



Howard County Office of
Veterans and Military Families

Department of Community Resources and Services

Resources for Veterans and Military Families

E-Bulletin: December 4, 2019

Important Dates

Dec 5 – [A Showcase of Veteran Artists](#), Reception 6:30 pm, Show 7:30 pm. National Press Club: 529 14th St NW, Washington DC. The Armed Services Arts Partnership (ASAP) invites you to a memorable evening of live music, laughter, and striking stories from our community of veteran-artists and special guests. Featuring performances by veteran comedians, musicians, and storytellers, the event will showcase our veteran-artists' creative work and share the impact of the arts in their lives. We invite you to attend our pre-show reception at 6:30pm with a live band, hors d'oeuvres, and bar. Tickets: \$45

December 5 - [Cyber Maryland Hyatt Regency](#), 10am-2pm. Baltimore 300 Light Street Baltimore.

December 5- [Joint Base Andrews Hiring Fair](#), 9am-12pm. The Club at Andrews 1889 Arnold Avenue Joint Base Andrews MD 20762.

December 5 – Howard County Commission for Veterans and Military Families meeting and holiday party. 7pm at Mission BBQ on Rt 40. Contact veterans@howardcountymd.gov for more info or 410-313-0821

December 7 – WWII Veterans Eat Free at Mission BBQ

December 10 – [State of Maryland Procurement Connections, MD Live Baltimore City. Ready, Set, GROW!](#) This procurement connections workshop series travels across the state providing insightful information on how to navigate the procurement process and connecting small, minority, women, and veteran-owned businesses with

buyers from state agencies. Participants also get to meet resource partners who can help start, grow, or expand their small business.

Maryland is OPEN for Businesses and this free workshop series is a great networking and business development platform for small businesses that want to do businesses in the government sector.

Seating is limited and advanced registration is required. When registration is open (3-4 weeks in advance of each session), use the REGISTER NOW button in the left-hand column to complete the online registration process.

December 9 thru 13 – [Melwood Veterans Services Operation Tohidu Men's Session](#)

January 13 – 20 - Women's Session (MST Focused)

February 10 - 14, 2020 Couple's Session

March 2 – 6 - Women's Session

March 23 – 27 - Men's Session (MST Focused)

<https://www.melwood.org/veterans-services/veterans-services>

December 11 – Md Veteran Summit, 9am-11am in the Miller Senate Office Building to discuss legislative priorities for veterans. Email will.smith@senate.state.md.us if you plan to attend.

December 13 – Melwood Veteran Services Enriching Lives Breakfast. Crystal City Marriott at Reagan National Airport, 1999 Jefferson Davis Highway, Arlington, VA 22202. You can arrive for a free breakfast at 7.30 a.m., the program will run from 8.00 to 9.00 a.m. (I promise – it will run on schedule) and there is time for networking and coffee until 9.30 a.m. The hotel is right on top of the Crystal City metro. Validated parking is available upon request.

December 13 - [Focus On Direct Care Providers: Stress Responses and Resilience](#), 2:30-4:30 pm. North Laurel 50+ Center, 9411 Whiskey Bottom Road, Laurel 20723

Join us for an informative seminar to review:

- the components of trauma and the process of recovery
- the range of stress responses of those caring for persons who have experienced trauma
- effective clinical approaches to recognize signs of the stress response and strategies for coping
- ways to cultivate resilience and promote post-traumatic growth

presenter — Maria Mouratidis, PsyD, Professor of Psychology and Chair of the Departments of Psychology and Criminology, Notre Dame of Maryland University
\$15 per person | Board-Approved Social Work CEU's are available
Registration deadline: MONDAY, DECEMBER 9 — required for all attendees
For more information, contact KAREN HULL • khull@howardcountymd.gov • 410-313-7466 (voice/relay)

Thru December 13 at 12pm– Howard County [Toys for Tots](#). Toy donations will be accepted at the following locations:

- George Howard Building lobby (3430 Court House Drive, Ellicott City, MD 21043)
- DPW - Engineering Building lobby (7125 Riverwood Drive, Columbia, MD 21046)
- DCRS Building lobby (9830 Patuxent Woods Drive, Columbia, MD 21046)
- HCPD Headquarters (3410 Court House Drive, Ellicott City, MD 21043)
- HCPD Southern District (11226 Scaggsville Road, Laurel, MD 20723)
- HCPD Community Outreach (10741 Little Patuxent Parkway, Columbia, MD 21045)
- Bain 50+ Center (5470 Ruth Keeton Way, Columbia, MD 21044)
- East Columbia 50+ Center (6600 Cradlerock Way, Columbia, MD 21045)
- Elkridge 50+ Center (6540 Washington Boulevard, Elkridge, MD 21075)
- Ellicott City 50+ Center (9401 Frederick Road, Ellicott City, MD 21043)
- Longwood 50+ Center (6150 Foreland Garth, Columbia, MD 21045)
- Glenwood 50+ Center (2400 Route 97, Cooksville, MD 21723)
- North Laurel 50+ Center (9411 Whiskey Bottom Road, Laurel, MD 20723)
- The Multiservice Center (9900 Washington Blvd, Suite I, Laurel, MD 20723)

December 16 - Military Racquetball Federation Free interactive Pickleball Clinic for VETERANS. 10:30am-12:30pm. City of Bowie Gymnasium 4100 Northview Drive Bowie, MD 20716. Class being taught by: Shari Sternberg USAPA Ambassador and Certified Pickleball Instructor, Steven Harper Executive Director (MRF)/Ret Navy. For More information call 757-831-8458. Families welcome

December 20 – Homeless Persons’ Memorial, 4-6pm. Owen Brown Interfaith Center Sanctuary C. Communities across the country recognize December 21– the first day of Winter, the longest night of the year –to honor those who have died while homeless, or having had a history of homelessness. The Howard County Coalition to End Homelessness will host a gathering to acknowledge those lives lost in Howard County. Please join us for a brief service followed by light refreshments. RSVP no later than Monday, December 16, to Jennifer Corcoran 410-313-0224 • corcoran@howardcountymd.gov

December 22 – [Fire and Ice Festival at Symphony Woods](#), 5-9pm. Portion of ticket sales support Howard County Veterans Foundation that nite

January 18, 2020 – [5th Annual Veterans Awards - Vettys](#)

March 10, 2020 - 16th Child, Adolescent and Young Adult Services Annual Conference Integrating Clinical Intervention Within A Behavioral Health Approach, Martin's West, Baltimore MD Contact Person: TBD Conference Fee: \$55

March 28, 2020- [MD's Cash Campaign Money Power Day](#)

May 6, 2020 - [Behavioral Health Administration Annual Conference](#). Martin's West, Baltimore, MD. Contact Person: Eunice Harvey, eunicej.harvey@maryland.gov Conference Fee: \$95; Student rate: \$55 (limited seating)

Every Thursday – Resiliency Yoga, Ft. Meade Kimbrough behavioral health (Rascon Center), 4:30-6pm. Why would I want to do yoga?

Improves sleep

- Helps decrease PTSD symptoms
- Helps those with physical Limitations
- Helps decrease chronic pain
- Helps you feel peaceful

Who is Eligible to Attend?

- Active-Duty Military
- Spouses of Active-Duty Military
- Staff
- Veterans

Questions: Lucy at sbyyoga@mac.com

Every Thursday - Healing Waters Fly Fishing Project, 6-8pm - Is in search of Disabled Active Military and Veterans who would like to learn the Art of Fly Fishing. We are dedicated to the physical and emotional rehabilitation of our wounded warriors and veterans thru fly fishing, fly tying and outings. Meetings are held every Thursday Evening at the Ft. Meade Kimbrough Rascon Center. Feel Free to Contact Larry Vawter Program Leader at 443-535-5074 or thecarptman@msn.com

Ongoing – National Alliance for Mental Illness Support. The holidays can be tough on those affected by mental illness. NAMI Howard County has free support groups for:

Family Members and Friends Who Care about an Adult with a Mental Illness: Facilitated by trained family members, this group meets twice each month.

• Second Tuesday of each month, 7:30 - 9 p.m. at Harmony Hall Retirement Center, 6336 Cedar Lane, Columbia 21044 in the Parlor.

• Third Friday of each month, 7:30 - 9 p.m. at Celebration Church, (Look for signs) 7101 Riverwood Drive, Columbia, MD 21046

Parents and Caregivers of Children & Teens with Mental Health Concerns: Facilitated by trained parents, this group meets monthly.

- First Monday of each month, 7:30 – 9 p.m. at First Presbyterian Church, Room 252, 9325 Presbyterian Circle, Columbia, MD 21045

Parents and Caregivers of Youth Ages 16-26—Transition Age Youth Support Group: Facilitated by trained parents, this group meets monthly

-Third Thursday of each month, 7:30—9 p.m. at First Presbyterian Church, 9325 Presbyterian Circle, Columbia, MD 21045 (Check TV/board in lobby for room.)

Individuals Living with Serious Mental Illness (NAMI Connection): NAMI Connection is a recovery model in which adults who live with serious mental illnesses share experiences in a safe, confidential environment and support each other. Facilitated by trained adults who live with mental illness.

-Meets the 2nd and 4th Monday, 6:30 – 8 p.m. at Owen Brown Interfaith Center: 7245 Cradlerock Way, Columbia, MD 21045, ROOM 150

Now – Applications are live for The Mission Continues BRAND NEW Women Veterans Leadership Program launching in March. For more info and the opportunity to apply, click here: <https://missioncontinues.org/get-involved/women-veterans-leadership-program/>

[Ongoing - VA Center for Verification and Evaluation \(CVE\) Webinars and Town Halls](#) - CVE offers webinars to assist SDVOSBs/VOSBs with various aspects of the Verification process. After each webinar, CVE solicits feedback from webinar participants during town hall sessions. Discussion during town hall sessions is not limited to the webinar topics of “Pre-Application,” “Re-verification,” or “How to Stay Verified.” Verification Assistance Counselors also available.

Newsletters, Articles, Nonprofit Support and other Resources

[Howard County Behavioral Health Resources and Directory](#)

[Veteran National Resource Directory](#) - is a free service that links more than 14,000 resources to service members, Veterans and their families. The NRD was designed to specifically help those that are “wounded, ill and injured” find services that support recovery, rehabilitation, and community reintegration. The site was created through a partnership between the Department of Veterans Affairs, Department of Defense and the Department of Labor. The NRD provides centralized access to resource information from the government (ranging from the federal to the local level). It also includes resources from non-profit, professional, educational and military-service/Veteran organizations. All organizations are also vetted to ensure each resource is valid and accurate.

[\\$405m Lost to Scams Targeting Military and Veterans Since 2012](#)

[Howard County Executive Calvin Ball Highlights First Year Accomplishments](#)

[Participating Veteran Friendly Businesses](#) in Howard County

[Project Opportunity is coming to Columbia](#)

[50+ Connection Newsletter](#)

[MDVA Newsletter and Calendar](#)

[USVA Newsletter](#) – free scuba certification, Mission Act Facts, etc.

[VFW Weekly News](#)

[Sign up for US Veteran Affairs Newsletter](#)

[Armed Services Arts Partnership](#) – Cultivate community and growth with veterans, service members, military families and caregivers through the arts. Storytelling, improv, writing, art workshops and more.

[Warrior Music Foundation](#) - Our mission is to serve our active duty military, veterans and their families by providing a venue for learning, healing and camaraderie using music. Our goal is to improve mental health in the military community one person at a time. We offer free music therapy and music lessons in Maryland (Towson, Millersville and Catonsville) and Pennsylvania (Monroeville and New Castle).

VA Maryland Health Care System Seeking Volunteers to Assist Veteran Patients

BALTIMORE – The Veterans Affairs (VA) Maryland Health Care System is currently seeking community members who are interested in supporting the needs of our nation’s veterans by serving as volunteers at the Baltimore, Loch Raven and Perry Point VA Medical Centers, or the Cambridge, Eastern Baltimore County, Glen Burnie, Fort Meade or Pocomoke City VA Outpatient Clinics.

“Volunteers are a vital part of our team because they provide invaluable support throughout our health care system, and they remind our veteran patients that their service in the armed forces has not been forgotten,” says Dr. Adam M. Robinson, Jr., director of the VA Maryland Health Care System. “As a volunteer, you can serve those who served, explore a care field in a health care environment, obtain new job skills, earn community service hours, and make a difference by giving back to others.”

The VA Maryland Health Care System has a number of meaningful and rewarding volunteer assignments available throughout the health care system, including the Coffee Cart, Escort Service, Greeter Program, Home Visitation, Office Administration, Patient Visitation, Veteran Transportation, and many more. To get started as a VA volunteer, call 410-605-7100 or visit www.maryland.va.gov and click on “Volunteer or Donate” on the left side of the landing page.

Foreclosure Prevention - Maryland Hope

Mortgage Late? Don't wait! You have options. Maryland HOPE Hotline 1.877.462.7555

- Help for Homeowners
 - [Information on Counseling resources, mediation, Attorney General Settlement and how to avoid fraud](#)
- Help for Renters
 - [Your legal rights when your landlord is facing foreclosure](#)
- Avoid Fraud
 - [Know your right and what to look for](#)
- Resources for Housing Counselors
 - [Training and information for Housing Counselors across Maryland](#)

Employment and Educational Opportunities

Resource Management Specialist

US Department of Agriculture - Riverdale, MD

\$57,510 - \$74,759 a year

Successful completion of a Master's degree in **Business Administration**, Public **Administration**, **Business** Management, Organizational Management, Information...

Operations Management Trainee

JB Hunt - Aberdeen, MD

Business Communications, GED (Required), High School (Required). This isn't a 8-5 job, you're managing a **business**. What does a Manager Trainee do?

Unit Training Coordinator

Maryland Department of Transportation - Kent County, MD

\$41,053 - \$65,138 a year

Maryland Department of Transportation State Highway **Administration** (OPEN). THE RECONSIDERATION PERIOD FOR THIS RECRUITMENT IS THREE (3) **BUSINESS** DAYS.

Training Supervisor, DC

Sephora - Belcamp, MD

Self-education on L&D industry trends to keep up with technology and evolving **business** demands. Coordinate management development training, safety, policies and...

Contract Specialist

US Department of the Army Aberdeen Proving Ground, MD

\$83,398 - \$108,422 a year

Accounting, **business**, finance, law, contracts, purchasing, economics, industrial management, marketing, quantitative methods, or organization and management.

For more job listings and info, Contact Gregory Ingram, OWDS, Veterans Outreach Program (DVOP) Specialist at gregory.ingram@maryland.gov or 410-836-4630 (office)