gov)

[www.howardcountymd.gov/children](http://www.howardcountymd.gov/children)

Visit us online for information on programs and services; to sign up for classes & workshops; and for updates on training classes, parent workshops and events.

Howard County Office of Children's Services

3300 North Ridge Road, Suite 380

Ellicott City, MD 21043

410-313-1940 (VOICE/RELAY)

## RESOURCE ROOM HOURS

MONDAY thru FRIDAY, 8:00 AM – 4:45 PM

Find us  [www.facebook.com/HoCoCitizen](https://www.facebook.com/HoCoCitizen)

This information is available in alternate formats upon request.

**PLEASE FEEL FREE TO SHARE THIS PUBLICATION**

# Developmental Screening Regulation Updates

MSDE has delayed the proposed developmental screening regulation until July of 2017. This change will enable more providers to take the required training prior to the regulation taking effect. It will also help the Division of Special Education to better plan for a potential increase in referrals and services. The online training will remain free through December of 2016. After that time providers can use training reimbursement to help pay for training. Face to face training is also available and providers may also use training reimbursement toward that cost.

## Don't wait until the last minute; act now to get your free screening tool!

To allow providers more time to select their free developmental screening tool, MSDE has extended the deadline to choose a free tool until January 15, 2016 at the following web address:

<https://ece.thinkport.org/devscreeningtool/form/index.php>

Programs will need their license or registration number to apply for their free tool. Family providers should omit the two digit code and hyphen preceding their registration number. Once selected, **orders cannot be changed, so carefully confirm your choice.**

### When selecting your developmental screening tool remember to consider the following factors:

- Ages: What age groups do I serve and what screening tools are made for those ages?
- Time: How much time does it take to use this screening tool? Is it practical in my program?
- Training: Is there training required to use this screening tool? How much training is required? What type of training is recommended?
- Languages: Is the screening tool available in different languages to fit the needs of the families I serve?
- Culture: Is it culturally appropriate?
- Cost: What is the ongoing cost to use this tool?

If you need more information regarding the individual screening tools, please contact Joan Johnson at 410 313-1432 or [jmjohnson@howardcountymd.gov](mailto:jmjohnson@howardcountymd.gov).



# QUICK REFERENCE GUIDE TO SERVICES

## Local Resource Numbers (voice/relay)

Howard County Office of Children's Services  
410-313-1940

Child Care Food Program  
410-767-0214

Locate: Child Care Line (for parents)  
877-261-0060

Locate: Child Care Line (for providers)  
866-752-1614

Child Protective Services  
410-872-4203

Early Intervention Services  
410-313-7017

The Family Institute  
410-313-1440

Howard County Family Child Care Association  
301-776-4841

Howard County Health Department  
410-313-6300

Howard County Office of Child Care  
410-750-8771

MSDE Credentialing- XEROX Phone Line  
866-243-8796  
[ccccredential@xerox.com](mailto:ccccredential@xerox.com)

Maryland Children's Health Program  
410-313-7500

Maryland Poison Center  
800-222-1222

Subsidy Payment Questions  
866-243-8796  
[mdccsppinvoices@xerox.com](mailto:mdccsppinvoices@xerox.com)

The CARE Center  
410-313-CARE (2273)

# Community Events & Resources

## Celebrating Successes for Children

The Howard County Office of Children's Services' annual awards program recognizes people who work with children in Howard County. This event will take place on Wednesday, April 27, 2016 at Ten Oaks Ballroom. Consider nominating someone you know – a teacher, child care provider, volunteer, camp counselor, coach, Scout leader, etc. Nominations begin online in early February. Visit our website [www.howardcountymd.gov/children](http://www.howardcountymd.gov/children) and click on the "Nominate" link to make your nomination.

## Did you know... Howard County Library System lends Children's Music?

From lullabies to songs for the whole family or classroom, HCLS's extensive collection of children's CDs has you covered. Music can enhance the development of motor skills, language acquisition, reading readiness, and math concepts as well as nurture the imaginative process and encourage creative problem solving (Hap Palmer). Integrating music in the classroom presents a different way to create a sensory rich environment and help children effectively learn new concepts and skills.

Can't get to the library? Take a look at our streaming music content on Hoopla and Freegal; there are plenty of choices, from Disney to Classical.

Questions? Need assistance getting started? Contact the Children's Department at your local branch. They would love to share the music they use in their classes! Find your local library at <http://hclibrary.org/locations/>



**Launch Into Learning**  
TALK • PLAY • SING • READ • EXPLORE  
An early learning initiative supported by the Howard County Early Childhood Advisory Council



[www.howardcountymd.gov/launchintolearning/](http://www.howardcountymd.gov/launchintolearning/)

## 2016 Children's Discovery Fair: Making Stories Come Alive

Join us on Saturday, April 9, 2016 at the 13th Annual Children's Discovery Fair: Making Stories Come Alive. This free event for preschoolers, parents and caregivers will take place from 10:00 a.m. – 1:00 p.m. at East Columbia Branch Library. Sponsored by the Howard County Early Childhood Advisory Council, the event celebrates the Month of the Young Child and offers fun, hands-on school readiness activities for children ages 3-5. While children enjoy playing games, crafting, dancing and having fun, their parents will learn how their activity promotes school readiness as well as learn about community resources.



This year's theme, Language and Literacy for Preschoolers, was chosen because countywide school readiness data shows that improvement is needed in these learning domains. Children participating in the Discovery Fair will have an opportunity to practice new skills, learn new vocabulary words, read new books, and much more. Early care and education professionals are welcome to come and learn new ways to promote language and literacy activities in their programs.

Last year's Discovery Fair attracted more than 500 parents and children! We hope you will bring your own children, grandchildren, friends, and neighbors and join us to learn while having fun. Be sure to tell the parents in your program about this free opportunity.

For more information and to request flyers to distribute, email [children@howardcountymd.gov](mailto:children@howardcountymd.gov) or call 410-313-1940 or 410-313-7783.

# Road To Kindergarten Workshops for Parents

The Howard County Public School System's Office of Early Childhood Programs, in partnership with The Howard County Transition to Kindergarten Workgroup, is pleased to present "The Road to Kindergarten," an informational opportunity to support families of children headed to Kindergarten. The purpose of the sessions is to make the process of entering school less stressful for all involved. Families of children turning five by September 1 are invited to come with questions and concerns pertaining to the Kindergarten transition.

Information sessions will be held at several different locations throughout the county. Each regional session will present necessary information pertaining to the Kindergarten year, such as the registration process, school readiness, Kindergarten expectations, and curriculum. Child Care providers are encouraged to attend in order to learn useful information that will help them assist their families.

## 2016 PRESENTATION DATES FROM 6:30-7:30 PM

Tues., Jan. 12 at Oakland Mills High School

Thurs., Jan. 21 at Atholton High School

Tues., Jan. 26 at Hammond High School

Mon., Feb. 1 at Howard High School

Snow Date – Wed., Feb. 3 at Centennial High School

Child care is provided at each session for children ages 2 and older. Please allow at least 15 minutes extra for child care sign in.



### Inclement Weather

If Howard County public schools are closed for inclement weather, the session is canceled.



## The Family Institute

A PARENT EDUCATION PROGRAM • Howard County Office of Children's Services

The Family Institute offers Informational Sessions, Training Workshops and Resources for Parents on Child Development, Positive Discipline and Adolescent Issues

Families have many questions about how to best raise their children. Drop off and pick up is such a short time to share all of your knowledge. Another way for parents to learn information is to attend one of the many workshops available through the Family Institute. With topics such as nutrition, discipline, school readiness and adolescent issues, many parental concerns are addressed.

### How can you use the Family Institute?

- Host your own family information night by scheduling a training at your location
- Refer to the Family Institute workshop calendar with parents during conferences
- Share the Family Institute Workshop Calendar with your families as a community resource
- Post upcoming workshops in common areas or include in your newsletter to keep families informed
- Encourage families to attend together and grow your engaged and educated community

For additional information, contact Lisa Rhodes at [lrhodes@howardcountymd.gov](mailto:lrhodes@howardcountymd.gov) or call 410-313-1440.

**Visit the Family Institute for the current workshop schedule at  
[www.howardcountymd.gov/familyinstitute](http://www.howardcountymd.gov/familyinstitute)**

# Resources for Early Childhood Professionals

## 2016 CALENDAR KEEPERS

The Redleaf Calendar-Keeper 2016 is an all-in-one calendar and expense/income tracker that includes monthly attendance charts, payment logs, food program tallies, and a tax worksheet that corresponds to particular lines on key tax forms. Using this record-keeping system should make tax time easier, since all of your business-related records are organized in one place. For ordering information, contact Redleaf Press at <http://www.redleafpress.org/> or call 800-423-8390. It is also available at [www.amazon.com](http://www.amazon.com).

## HOWARD COUNTY FAMILY CHILD CARE ASSOCIATION ANNOUNCEMENTS

HCFCCA would like to invite providers to join the association. HCFCCA was established in 1981 to foster professional, quality, registered child care by providing education, support and outreach to providers, families and our local community. We would love for you to join us. We are offering the following classes from January - April 2016.

Thurs., Jan. 7 – Communication Skills

Thurs., Feb. 4 – Introduction to Environmental Rating Scales (ERS)

Thurs., March 3 – Conflict Resolution Strategies

Thurs., April 7 – Family and Community Partnerships

We meet at Howard Community College in the Kittleman Room of Duncan Hall on the Main Campus in Columbia at 6:30 p.m. Please arrive at least 15 minutes prior to the start of the meeting to sign in and fill out an application to join our association. Our fees are \$55.00 per year and include 10 trainings, monthly newsletters, mentoring/networking opportunities, website and parent message line, notary, and much more. Come see what we are all about.

**For more information please check us out on the web at [www.hcfcca.com](http://www.hcfcca.com) and like us on Facebook!**

## Want to go back to College for Free?

Interested in pursuing a college degree in the Early Childhood field? Howard Community College is pleased to announce that the Child Care Career and Professional Development Fund (CCCPDF) is now accepting applications for the March 1, 2016 deadline. The CCCPDF funds the tuition, fees, and books for students pursuing either an AAS in Early Childhood Development (2 year degree) or an AAT in Early Childhood Education (which allows you to transfer to a 4 year program).



To be eligible, applicants must have at least one year licensed child care experience, work 10 hours/week minimum, hold a level 2 or higher MSDE Credential Certificate, and be willing to complete a service payback after their degree is completed.

HCC will hold CCCPDF information sessions on Wed., Jan. 6, 2016 in Room N236 at Howard Community College from 7 to 8 p.m. For more information or to RSVP, please contact Mimi Heimsoth at [mheimsoth@howardcc.edu](mailto:mheimsoth@howardcc.edu).

## MARYLAND EXCELS

Participation in Maryland EXCELS continues to increase in Howard County. Support group sessions are held by Rena Dubensky and Joan Johnson. During these sessions, we work one-on-one or in small groups identifying, producing, and uploading documentation necessary to meet the requirements of your EXCELS level. You are welcome to join us for one or more of the following sessions.

**Saturday meetings are from 8:30-10:30 AM  
Jan. 9, Feb. 20, April 16, and June 11**

**Weeknight meetings are from 6:30-8:30 PM  
Thurs., March 17 and Mon., May 16**

For more information contact Joan Johnson at 410-313-1432 or [jmjohnson@howardcountymd.gov](mailto:jmjohnson@howardcountymd.gov).

## NEW REGULATIONS AVAILABLE ONLINE

MSDE is in the process of publishing several new regulations. Updated COMAR regulations can be accessed at: [http://marylandpublicschools.org/MSDE/divisions/child\\_care/regulat.html](http://marylandpublicschools.org/MSDE/divisions/child_care/regulat.html)

# Important MSDE Updates - Credentialing and Child Care Subsidy

## MARYLAND CHILD CARE CREDENTIAL PROGRAM UPDATES

In early November, Xerox was awarded the contract to process credential applications. The applications will be processed in date order beginning from the oldest and continuing to the most recent. In addition to processing credential applications, Xerox will provide several enhanced features, including:

- Interactive Voice Response (IVR) system by calling 866-243-8796
- Live customer service representatives to assist in answering provider questions
- Email availability – [cccredential@xerox.com](mailto:cccredential@xerox.com)
- Applications may be submitted by mail or faxed to 410-229-0145
- Please note the new address for mailing packets – **PO Box 598, Baltimore, MD 21203**
- New credentialing program book can be down loaded at: <http://tinyurl.com/credprogbook>

## NEW CREDENTIALING FORMS ACCESSIBLE ONLINE

Please use the appropriate forms below when submitting materials to Xerox for processing:

**New Credential Application (must be used to submit any application or renewal)**

<http://tinyurl.com/crednewapplication>

**Cover Sheet (use to organize application packet )**

**First time applicant cover sheet**

<http://tinyurl.com/credfirstcoversheet>

**Renewal cover sheet**

<http://tinyurl.com/credrenewalcoversheet>

For more information on the MD Child Care Credentialing program please visit:

[http://marylandpublicschools.org/MSDE/divisions/child\\_care/credentials.html](http://marylandpublicschools.org/MSDE/divisions/child_care/credentials.html)

## Child Care Subsidy Changes and Contact Information



In August 2015, the Maryland State Department of Education (MSDE) Child Care Subsidy (CCS) program centralized case management functions for the Child Care Subsidy Program. The CCS program moved from local Department of Social Services (DSS) offices to a centralized processing center, CCS Central. CCS Central offers families easy access to applications and subsidy/voucher information at a toll-free number, where any customer service representative can help. A new automated phone menu provides applicants and customers with details about their CCS application or case 24 hours a day, 7 days a week. CCS

Central receives application and verification documents by mail, FAX, or email, so customers do not have to travel to a local office to drop off documents. Contact information is below.

### What will this change mean for child care providers?

Payment processing for providers will now occur at the same processing center as case management – CCS Central is with Child Care Subsidy experts to help with whatever is needed. Centralized case management and provider payment processing will now promote accuracy and consistency throughout CCS Central.

### How will families apply for Child Care Subsidies?

Interested applicants can call CCS Central at 1-866-243-8796 to request an application be mailed to them. New CCS applications are available on the MSDE website at [http://www.marylandpublicschools.org/msde/divisions/child\\_care/subsidy/ccs.htm](http://www.marylandpublicschools.org/msde/divisions/child_care/subsidy/ccs.htm).

### CCS CONTACT INFORMATION FOR PROVIDERS

**Interactive Voice Response** 1-866-243-8769

**Fax** 410-229-0010      **Email** [mdccsppinvoices@xerox.com](mailto:mdccsppinvoices@xerox.com)

**Website** [http://marylandpublicschools.org/MSDE/divisions/child\\_care/subsidy/ccs.htm](http://marylandpublicschools.org/MSDE/divisions/child_care/subsidy/ccs.htm)

**Mailing Address** MDCCSPP- PO Box 17543, Baltimore, MD 21297

## SAVE THE DATE! MARCH 3, 2016 DIRECTORS LEADERSHIP CONFERENCE



We are busy planning for this year's Directors' Conference which will be held on **March 3 at Ten Oaks Ballroom**.

Look for registration forms in the mail at the beginning of January. We are excited to be moving the conference to a new venue which will allow

us to expand the conference with more participants and vendors. The focus of this year's conference is leadership, and our featured speaker will be Maurice Sykes, Executive Director of the Early Childhood Leadership Institute at University of the District of Columbia and author of "Doing the Right Thing for Children: Eight Qualities of Leadership." We look forward to seeing all Directors, Assistant Directors and Owners in March. For more information on this year's Directors' Conference, please contact Nikki Pierre at [npierre@howardcountymd.gov](mailto:npierre@howardcountymd.gov).

## DEVELOPING CHILDREN THROUGH ALL AGES CONFERENCE

### Save the Date! September 24, 2016

The Office of Children's Services annual early childhood education conference will be held at The Sheraton Columbia Town Center on Sept. 24, 2016. The conference will focus on providing quality early childhood education for EACH and EVERY child. Sessions will address meeting the needs of all learners including children with special needs, varied backgrounds, genders, and learning styles. Registration will begin Summer 2016.

### CORE OF KNOWLEDGE KEY

Each training workshop listing indicates the approved Core of Knowledge area(s), which identifies specific topics of interest you may need to achieve or maintain levels within the Maryland Child Care Credential program. The Core areas are abbreviated as:

CD: Child Development    COM: Community  
CUR: Curriculum    HSN: Health, Safety, Nutrition  
PRO: Professionalism    SN: Special Needs

## OCC Workshop Training Requirements ♦ January 1, 2016

### Family Child Care - New Applicant (1/1/2016)

- ♦ All six 4-hour Initial Training Modules
- ♦ 6-hour class in Emergency and Disaster Preparedness
- ♦ 6-hour Medication Administration
- ♦ 3-hours Including All Children and the ADA
- ♦ Infant/Child/Adult CPR and First Aid Certifications
- ♦ SIDS: Sudden Infant Death Syndrome and Supporting Breastfeeding in Child Care

### Family Child Care - First Renewal Year (applied for license prior to 2016)

- ♦ 3 hours training in each of 4 areas: Child Development, Mixed Age Groups, Health/Safety/Nutrition, and Professionalism
  - ♦ Current First Aid and CPR certifications
  - ♦ 6 additional hours of approved training in any area
- Applicants prior to Jan. 1, 2016 may need other specific training if not taken before registered. Verify requirements with your licensing specialist prior to workshop registration.

### Family Child Care - After First Renewal

- ♦ 6 hours of approved Core of Knowledge training
- ♦ 6 additional hours of approved training in any area
- ♦ Current First Aid and CPR certifications

### Child Care Center Staff

For current staff staying in the same positions:

- ♦ Aide/Assistant 6 hours per year
- ♦ Child Care Teacher 12 hours per year
- ♦ Child Care Director 12 hours per year

New hires and staff moving to new positions are subject to additional requirements which may include:

- ♦ Center Aide Orientation
- ♦ 9-hour Communication Course
- ♦ Including All Children and the ADA
- ♦ Supporting Breastfeeding in Child Care

### Questions about Training Requirements?

- ♦ Contact Joan Johnson, Technical Assistance Specialist at [jmjohnson@howardcountymd.gov](mailto:jmjohnson@howardcountymd.gov) or 410-313-1432.
- ♦ Contact the Howard County Office of Child Care at 410-750-8771.
- ♦ Contact your county's Child Care Resource Center or the Maryland State Department of Education at MSDE Office of Child Care.

# Training Calendar

- ▶ Registration and payment are required in advance for all classes
- ▶ Save 10% when you register online at [www.howardcountymd.gov/training](http://www.howardcountymd.gov/training)
- ▶ To register by phone or for additional information, call 410-313-1442



Workshops are held at the Office of Children's Services, 3300 N. Ridge Road, Suite 360, Ellicott City, MD 21043, unless otherwise noted.

JAN • FEB • MAR • APR 2016

## JANUARY

### Including All Children and the ADA

**Mon., Jan. 11 / 6:30-9:30 PM / \$23**

**S.Peyser / 3 hrs SN**

Including all children in your child care program can be challenging if you don't understand what you are required to do. Explore the requirements of ADA for early care programs, examine best inclusionary practices, and learn about resources which can support you and your families.

### Supporting Breastfeeding in Child Care

**Tues., Jan. 12 / 6:00-6:45 PM or 7:00-7:45 PM / \$5**

**N.Pierre / 0.5 hr Cont. Training Certificate**

Session meets the training requirement for the MSDE regulation regarding supporting breastfeeding in child care. Receive ideas to welcome breastfeeding families and resources to support nursing mothers and their babies. Choose your session at registration.

### Including All Children and the ADA

**Wed., Jan. 13 / 6:30-9:30 PM / \$23**

**J.Johnson / 3 hrs SN**

Including all children in your child care program can be challenging if you don't understand what you are required to do. Come explore the requirements of ADA for early care programs, examine best inclusionary practices, and learn about resources which can support you and your families.

### Introduction to Maryland EXCELS

**Tues., Jan. 19 / 6:30-8:30 PM / \$15**

**R.Dubensky / 2 hrs PRO**

Maryland EXCELS is a voluntary Quality Rating and Improvement System that awards ratings to child care providers and programs and is designed to increase recognition of programs providing high quality child care. Workshop will take an in-depth look at the standards involved to help you understand participation in this new exciting initiative.

### Including All Children and the ADA

**Thur., Jan. 21 / 6:30-9:30 PM / \$23**

**J.Lentz / 3 hrs SN**

Including all children in your child care program can be challenging if you don't understand what you are required to do. Come explore the requirements of ADA for early care programs, examine best inclusionary practices, and learn about resources which can support you and your families.

### On Track: All Aboard for Developmental Progress

**Sat., Jan. 23 / 8:30 AM-12:30 PM / \$30**

**J.Johnson / 4 hrs (2 PRO, 2 CD)**

Join us for an overview of the developmental screening tools and the benefits of using one. A review of the MSDE/OCC regulation, effective communication with families, and the referral process will be addressed. Discuss how to choose a developmental screening tool, appropriate collection of information regarding children, and the on-going process of screening children.

### Strategies for Monitoring Media & Maximizing

**Tues., Jan. 26 / 6:30-9:30 PM / \$23**

**C.Lothen-Kline / 3 hrs HSN**

Promoting health and wellness is an important aspect of a child care program. Learn skills to promote healthy habits within your childcare setting, and ways to educate and support others. Topics will include developing wellness policies, including technology in a healthy way, and talking with families about sensitive health issues.

### Center Aide Orientation

**Wed., Jan. 27 / 6:30-9:30 PM / \$15**

**N.Pierre / 3 hrs PRO**

As a new Aide in the world of child care, there is a lot to know about your new career! Learn strategies for appropriate supervision, get tips on communicating professionally with parents, and discuss the ins and outs of child care. This workshop meets the Center Aide Orientation requirement.

## ONLINE REGISTRATION QUICK TIP

You can easily search for workshops in ActiveNet by entering a workshop title or part of the title in the search box.

Save 10% by registering online at [www.howardcountymd.gov/training](http://www.howardcountymd.gov/training)



# Training Calendar

## Infant/Child and Adult CPR/AED Certification

Sat., Jan. 30 / 8:00-10:30 AM / \$40

**Certification Only- Approved for Licensing / 1st Alert**

Certified by the American Heart Association and good for 2 years.

## First Aid Certification

Sat., Jan. 30 / 10:45 AM-1:15 PM / \$40

**Certification Only- Approved for Licensing / 1st Alert**

Certified by the American Heart Association and valid for 2 years.

## CPR and First Aid Re-Certification

Sat., Jan. 30 / 1:30-5:00 PM / \$80

**Certification Only- Approved for Licensing / 1st Alert**

If your First Aid and CPR certifications are current and unexpired, you may attend this brief re-certification course. This workshop will review and test skills for both First Aid and Infant/Child and Adult CPR under the American Heart Association.

## **FEBRUARY**

## NEW! Awesome Arts for Preschoolers

Mon., Feb. 1 / 6:30-9:30 PM / \$23

**C.Bethke / 3 hrs (2 CD, 1 CUR)**

This interactive workshop explores The Arts as the "Language of Children". We will focus on visual arts, music and movement, theater, and art appreciation. Participants will develop an understanding of process over product through hands on experiences they can use to extend children's thinking.

## Introduction to the Maryland Credential

Wed., Feb. 3 / 6:30-8:30 PM / \$15

**J.Johnson / 2 hrs PRO**

If you work with children in a licensed/registered program, you are eligible to participate in the Maryland Credential. Learn about the many benefits of the program such as bonus money, training incentives, and assistance with college degrees.



## Reporting Child Abuse & Preventing Bullying

Thur., Feb. 4 / 6:30-9:30 PM / \$23

**B.Egerton / 3 hrs (2 HSN, 1 CD)**

Learn how to recognize signs of abuse, and how to report suspected abuse. Discuss ways you can help prevent abuse and bullying in child care.

## Family & Community Partnerships

Tues., Feb. 9 / 6:30-9:30 PM / \$23

**S.Burke / 3 hrs COM**

Gain a greater understanding of the importance of advocating for children and families through community partnerships. Participants will increase their awareness of the resources that are available in the community and develop strategies to increase family involvement.

## How to Teach Mindfulness & Relaxation Skills to Children

Thur., Feb. 11 / 6:30-9:30 PM / \$23

**B.Cassels / 3 hrs (1 CUR, 1 CD, 1 SN)**

Participants will learn how to incorporate mindful techniques and activities into their environment to help children feel more relaxed, aware, and focused. Participants will experience firsthand how there is a quality of harmony and calm in an environment where mindfulness is practiced. This workshop will be interactive and participants are encouraged to dress comfortably to participate fully in activities such as simple stretches and relaxation techniques.

## Medication Administration

Sat., Feb. 13 / 8:30 AM-3:00 PM / \$50

**C.Kemp / 6 hrs HSN / Location TBA**

This MSDE-designed workshop will teach providers what they need to know when administering medication to children. Learn how to give oral, topical, inhaled, and emergency medicines to infants and children; how to keep accurate records; regulations for hygiene, safety, and measurement. **Please bring a bagged lunch.**

## On Track: All Aboard for Developmental Progress

Tues., Feb. 16 & Thurs. Feb. 18 / 6:30-8:30 PM / \$30

**J.Lentz / 4 hrs (2 PRO, 2 CD)**

Join us for an overview of the developmental screening tools and the benefits of using one. A review of the MSDE/OCC regulation, effective communication with families, and the referral process will be addressed. Discuss how to choose a developmental screening tool, appropriate collection of information regarding children, and the on-going process of screening children. **Participants must attend both nights to receive certificate.**

## An Introduction to ASQ-3 and ASQ Online

Wed., Feb. 17 / 6:30-9:30 PM / \$23

**J.Johnson / 3 hrs (1.5 CD, 1.5 COM)**

Take a more in-depth look at the Ages and Stages screening tool, an MSDE approved screening tool. You will learn how to properly administer the screening and interpret the scoring. You will gain the confidence to not only administer the tool, but also learn how to discuss this screening tool with your staff and parents.



# Training Calendar

## Medication Administration

Sat., Feb. 20 / 8:30 AM-3:00 PM / \$50

C.Fleming / 6 hrs HSN / Location TBA

This MSDE-designed workshop will teach providers what they need to know when administering medication to children. Learn how to give oral, topical, inhaled, and emergency medicines to infants and children; how to keep accurate records; regulations for hygiene, safety, and measurement. **Please bring a bagged lunch.**

## Introduction to Observation and Assessment of Young Children Birth through 12 yrs

Mon., Feb. 22 / 6:30-9:30 PM / \$23

S.Peyser / 3 hrs CD

Asking questions, building relationships, and making purposeful decisions can help you become more responsive. Discuss and practice important observation and assessment skills, and learn how to reflect on what children are thinking, feeling and learning.

## Maryland EXCELS: Next Steps

Tues., Feb. 23 / 6:30-8:30 PM / \$10

R.Dubensky / 2 hrs PRO

Wherever you are in the Maryland EXCELS process; newly enrolled, ready to renew or ready to move higher, this workshop will help you assess your current position and set realistic short and long term goals aligned with the Maryland EXCELS standards.

## Introduction to Healthy Beginnings

Wed., Feb. 24 & March 2 / 6:30-9:30 PM / \$40

J.Johnson / 6 hrs (2 CUR, 2 COM, 1 PRO, 1 CD)

Get to know the Healthy Beginnings documents and how to use it as a child development tool. Start using Healthy Beginnings as a tool for creating and planning a program for infants and toddlers. Examine environment, planning, assessment, and working with families in the process of understanding how to use the tool. Do not register for workshop if you have taken the 12-hour series.

**Participants must attend both nights to receive certificate.**



## Communication Strategies: Making the Connection

Thur., Feb. 25 / 6:30-9:30 PM / \$23

B.Egerton / 3 hrs COM

Learn to create an atmosphere of positive communication with your parents, children, and coworkers while avoiding misunderstandings in the child care environment. Participants will explore the different facets of communication and effective reading, writing, listening and speaking.

## Infant/Child and Adult CPR/AED Certification

Sat., Feb. 27 / 8:00-10:30 AM / \$40

Certification Only- Approved for Licensing / 1st Alert

Certified by the American Heart Association and good for 2 years.

## First Aid Certification

Sat., Feb. 27 / 10:45 AM-1:15 PM / \$40

Certification Only- Approved for Licensing / 1st Alert

Certified by the American Heart Association and good for 2 years.

## Conflict Resolution Strategies

Mon., Feb. 29 / 6:30-9:30 PM / \$23

T.Green / 3 hrs PRO

When conflicts arise in child care, it's important to know how to professionally and appropriately address the situation. Come examine what causes conflict, how to prevent conflict, strategies for handling a conflict, and ways to build and maintain positive relationships with coworkers, families, and friends.

## MARCH

### MSDE Accreditation: Orientation

Wed., March 2 / 1:00-3:00 PM / Free

J. Johnson / 2 hrs PRO

Overview of the early childhood accreditation and validation process. Become acquainted with standards, focus areas, supporting documents, self-appraisal, and rating process. This workshop is required for programs (centers, preschools and nurseries only) pursuing MSDE Accreditation and Re-Accreditation. Contact Joan Johnson at [jmjohnson@howardcountymd.gov](mailto:jmjohnson@howardcountymd.gov) for more information about the Steps to Accreditation series.

### Including All Children and the ADA

Thur., March 3 / 6:30-9:30 PM / \$23

J.Lentz / 3 hrs SN

Including all children in your child care program can be challenging if you don't understand what you are required to do. Come explore the requirements of ADA for early care programs, examine best inclusionary practices, and learn about resources which can support you and your families.

### The Learning Power of Laughter

Mon., March 7 / 6:30-9:30 PM / \$23

C.Bethke / 3 hrs CUR

Did you know that a little laughter can teach a child language skills? Use the power of laughter to encourage preschool children to be creative, learn sequencing skills, develop phonemic awareness, use their imaginations, develop listening skills, and work with rhymes?



# Training Calendar

## Making Food (Nutrition) Fun for Kids

**Tues., March 8 / 6:30-9:30 PM / \$23**

**C.Lothen-Kline / 3 hrs HSN**

Unsure of how to teach nutrition to young children? Looking for fabulous snack-tivities that are sure to be a hit? Learn strategies to teach children about healthy food in a fun and interactive way.

## Project Security Blanket

**Wed., March 9 & 16 / 6:30-9:30 PM / \$40**

**J.Johnson / 6 hrs (3 PRO, 3 HSN)**

Develop a comprehensive plan to follow when a disaster occurs. Natural disasters, medical emergencies, technological hazards, and family and community concerns (disgruntled parents, missing children, pandemic flu) will be covered. Ensure that your plan addresses special needs, notifying parents, sheltering, resources, evacuation, and other possibilities! **Must attend both nights to receive credit.**



## Understanding ADHD

**Thur., March 10 / 6:30-9:30 PM / \$23**

**N.Pierre / 3 hrs SN**

Learn what Attention Deficit Hyperactivity Disorder really is and how ADHD is diagnosed. Discuss what you can do to assist a child and family if a child is diagnosed with ADHD/ADD. Learn what the latest research indicates, and learn teaching strategies that can assist a child with ADHD.

## Medication Administration

**Sat., March 12 / 8:30 AM-3:00 PM / \$50**

**C.Fleming / 6 hrs HSN**

This MSDE-designed workshop will teach providers what they need to know when administering medication to children. Learn how to give oral, topical, inhaled, and emergency medicines to infants and children; how to keep accurate records; regulations for hygiene, safety, and measurement. Please bring a bagged lunch.

## It's a Simple Story, Tell It

**Mon., March 14 / 6:30-9:30 PM / \$23**

**C.Bethke / 3 hrs CUR**

Storytelling is an integral part of developing children's lives. Through the use of storytelling, you can enhance communication skills and encourage language and literacy development. Come explore how you can expand your capacity to tell stories and use this amazing skill in your child care program.

## The Child Care Provider as a Professional

**Tues., March 15 / 6:30-9:30 PM / \$23**

**T.Green / 3 hrs PRO**

Gain a greater understanding of child care initiatives, resources, and professional organizations which can assist you in your business. Participants will also examine a child care code of ethics for professionals as a resource.

## On Track: All Aboard for Developmental Progress

**Sat., March 19 / 8:30 AM-12:30 PM / \$30**

**N.Pierre / 4 hrs (2 PRO, 2 CD)**

Join us for an overview of the developmental screening tools and the benefits of using one. A review of the MSDE/OCC regulation, effective communication with families, and the referral process will be addressed. Discuss how to choose a developmental screening tool, appropriate collection of information regarding children, and the on-going process of screening children.

## Medication Administration

**Sunday, March 20 / 8:30 AM-3:00 PM / \$50**

**M.Conway / 6 hrs HSN**

This MSDE-designed workshop will teach providers what they need to know when administering medication to children. Learn how to give oral, topical, inhaled, and emergency medicines to infants and children; how to keep accurate records; regulations for hygiene, safety, and measurement. **Please bring a bagged lunch.**

## Supporting Children w/ Disabilities, Delays & Special Health Care Needs

**Tues., March 22 / 6:30-9:30 PM / \$23**

**M.Conway / 3 hrs SN**

Creating an inclusive environment can be challenging if you aren't sure where to begin. Examine strategies that enable all children to participate, understand your role in an IEP/EFSP, and learn how to select materials and adapt your instruction and the environment to enhance learning.

## SIDS: Sudden Infant Death Syndrome & Breastfeeding Support

**Wed., March 23 / 6:30-9:00 PM / \$15**

**J.Johnson / 2.5 hrs (2 HSN + 0.5 hrs Breastfeeding Support Cont.Training Certificate)**

SIDS is the sudden, unexplained death of a healthy infant under 12 months. A SIDS class is required for family child care applicants and for any family provider seeking to become licensed for infant care.



# Training Calendar

## Infant/Child and Adult CPR/AED Certification

Sat., March 26 / 8:00-10:30 AM / \$40

**Certification Only- Approved for Licensing / 1st Alert**

Certified by the American Heart Association and good for two years. Acceptable for child care licensing.

## First Aid Certification

Sat., March 26 / 10:45 AM-1:15 PM / \$40

**Certification Only- Approved for Licensing / 1st Alert**

Certified by the American Heart Association and good for two years.

## NEW! Maryland EXCELS: Getting to Level 2

Tues., March 29 / 6:30-8:30 PM / \$10

**R.Dubensky / 2 hrs PRO**

Participants will review and interpret the criteria for Level 2 in Maryland EXCELS. They will also work on developing appropriate documentation to meet the Level 2 criteria. **Participants should have already published at a Level 1.**

## Working with Mixed Age Groups

Thur., March 31 / 6:30-9:30 PM / \$23

**T.Harris / 3 hrs (2 CD, 1 CUR)**

Working with a group of children who are different ages presents child care providers with unique challenges and opportunities. Learn strategies to overcome challenges, create daily schedules, and meet the needs of each child. Meets 1st year training requirement for family child care providers for training in Working with Mixed Age Groups.



## APRIL

## An Introduction to ASQ-3 and ASQ Online

Tues., April 5 / 6:30-9:30 PM / \$23

**N.Pierre / 3 hrs (1.5 CD, 1.5 COM)**

Take a more in-depth look at the Ages and Stages screening tool, an MSDE approved screening tool. You will learn how to properly administer the screening and interpret the scoring. You will gain the confidence to not only administer the tool, but also learn how to discuss this screening tool with your staff and parents.

## FCCP: Professionalism Module

Wed., April 6 / 8:30 AM-12:30 PM / \$25

**N.Pierre / 4 hrs PRO**

Explore specific professional practices that will lay the foundation for a successful program, including supervision, appropriate guidance, record keeping, marketing, contracts, and policies. Part of the Initial Training Series required for family child care applicants, open to current providers for continued training.

## FCCP: Child Development Module

Wed., April 6 / 1:00 PM-5:00 PM / \$25

**J.Johnson / 4 hrs CD**

This workshop covers child development concepts including stages of growth and development, leading child theorists, and an overview of learning theories. Part of the Initial Training Series required for family child care applicants, open to current providers for continued training.

## Stress Management Strategies

Thur., April 7 / 6:30-9:30 PM / \$23

**B.Cassels / 3 hrs PRO**

Even find yourself stressed out or having a hard time with your emotions? Do you sometimes take out your frustrations on others? Understanding how stress affects your body and mind can help you prevent it from getting out of control.

## NEW! Science, You Can Do It Too!

Mon., April 11 / 6:30-9:30 PM / \$23

**C.Bethke / 3 hrs CUR**

Science for young children is all about discovery. We facilitate learning when we create a sense of wonder and authentically engage in the process of hypothesis and investigation. It's not about finding the right answer, it's about asking the right questions along the way.

## Including All Children and the ADA

Tues., April 12 / 6:30-9:30 PM / \$23

**J.Lentz / 3 hrs SN**

Including all children in your child care program can be challenging if you don't understand what you are required to do. Come explore the requirements of ADA for early care programs, examine best inclusionary practices, and learn about resources which can support you and your families.

## Developmentally Appropriate Supervision

Wed., April 13 / 6:30-9:30 PM / \$23

**J.Johnson / 3 hrs CD**

Gain greater understanding of how to appropriately and effectively supervise children of all ages. Explore techniques for indoor and outdoor supervision. Ensure children's safety through active monitoring to enable children to maximize their learning.

## FCCP: Special Needs Module

Thur., April 14 / 8:30 AM-12:30 PM / \$25

**N.Pierre / 4 hrs SN**

Topics include the Americans with Disabilities Act and how it applies to child care, plus health, behavioral, and developmental issues. Part of the Initial Training Series required for family child care applicants, open to current providers for continued training.



# Training Calendar

## FCCP: Curriculum Module

**Thur., April 14 / 1:00 PM-5:00 PM / \$25**  
**J.Johnson / 4 hrs CUR**

Participants will gain a better understanding of the components of a family child care curriculum, how to create a developmentally appropriate curriculum, and how to plan and design a family child care home. Part of the Initial Training Series required for family child care applicants, open to current providers for continued training.

## Medication Administration

**Sat., April 16 / 8:30 AM-3:00 PM / \$50**  
**M.Conway / 6 hrs HSN**

This MSDE-designed workshop will teach providers what they need to know when administering medication to children. Learn how to give oral, topical, inhaled, and emergency medicines to infants and children; how to keep accurate records; regulations for hygiene, safety, and measurement.

**Please bring a bagged lunch.**



## How to Talk So Parents Will Listen

**Tues., April 19 / 6:30-9:30 PM / \$23**  
**S.Burke / 3 hrs COM**

Learn how to establish relationships and work effectively with parents, even the most difficult ones! Welcome every family in to your program, prevent problems, overcome adversity, and enhance the child care/family connection.

## FCCP: Health, Safety, Nutrition Module

**Wed., April 20 / 8:30 AM-12:30 PM / \$25**  
**M.Conway / 4 hrs HSN**

Basic concepts of health, safety and nutrition for family care programs will be covered including: emergency preparedness, menu planning, and specific issues of concern for the health and safety needs of young children. Part of the Initial Training Series required for family child care applicants, open to current providers for continued training.

## FCCP: Community Module

**Wed., April 20 / 1:00 PM-5:00 PM / \$25**  
**J.Johnson / 4 hrs COM**

Workshop will focus on developing and maintaining relationships with children, families, and the community. Part of the Initial Training Series required for family child care applicants, open to current providers for continued training.

## Introduction to Environmental Rating Scales

**Wed., April 20 / 6:30-9:30 PM / \$23**  
**J.Johnson / 3 hrs PRO**

Environmental Rating Scales (ERS) are assessment tools that measure the quality of child care settings at various ages. Items assessed include space and furnishings, personal care routines, listening and talking, daily activities, and interactions between staff, children, and parents. ERS books and materials will be available for purchase at this class. Please contact Joan Johnson for more information regarding this class: [jmjohnson@howardcountymd.gov](mailto:jmjohnson@howardcountymd.gov) or (410) 313-1432.

## NEW! Yoga and Mindfulness for Adults and Young Children

**Thur., April 21 / 6:30-9:30 PM / \$23**  
**J.Lentz / 3 hrs CD**

Studies have been proven that regular mindfulness practice reduces anxiety and stress while improving memory, learning, and behavior. Participants will learn strategies to create mindful experiences for themselves and ways to incorporate mindfulness and yoga into the early childhood curriculum. This workshop will be interactive and participants are encouraged to dress comfortably to participate fully in activities such as simple stretches and relaxation techniques.

## Playground Safety

**Thur., April 28 / 6:30-9:30 PM / \$23**  
**T.Harris / 3 hrs HSN**

Enhance your knowledge of playground safety and the role you play in supervision and implementation of safety measures. Identify appropriate materials and equipment, examine appropriately designed and accessible playgrounds, and develop strategies for conducting safety checks.

## Infant/Child and Adult CPR/AED Certification

**Sat., April 30 / 8:00-10:30 AM / \$40**

**Certification Only- Approved for Licensing / 1st Alert**

Certified by the American Heart Association and good for two years

## First Aid Certification

**Sat., April 30 / 10:45 AM-1:15 PM / \$40**

**Certification Only- Approved for Licensing / 1st Alert**

Certified by the American Heart Association and good for two years.

## CPR and First Aid Re-Certification

**Sat., April 30 / 1:30 PM-5:00 PM / \$80**

**Certification Only- Approved for Licensing / 1st Alert**

If your First Aid and CPR certifications are current and unexpired, you may attend this brief re-certification course. Workshop reviews and tests skills for both First Aid and Infant/Child and Adult CPR under the American Heart Association; good for two years.

# Workshop Registration and Participation Guidelines



**REGISTRATION** is on a first-come, first-served basis. Payment is required at the time of registration. All receipts are e-mailed to the address provided at registration. This receipt is your confirmation of registration. Reminder emails are a courtesy and should not be viewed as the sole indication of registration. Pre-registration is required for all workshops. Your registration and payment must be received by 4:00 pm on the day of the workshop for all weekday workshops (by Friday for weekend workshops). Same-day registrations are accepted online until noon and by phone until 4:00 pm if space permits; call 410-313-1442 (voice/relay) to check availability. Walk-ins will not be permitted to stay in workshops.

**PAYMENT TYPES/FEES:** You may register online, by phone (credit cards only), by mail or in-person (credit card, check, or money order). Credit card charges may appear as ACT\*Registration on your statement. There is a \$25 fee for returned checks.

**LATE ARRIVALS:** Workshops begin at the time stated in the calendar and your receipt. Plan to arrive 10-15 minutes early to sign in. If you arrive after the workshop begins, you will be asked to leave. You will not be eligible for a certificate, credit, or refund.

**CERTIFICATES:** Certificates will be mailed to participants who attend a workshop within 10 business days. All workshops are open to the public and are approved by the MSDE under training approval number CKO-30733.

**CHANGE/CANCELLATION:** If you cannot attend a workshop you have registered for, notify us at least 24 hours in advance to receive a credit for future use. Refunds will not be given unless OCS cancels the workshop. If there are extenuating circumstances which require you to cancel, call 410-313-1442 and leave a detailed message. Messages must be left on the day of the workshop to be considered, and are handled on a case-by-case basis. OCS reserves the right to change the location or instructor of a workshop. If a workshop is cancelled due to weather, instructor illness, etc., participants will be notified by phone by 4:00 pm. If possible, the workshop will be rescheduled; and participants will be notified by phone or email. You may call our main line 410-313-1940 for weather updates.

**REPLACEMENT CERTIFICATES** may be requested by emailing [children@howardcountymd.gov](mailto:children@howardcountymd.gov) or calling 410-313-1442 (voice/relay). There is a \$5 fee per replacement certificate within the past 12 months and \$10 for certificates older than 12 months.

**WORKSHOPS DESIGNED FOR ADULTS ONLY** please make child care arrangements in advance.

This publication was produced as a work for hire for the benefit of, and with funds from, the Maryland State Department of Education.



## Howard County OCS Training Workshop Registration

NAME \_\_\_\_\_ BIRTHDATE (MM/DD/YY) \_\_\_\_\_

MAILING ADDRESS \_\_\_\_\_

PHONES (H) \_\_\_\_\_ (W) \_\_\_\_\_ (C) \_\_\_\_\_

EMAIL \_\_\_\_\_

POSITION TYPE  FAMILY CC  CENTER STAFF  OWNER/DIRECTOR  OTHER \_\_\_\_\_

WORKSHOP	TITLE DATE	COST
1) _____	_____	_____
2) _____	_____	_____
3) _____	_____	_____
4) _____	_____	_____

Please indicate if you require any special accommodations and our staff will contact you \_\_\_\_\_

Credit Card No. \_\_\_\_\_ Exp. Date \_\_\_\_\_ CVV \_\_\_\_\_

Name on Card \_\_\_\_\_

**Registration and payment are required in advance for all classes and workshops.**

Make Check/Money Order Payable to: Howard County Director of Finance

Mail Form and Total Payment to: Howard County OCS, 3300 N Ridge Rd, Suite 380, Ellicott City, MD 21043

# CHILD AND ADOLESCENT RESOURCES AND EDUCATION for Howard County Families

## THE CARE LINE

- Behavior Issues
  - Finding Child Care
  - Child Care Assistance
  - County Resources
  - Special Needs
  - Parenting Classes
  - Health Care
- Mental Health Concerns
  - Grandparents Support
  - Financial Assistance
  - Support Groups
  - Adolescent Concerns
  - School Age Programs
  - Camps



**410-313-CARE (2273) VOICE/RELAY**

[children@howardcountymd.gov](mailto:children@howardcountymd.gov) • [www.howardcountymd.gov/children](http://www.howardcountymd.gov/children)

This free service is provided by the Howard County Office of Children's Services, with the support of Howard County Department of Citizen Services, the Howard County Local Children's Board, Maryland State Department of Education, Howard County Mental Health Authority and the Governor's Office for Children.

If you wish to opt out of receiving this publication,  
email [children@howardcountymd.gov](mailto:children@howardcountymd.gov) or call 410-313-1940 (voice/relay)

JAN • FEB • MAR • APR 2016

A publication of the Howard County Office of  
Children's Services for early care and education professionals



Howard County Office of Children's Services  
3300 North Ridge Road, Suite 380  
Ellicott City, MD 21043

