

Resources for Veterans and Military Families Members 10 November 2020

Important Dates and Events

[Howard County Veterans Day Parade and Ceremony video](#)

[Howard County Students Partnering with Veterans video](#)

[Veterans Day Tribute from VA MD Healthcare System](#)

[MDVA Veterans Day video](#)

[Fort Meade Commander Col. Nyland's Veterans Day message](#)

Veterans Day 2020 [Discounts](#)

Download the official [Veterans Day Poster](#)

Veterans Day [Teaching Resources](#)

Veterans Day [History](#)

VA's Official Veterans Day [Calendar](#)

VA's Veterans Day [Page](#), MDOT MTA Providing Free Rides for Veterans and Active-Duty Military on Veterans Day, November 11

[American Disabilities Act Art Contest](#)

November 10 – Maryland Veterans Symposium, 7-8:30pm. View on

Facebook: <https://www.facebook.com/ArundelVets>

Arundel TV: bit.ly/arundeltv

Verizon: Channel 38

Comcast: Channel 98

Broadstripe: Channel 98

November 10 - Virtual Government Agency Expo Webinar: Life as an Older Adult -3 Important Things You Need to Know, 1-2pm

Presenters:

Anne Arundel County Office of Emergency Management, Winter Preparedness Tips for Older Adults

Baltimore City Office of the Register of Wills, Why Having a Will is so Important for You and Your Family

Maryland Insurance Administration Consumer Education & Advocacy Unit, Why Maintaining Your Homeowners Insurance is Important once your Mortgage has been Paid Off

Join this important discussion at: Webinar Link: <https://tinyurl.com/y27jmpch>

Event Number: 172 861 3889 Event Password: xyHPYJH4K72 Join by phone: 1-415-655-0001 Please register on Eventbrite at: <https://tinyurl.com/y4u2fz4v>
For additional information about this event, contact: James Mobley, Outreach Coordinator at james.mobley@maryland.gov Follow us on social media at: www.facebook.com/MdInsuranceAdmin www.twitter.com/MD_Insurancewww.instagram.com/marylandinsuranceadmin

November 11- Free Sandwich at Mission BBQ and Coffee at Dunkin Donuts
November 12 – Military Life Cycle: Understanding and Working with Veterans and their Families, 8:00am-4:30pm.

November 12 - Access to Care: What barriers impact veterans the most and how we can collectively improve the system, 1pm

- Learn how government benefits emerging from the COVID-19 crisis have impacted the health and social needs of veterans.
- Hear from network partners about their personal experiences helping veterans during this unprecedented time.
- Address the common themes emerging across the country in relation to veterans' needs and how this impacts the ongoing concern of veteran suicide in this country.

November 12 - In Our Own Voice with NAMI Howard County (adults), 7pm. This interactive presentation provides insight into what it's like to live with mental illness, dispels stigma, and identifies opportunities for hope. Led by two adults living with mental health conditions, the In Our Own Voice session includes personal stories and opportunities for discussion. The presentation is designed as a safe place to ask questions and gain understanding of an often-misunderstood topic. Each In Our Own Voice presentation is a unique experience, built around the presenter's personal experience with mental health and community questions brought to the discussion.

November 12 - Washington DC/ Baltimore Virtual Career Fair for Veterans, 11am-3pm In advance of the event, we will be hosting informational webinars on "How to Navigate a Virtual Career Fair" Mondays at 5:30pm ET and Tuesdays at 12:00pm ET. Registration Link: rmvets.com/VCF

Additional Resources:

Job board hosting 200,000+ active opportunities: rmvets.com/VCFJobBoardAB

Military/ Veteran Employment Resource Center:

rmvets.com/VCFVetResourcesAB

Military Spouse Employment Resource Center:

rmvets.com/VCFMilSpouseResourceAB

November 13 - Trauma-Informed Care: Veterans Edition, 12:30-2pm ET / 9:30-11am PT | \$60

Join us for this special edition of our Trauma-Informed Care course focused on veterans. Creating a safe and supportive space is an important part of trauma-informed care, especially

for those who have served in the military. Through an understanding of the effects of trauma on veterans, service and housing providers can develop approaches that are trauma-informed and most beneficial for former service members and their families.

November 16 – [Depression Out of the Darkness and Into the Light Webinar](#), 12pm-1pm

November 17 - Veterans Mental Health and Wellbeing During the COVID-19 Pandemic, 7-8:30pm. Veterans and caregivers are invited to hear about behavioral health issues that influence veterans' quality of life, learn more about the challenges and barriers to seeking help, and find out how to encourage and promote help-seeking. Via Zoom: Please Register at https://us02web.zoom.us/joining/register/tZEkcOCupj0qE9PDeYCiK4bNIP5ZHojUv_cr

After registering, you will receive a confirmation email containing information about joining the meeting

November 18, December 16, January 13, February 17, March 17 - Howard County Behavioral Health Summit Series, 12pm-1pm. [Register for a date.](#) Free November 18 - Workforce Development Class Series, 7-8pm. This three-part Workforce Development series focuses on Resumes Recruiters Recognize, Build your LinkedIn and Social Media Profile, and Mastering the Elevator Pitch and Interview. Presented by Rachel Bachman, UMBC Career Center. [Register](#) for each class separate

November 19 - [Preventing Suicide Among Military and Veterans](#), 1-3pm

November 19 – Leidos Military Veteran/Spouse Chat, 1-3pm EST. [Register Here](#) Discuss our exciting career opportunities and learn more about how Leidos is an employer of choice for transitioning military, veterans, and military spouses. We look forward to helping you become familiar with Leidos—our people, programs, and the career opportunities across the company. Space for this chat is limited. Please use the link above or below to register. We look forward to talking to you! To Attend- Please register by clicking on [our events page](#) and following the instructions.

About Leidos - Leidos is a Fortune 500® information technology, engineering, and science solutions and services leader working to solve the world's toughest challenges in the defense, intelligence, homeland security, civil, and health markets. The company's 38,000 employees support vital missions for government and commercial customers. Headquartered in Reston, Virginia, Leidos reported annual revenues of approximately \$11.09 billion for the fiscal year ended January 3, 2020.

About Operation MVP- Operation MVP is Leidos' official Military Veteran Program. Through this program, Leidos partners with military transition centers, military associations, and veteran organizations in an effort to identify and hire transitioning service members, veterans, and military spouses. Leidos is a

recognized industry leader for veteran and military spouse candidates, and we continue to increase our efforts to hire qualified military veterans and spouses. With a workforce comprised of over 7,700 (20%) veterans, our organization has proven expertise in supporting veterans through their transition.

December 2 – Virtual Veterans Connection, 4-5pm. Connect with other veterans for conversation and more. For more information, email fstein@howardcountymd.gov

Meeting link:

<https://howardcountymd.webex.com/howardcountymd/j.php?MTID=mbad153e10f73054846697222076d04f2>

December 3 – HiredDC-Metro Virtual Multi-University Alumni Career Fair, 10am-4pm. Employers meet 1:1 with candidates in private interview sessions.

On Wednesday, December 2nd (Optional) - Group Info Sessions. Employers host a 30 minute webinar to introduce organization and provide Q & A.

Your registration includes both sessions!

What to Expect:

Expect 750+ Candidates.

Our virtual software is simple & easy to use.

Simple dashboard to manage your sessions.

Prior to the event, each company will be able to search and view all registered candidates including profile, resume, contact info, skills and other valuable information!

No training required.

December 7 - NAMI Connections Veteran Support Group, 5:30-7pm. VFW 7472 4225 VFW Ln, Ellicott City, MD 21043. Meetings may go virtual in the future. Questions or more information, please call 410 772 9300, or email Yulanda Blackston: yblackston.namihc@gmail.com or Ashlyn: amcneely.namihc@gmail.com

Joining a Veteran Peer Support Group can help you to feel better in any number of ways, such as:

- Knowing that others are going through something similar
- Learning tips on how to handle day-to-day challenges
- Meeting new friends or connecting to others who understand you
- Learning how to talk about things that bother you or how to ask for help

Now Open by Appointment – Success in Style, complete form online for an appointment. Open Tuesdays, 11am to 3pm at our Savage Mill location

Now thru November 24 – Free Online Creative Workshops

Now thru December 20 – Saratoga War Horse has several classes scheduled this calendar year at the Baltimore County Agricultural Center, 1114 Shawan Rd. Cockeysville, MD 21030 (below), as well as at our facility in Saratoga, NY (please inquire for specific NY times/dates.) September 17,18,19 / 24, 25, 26

November 6, 8 / 12,13,14, 19, 20, 21

December 3,4,5 / 10,11,12 / 18,19, 20

The Saratoga War Horse program takes place during 3-day classes, offered several times each month. The average class size is 5 participants. The program is available to veterans and service members from all branches of the military, regardless of when or for how long they served. There is NO cost for veterans to attend the Saratoga War Horse program. We pay 100% of lodging, meal, and program expenses.

For more info, contact our Veteran Intake Coordinator, Janine

Jagodzinski, janine@saratogawarhorse.org 518-252-0285 or our local Outreach Manger, Jason Marshall jason@saratogawarhorse.org 518-531-3219

January 7 – Howard County Commission for Veterans and Military Families Monthly Meeting, 7pm.

Email veterans@howardcountymd.gov with questions and webex link.

January 8 - Problem Solving Workshop: 6 week course every Friday at 12 - 1pm beginning Jan 8th 2021. Please contact the Cohen Clinic at 240-847-7500 or info.mfc@eseal.org for zoom link.

Every Tuesday – Men’s Roundtable, 10am-12pm. Join other men for civil discussions on politics, government, finance, health and other topics of interest to seniors. Occasional guest speakers. To register or for more information, khull@howardcountymd.gov or 410-313-7466.
howardcounty.gov/aging

Every Thursday – [Fort Meade Facebook Town Hall](#), 5:30pm. Education Town Hall

Last Thursday of the month – Veteran Career Club, 11am-12pm.

Email anthony.butlersr@maryland.gov for more information

Every Thursday - [Meditate with Delphi](#) every Thursday, 8:30am. Free
Password: meditate

Every Day – [Veterans Yoga Project Livestreaming classes](#)

1st & 3rd Thursday of the Month - Cohen Clinic Virtual Offerings, 11:30am - 12:30pm EST Registration Required: <http://bit.ly/CohenOfficeHours>

Participants will receive an email with Zoom instructions after registering through Eventbrite. We encourage you to connect with us during Cohen Clinic Office Hours to learn more about our clinic services including outreach and case management. This is an opportunity for the entire community, potential and

existing clients, and community partners to meet with us, and discuss: Information about our specific programs and services and sharing your ideas with us and letting us know how we can help you or your organization.

Webinar Series: Problem Gambling Training on Awareness, Prevention, Treatment and Recovery Topics. University of MD School of Medicine The MD Center of Excellence on Problem Gambling. Fridays at 12pm EDT
All training offered by the Center is free of charge and CEUs are awarded for Maryland licensed psychologists, social workers, counselors and therapists, and alcohol and drug addiction counselors.

[REGISTER TODAY!](#)

December 4, 2020 - 'Tis the Season for Gifting Responsibly: Avoid Underage Lottery Plan and Engage in Responsible Gambling

December 18, 2020 - A Compassionate Path of Recovery for Gamblers: Mindfulness Theory, Research and Treatment

Resources

[Howard County COVID-19 Updates](#)

[Military/Veteran Crisis line: 800-273-8255.](#)

[Take the 2020 Military Family Lifestyle Survey](#)

[Sesame Street Workshops for Family Co-viewing](#)

[Free Audio Books for Veterans With Disabilities](#)

[MD Dept of VA Resource Directory](#)

[Veterans Day Veterans Treatment Tool Kit](#)

[Help For Veterans – Housing, Financial Aid, Education, Jobs And Vets Support](#)

Maryland Veterans Trust Fund, Mark Hendricks,
Administrator mark.hendricks@maryland.gov 410-230-4444 ext. 7 1-800-446-4926 ext. 7

<https://veterans.maryland.gov/maryland-department-of-veterans-affairs-veterans-trust-fund/>

Operation Homefront is looking for applicants for our Transitional Housing Program located in Gaithersburg, MD & San Antonio, TX. Please forward this email to anyone who may know of service members in need. OH provides rent-free full furnished apartments for wounded, ill & injured servicemembers & their families.

Who is eligible? Wounded, ill or injured service members with family (spouse or children) who are in the process of medically separating from the military or recently separated and awaiting benefits.

How to apply? Please go to our website, www.operationhomefront.org & select Operation Homefront Villages, scroll down for the application link.

Questions? Please call: 703-581-8089

Open enrollment periods for the MIHU homeownership program are held quarterly. For more information, to request a paper application and/or to schedule an appointment to drop-off your completed application, contact DHCD's Housing Opportunities Programs Division at 410-313-6318 and select option two, email housing@howardcountymd.gov or visit DHCD's [open enrollment website](#).

Veterans Expeditions upcoming trips include:

- Rock climbing at Gunks, located near New Paltz, New York.
- Rock climbing at Shelf Road outside of Canon City, Colorado.
- Veteran's Day Weekend rock climbing and mountain biking trip in Moab, Utah.
- Rock climbing in Harpers Ferry, West Virginia.

Team River Runner Walter Reed – winter paddling

Blue Star Families Resources and Webinars

EveryMind webinars hosted during COVID (managing stress and anxiety and others)

Cohen Clinic Events

Addiction Treatment and Recovery Resources

American Legion Membership Eligibility - If you have served federal active duty in the United States Armed Forces since December 7, 1941, and have been honorably discharged or are still serving - you are eligible for membership in The American Legion!

*Because eligibility dates remain open, all active duty members of the U.S. Armed Forces are eligible to join The American Legion at this time, until the date of the end of hostilities as determined by the government of the United States.

**U.S. Merchant Marine eligible only from December 7, 1941 to December 31, 1946 (WWII).

Howard County Seniors Together Virtual Offerings – think positive, fitness, cooking, social engagement, lifelong learning and more.

Memory Care and Senior Living/Assisted Living for Veterans Information

Newsletters, Articles and other Information
Columbia American Legion Post Newsletter

[Local Health Improvement Coalition Resources and Classes](#)

[MDVA Newsletter November 6](#)

[MDVA Newsletter October 23](#)

[Howard County 50+ Connection](#)

[VA Newsletter](#)

[VFW Newsletter](#)

[Caregiver Support during COVID-19](#)

[Parent Pages](#) – Nov newsletter, lots of great resources and free workshops

[BWI Partnerships Virtual Events](#)

Veteran's Guide to Starting a Business - <https://www.moneygeek.com/financial-planning/resources/guide-starting-veteran-owned-business/>

Caregiver Information

VA Maryland Healthcare System
Baltimore VA Medical Center
10 N. Greene St.
Baltimore, MD 21201
410-605-7000 ext. 54143

Courses for Veterans and Military Caregivers and Families

[Program of Comprehensive Assistance for Family Caregivers \(PCAFC\) has expanded](#)

Employment Information

SERVICE LEADERSHIP CORPS APPLICATIONS ARE OPEN! Applications are now open for the Service Leadership Corps! This program was especially designed for veterans who are looking to expand their network and maximize their skills to drive veteran-led change efforts through The Mission Continues Service Platoons.

[Manager, Serving Together - The Greater Baltimore Region](#)

Plumbing Jobs - <https://bouldenbrothers.applicantpro.com/jobs/>

[Y of Central Maryland jobs](#)

If you or someone you know is seeking employment, the first step is to register for assistance with the **Maryland Workforce Exchange** (MWE) mwejobs.maryland.gov.

The Maryland Workforce Exchange has staff specifically dedicated to serve veterans with priority of service. Currently, MWE is conducting business virtually and can assist veterans with their resumes as well as connecting them with employers via virtual job fairs.

Besides helping veterans craft a resume, there are programs to increase a veteran's opportunity to get an interview including the Work Opportunity Tax Credit (WOTC) that offers employers an incentive to hire veterans. Additionally, veterans may be eligible for on-the-job-training through the Workforce Innovation and Opportunity Act. Further, service-connected disabled veterans may also be eligible for paid training through the US Department of Veterans Affairs, Veteran Readiness and Employment under Chapter 31. The MWE has trained staff near you that can assist you in finding the right career.

Also, there are nonprofit organizations who will also assist you in finding a career including the [Veterans Staffing Network \(VSN\)](#) which is part of Easter Seals. VSN also has career coaches that will assist you with your resume as well as introduce you to employers who are looking to hire on a temporary basis with a possibility of permanent employment.

Remote Jobs for Military-connected and Veterans

Serving Together Peer Navigators want to connect you with those vetted employers who understand your and your clients' challenges and who value the unique skill set, experience, and resiliency our population brings to the work environment. If you are a Veteran, Guard, Reserve, Transitioning Active Duty, Spouse, or Caregiver, contact our Peer Navigators at 301-738-7176, M-F 9am-4:30pm or you can fill out a Get Assistance Form at www.servingtogetherproject.org<https://www.bing.com/search?q=amazon.com%2Fnortheastmdjobs&src=IE-SearchBox&FORM=IESR4A>

Veteran Employment Resource Center | <https://rmvets.com/2020vetresources>

- Resume-writing tutorials & guidelines specific for military members and veterans
- How-to / Instructional videos
- Interviewing techniques and best practices guidance

Military Spouse Resource Center | <https://rmvets.com/2020spouserresources>

- Resume-writing tutorials & guidelines specific for military spouses
- How-to / Instructional videos
- Interviewing techniques & guidance

Search & Employ Magazine | <https://rmvets.com/2020searchandemploy>

- Digital bi-monthly military and military spouse employment focused publication

Other Job Opportunities:

[Gregory Ingram](#), Disabled Veterans Outreach Program (DVOP) Specialist
Division of Workforce Development and Adult Learning
Maryland Department of Labor

2 South Bond Street, Suite 204
Bel Air, MD 21014

gregory.ingram@maryland.gov

(410) 836-4630 (O)

(443) 699-3659 (M)

[Website](#) | [Facebook](#) | [Twitter](#)

Roslyn Jones, Regional Veteran Employment Manager

Division of Workforce Development and Adult Learning

Maryland Department of Labor

3637 Offutt Road

Randallstown, MD 21133

roslyn.jones@maryland.gov

410-887-0377 (O)

443-462-7867 (C)

[Website](#) | [Facebook](#) | [Twitter](#)

[Max Outreach](#) - OutreachCoordinator@maximus.com or by phone at 1-800-274-8582 ext 185

443-462-7867 (C)

[Website](#) | [Facebook](#) | [Twitter](#)



HAVE YOU OR A LOVED ONE EVER SERVED IN THE MILITARY?

In 2020, Maryland accepted the U.S. Substance Abuse and Mental Health Services Administration/U.S. Department of Veterans Affairs invitation to participate in the Governor's Challenge to Prevent Suicide among Service Members, Veterans and Families (SMVF)

Maryland is home to
385,000 veterans
30,000 active duty service members
18,000 reservists/national guard
130,000 veteran households with children
60,000 reserve/national guard/active duty dependents



- Only 40% of MD veterans are enrolled in the VA healthcare system
- Veterans represented 17.4% of MD suicide deaths in 2018
- Nationally, 40% of veterans lost to suicide are not enrolled in the VA healthcare system

Not feeling understood is one of the key barriers for SMVF seeking civilian services.



- Training on military culture promotes understanding
- Asking the question strengthens the conversation
- Educating on resources enhances connections

The Ask the Question Campaign focuses on asking the question at places where customers are receiving services in the community including healthcare, human services, libraries, the justice system and more



LEARN MORE AT:
VETERANS.MARYLAND.GOV



