

Dear Veterans, Military Families and Supporters,

Please find a number of resources below to benefit veterans and military families. They are not endorsed by my office, just a compilation of programs and services that come across my desk. Please feel free to share and vet according to your needs. If you have any events, programs, job opportunities, etc. that would benefit this group, please forward it to me. Thank you. Lisa

- **May is Mental Health Awareness Month**

Links to Share:

[Howard County Local Health Improvement Coalition Behavioral Health Resources](#)

Please share information and resources on the Opioid Epidemic, Maryland's Good Samaritan Law, and Overdose Response Training program.

The week of May 1-7, 2017 was Children's Mental Health Awareness Week. Thanks to the HCPSS Mental Health Task Force resources for families available on the HCPSS website continue to be expanded. With a focus on building resiliency here's the link to this year's announcement:

<http://www.hcpss.org/news-posts/2017/05/national-childrens-mental-health-awareness-week-may/>

Podcasts:

Teen Health Matters podcast on stress with guest Dr. Jeff Bostic.

<https://dragondigitalradio.podbean.com/e/stress-how-much-is-too-much-and-how-to-deal-with-it-with-dr-jeff-bostic/>

Teen Health Matters podcast on depression with guest Dr. Larry Wissow

<https://dragondigitalradio.podbean.com/e/depression-what-is-it-and-how-to-fight-it-with-dr-larry-wissow/>

School Mental Health Webinar:

Wednesday, May 10, 2017 (June 14 and July 12)

The American Academy of Pediatrics Council on School Health will host a webinar series on schools and mental health. The webinars will focus on core mental health competencies for pediatricians in the school setting, including: systems-based practice and building community collaborations; patient care and knowledge; and communication skills.

The first of three webinars is titled, "Talking the Talk of School Mental Health."

Participants of this webinar will improve their knowledge of:

- Key concepts of mental health within school systems;

- Strategies for expanding school mental health approaches and including community partners;
 - Benefits and best practices of joining with Positive Behavioral Interventions & Supports (PBIS) programs; and,
 - Important roles and resources for pediatricians and school health professionals.
- For webinar series information, click [here](#). For more information on school health in Maryland, visit the DHMH OPHI School Health [program](#).

May 17

- Howard County Loan Closet: Equipment and Resource for Aging in Place 1 year Anniversary
May 17, 2017- All day Open House from 9-4pm
The Loan Closet of Howard County, 8775 Cloudleap Court, Suite 11, Columbia, MD 21045

We know the Office on Aging's Volunteer Appreciation Day is also scheduled for later that day – so swing by on your way if you can and grab a cup of coffee to keep you energized for the day's events. Hope to see some of you!

The Loan Closet is also looking for volunteers so they can increase their capabilities. Please contact Karen Giese if you are interested. kgiese@howardcountymd.gov 410-313-0363

May 21

★★★★ Howard County Branch NAACP Hosts ★★★★★

22
A DAY


PUSH-UP CHALLENGE
and Community Walk

"Our Veterans Are Not Alone"

Sunday, May 21, 2017 2pm - 5pm

Centennial High School - 4300 Centennial Lane - Ellicott City, MD

Host Sponsors



howardcountynaacp.com

May 18

- **Financial Recruitment Event**
Thursday, May 18, 2017
10:00 a.m. – 1:00 p.m.
The Columbia Workforce Center
7161 Columbia Gateway Drive, Suite D
Columbia, MD 21046
<https://financial-services-recruitment5-18-17.eventbrite.com>

May 19, 20, 23 24 and June 17

- **The Armed Services Arts Partnership (ASAP) Workshops and Performances**
ASAP strives to build and sustain communities around the expressive arts at no cost to veterans and military families. We're happy to announce a few upcoming workshop and performance opportunities for veterans, service members, military families, and caregivers. Please review the descriptions below, and feel free to share this information with whoever you think might be interested.

Workshops:

- Visual Storytelling Workshop w/ Jess Ruliffson: Apply today for a special workshop on Visual Storytelling with award-winning cartoonist Jess Ruliffson.

Access your inner storyteller in this workshop designed for writers interested in transforming their work into visual narrative. The workshop is free for all veterans, service members, military family members, and caregivers, and is scheduled for Saturday, June 17th at the Capitol Post from 9AM to 4PM. Learn more and apply at asapasap.org/visual-storytelling.

- DC Veterans Writing Group (DCVWG) w/ Barbara Mujica: Our next DCVWG session is scheduled for Saturday, May 20th from 1PM to 4PM at the Writer's Center in Bethesda. In this workshop, we will work on writing, self-editing, and rewriting. The workshop is free and open to all veterans, service members, military families, and caregivers. Reserve your spot and learn more about the workshop by [following this link](#).

Performances:

- Veterans Comedy Show @ Torpedo Factory: We're partnering with the Torpedo Factory Arts Center to host a stand-up comedy show featuring the alumni of our Comedy Bootcamp program. Join us on May 19th for a whole bunch of laughs in one of the nation's most unique arts venues. Reserve your tickets today by [following this link](#).
- Comedy Show w/ Congressional Military Mental Health Caucus: We're pleased to announce a special veterans comedy show and panel hosted in conjunction with the Congressional Military Mental Health Caucus. Join us at the Cannon House Office Building, Room 122 on May 23rd from 1PM to 3PM for an afternoon of laughter and learning. RSVP to attend by e-mailing performances@asapasap.org.
- Veterans Storytelling Graduation Show: After weeks of hard work, 10 veteran graduates of our storytelling class, hosted in collaboration with Story District, will take the stage at Draft House Comedy. Join us on May 24th for an exploration of the veteran and human experience - all in the words of those who have lived it. Reserve your tickets today by [following this link](#).

Memorial Day Events at MDVA Locations - Mark Your Calendars



MDVA will be hosting a special Memorial Day Ceremony at the Korean War Memorial in Baltimore (Canton) to recognize and thank Maryland Korean War Veterans. A Time Capsule containing photos, mementos and remembrances will be dedicated on May 29th at 11:00 am. Please join us at the Korean War Memorial, or at other Memorial Day Observances listed below:

The following Memorial Day Observances will be held at MDVA Locations:

Monday, May 29, 2017

Ceremonies at 11:00 am:

Crownsville Veterans Cemetery
1122 Sunrise Beach Road
Crownsville, MD 21032

Cheltenham Veterans Cemetery
11301 Crain Highway
Cheltenham, MD 20623

Garrison Forest Veterans Cemetery
Garrison Forest Road
Owings Mills, MD 21117

Korean War Memorial
2903 Boston Street (Canton Waterfront Park)
Baltimore, MD 21224

Vietnam Veterans Memorial
2825 South Hanover Street
Baltimore, MD 21225

Ceremony at 2:00 pm

Rocky Gap Veterans Cemetery
14205 Pleasant Valley Road, NE
Flintstone, MD 21530

Tuesday, May 30, 2017

Ceremony at 10:30 am
Charlotte Hall Veterans Home
29449 Charlotte Hall Road
Charlotte Hall, MD 20622

Ceremony at 1:30

Eastern Shore Veterans Cemetery
6827 East New Market Ellwood Road
Hurlock, MD 21643

[MDVA Cemetery & Memorials Program](#)

May 31

NAMI Howard County Fundraiser

Come join instructor Nicole Dem in enjoying the beautiful spring weather with some free yoga and beer! All proceeds of this donation-based event will go toward NAMI Howard County in support of mental health month.

Wednesday, May 31 at 6:00 PM

10275 Wincopin Cir, Columbia, MD 21044

We'll start at the Columbia Lakefront at 6:00pm for an hour long Vinyasa class. New to yoga? No problem! This class will offer modifications to poses making them both accessible to new students and challenging for seasoned yogis!

After class, head across the street to Union Jacks for some crazy deals to ease your hump day feels! Details to come.

Space is limited! Don't forget to RSVP using the link below.

<https://www.facebook.com/events/427732587610260/>

June 2

- **9th Annual Veterans' Legal Assistance Conference & Training:** SERVICEMEMBER TO CIVILIAN: UNDERSTANDING VETERANS' NEEDS AFTER SERVICE – 8-4:45, University of Baltimore School of Law

June 3

- [Howard County Veteran Monument Site Dedication \(see flier\)](#)

Please join County Executive Allan Kittleman, The Howard County Veteran Foundation, Howard County Commission on Veterans and Military Families, Howard County Office of Veterans and Military Families, Howard Hughes and the Columbia Association unveil the future location of the Howard County Veteran Monument.

Sat, June 3 11am-12pm at the Columbia Lakefront (next to Whole Foods)

June 7

- **What to expect at CYBER 8.0**

Howard Community College

Smith Theater

June 7, 2017

7:30 a.m. - 4:30 p.m.

We are less than a month away. Register now!

Join us for our eighth annual cyber conference, where we will explore innovation, funding and growth targeted for every business from start-up to seasoned industry leaders.

Whether you are growing a cyber industry business or you are a company that needs more information about how to manage cyber threats, you do not want to miss this conference!

Keynote Speakers for this year's conference include
Curtis W. Dukes, Executive Vice President - Center for Internet Security,
Ron Gula, Managing Partner - Gula Tech Adventures, and
Lonny Anderson, Executive Vice President - Nobus.

June 8

[Senior Marketing Workshop](#)

9am-4pm

Winning strategies to attract more seniors

June 10

- **Are you ready to Run for Justice?**

Registration is now open for the 2017 Run for Justice 5k run and one-mile walk, co-hosted by the Pro Bono Resource Center of Maryland (PBRC) and The People's Law Library of Maryland. Bring your coworkers, family, and friends and join us on Saturday, June 10 at Meadowood Regional Park in Lutherville, MD.

All money raised will help the Pro Bono Resource Center of Maryland provide life-changing legal services to the most vulnerable members of our community—families living in poverty, senior citizens, immigrant children, and homeless veterans.

EVENT DETAILS:

WHAT: Run a 5k OR walk a mile, and support free legal services for people in need

WHEN: **Saturday, June 10, 2017, 8am**

Register at probonomd.org/run

June 12

- **Tenant Landlord Matters**

Free Regional Seminar

Presented by Baltimore Neighborhoods, Inc. & HUD

Monday, June 12, 2017

1:00 pm - 2:30 pm

Howard County Library

Miller Branch
9421 Frederick Road, Ellicott City, MD 21042

Baltimore Neighborhoods, Inc. invites you to join us for this training on the rights & responsibilities of tenants and landlords!

[Register Now!](#)

June 14 and June 15

The [2017 NASW Virtual Conference, Aging Through the Social Work Lens](#) scheduled for Wednesday, June 14, and Thursday, June 15, is designed to educate you on today's best social work practices, policies, and research findings in gerontological social work.

[Register today](#) to participate in discussions on today's trending topics related to Aging – you won't want to miss them!

June 17

- [Fort Meade Centennial Gala – June 17](#) – For ticket information

August 8-September 7

[NAMI FALL 2017 PEER TO PEER CLASS](#)

When: Tuesdays and Thursdays beginning August 8th-September 7th

Time: 6:30pm-8:00pm

Location will be given to those who are registered for the class after completing a brief participant info questionnaire by phone.

WALK-IN's will not be accepted

If you or someone you know are living with a mental health condition or disorder and are interested in registering for this educational recovery course, please contact us at info.namihc@gmail.com or call the office at 410-772-9300.

*Please note: Person living with the mental health condition must call or email to register him/herself for the course.

Sept 9

- [Dental Screening Fair](#) – Laurel Community Center

Oct 14-22

- **Veteran Small Business Training**

Cohort III of the **Veterans Entrepreneurial Jumpstart (VEJ)** program is now scheduled for [October 14-22, 2017](#). It will be held on the Saint Joseph's University campus in Philadelphia, PA.

VEJ is designed to provide our Veterans with the training, skills and services necessary to start their own small business.

This program is provided at No Charge to all Honorably Discharged Veterans, regardless of disability status. We accept veterans from all over the country.

Also eligible are Active Duty personnel, as well as members of the National Guard and Reserves.

Veterans Entrepreneurial Jumpstart (VEJ): This free program is a product of Saint Joseph's University. Delivered in three phases: **Phase I** (August-September) consists of an online self-study program designed to provide a foundation in business fundamentals and develop a draft business plan; **Phase II** (October 14-22) is a nine-day on campus residency at St. Joe's, complete with guest lecturers, panel discussions, one-on-one mentoring, and social outings, culminating in a "shark tank" presentation by all veterans and a graduation dinner and awards ceremony; **Phase III** (November 2017 to May 2018) is the execution component, and consists of in-kind services ranging from website development to accounting assistance to legal support, as well as the use of a mentor. This program and suite of services is provided at **No Charge** to all enrolled Veterans.

- [VA Intimate Partner Violence Assistance Program](#)
- [United Way Mission United Program](#) - helps military veterans and their families with Employment Services, Legal Assistance, Education, Health Care, and Stable Housing. Call 2-1-1
- [Marine for Life](#) - (M4L) connects transitioning Marines and their family members to education resources, employment opportunities, and other Veterans services that aid in their career and life goals outside of military service.
- [Soldier for Life](#) – a number of resources for active duty, veterans and family members.
- [Blue Star Family Survey](#) - The Military Family Lifestyle Survey was front and center on [Military Times](#) last week - people are paying attention! Contribute to a leading resource used by policy makers in DC and across the country to learn about the needs of military families like yours.
- [Click Here To Signup For News From The Mayor's Office Of Veterans Affairs](#) -

Director Ely S. Ross, 202.442.8150 www.ova.dc.gov

- [VFW Action Corps Weekly](#)
- [Reserve Voice Newsletter, May 2017](#)
- [American Legion Launches Push to Improve Job Credentialing for Troops](#)
- [Senate Bill 180, the Independent Living Tax Credit Act](#), provides for a tax credit up to 50% of the total cost of improving accessibility and visitability to an existing home, with a cap of the tax credit at \$5,000 during the tax year that the renovations are completed. This legislation contributes to the overall goal of self-direction by expanding financial options in home modification to give more Marylanders more choice in how their living space is customized to fit their needs
- [MD Dept of Veteran Affairs News, May 12](#)
- [Maryland Matters](#) - a website providing news and information about state and local government and politics in Maryland.
- Please see interview of Senator Chris Van Hollen by Mike Subin, Montgomery County Commissioner, and representative from the County Executive's Office to the Commission on Veterans Affairs. The Commission on Veterans Affairs has this monthly TV show on Veterans issues. Link to video:
https://montgomerycountymd.granicus.com/MediaPlayer.php?view_id=148&clip_id=13279&embed=1
- [Military Corps Career Connect\(C3\) Employment Opportunity for Transitioning Service Members, Military Spouses and Veterans](#)
- **Linked In sites – Veteran Mentor Network, Military Officers Association of America,**

Military Corps Career Connect(C3) will be providing **16 weeks** of Amazon Web Services Cloud Support Associate Training for up to **15 selected Candidates**. C3 will cover the cost of training for those accepted into the program. Priority is given to Transitioning Service Members for the training, but is also open to Active Duty spouses, who have relocated to Maryland in the last 48 months, and Veterans, who are residents of Maryland and have separated within the last 48 months.

Curriculum: Course time will be divided between instructor-led sessions, hands-on lab work, and case studies. Upon completion of this course, students will be able to:

- Install a **Linux OS** and work at the command line
- Configure and troubleshoot networks
- Perform maintenance tasks and be able to add and maintain users; Manage devices and connect to networks
- Configure a DNS and more

Benefits of Training: This course is designed to train candidates in the skills they will need to be a successful **Cloud Support Associate** at AWS, with a focus on Linux and networking skills. There will be opportunities to **work with AWS Engineers** on case studies in class and a guaranteed assessment for the AWS Cloud Support Associate role at the end of the course

Ideal Candidate:

- Willing to commute to Herndon, VA
- Willing to commit to the full 16 weeks of Training
- Clearable for Full Scope Ploy
- Has an IT Background
- MOS/MOC: SIGINT, HUMINT, Cyber Security, Intel Analyst, COMSEC or Military Intelligence
- A+ Certification
- Net + Certification
- System Admin
- **Separating/Retiring no later than January 2018**

Process:

Step 1: **Candidates** must submit to C3 & AWS your resume. **All resumes must be submitted by May 31** to dbourdeaux@aawdc.org

Step 2: Candidates will complete one online assessment

Step 3: Selected Candidates will have a 30-minute phone screening with Amazon Web services

Step 4: Those selected for the training will notified by June 14.

Step 5: Those selected will meet with Veteran Navigator for C3 in processing and additional information

Training Schedule

- Mon-Thurs (5:30 PM– 9:30 PM)
- 16 weeks
- Target Start date: 10 July 2017
- Location– TBD Near Fort George G. Meade

For more information or if you have any questions, contact

Denise Bourdeaux, C3 Veteran Navigator, dbourdeaux@aawd.org or 240-517-2924

The Dept. of Community Resources and Services Office of Veterans and Military Families (DCRS/OVMF) does not endorse the organizations sponsoring these events, the views they express or the products/services they offer. The information serves as a DCRS/OVMF community outreach effort. If you wish to unsubscribe, please email lbterry@howardcountymd.gov

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Department of Community Resources and Services
6751 Columbia Gateway Drive, Suite 303
Columbia, MD 21046
Office: 410-313-6400
Direct : 410-313-0821
<http://www.howardcountymd.gov/veterans>

The Department of Community Resources and Services provides vital human services through its offices of ADA Coordination, Aging and Independence, Children and Families, Community Partnerships, Consumer Protection, Local Children's Board, and Veterans and Military Families.

The Howard County Office of Veterans and Military Families (OVMF) provides guidance, information and access to the more than 20,000 veterans who live in Howard County, as well as their dependents and survivors, and military families. The OVMF also promotes activities for veterans of all ages and collaborates with other service providers to address more complex issues.

Howard County Commission on Veterans and Military Families <https://www.howardcountymd.gov/vetcomm>

Department of Community Resources and Services Facebook
<https://www.facebook.com/HoCoCommunity/>

Commission on Veterans and Military Families Facebook
<https://www.facebook.com/HocoMilitary/>

Reserved Veteran Parking Initiative

Honor veterans living and working in Howard County by installing a Reserved Veteran Parking sign at your place of business or in honor of a loved one.

http://www.howardchamber.com/chamber_information/veteran_parking_sign_initiative.aspx